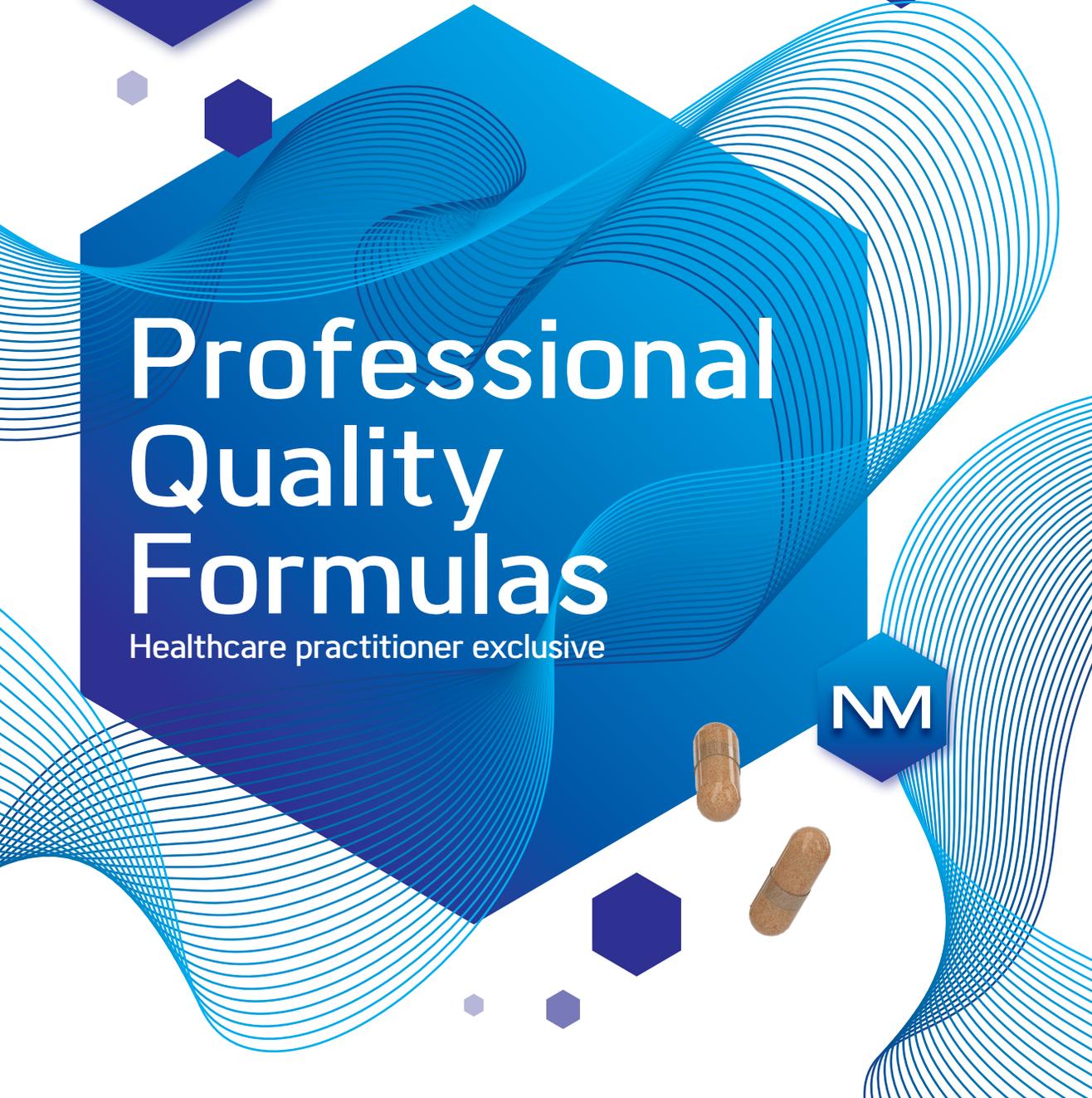




2023

Nutrition Catalog



Professional Quality Formulas

Healthcare practitioner exclusive



NM



NuMedica® Delivers Science-Based Formulas for Exceptional Results

NM





Welcome to Wellness

We develop the most innovative, science-based dietary supplements exclusively available to licensed healthcare practitioners.



NOVA Complete®

Boosts Nitric Oxide Production for Enhanced Circulation in Men & Women*

This formula is designed to increase nitric oxide production in the body.* Instead of relying on L-arginine like most formulas, it features a superior combination of L-citrulline, select botanicals and key vitamins and minerals to boost nitric oxide, relax blood vessels and enhance circulation in men and women over 40.*

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NuFemina™

Women's Health Formula

This formula is a synergistic blend of ingredients designed to help support premenstrual health and wellbeing.*

pg. 170-171

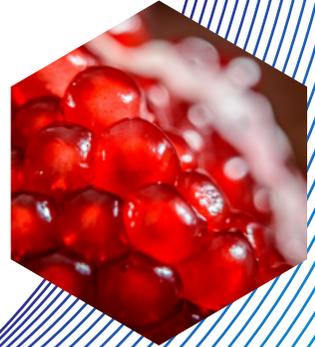


Serrapeptase HP™

Supports Healthy
Fibrin Metabolism*

Serrapeptase HP™ is a powerful systemic enzyme which supports respiratory and sinus health.*

pg. 226-227



New & Noteworthy

Power Greens + Reds™

A Great Tasting Drink with a
Full-Spectrum Blend of High ORAC

This formula supplies a super blend of completely natural vitamins, ionic trace minerals, enzymes, antioxidants, phytonutrients and symbiotic intestinal flora for energy, metabolism, digestion, detoxification, revitalization and longevity support.

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*These statements have not been evaluated by the Food and Drug Administration.
These products are not intended to diagnose, treat, cure or prevent any disease.

Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

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CINNergy® Synergistic Blood Sugar Support Formula*

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D3-10,000 + K2

Immune & Bone
Health Support*

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*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

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Lipid Factors™

Comprehensive
Blood Lipid Support*

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Liposomal Glutathione

500 mg of Pure
Glutathione Per Serving

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*These statements have not been evaluated by the Food and Drug Administration.
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Mineral Plex™

Balanced Multi-Mineral
Formula Featuring
Albion™ TRAACS™

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ResveraPlex Plus™

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ThyroMedica™ Plus

Comprehensive
Thyroid Support*

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Zinc Glycinate

Extra Strength Immune
System Support*

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Adrenal Support*

AdrenaMed®	23
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B-Replete®	32
C-Bioflav 1000™	39
Corti-B Plex™	55
Liposomal Vitamin C	127
Methyl B-12 HP™	138
Methyl-Plex B™	142
Neuro Harmony™	163
ThyroMedica Plus®	233

Anti-Aging Support*

Alpha CU™	28
Collagen Replete™	48
DHEA 5 mg	62
DHEA 25 mg	63
Liposomal Glutathione	121
NuFemina™	171
Phosphatidyl Serine (Soy Free)	191
Power Greens + Reds™	196
Power Greens® Berry	198
Power Greens® Chocolate	200
Power Greens® Espresso	202
Power Greens® Mint	204
ResveraPlex Plus™	220

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Alpha CU™	28
C-750 Plus™	38
C-Bioflav 1000™	39
CoQ-Clear® 50 Ubiquinone	52
CoQ-Clear® 100 Ubiquinone	53
CoQ-Clear® 100 Ubiquinol	54
Corti-B Plex™	55
Elite-E Complex™	66
ImmunoMed 3-6™	105
L-Arginine	109
Liposomal CoQ10 + PQQ	118
Liposomal Glutathione	121
Liposomal Vitamin C	127
Liver Defend™	128
Multiplex Complete™	158
NAC (N-Acetyl L-Cysteine)	161
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Power Greens® Chocolate	200
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ProGI Soothe™ Hepatic & Gastrointestinal Support*

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Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

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D3-2,000™	57
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D3-10,000 + K2	60
Mag-Plex Ultra™	131
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Blood Sugar Support*

Alpha CU™	28
Berberine VasoQX®	33
CINergy®	42
Gluco-Response™	81
PrenuPhase™	211

Cardiovascular Support*

Acetyl L-Carnitine	22
CoQ-Clear® 50 Ubiquinone	52
CoQ-Clear® 100 Ubiquinone	53
CoQ-Clear® 100 Ubiquinol	54
Elite-E Complex™	66
L-Arginine	109
Lipid Factors™	115
Liposomal CoQ10 + PQQ	118
Mag-Plex Ultra™	131
Magnesium Citrate	132

Methyl Folate™ (5-MTHF)	139
Methyl-Plex B™	142
Multiplex Complete™	158
NAC (N-Acetyl L-Cysteine)	161
Nattokinase	162
Niacin SR™	165
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Omega 600	173
Omega 750 EC™	174
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Omega 1700 TG™	177
Omega EFA Complex™	178
Red Yeast Rice Extra Strength	218
Taurine	229

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Power Fruits & Veggies® for Kids	193

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BrocColinate®	35
BrocColinate® Activated	37
Dual-Tox DPO®	65
HM Protect™	94
Liposomal Glutathione	121
Methyl Folate™ HP	140
Methyl Folate™ (5-MTHF)	139
NAC (N-Acetyl L-Cysteine)	161
Pro-ToxiClear®	212
ProGI Soothe™ Vanilla	214
Total Vegan® Chocolate Delight	238
Total Vegan® Mocha	240
Total Vegan® Natural Vanilla	241

Niacin SR™

Sustained-Release Niacin

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DHA Liquid

Cognitive & Vision Support*

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Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

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Borage GLA	34
DHA Liquid	61
Omega 600	173
Omega 750 EC™	174
Omega 950 EE™	175
Omega 950 TG™	176
Omega 1700 TG™	177
Omega EFA Complex™	178

GI Support*

Fiber Factors™	67
GlutaMed™	82
HiFlora-50®	92
ImmunoG PRP™ Capsules	100
ImmunoG PRP™ Cherry Chewables	101
ImmunoG PRP™ Powder Chocolate	102
ImmunoG PRP™ Powder Original	103
ImmunoG PRP™ Powder Vanilla	104
Magnesium Citrate	132
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Pepcigen™	190
ProGI Soothe™ Vanilla	214
SacBoulardii™	221
SlimFit® Chocolate	228
TheraPRP® Capsules	230
TheraPRP® Powder	231
Total Vegan® Chocolate Delight	238
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Total Vegan® Natural Vanilla	241
Tri-Flora Plus™	242

Gluten Support*

Allergenza®	27
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Glutenza®	87
TheraPRP® Capsules	230
TheraPRP® Powder	231

Immune Support*

Allergenza®	27
BrocColinate®	35
BrocColinate® Activated	37
C-750 Plus™	38
C-Bioflav 1000™	39
Caprylic Acid	41
CoQ-Clear® 100 Ubiquinone	53
HiFlora-50®	92
Immuno PRP™ Spray	96
ImmunoG PRP™ Capsules	100
ImmunoG PRP™ Cherry Chewables	101
ImmunoG PRP™ Powder Chocolate	102
ImmunoG PRP™ Powder Original	103
ImmunoG PRP™ Powder Vanilla	104
ImmunoMed 3-6™	105
Liposomal Glutathione	121
Liposomal Methylsorb®	123
Liposomal Vitamin C	127
Micellized D3 + K2™	145
Micellized D3™ 1200	144
NeuroMethylation Cream™	164
Path DS®	189
Power Fruits & Veggies® for Kids	193
Power Greens + Reds™	196
Power Greens® Berry	198
Power Greens® Chocolate	200
Power Greens® Espresso	202
Power Greens® Mint	204
Power Greens® Premium Berry	206
SacBoulardii™	221
Seasonal Shield®	224
Serrapeptase HP™	227
TheraPRP® Capsules	230

Allergenza® Support for the Digestion of Food Proteins*

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Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

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Total Vegan® Chocolate Delight	238
Total Vegan® Mocha	240
Total Vegan® Natural Vanilla	241
Tri-Flora Plus™	242
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BrocColinate® Activated	37
CurcuCalm®	56
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D3-5,000™	58
D3-10,000 + K2	60
ImmunoG PRP™ Powder Chocolate	102
ImmunoG PRP™ Powder Original	103
ImmunoG PRP™ Powder Vanilla	104
Joint Replete®	106
Liposomal Curcumin	119
Mag-Plex Ultra™	131
Magnesium Citrate	132
MSM 920™	151
MyoMedica™	160
OsteoMedica®	184
Salicin-B™ IC	222
Serrapeptase HP™	227

Liver Support*

Alpha CU™	28
Lipid Factors™	115
Liver Defend™	128
NAC (N-Acetyl L-Cysteine)	161
Phosphatidyl Serine (Soy Free)	191
Phospholipid Complex	192
Pro-ToxiClear®	212
ProGI Soothe™ Vanilla	214

Men's Health*

BrocColinate®	35
BrocColinate® Activated	37
Foundation Essentials® for Men	70
Functional Male®	79
L-Arginine	109
MultiMedica™ for Men	152
ProstaCalm®	216

Metabolic Management*

28 Day Adipose Focus	20
African Mango	26
Alpha CU™	28
Berberine VasoQX®	33
CLA Trim 1000™	43
Gluco-Response™	81
hc3™ Lifestyle Program	88
hc3™ trim Active Complex	89
MCT Oil USP™	133
Metabolic Reset Program™	136
PrenuPhase™	211
Reset PATH® Support Formula	219
SlimFit® Chocolate	228
Thyrodex™ T-150	232
ThyroMedica Plus®	233
Thyroxodine™	234
Total Vegan® Chocolate Delight	238
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Methylation Support*

Liposomal Hydroxy B12™	122
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OsteoMedica® MCHC Bone Support*

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Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

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NeuroMethylation Cream™	164

MineralPlex™	148
Mitochondrial Recharge®	150
Neuro Harmony™	163
NeuroMethylation Cream™	164
Omega 1700 TG™	177
Omega 600	173
Omega 750 EC™	174
Omega 950 EE™	175
Omega 950™ TG	176
Path DS®	189
Phosphatidyl Serine (Soy Free)	191
Phospholipid Complex	192
Pregnenolone™	210
Taurine	229

Multivitamins & Minerals

Foundation Essentials® for Men	70
Foundation Essentials® for Men & Women	72
Foundation Essentials® for Women	74
Mag-Plex Ultra™	131
MineralPlex™	148
MultiMedica™ for Men	152
MultiMedica™ for Women	154
MultiMedica™ without Iron	156
Multiplex Complete™	158
Osteo Vegan™	181
Power Greens® Premium Berry	208

Probiotics

Allergenza®	27
Fiber Factors™	67
Glutenza®	87
HiFlora-50®	92
Power Greens® Premium Berry	208
SacBoulardi™	221
Tri-Flora Plus™	242

Neurologic Support*

5-HTP 100 mg	17
Acetyl L-Carnitine	22
B-Replete®	32
Cognitive Balance®	46
CoQ-Clear® 100 Ubiquinone	53
DHA Liquid	61
Liposomal CoQ10 + PQQ	118
Liposomal MethylSorb®	123
Magnesium Citrate	132
Methyl B-12 HP™	138
Methyl Folate™ HP	140
Methyl Folate™ Optimizer	141
Methyl Folate™ (5-MTHF)	139
MigraVoid™	146

Respiratory Support*

ProGl Soothe™ Vanilla	214
Serrapeptase HP™	226

Seasonal Health*

C-Bioflav 1000™	39
Immuno PRP™ Spray	96
ImmunoG PRP™ Capsules	100
ImmunoG PRP™ Cherry Chewables	101
ImmunoG PRP™ Powder Chocolate	102
ImmunoG PRP™ Powder Original	103



MCT Oil USP™

Absorbable fuel for Mitochondria*

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Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

ImmunoG PRP™ Powder Vanilla	104
ImmunoMed 3-6™	105
Liposomal Vitamin C	127
Micellized D3™ 1200	144
NAC (N-Acetyl L-Cysteine)	161
Seasonal Shield®	224
TheraPRP® Capsules	230
TheraPRP® Powder	231
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Sports Nutrition

Acetyl L-Carnitine	22
ImmunoG PRP™ Powder Chocolate	102
ImmunoG PRP™ Powder Original	103
ImmunoG PRP™ Powder Vanilla	104
Joint Replete®	106
L-Arginine	109
Liposomal Curcumin	119
Mag-Plex Ultra™	131
Total Vegan® Chocolate Delight	238
Total Vegan® Mocha	240
Total Vegan® Natural Vanilla	241

Stress & Sleep Support*

5-HTP 50 mg	16
5-HTP 100 mg	17
AdrenaMed®	23
B-Replete®	32
Corti-B Plex™	55
GABA Capsules	80
L-Theanine	113
L-Theanine Liquid	114
Liposomal GABA	120
Liposomal Tranquinox®	125
Liposomal Tranquinox Deep™	126

Melatonin	134
Melatonin Liquid (Natural Lemon)	135
Methyl B-12 HP™	138

Thyroid Support*

AdrenaMed®	23
Corti-B Plex™	55
Thyrodex™ T-150	232
ThyroMedica Plus®	233
Thyroxodine™	234

Women's Health

Borage GLA	34
BrocColinate®	35
BrocColinate® Activated	37
DIM Estro™	64
Foundation Essentials® for Women	74
Functional Female®	78
HemePlex Fe®	90
Methyl Folate™ HP	140
MultiMedica™ for Women	154
NuFemina™	170
Omega EFA Complex™	178
OsteoMedica®	184
Pro-ToxiClear®	212
SacBoulardii™	221
Tri-Flora Plus™	242
UT Soothe™ Capsules	244
UT Soothe™ Powder	245

Melatonin

Support the Sleep Cycle*

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5-DAY IFD PROGRAM

*Intermittent Fasting Diet**



MCT Oil™ [pg 133](#)

Power Greens® Premium [pg 208](#)

Total Vegan® [pg 236-241](#)

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Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

5-Day IFD Program

Intermittent Fasting Program*

The 5-Day IFD Program is an easy-to-follow program designed to help your body achieve cellular autophagy.*

MCT Oil USP™ is a high quality blend of medium-chain triglycerides (MCTs). MCTs are special fatty acids which are metabolized more fully for energy in the body. Normal fats and oils contain long-chain fatty acids (LCTs).

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Power Greens® Premium Berry is NuMedica's state-of-the-art, great tasting greens and superfood drink mix. It is made from the highest quality, freshest fruits and vegetables available, specifically selected for their nutrient-rich properties.

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Total Vegan® is a revolutionary plant protein blend featuring 5 well-tolerated, vegan protein sources – yellow pea, rice, hemp, chia and cranberry – to provide a well-balanced amino acid profile in a high protein formula. In addition to the well-rounded protein profile, Total Vegan® features many unique ingredients to support the immune system, the digestive system, body composition, bone health and detoxification.*

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Each Program Contains

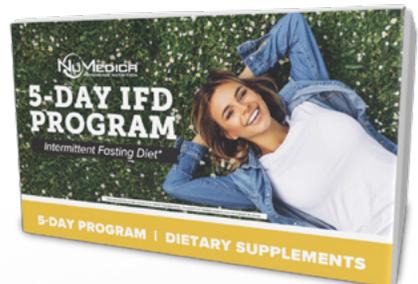
Power Greens® Premium Berry, 8.7 oz. (245.7 g)	1
MCT Oil USP™, 8 fl. oz. (237 mL)	1
Total Vegan® (Vanilla, Chocolate or Mocha), 1 lb. 2 oz. (560 g)	1
Program Guide	1

Program Benefits:

- Support for healthy body composition*
- May help promote intracellular autophagy*
- Support for healthy glucose metabolism*
- Support for maintaining already healthy C-Reactive protein levels*
- Support for maintaining already healthy levels of triglycerides*
- Support for maintaining already healthy cholesterol levels*
- May help support healthy cardiovascular function*
- Support for healthy bones*

Directions:

Follow the program guide under the direction of your healthcare practitioner.



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Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

5-HTP 50 mg

Sleep, Stress & Mood Support*

5-HTP nutritionally supports healthy brain function by helping to maintain proper serotonin levels.* 5-HTP may provide support for occasional sleeplessness, stress and mild mood fluctuations.*

Specifications:

- **Available in**
60 vegetable capsules
- **Serving Size** 1 capsule
- **Servings Per Container** 60

Directions:

Adults take one capsule 1-3 times per day on an empty stomach or as directed by your healthcare practitioner.

Key Benefits:

- Nutritional Support for a Stressful Lifestyle*
- Support for Healthy Brain Function*
- Helps Maintain Proper Serotonin and Other Neurotransmitter Levels*
- May Help with Occasional Sleeplessness*
- Support for Positive Mood*

Amount Per Serving

5-Hydroxytryptophan (5-HTP) <i>(Griffonia simplicifolia)</i> (seed) extract	50 mg
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Other Ingredients: Microcrystalline cellulose, hydroxypropyl methylcellulose (vegetable capsule), magnesium stearate, silicon dioxide.

Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy.

Caution: If you are pregnant, nursing or taking any medications, consult your doctor before use. Keep out of reach of children. If you are currently taking antidepressant medications please consult a physician prior to use. May cause drowsiness.

Storage: Keep tightly closed in a cool, dry place.



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Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

5-HTP 100 mg

Sleep, Stress & Mood Support*

5-HTP nutritionally supports healthy brain function by helping to maintain proper serotonin levels.* 5-HTP may provide support for occasional sleeplessness, stress and mild mood fluctuations.*

Key Benefits:

- Nutritional Support for a Stressful Lifestyle*
- Support for Healthy Brain Function*
- Helps Maintain Proper Serotonin and Other Neurotransmitter Levels*
- May Help with Occasional Sleeplessness*
- Support for Positive Mood*

Amount Per Serving

5-Hydroxytryptophan (5-HTP) (<i>G Griffonia simplicifolia</i>) (seed) extract	100 mg
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Other Ingredients: Microcrystalline cellulose, hydroxypropyl methylcellulose (vegetable capsule), magnesium stearate, silicon dioxide.

Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy.

Caution: If you are pregnant, nursing or taking any medications, consult your doctor before use. Keep out of reach of children. If you are currently taking antidepressant medications please consult a physician prior to use. May cause drowsiness.

Storage: Keep tightly closed in a cool, dry place.

Specifications:

- **Available in**
60 vegetable capsules
- **Serving Size** 1 capsule
- **Servings Per Container** 60

Directions:

Adults take one capsule one or two times per day on an empty stomach or as directed by your healthcare practitioner.



*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

7-Day HM Detox Program*

Promotes Healthy Response to Environmental Heavy Metal Toxicity*

Key Benefits:

- Promotes Healthy Response to Environmental Heavy Metal Toxicity*
- Support for the Metabolism of Common Heavy Metals*
- Support for Healthy Hepatic Enzyme Activity*
- Support for Healthy Kidney and Hepatic Function*

Directions:

Follow the program guide under the direction of your healthcare practitioner.

Dual-Tox DPO® is designed to support balanced activity of the body's Phase I and Phase II detoxification processes.* It has been formulated to contain select ingredients, Dual Phase Optimizers (DPO), to enhance the activities of hepatic detoxification enzymes and support healthy detoxification pathways.*

pg. 65

HM Protect™ is an exceptional formulation of antioxidants, minerals and nutrients designed to support a healthy response to environmental heavy metal toxicity.* Key ingredients have been included for their role in supporting the metabolism and detoxification of heavy metals.*

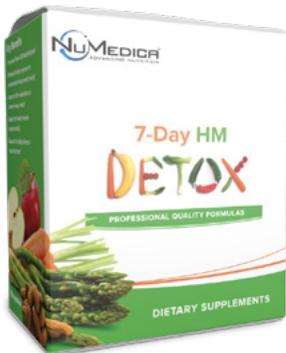
pg. 94

ProGI Soothe™ is an easily digestible dietary supplement, with well-tolerated rice protein, providing whole body support including comprehensive Phase II hepatic detoxification along with gastrointestinal restoration and elimination support.* The specially processed rice protein in this formula provides a full complement of essential and nonessential amino acids, including the sulfur-containing amino acids cysteine and methionine.

pg. 214

Each Program Contains

Dual-Tox DPO®, 120 vegetable capsules	1
HM Protect™, 120 vegetable capsules	1
ProGI Soothe™ (Original or Vanilla), 25 oz. (707 g)	1
Program Guide	1



Suitable for **VEGETARIANS**



Activated **B-VITAMINS**



5-MTHF **QUATREFOLIC®**



Independently Tested **GLUTEN-FREE**



Vegetable **CAPSULES**



Albion **MINERALS**

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

NuMedica® employs –



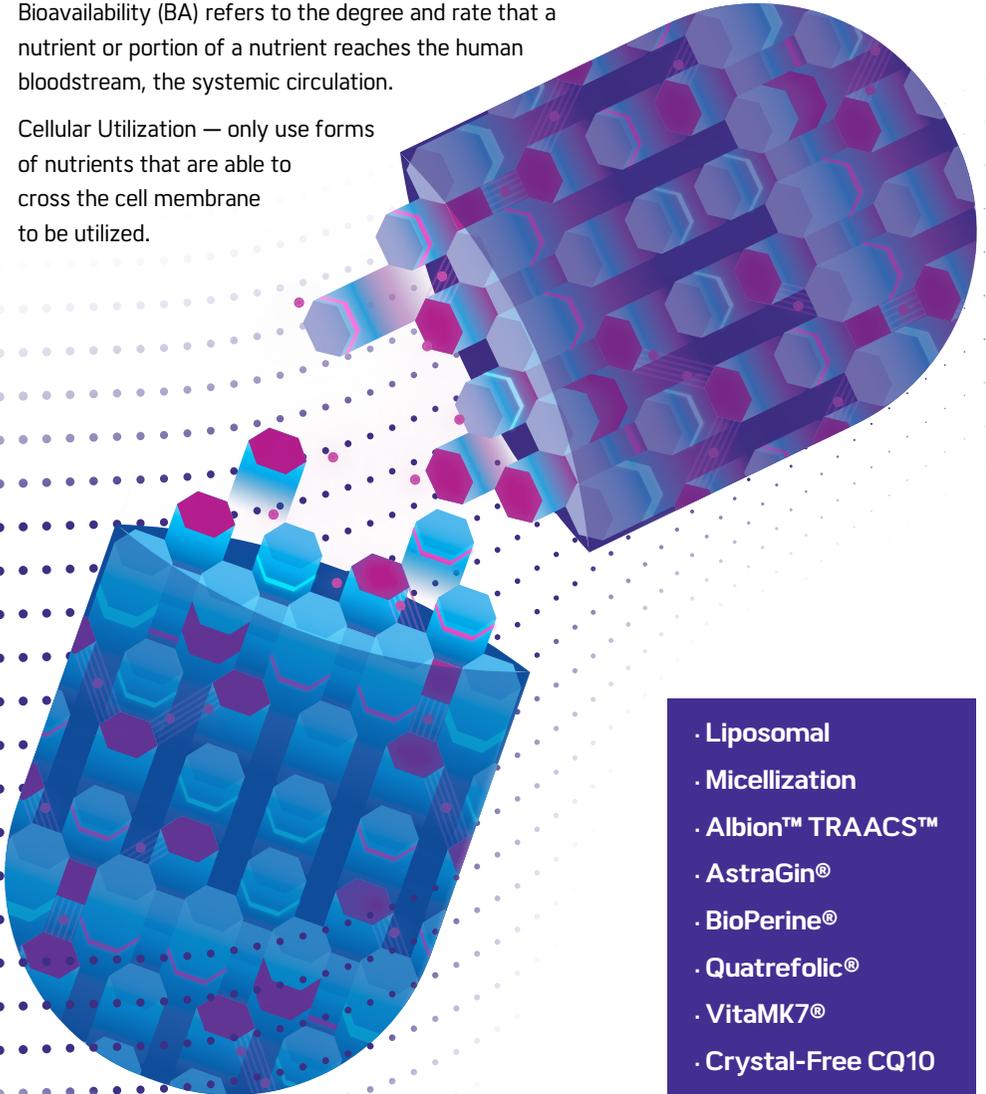
**ENHANCED
ABSORPTION
TECHNOLOGIES™**

to ensure maximum absorption.*

With Enhanced Absorption Technology, our goal is to use ingredients and delivery systems that ensure that the nutrients are absorbed in the gut, more bioavailable to the body for better cellular utilization.*

Bioavailability (BA) refers to the degree and rate that a nutrient or portion of a nutrient reaches the human bloodstream, the systemic circulation.

Cellular Utilization — only use forms of nutrients that are able to cross the cell membrane to be utilized.



- Liposomal
- Micellization
- Albion™ TRAACS™
- AstraGin®
- BioPerine®
- Quatrefolic®
- VitaMK7®
- Crystal-Free CQ10
- PRPs

*These statements have not been evaluated by the Food and Drug Administration.
These products are not intended to diagnose, treat, cure or prevent any disease.

Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

Acetyl L-Carnitine

Support for Mitochondrial Energy*

Acetyl L-Carnitine is the acetylated form of L-carnitine which is readily utilized in the Krebs Cycle (i.e., by the liver and other tissues). The acetyl group of acetyl L-carnitine is used to form acetyl-CoA, the most important intermediary in the generation of energy from amino acids, carbohydrates and fats, and has been shown to support healthy triglyceride levels.* Acetyl L-carnitine shuttles acetyl groups and fatty acids into mitochondria for energy production.* It is also used to make the important brain chemical acetylcholine.* Some studies suggest acetyl L-carnitine can even act as a neurotransmitter itself.*

Specifications:

- **Available in**
90 vegetable capsules
- **Serving Size** 1 capsule
- **Servings Per Container** 90

Directions:

Take one capsule 1-3 times per day or as directed by your healthcare practitioner.

Key Benefits:

- Highly Bioavailable Form of L-Carnitine
- Support for Optimal Mitochondrial Function*
- May Enhance Energy Production at the Cellular Level*
- Support for Maintaining Healthy Triglyceride Levels*
- May Play a Role in Healthy Brain Function*

Amount Per Serving

Acetyl L-Carnitine (as acetyl L-carnitine hydrochloride)	500 mg
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Other Ingredients: Hydroxypropyl methylcellulose (vegetable capsule), microcrystalline cellulose, bamboo silica, L-leucine.

Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy.

Caution: If pregnant or lactating, please consult with your healthcare practitioner before use. Keep out of reach of children.

Storage: Keep tightly closed in a cool, dry place.



Suitable for
VEGETARIANS



Independently Tested
GLUTEN-FREE



Vegetable
CAPSULES

AdrenaMed®

Support for Adrenal Stress*

A NuMedica® Registered Trademark Exclusive - Reg. # 85913377

AdrenaMed® is a concentrated adaptogenic herbal and vitamin formula featuring standardized extracts of cordyceps, rhodiola and ginseng – all designed to support the stress response.* Additionally, this formula contains select B vitamins involved in adrenal hormone production to support adrenal stress.*

Key Benefits:

- Supports Healthy Stress Response*
- Provides Antioxidant Support*
- Supports the Immune System*
- Features Powerful Adaptogens Used to Help Adapt to Stress*
- Supports Energy Production and Mental Clarity*
- Supports Restful Sleep*

Amount Per Serving

Vitamin B6 (as pyridoxine hydrochloride)	50 mg
Pantothenic Acid (as d-calcium pantothenate)	50 mg
Cordyceps (<i>Cordyceps sinensis</i>) (mycelium) extract (7% cordycepic acid, 0.2% adenosine)	400 mg
American ginseng (<i>Panax quinquefolium</i>) (root) extract (standardized 20% extract)	200 mg
Rhodiola (<i>Rhodiola rosea</i>) (root) extract (3% salidroside, 1% rosavins)	100 mg
Para-Aminobenzoic Acid (PABA)	25 mg

Other Ingredients: Hydroxypropyl methylcellulose (vegetable capsule), microcrystalline cellulose, L-leucine, bamboo silica.

Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy.

Caution: If pregnant or lactating, please consult with your healthcare practitioner before use. Keep out of reach of children.

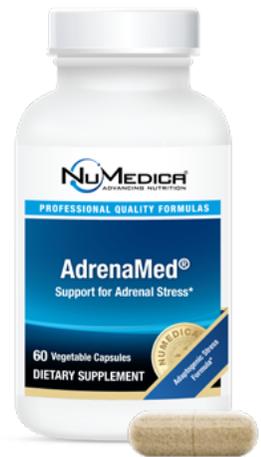
Storage: Keep tightly closed in a cool, dry place.

Specifications:

- **Available in**
60 and 120 vegetable capsules
- **Serving Size** 1 Capsule
- **Servings Per Container**
60 (small) or 120 (large)

Directions:

Take one capsule twice per day or as directed by your healthcare practitioner.



Suitable for
VEGETARIANS



Independently Tested
GLUTEN-FREE



Vegetable
CAPSULES

*These statements have not been evaluated by the Food and Drug Administration.
These products are not intended to diagnose, treat, cure or prevent any disease.

Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.



Recharge your battery with AdrenaMed GL50®



Glandulars are animal tissues used to enhance the function of corresponding human tissues.*

AdrenaMed GL50® features glandular support from bovine adrenal gland, parotid gland, thymus gland and spleen tissue, all verified to be BSE-free.*

**A NuMedica® Exclusive
Researched & Developed by**

Dr. John Brimhall

Dr. Brimhall has lectured with the world's greatest health and wellness advocates. He holds two patents and is the formulator of over 200 nutritional products.

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Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

AdrenaMed® GL50

Adaptogenic Stress Formula with Glandular Support*

A NuMedica® Registered Trademark Exclusive - Reg. # 86897305

AdrenaMed GL50® is a concentrated, balanced glandular formula with adaptogenic herbs, vitamins and minerals designed to promote a healthy stress response.*

This advanced formula was designed with select B vitamins involved in adrenal hormone production to support adrenal health.*

Amount Per Serving	
Vitamin C (as ascorbic acid)	200 mg
Riboflavin (Vitamin B2) (as riboflavin-5'-phosphate sodium)	15 mg
Niacin (as niacinamide)	15 mg NE
Vitamin B6 (as pyridoxal-5'-phosphate)	10 mg
Pantothenic Acid (as d-calcium pantothenate)	105 mg
Magnesium (as magnesium citrate and magnesium oxide)	45 mg
Zinc (as zinc bisglycinate chelate)†	5 mg
Chromium (as chromium nicotinate glycinate chelate)†	50 mcg
Potassium (as potassium glycinate complex)	2 mg
Citrus Bioflavones (<i>Citrus sp.</i>) (peel) extract	200 mg
L-Tyrosine	175 mg
Thymus (tissue) (bovine) (Argentina)	70 mg
Adrenal Gland (tissue) (bovine) (Argentina)	50 mg
Chlorella (<i>Chlorella vulgaris</i>) (algae)	50 mg
Parotid (tissue) (bovine) (Argentina)	50 mg
Rhodiola (<i>Rhodiola rosea</i>) (root) extract	50 mg
Spleen (tissue) (bovine) (Argentina)	20 mg
Grape (<i>Vitis vinifera</i>) (seed) extract (95% polyphenols)	1 mg

Other Ingredients: Gelatin capsule.

Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy.

Caution: Keep this product out of reach of children. If you are pregnant, nursing or taking any medications, consult your healthcare practitioner before use.

Storage: Keep tightly closed in a cool, dry place.



*Albion™ and TRAACS™ are trademarks of Balchem Corporation or its subsidiaries.



Specifications:

- **Available in**
90 and 180 capsules
- **Serving Size** 2 capsules
- **Servings Per Container**
45 (small) or 90 (large)

Directions:

Take two capsules once per day or as directed by your healthcare practitioner.

AdrenaMed GL50® is BSE-free.



*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

Allergenza®

Powerful Support for the Digestion of Food Proteins* NuMedica Exclusive Developed by Dr. Tom O'Bryan

A NuMedica® Registered Trademark Exclusive - Reg. # 86698718

Allergenza® is a powerful formula uniquely designed with proprietary blends of enzymes, prebiotics and probiotics to break down gluten proteins by targeting both internal and external peptide bonds.* Additionally, the highly specialized prebiotic, PreForPro® is unique in supporting the proliferation of beneficial bacteria in both the small and large intestines.* This plays a critical role in breaking down gluten and other proteins to promote a healthy intestinal tract.*

Amount Per Serving

Proprietary Multi-Enzyme Blend	250 mg
Endopeptidase (75,000 HUT)	
Protease (500 SAPU)	
Exopeptidase (125 DPPIV)	
Probiotic Blend	70 mg (5 Billion Live Organisms)
<i>Saccharomyces boulardii</i> (strain CNCM I-3799)	
<i>Bacillus subtilis</i> (strain DE111®)	
<i>Lactobacillus acidophilus</i> (strain ATCC# SD5212)	
Proprietary Prebiotic Blend†	7.5 mg
LH01 – <i>Myoviridae</i>	
LL5 – <i>Siphoviridae</i>	
T4D – <i>Myoviridae</i>	
LL12 – <i>Myoviridae</i>	

Specifications:

- Available in 60 vegetable capsules
- Serving Size 1 capsule
- Servings Per Container 60

Directions:

Take one capsule up to three times per day before a meal or as directed by your healthcare practitioner.



This formula contains DE111® – Spore Forming Probiotic

Other Ingredients: Hydroxypropyl methylcellulose and water (vegetable capsule), sugar beet fiber (non-GMO), medium-chain triglycerides (MCTs).

Caution: Keep out of reach of children.

Storage: Store refrigerated.

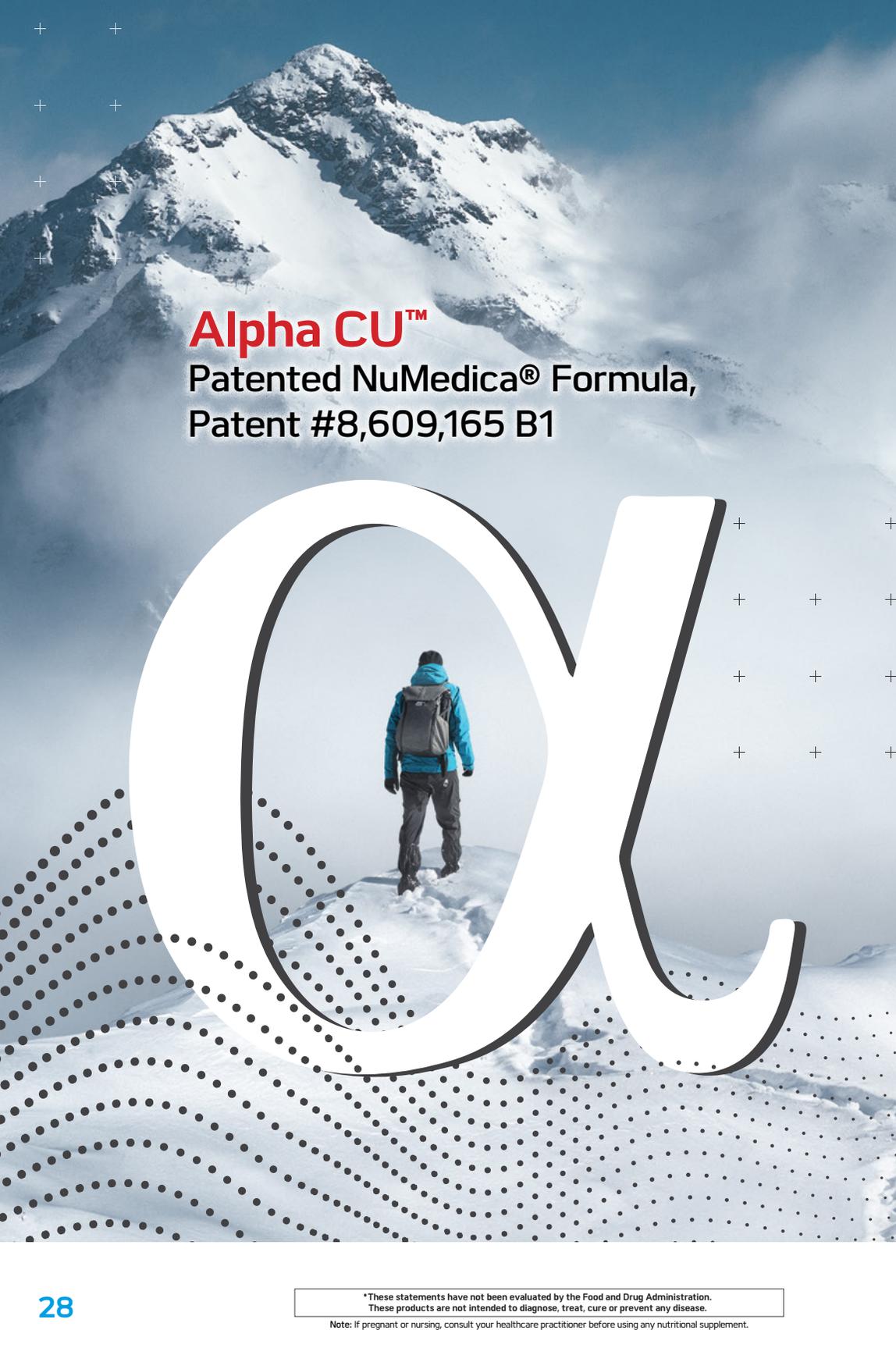
This product is not intended to replace a gluten-free diet and is not suitable to treat or prevent celiac disease.

†PreForPro® & DE111® are registered trademarks of Deerland Probiotics & Enzymes, Inc.



*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.



Alpha CU™
Patented NuMedica® Formula,
Patent #8,609,165 B1

Alpha CU™

Controlled Uptake Alpha-Lipoic Acid Formula*

Alpha CU™ is produced under U.S. Patent #8,609,165 B1

Alpha CU™ – Controlled Uptake Formula – is a powerful poly-purpose formula combining scientifically validated and result-targeted nutrients, providing the body the super antioxidant alpha-lipoic acid, vanadium, zinc, vitamin C and biotin. Our proprietary Plasma Concentration Technology™ (PCT) delivers maximum controlled uptake and bioavailability in the bloodstream.*

Key Benefits:

- Supports Healthy Blood Sugar Levels*
- Promotes Optimization of Peripheral Neurological Function*
- Boosts Generation of Cellular ATP*
- Supports Potent Biological Antioxidant Regeneration*
- Supports Healthy Liver and Cardiovascular Function*

Amount Per Serving

Vitamin C (as ascorbic acid)	120 mg
Biotin	200 mcg
Zinc (as zinc bisglycinate chelate)†	10 mg
Alpha-Lipoic Acid	800 mg
Vanadium (as vanadium nicotinate glycinate chelate)†	120 mcg

Other Ingredients: Dicalcium phosphate, L-leucine, microcrystalline cellulose, hydroxypropylcellulose, croscarmellose sodium, stearic acid, bamboo silica.

Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy.

Caution: Consult your physician before use if you are allergic to alpha-lipoic acid or thiamin deficient, diabetic, being treated for serum glucose control, pregnant or nursing.

Storage: Keep tightly closed in a cool, dry place. Keep out of reach of children.



*Albion™, TRAACS™ and the Albion Gold Medallion design are trademarks of Balchem Corporation or its subsidiaries.

Specifications:

- Available in 120 (tablets)
- Serving Size 2 Tablets
- Servings Per Container 60

Directions:

Take two tablets 30 minutes before breakfast and two tablets 30 minutes before dinner or as directed by your healthcare practitioner.



*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

Achieve your goals
naturally with

Appe-Curb[®]

A NuMedica[®] registered exclusive



Appe-Curb®

Nutritional Support for Drug, Alcohol & Carbohydrate Cravings*

A NuMedica® Registered Trademark Exclusive - Reg. # 85578746

Appe-Curb® contains neurotransmitter precursors and conversion nutrients that help satisfy the "reward cascade" of the brain.* Satisfying the "reward cascade" of the brain may help with cravings for things that may be appealing such as drugs, alcohol and carbohydrates while improving mood and increasing energy.* By helping to restore major brain neurotransmitters, Appe-Curb® may support balance in the brain and a feeling of well-being.*

Key Benefits:

- Nutritional Support for Drug, Alcohol and Carbohydrate Cravings*
- Supports Increased Energy*
- Helps Restore Major Brain Neurotransmitters Including Healthy Serotonin Levels*
- Aids in Improving Mood*

Amount Per Serving

Vitamin C (as ascorbic acid)	500 mg
Vitamin B6 (as pyridoxine hydrochloride)	37.5 mg
Chromium (as chromium picolinate)	60 mcg
dl-Phenylalanine	1,000 mg
L-Tyrosine	750 mg
L-Glutamine	375 mg
5-Hydroxytryptophan (5-HTP) (<i>Griffonia simplicifolia</i>) (seed) extract	75 mg

Other Ingredients: Hydroxypropyl methylcellulose (vegetable capsule), magnesium stearate, silicon dioxide.

Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy.

Caution: Keep out of reach of children.

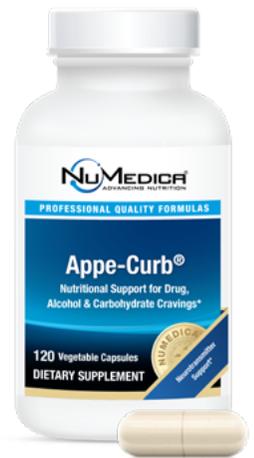
Storage: Keep tightly closed in a cool, dry place. Keep away from direct sunlight.

Specifications:

- Available in 120, 240 (vegetable capsules)
- Serving Size 4 Capsules
- Servings Per Container 30 (small) or 60 (large)

Directions:

Take four capsules before breakfast and four capsules before lunch or as directed by your healthcare practitioner. Do not take after 3 pm.



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Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

B-Replete®

Adrenal, Neurological & Stress Response Support*

A NuMedica® Registered Trademark Exclusive - Reg. # 86227681

B-Replete® is an advanced B-complex providing the entire spectrum of B vitamins and other complementary nutrients to support healthy homocysteine metabolism, adrenal, energy and neurological function as well as healthy stress response.* B-Replete® provides activated forms of vitamins B2, B6 and B12, with the addition of benfotiamine, a fat soluble and physiologically active form of thiamin. The 5-MTHF in this formula – Quatrefolic® – is the most biologically active form of folate, allowing rapid uptake into the bloodstream.*

Specifications:

- **Available in**
90 and 180 vegetable capsules
- **Serving Size** 1 capsule
- **Servings Per Container**
90 (small) or 180 (large)

Directions:

Take one capsule 1-2 times per day or as directed by your healthcare practitioner.



Amount Per Serving

Vitamin C (as ascorbic acid)	30 mg
Thiamin (Vitamin B1) (as thiamin hydrochloride)	20 mg
Riboflavin (Vitamin B2) (as riboflavin-5'-phosphate)	20 mg
Niacin (130 mg niacinamide and 10 mg niacin)	140 mg NE
Vitamin B6 (as pyridoxal-5'-phosphate)	25 mg
Folate (as 400 mcg (6S)-5-methyltetrahydrofolate, glucosamine salt)*	680 mcg DFE
Vitamin B12 (as methylcobalamin)	800 mcg
Biotin	400 mcg
Pantothenic Acid (as d-calcium pantothenate)	150 mg
Choline (as choline citrate)	30 mg
Benfotiamine	20 mg
Para-Aminobenzoic Acid (PABA)	15 mg

Other Ingredients: Ascorbyl palmitate, hydroxypropyl methylcellulose (vegetable capsule), microcrystalline cellulose, l-leucine, bamboo silica, silicon dioxide.

Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy.

Caution: Keep out of reach of children.

Storage: Keep tightly closed in a cool, dry place.



*Quatrefolic® is a Registered Trademark of Gnosis S.p.A., U.S. Patent number 7,947,662.



Suitable for **VEGETARIANS**



Activated **B-VITAMINS**



Independently Tested **GLUTEN-FREE**



Vegetable **CAPSULES**



Albion **MINERALS**

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Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

Berberine VasoQX®

Cardiovascular & Glycemic Support*

A NuMedica® Registered Trademark Exclusive - Reg. # 88002597

Berberine VasoQX® offers support for maintaining already healthy blood glucose metabolism, insulin and cardiovascular function.* Berberine has been found to aid in AMPK activation, a process which plays an important role in supporting a healthy metabolism.* With the addition of *Gynostemma pentaphyllum* and CoQ10, Berberine VasoQX® provides powerful antioxidant support and supports optimal vascular, immune and gastrointestinal health.*

Berberine - cellular performance through AMPK activation*

Berberine is an alkaloid isolated from the *Coptis Chinensis* plant. In clinical studies, Berberine has demonstrated support in the activation of at least two independent metabolic pathways*:

- Activation of AMPK pathway*
- Stimulation of glycolysis by inhibiting the mitochondrial respiratory chain complex 1 (independent of AMPK activation)*

Gynostemma pentaphyllum - healthy body composition*

Gynostemma pentaphyllum (GP), a member of the gourd family, is a herbaceous vine indigenous to Asian countries. The two active extracts of *Gynostemma*, called actiponins, are damulin A and damulin B. According to clinical studies, actiponins may increase the expression of the cellular pathways that promote fat oxidation, thermogenesis, and decrease the expression of lipogenic transcription factors.*

Coenzyme Q10 - cellular metabolic performance*

In clinical studies, CoQ10 supplementation has shown beneficial effects on supporting mitochondrial membrane potential and counteracting oxidative stress in myocytes.*

Amount Per Serving

Berberine hydrochloride (<i>Berberis aristata</i>) (bark) extract	400 mg
<i>Gynostemma pentaphyllum</i> (herb)	150 mg
Coenzyme Q10 (ubiquinone)	50 mg

Other Ingredients: Hydroxypropyl methylcellulose (vegetable capsule), microcrystalline cellulose, L-leucine, bamboo silica.

Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy.

Caution: Keep out of reach of children.

Warning: If you are on insulin treatment or taking hypoglycemic medications, consult with your healthcare practitioner before using this product.

Storage: Keep tightly closed in a cool, dry place.



Suitable for
VEGETARIANS



Independently Tested
GLUTEN-FREE



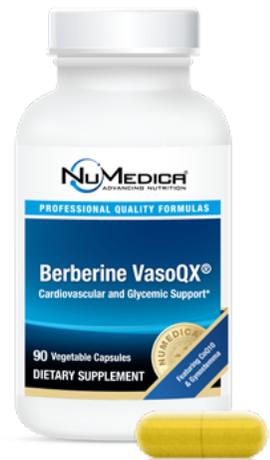
Vegetable
CAPSULES

Specifications:

- **Available in**
90 vegetable capsules
- **Serving Size** 1 capsule
- **Servings Per Container** 90

Directions:

Adults take one capsule 1-3 times per day or as directed by your healthcare practitioner.



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Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

Borage GLA

Nerve, Joint & Immune Support*

Borage GLA is a fresh, cold-pressed extract of borage seed oil from the blue flowering plant *Borago officinalis*. Borage oil has been found to support healthy blood flow, oxygenation, proper nerve function, joint function, immune function and a healthy eicosanoid balance.* The natural extraction process uses absolutely no chemicals or refining, thus providing the purest source of this essential oil. It provides 16% gamma-linolenic acid (GLA), the highest percentage of GLA from any plant source.

Specifications:

- Available in 90 softgels
- Serving Size 1 softgel
- Servings Per Container 90

Directions:

Take one softgel twice per day with a meal or as directed by your healthcare practitioner.

Key Benefits:

- Supports Healthy Fatty Acid Metabolism*
- Supports Oxygenation and Blood Flow*
- Support for Normal Blood Pressure Levels*
- Supports Proper Nerve Function*
- Healthy Immune System Support*

Amount Per Serving

Vitamin E (as mixed tocopherol concentrate) (15 IU)	10 mg
Borage Oil (<i>Borago officinalis</i>) (seed) (Linolenic Acid (LA), 280 mg; Gamma Linolenic Acid (GLA), 160 mg; Oleic Acid (OA), 90 mg)	1,000 mg
Linolenic Acid	
Gamma-Linolenic Acid	
Oleic Acid	

Other Ingredients: Gelatin, vegetable glycerin, purified water.

Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy, artificial colors, sweeteners or preservatives.

Caution: If you are pregnant, nursing, taking any medications or planning any medical procedure, consult your healthcare practitioner before use. Keep out of reach of children.

Storage: Keep tightly closed in a cool, dry place.



*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

BrocColinate®

Patented Sulforaphane Glucosinolate - Powerful Detoxifier*

A NuMedica® Registered Trademark Exclusive - Reg. #77886709

*Sulforaphane Glucosinolate is produced under U.S. patents: 5,725,895; 5,968,567; 6,177,122; 6,242,018; 7,303,770 and patents pending.

BrocColinate® contains high amounts of the heavily studied and multi-patented ingredient Sulforaphane Glucosinolate, found in broccoli, broccoli sprouts and broccoli seed. For the first time in the industry, NuMedica® is bringing you this science-based ingredient in the highest potency available. BrocColinate® contains Sulforaphane Glucosinolate 10%, which yields 60 mg of Sulforaphane Glucosinolate per capsule – double the potency of other available formulas. BrocColinate® uses specially selected (non-GMO) broccoli seed that contain up to three times the amount of Sulforaphane that is normally found in commercially available seed. It also uses a patented CO2 extraction method to retain the naturally occurring enzymes and nutrients found in broccoli seed.

Sulforaphane Glucosinolate has been identified by many scientists as the strongest known inducer of Phase II enzymes.* These Phase II enzymes have the ability to neutralize chemical toxins, electrophiles and free radicals.* Sulforaphane Glucosinolate activates the body’s natural enzymes for detoxification and those with antioxidant properties, protecting cells from harmful free radical damage.*

Specifications:

- **Available in**
30 and 120 vegetable capsules
- **Serving Size** 1 capsule
- **Servings Per Container**
30 (small) or 120 (large)

Directions:

Take one capsule once per day or as directed by your healthcare practitioner.

Amount Per Serving

Broccoli (<i>Brassica oleracea L. italica</i>) (seed) extract (NLT 10% Sulforaphane Glucosinolate*, 60 mg)	600 mg
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Other Ingredients: Hydroxypropyl methylcellulose (vegetable capsule).

Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy.

Caution: Keep out of reach of children.

Storage: Keep tightly closed in a cool, dry place.



*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

BrocColinate[®]

PROTECTS YOUR CELLS*

BrocColinate[®] Activated helps protect cells from chemical toxins, electrophiles and free radicals.



Delayed release capsules designed for better absorption in the bloodstream



Myrosinase helps the body produce Sulforaphane Glucosinolate



Helps to support lung health and respiratory function*

BrocColinate® Activated

Delayed Release Sulforaphane Production Formula Featuring Myrosinase*

A NuMedica® Registered Trademark Exclusive - Reg. #77886709

†Sulforaphane Glucosinolate is produced under U.S. patents: 5,725,895; 5,968,567; 6,177,122; 6,242,018; 7,303,770 and patents pending.

BrocColinate® Activated is a special blend designed specifically to yield up to 24 mg of sulforaphane per capsule in a delayed release capsule for optimal absorption. It contains high amounts of the heavily studied and multi-patented ingredient Sulforaphane Glucosinolate, found in broccoli, broccoli sprouts and broccoli seeds. It also has been specially formulated to preserve myrosinase, a key enzyme needed to convert Sulforaphane Glucosinolate into sulforaphane in the small intestine for enhanced phase 2 detoxification and NRF2 activation.*



The delayed release capsule utilized by this formula is designed to pass through the stomach without degradation caused by stomach acid and release in the small intestine for better absorption into the bloodstream.

Amount Per Serving

Broccoli (<i>Brassica oleracea L. italica</i>) (seed) extract (Myrosinase Enzyme Activated), (NLT 10% Sulforaphane Glucosinolate†, 60 mg)	600 mg
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Other Ingredients: Hypromellose and gellan gum (delayed release capsule), proprietary blend (containing myrosinase enzyme and calcium ascorbate).

Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy.

Caution: Keep out of reach of children.

Storage: Keep tightly closed in a cool, dry place.



Specifications:

- Available in 60 vegetable capsules
- Serving Size 1 capsule
- Servings Per Container 60

Directions:

Take one capsule once per day or as directed by your healthcare practitioner.



*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

C-750 Plus™

Buffered Vitamin C Formula

C-750 Plus™ provides 750 mg of buffered vitamin C along with 3 mg of BioPerine® to enhance bioavailability.* BioPerine® is a proprietary extract from black pepper that has been shown in clinical studies to increase the bioavailability of vitamin C by up to 40%.* Vitamin C provides antioxidant protection, immune support and supports the production of healthy connective tissue and collagen.*

Specifications:

- **Available in**
120 vegetable capsules
- **Serving Size** 1 capsule
- **Servings Per Container** 120

Directions:

Take one capsule twice per day or as directed by your healthcare practitioner.

Amount Per Serving

Vitamin C (as calcium ascorbate, magnesium ascorbate, and potassium ascorbate)	750 mg
Black pepper (<i>Piper nigrum</i>) (fruit) extract† (50:1) (95% piperine)	3 mg

Other Ingredients: Hydroxypropyl methylcellulose (vegetable capsule), microcrystalline cellulose, L-leucine, bamboo silica.

Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy.

Caution: Keep out of reach of children.

Storage: Keep tightly closed in a cool, dry place.



*BioPerine® is a GRAS affirmed & Non-GMO Project Verified ingredient. BioPerine® is a registered trademark of Sabinsa Corp.



*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

C-Bioflav 1000™

High Potency Antioxidant Formula*

C-Bioflav 1000™ is a synergistic blend of vitamin C and a potent, standardized complex (50%) of citrus bioflavonoids for optimal efficacy.* It has been shown that the combination of vitamin C and bioflavonoids provides powerful antioxidant support, supports optimal immune function and supports healthy collagen production.*

Key Benefits:

- Highest Potency Bioflavonoids (Standardized to 50%)
- Optimal Immune System Support*
- Supports Healthy Collagen Production and Connective Tissues*
- Provides Antioxidant Support*

Specifications:

- **Available in**
180 vegetable capsules
- **Serving Size** 2 capsules
- **Servings Per Container** 90

Amount Per Serving

Vitamin C (as ascorbic acid)	1,000 mg
Citrus Bioflavonoid Complex (<i>Citrus spp.</i>) (fruit; peel) extract [standardized to 50% (250 mg) bioflavonoids: hesperidin and other naturally occurring compounds]	500 mg

Directions:

Take two capsules once per day or as directed by your healthcare practitioner.

Other Ingredients: Hydroxypropyl methylcellulose (vegetable capsule), bamboo silica.

Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy.

Caution: Keep out of reach of children.

Storage: Keep tightly closed in a cool, dry place.

Sourced from non-GMO ingredients.

Notes:



Suitable for
VEGETARIANS



Independently Tested
GLUTEN-FREE



Vegetable
CAPSULES



*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

CINergy®

Synergistic Blood Sugar Support Formula*

A NuMedica® Registered Trademark Exclusive - Reg. # 86099418

CINergy® is NuMedica's advanced blood sugar support formula to support insulin function and optimize healthy postprandial (after mealtime) blood sugar levels.* It features 300 mg of Cinnulin PF®, a 100% water-soluble cinnamon extract. CINergy® features five key ingredients for healthy blood sugar and insulin function in healthy individuals: cinnamon, American ginseng, gymnema, green tea polyphenols and fenugreek in therapeutic dosages.*

Specifications:

- **Available in**
120 vegetable capsules
- **Serving Size** 4 capsules
- **Servings Per Container** 30

Directions:

Take four capsules once per day or as directed by your healthcare practitioner.

Amount Per Serving

Magnesium (as di-magnesium malate) [†]	40 mg
Zinc (as zinc bisglycinate chelate) [†]	15 mg
Chromium (as chromium nicotinate glycinate chelate) [†]	400 mcg
American ginseng (<i>Panax quinquefolius</i>) (root) extract (standardized 20% extract)	750 mg
Green tea (<i>Camellia sinensis</i>) (leaf) extract (95% polyphenols, 45% EGCG, 75% catechins)	400 mg
Alpha-Lipoic Acid	400 mg
Gymnema (<i>Gymnema sylvestre</i>) (leaf) extract (25% gymnemic acids)	400 mg
Cinnamon (<i>Cinnamomum burmannii</i>) (bark) (water-soluble cinnamon extract standardized to contain a minimum of 3% Type-A polymers) ^{††}	300 mg
Fenugreek (<i>Trigonella foenum-graecum</i>) (seed) extract (15:1)	300 mg

Other Ingredients: Hydroxypropyl methylcellulose (vegetable capsule), microcrystalline cellulose, L-leucine, bamboo silica.

Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy.

Caution: Keep out of reach of children.

Storage: Keep tightly closed in a cool, dry place.



[†]Albion™, TRAACS™ and the Albion Gold Medallion design are trademarks of Balchem corporation or its subsidiaries.

Cinnulin PF®

^{††}Cinnulin PF® water-soluble extract is a registered trademark of Integrity Nutraceuticals International.



Suitable for
VEGETARIANS



Albion
MINERALS



Independently Tested
GLUTEN-FREE



Vegetable
CAPSULES

CLA Trim 1000™

Promotes Lean Muscle*

CLA Trim 1000™ is a pure form of Conjugated Linoleic Acid (CLA) derived from non-GMO safflower oil. The yield of CLA ranges from 78-84%, with an average of 80% CLA. Clinical trials have demonstrated that 3,000 mg of CLA per day may reduce body fat while increasing lean muscle mass.* Animal and human studies have also demonstrated its many benefits for weight management and cardiovascular health, as well as for immune function, stress-catabolic response and bone health.* The t-10,c-12 isomer has been shown to be important in reducing fat mass and enhancing immune response, while the c-9,t-11 isomer appears to lower triglyceride levels.*

Key Benefits:

- Supports Healthy Body Composition*
- May Aid in Body Fat Reduction*
- Supports Production of Lean Muscle Mass*
- Supports Healthy Blood Sugar Metabolism*
- Supports Cardiovascular Health*
- Supports the Immune System*

Amount Per Serving

Calories	10
Conjugated Linoleic Acid Concentrate (78% CLA) (from safflower seed oil)	1,000 mg

Other Ingredients: Gelatin, vegetable glycerin, purified water, carob extract, mixed tocopherols (from soy), titanium dioxide.

Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, artificial colors or sweeteners.

Caution: Keep out of reach of children.

Storage: Keep tightly closed in a cool, dry place.



Specifications:

- Available in 120 softgels
- Serving Size 1 softgel
- Servings Per Container 120

Directions:

Take one softgel twice per day with food or as directed by your healthcare practitioner.



*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

Cognitein[®]

Healthy Brain Aging*

Magtein[®], the key ingredient in Cognitein[™], crosses the blood-brain barrier to increase magnesium levels in the brain*



Blood-Brain Barrier

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.
Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

Cognitein®

Cognitive Function and Healthy Brain Aging*

A NuMedica® Registered Trademark Exclusive - Reg. #97286374

Cognitein® is a unique combination of Magtein® (magnesium L-threonate), L-aurine and L-theanine designed to help support healthy cognitive function. Magtein®, magnesium L-threonate, has been shown to support healthy levels of magnesium in the brain and functional neuronal terminals.* Magtein® is a patented and clinically studied ingredient shown to support cognitive function and healthy brain aging.*

L-aurine is an abundant amino acid in the human body but taurine levels typically decrease with age.

New studies show that taurine may play a major role in supporting the brain when exposed to toxic chemicals from water supplies and other environmental sources.*

L-theanine helps with activity in the alpha-1 frequency band of resting brain activity, which indicates that it relaxes the mind without inducing drowsiness.*

An increase in the activity of alpha-bands also appears important for suppressing distracting visual information during demanding tasks.

Specifications:

- **Available in:** 60 and 120 vegetable capsules
- **Serving Size** 2 capsules
- **Servings Per Container** 30 (small) or 60 (large)

Directions:

Take two capsules once per day or as directed by your healthcare practitioner.



Amount Per Serving

Magnesium (from 1,000 mcg magnesium L-Threonate)*	70 mg
L-Taurine	200 mg
L-Theanine	100 mg

Other Ingredients: Hydroxypropyl methylcellulose (vegetable capsule), magnesium stearate, silicon dioxide.

Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy.



Caution: Keep out of reach of children.

Storage: Keep tightly closed in a cool, dry place.

*As Magtein® is a trademark of Magceutics®, Inc. and is distributed exclusively by AIDP, Inc. Magtein® is protected under a family of U.S. patents, pending patents, and is protected worldwide.



*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

Cognitive Balance®

Optimal Methylation & Dopamine Support Formula*

A NuMedica® Registered Trademark Exclusive, Reg. #85626175

Cognitive Balance® provides support for optimal homocysteine and dopamine levels.*

Cognitive Balance® features targeted ingredients shown to maximize vitamin transport to the nervous system and assist in the production and processing of the neurotransmitter dopamine.* Dopamine plays an important role in several brain functions, including cognition (learning and concentration), behavior, motor activity, sleep and mood.*

Specifications:

- **Available in**
120 vegetable capsules
- **Serving Size** 4 capsules
- **Servings Per Container** 30

Directions:

Take four capsules once per day with a meal or as directed by your healthcare practitioner.

Amount Per Serving

Niacin (as nicotinamide)	500 mg NE
Vitamin B6 (as pyridoxal-5'-phosphate)	10 mg
Vitamin B12 (as methylcobalamin)	250 mcg
Choline (as choline citrate)	100 mg
Magnesium (as magnesium citrate and magnesium oxide)	100 mg
Inositol Hexanicotinate	500 mg
Trimethylglycine	500 mg
L-Methionine	400 mg
L-Taurine	300 mg
Phosphatidyl Serine (from sunflower, soy-free)	100 mg
Huperzine A (<i>Huperzia serrata</i>) (aerials) extract (from 20 mg Toothed Clubmoss)	200 mcg

Other Ingredients: Hydroxypropyl methylcellulose (vegetable capsule), microcrystalline cellulose, natural orange flavor, stevia extract (steviol glycosides), L-leucine, bamboo silica.

Does Not Contain: Milks, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy

Caution: Temporary flushing, itching or warming of the skin may occur. Do not use if you have gout, diabetes, liver dysfunction or are pregnant. Keep out of reach of children.

Storage: Keep tightly closed in a cool, dry place.



Supporting Cognitive Function & Neurological Wellness*



Formulas Supporting Neurological Health*:

5-HTP

■ pg. 16-17

Acetyl L-Carnitine

■ pg. 22

Cognitein™

■ pg. 44-45

Cognitive Balance®

■ pg. 46

Neuro Methylation Cream

■ pg. 164

Path DS®

■ pg. 189

Phosphatidyl Serine

■ pg. 191

*These statements have not been evaluated by the Food and Drug Administration.
These products are not intended to diagnose, treat, cure or prevent any disease.

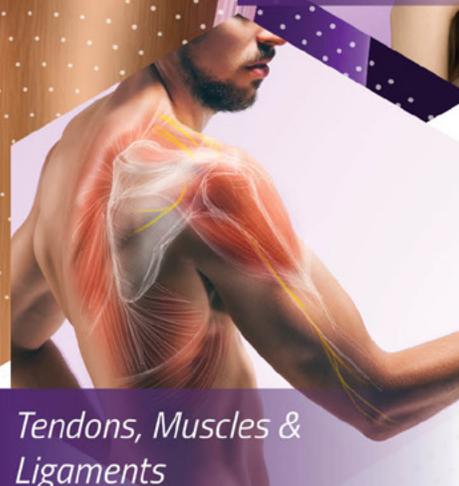
Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.



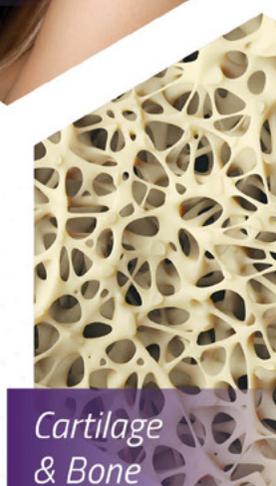
Type I & III bovine
collagen peptides
**Collagen
Replete™**



*Hair, Skin
& Nails*



*Tendons, Muscles &
Ligaments*



*Cartilage
& Bone*

*These statements have not been evaluated by the Food and Drug Administration.
These products are not intended to diagnose, treat, cure or prevent any disease.

Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

Collagen Replete®

Grass-Fed Bovine Collagen Peptides to Support Connective Tissue & Combat the Effects of Aging*

A NuMedica® Registered Trademark Exclusive - Reg. #97286378

Available in a great-tasting natural fruit-flavored liquid, Collagen Replete™ helps counteract the loss of collagen that occurs with aging.* It features 3,000 mg of collagen peptides per serving, from grass-fed bovine hide, providing support for connective tissue and helping combat the effects of aging on hair, skin, nails, joints, bones, tendons, muscles and ligaments.*

Amount Per Serving

Calories	20
Total Carbohydrate	2 g
Total Sugars	2 g
Includes 0 g Added Sugars	
Vitamin C (as calcium ascorbate)	40 mg
Collagen Peptides	3,000 mg

Other Ingredients: Purified water, organic agave nectar, ionic minerals, citric acid, mixed natural fruit flavor, sodium benzoate.

Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy.

Caution: If pregnant, nursing, taking any medication or have any medical condition, please consult your healthcare practitioner. Keep out of reach of children.

Storage: Keep tightly closed in a cool, dry place. Refrigerate after opening.

Notes:



Specifications:

- Available in 16 fl. oz. (473 mL)
- Serving Size 1 tablespoon (15 mL)
- Servings Per Container 31

Directions:

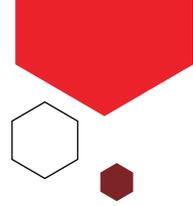
Take one tablespoon (15 mL) once per day or as directed by your healthcare practitioner. Mix with water or juice. Shake well before use.



*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

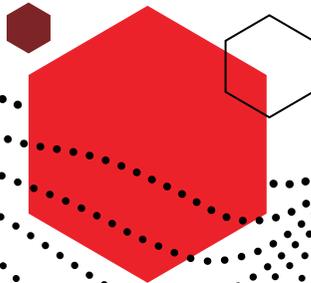
Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

CoQ Clear[®]



100% crystal-free formulation clinically proven to provide superior bioavailability of CoQ10

- + Clear bottles disguising nothing
- + Only truly crystal-free
- + No cloudiness
- + Citrus components
- + Will not cloud in cold weather



*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

CoQ-Clear® 50 Ubiquinone

Crystal-Free for Highest Absorption & Bioavailability*

A NuMedica® Registered Trademark Exclusive - Reg. # 77606232

CoQ-Clear® 50 is a patent-pending, crystal-free CoQ10 offering the highest absorption and bioavailability in a refreshing citrus softgel.* CoQ-Clear® has been shown in clinical trials to be significantly more absorbable than powdered CoQ10 and other oil-based or so-called "Nano"-dispersed formulas on the market.* Its proprietary formulation is unmatched for optimal utilization in the support of cardiovascular and energy-based health needs.*

Specifications:

- **Available in**
60 and 120 softgels
- **Serving Size** 1 softgel
- **Servings Per Container** 60

Directions:

Take one softgel 1-2 times per day with a meal or as directed by your healthcare practitioner.



Key Benefits:

- Highest Bioavailability*
- All Natural
- Titanium Dioxide Free
- Support for Cardiovascular Health*
- Support for Energy-Based Health Needs*
- Reduces Free Radical Damage*

Amount Per Serving

Vitamin E (as d-alpha tocopherol) (15 IU)	10 mg
Coenzyme Q10 (as ubiquinone)	50 mg
Mixed Tocopherols	7.5 mg

Other Ingredients: Citrus oil (GRAS certified; natural food grade), gelatin (bovine), glycerin, purified water, red radish powder (softgel color), medium-chain triglycerides, carob extract (softgel color), caramel liquid (softgel color).

Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy, artificial colors, sweeteners or preservatives.

Caution: Keep out of reach of children.

Storage: Keep tightly closed in a cool, dry place.



*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

CoQ-Clear® 100 Ubiquinone

Crystal-Free for Highest Absorption & Bioavailability*

A NuMedica® Registered Trademark Exclusive - Reg. #77606232

CoQ-Clear® 100 is a patent-pending, crystal-free CoQ10 offering the highest absorption and bioavailability in a refreshing citrus softgel.* CoQ-Clear® has been shown in clinical trials to be significantly more absorbable than powdered CoQ10 and other oil-based or so-called "Nano"-dispersed formulas on the market.* Its proprietary formulation is unmatched for optimal utilization in the support of cardiovascular and energy-based health needs.*

Key Benefits:

- Highest Bioavailability*
- All Natural
- Titanium Dioxide Free
- Support for Cardiovascular Health*
- Support for Energy-Based Health Needs*
- Reduces Free Radical Damage*

Amount Per Serving

Vitamin E (as d-alpha tocopherol) (30 IU)	20 mg
Coenzyme Q10 (as ubiquinone)	100 mg
Mixed Tocopherols	15 mg

Other Ingredients: Citrus oil (GRAS certified; natural food grade), gelatin (bovine), glycerin, purified water, medium-chain triglycerides, red radish powder (softgel color), carob extract (softgel color), caramel liquid (softgel color).

Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy, artificial colors, sweeteners or preservatives.

Caution: Keep out of reach of children.

Storage: Keep tightly closed in a cool, dry place.

Specifications:

- **Available in**
60 and 120 softgels
- **Serving Size** 1 softgel
- **Servings Per Container**
60 (small) or 120 (large)

Directions:

Take one softgel 1-2 times per day with a meal or as directed by your healthcare practitioner.



*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

CoQ-Clear® 100 Ubiquinol

Crystal-Free for Highest Absorption & Bioavailability*

A NuMedica® Registered Trademark Exclusive - Reg. # 77606232

CoQ-Clear® 100 Ubiquinol is crystal-free and contains the reduced form of CoQ10, ubiquinol. Ubiquinol is the active form of CoQ10 and may be better absorbed than ubiquinone in some individuals.* NuMedica's CoQ-Clear® 100 Ubiquinol contains refreshing, natural food grade citrus oil for improved solubility and enhanced absorption in the intestine.*

Specifications:

- Available in 60 softgels
- Serving Size 1 softgel
- Servings Per Container 60

Directions:

Take one softgel 1-2 times per day with meals or as directed by your healthcare practitioner.



Key Benefits:

- Highest Bioavailability*
- All Natural
- Titanium Dioxide Free
- Support for Cardiovascular Health*
- Support for Energy-Based Health Needs*
- Reduces Free Radical Damage*

Amount Per Serving

Coenzyme Q10 (as ubiquinol)*	100 mg
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Other Ingredients: Citrus oil (GRAS certified; natural food grade), gelatin (bovine), glycerin, purified water, caprylic acid, capric acid, alpha-lipoic acid, caramel liquid (softgel color).

Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy, artificial colors, sweeteners or preservatives.

Caution: Keep out of reach of children.

Storage: Keep tightly closed in a cool, dry place.

*Kaneka QH™ is a trademark of Kaneka Nutrients L.P.

Notes:



*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

Corti-B Plex™

Adrenal Hormone Production Formula with Bioflavonoids*

Corti-B Plex™ supplies significant amounts of the water-soluble B vitamins, pantothenic acid and vitamin B6, to support many physiological functions associated with adrenal hormone production.* This formula also works to enhance Coenzyme A production and the body's production of energy.* The 5-MTHF in this formula – Quatrefolic® – is the most biologically active form of folate, allowing rapid uptake into the bloodstream.* The 5-MTHF in this formula is also known as the "L" form of 5-MTHF since it is the reduced form of folate.

Amount Per Serving	
Vitamin C (as magnesium ascorbate)	75 mg
Vitamin B6 (as pyridoxal-5'-phosphate and pyridoxine hydrochloride)	85 mg
Folate (as 400 mcg (6S)-5-methyltetrahydrofolic acid, glucosamine salt) [†]	680 mcg DFE
Pantothenic Acid (as d-calcium pantothenate)	750 mg
Acetyl L-Carnitine (as acetyl l-carnitine hydrochloride)	150 mg
Citrus Bioflavonoids (<i>Citrus spp.</i>) (peel) extract (NLT 50% Bioflavonoids)	75 mg
Black pepper (<i>Piper nigrum</i>) (fruit) extract ^{††}	2 mg

Other Ingredients: Hydroxypropyl methylcellulose (vegetable capsule), bamboo silica.

Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy.

Caution: Keep out of reach of children.

Storage: Keep tightly closed in a cool, dry place.



[†]Quatrefolic® is a registered trademark of Gnosis S.p.A., U.S. Patent No. 7,947, 662.



^{††}BioPerine® is a GRAS affirmed and Non-GMO Project Verified ingredient. BioPerine® is a registered trademark of Sabinsa Corp.



Specifications:

- **Available in** 120 vegetable capsules
- **Serving Size** 2 capsules
- **Servings Per Container** 60

Directions:

Take two capsules 1-2 times per day or as directed by your healthcare practitioner.



*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

CurcuCalm®

Muscle, Joint & Tissue Support*

A NuMedica™ Registered Trademark Exclusive - Reg. # 85913396

CurcuCalm® works by inhibiting the synthesis of prostaglandins, thromboxanes and leukotrienes that adversely affect muscle, joint and connective tissue.*

Specifications:

- **Available in**
60 vegetable capsules
- **Serving Size** 3 capsules
- **Servings Per Container** 20

Directions:

Take three capsules once per day or as directed by your healthcare practitioner.



*Curcumin C3 Complex® is a registered trademark of Sabinsa Corporation.



Vegetable CAPSULES



Suitable for VEGETARIANS



Independently Tested GLUTEN-FREE

Amount Per Serving

Vitamin C (as ascorbic acid) (enteric coated-acid free)	45 mg
Curcumin (from turmeric) (<i>Curcuma longa</i>) (rhizome) extract (standardized to 95% pure curcuminoids)*	375 mg
<i>Boswellia serrata</i> (resin) extract (65% boswellic acid)	300 mg
L-Lysine HCl	300 mg
L-Glutamine	185 mg
L-Threonine	120 mg
Bromelain (<i>Ananas comosus</i>) (stem) (2,400 GDU/g)	95 mg
Bilberry (<i>Vaccinium myrtillus</i>) (fruit) extract (25% anthocyanosides)	75 mg
Ashwagandha (<i>Withania somnifera</i>) (root) extract (4:1)	65 mg
Rosemary (<i>Rosmarinus officinalis</i>) (leaf) extract (4:1)	60 mg
Hesperidin	50 mg
Quercetin (as quercetin dihydrate)	50 mg
Rutin	50 mg
Ginger (<i>Zingiber officinale</i>) (root) extract (4:1)	25 mg
L-Citrulline	25 mg
N-Acetyl L-Cysteine (NAC)	25 mg

Other Ingredients: Hydroxypropyl methylcellulose (vegetable capsule), ethyl cellulose, magnesium stearate.

Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy.

Caution: Keep out of reach of children.

Warning: Contains Ashwagandha Root Extract. Do not use if pregnant or nursing.

Storage: Keep tightly closed in a cool, dry place.



D3-10,000 + K2

Immune & Bone Health Support*

D3-10,000 + K2 is a soy-free, natural vitamin D3 and vitamin K2 formula. Vitamin D, considered both a hormone and a vitamin, is manufactured in response to skin's exposure to sunlight and is essential to the body's absorption of calcium. Natural vitamin D3 (cholecalciferol) is four times more potent than synthetic vitamin D2.* In Latin, calciferol means "calcium carrier." Strong evidence suggests that vitamin D, when combined with calcium, has a significant impact on overall bone health.*

Specifications:

- Available in 60 softgels
- Serving Size 1 softgel
- Servings Per Container 60

Directions:

Take one softgel per day or as directed by your healthcare practitioner.

Additionally, vitamin D has been the subject of numerous studies for its effect on the immune system by promoting phagocytosis and immunomodulatory functions.*This formula includes a natural vitamin K2 (as menaquinone 7) which supports enhanced utilization of calcium in the bloodstream.* It is an all-trans natural menaquinone-7 with the highest bioavailability and longest half-life in the blood.* Menaquinone 7 supports prevention of bone loss and promotes bone integrity while significantly reducing the incidence of arterial calcification, promoting optimal cardiovascular function.*

Amount Per Serving

Vitamin D3 (as cholecalciferol) (10,000 IU)	250 mcg
Vitamin K2 (as menaquinone 7)	50 mcg

Other Ingredients: Extra virgin olive oil, gelatin (bovine), glycerin, water.

Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy, artificial colors, sweeteners or preservatives.

Caution: If pregnant or lactating, please consult with your healthcare practitioner before use. Keep out of reach of children.

Storage: Keep tightly closed in a cool, dry place.



*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

DHA Liquid

Cognitive & Vision Support*

DHA Liquid provides 740 mg of DHA (docosahexaenoic acid) per serving. DHA has been scientifically proven to support brain and eye health in adults and children.* DHA Liquid contains no mercury or toxins and is provided in a natural lemon flavor with no fishy smell or taste.*

Amount Per Serving	
Calories	40
Total Fat	4.5 g
Saturated Fat	1.5 g
Polyunsaturated Fat	2 g
Monounsaturated Fat	1 g
Cholesterol	25 mg
Total Omega-3 Fatty Acids	1,400 mg
EPA (eicosapentaenoic acid) (425 mg)	
DHA (docosahexaenoic acid) (740 mg)	
DPA (docosapentaenoic acid) (60 mg)	
Additional Omega-3-Fatty Acids (175 mg)	

Specifications:

- **Available in**
6.8 fl. oz. (200 mL)
- **Serving Size**
1 teaspoon (5 mL)
- **Servings Per Container** 40

Directions:

Take one teaspoon (5 mL) twice per day with a meal or as directed by your healthcare practitioner.

Other Ingredients: Highly refined omega-3 fish oil, natural orange flavor, natural mixed tocopherols (from sunflower), monk fruit.

Contains: Fish (anchovy, sardine, tuna and mackerel).

Does Not Contain: Milk, eggs, shellfish, tree nuts, peanuts, wheat, soy, artificial colors, sweeteners or preservatives.

Caution: Keep out of reach of children.

Storage: Keep tightly closed in a cool, dry place.

**Natural Lemon Flavor with
No Fishy Smell or Taste**



*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

DHEA 25 mg

Anti-Aging Support Formula*

DHEA is a steroid hormone produced by the adrenal glands. It is called the "Mother Hormone" because it can be converted to other vital hormones, such as estrogen, testosterone, progesterone, etc.* Levels of DHEA drop off dramatically after age 30, and scientists feel this may be one of the reasons for aging.* DHEA is involved in a variety of health areas and it is recommended that testing for DHEA levels be performed before it is administered.* Our DHEA is in a 98.5% pure form.

Amount Per Serving

Dehydroepiandrosterone (DHEA)	25 mg
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Other Ingredients: Microcrystalline cellulose, hydroxypropyl methylcellulose (vegetable capsule), stearic acid, magnesium stearate.

Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy.

Caution: If you are pregnant or nursing, consult with your healthcare practitioner before use. Keep out of reach of children.

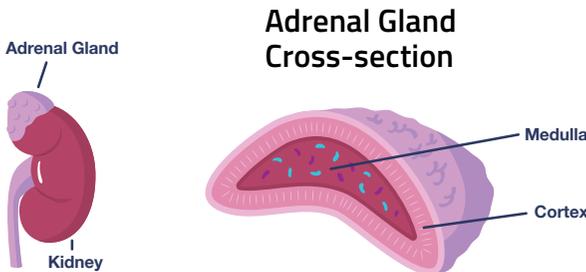
Storage: Keep tightly closed in a cool, dry place.

Specifications:

- Available in 90 vegetable capsules
- Serving Size 1 capsule
- Servings Per Container 90

Directions:

Take one capsule once per day or as directed by your healthcare practitioner.



DHEA is a steroid hormone secreted by the adrenal glands



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Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

DIM Estro™

Support for Healthy Estrogen Metabolism in Men & Women*

DIM Estro™ supports healthy estrogen metabolism in men and women.* DIM is an advanced metabolite of Indole-3-Carbinol, the indole found in cruciferous vegetables. Indoles support healthy estrogen metabolism and an optimal ratio of estrogen metabolites, including 2-hydroxyestrogen and 16-hydroxyestrogen. The BioPerine® and curcumin combination has been added to enhance the bioavailability, extent of absorption and serum concentration of the bioactive curcuminoids.*

Specifications:

- **Available in**
120 vegetable capsules
- **Serving Size** 2 capsules
- **Servings Per Container** 60

Directions:

Take two capsules once per day or as directed by your healthcare practitioner.



Amount Per Serving

Curcumin (from turmeric) (<i>Curcuma longa</i>) (root) extract (95% pure curcuminoids)†	600 mg
Diindolylmethane (DIM)	150 mg
Black pepper (<i>Piper nigrum</i>) (fruit) extract (50:1) (95% piperine)*	2 mg

Other Ingredients: Hydroxypropyl methylcellulose (vegetable capsule), microcrystalline cellulose, silicon dioxide, magnesium stearate.

Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy.

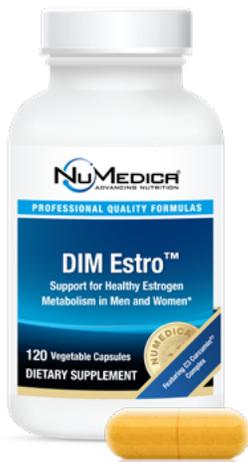
Caution: If you are pregnant or nursing, consult your healthcare practitioner before use. Keep out of reach of children.

Storage: Keep tightly closed in a cool, dry place.



*BioPerine® is a GRAS affirmed & Non-GMO Project Verified ingredient. BioPerine® is a registered trademark of Sabinsa Corp.

†Curcumin C3 Complex® is a GRAS affirmed & Non-GMO Project Verified ingredient. Curcumin C3 Complex® is a registered trademark of Sabinsa Corp.



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Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

Dual-Tox DPO®

Dual Phase Optimizers to Support Phase I & II Detox*

A NuMedica® Registered Trademark Exclusive - Reg. #86012458

Dual-Tox DPO® is designed to support balanced activity of the body's Phase I and Phase II detoxification processes.* It has been formulated to contain select ingredients, Dual Phase Optimizers (DPO), to enhance the activities of hepatic detoxification enzymes and support healthy detoxification pathways.*

Amount Per Serving	
Vitamin B6 (as pyridoxal-5'-phosphate)	50 mg
Folate (as 400 mcg (6S)-5-methyltetrahydrofolic acid, glucosamine salt)*	680 mcg DFE
Vitamin B12 (as methylcobalamin)	200 mcg
Artichoke (<i>Cynara scolymus</i>) (leaf) extract (10:1)	600 mg
Watercress (<i>Rorippa nasturtium-aquaticum</i>) (aerial) extract (4:1)	500 mg
Milk Thistle (<i>Silybum marianum</i>) (seed) extract (80% silymarin)	250 mg
Alpha-Lipoic Acid	200 mg
N-Acetyl L-Cysteine (NAC)	200 mg
Sodium Sulphate	200 mg
Green tea (<i>Camellia sinensis</i>) (leaf) extract (95% polyphenols, 45% EGCG, 75% catechins)	150 mg
Calcium D-Glucarate	100 mg
Methylsulfonylmethane (MSM)	100 mg
Pomegranate (<i>Punica granatum</i>) (hull) extract (40% ellagic acid)	100 mg

Specifications:

- Available in 60 and 120 vegetable capsules
- Serving Size 4 capsules
- Servings Per Container 15 (small) or 30 (large)

Directions:

Take four capsules once per day or as directed by your healthcare practitioner.

Other Ingredients: Hydroxypropyl methylcellulose (vegetable capsule), microcrystalline cellulose, L-leucine, bamboo silica.

Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy.

Caution: Keep out of reach of children.

Storage: Keep tightly closed in a cool, dry place.



*Quatrefolic® is a registered trademark of Gnosis S.p.A., U.S. Patent No. 7,947,662.



Activated **B-VITAMINS**



5-MTHF **QUATREFOLIC®**



Suitable for **VEGETARIANS**



Independently Tested **GLUTEN-FREE**



Vegetable **CAPSULES**



*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

Elite-E Complex™

Natural Alpha, Beta, Delta & Gamma Blend

Elite-E Complex™ features a powerful blend of natural tocopherols for broad range antioxidant support.* This supplement features high levels of natural gamma tocopherol in addition to alpha, beta and delta tocopherols.

Specifications:

- Available in 60 softgels
- Serving Size 1 softgel
- Servings Per Container 60

Directions:

Take one softgel once per day or as directed by your healthcare practitioner.

Amount Per Serving

Calories	5
Total Fat	0.5 g
Vitamin E (as d-alpha tocopherol) (225 IU)	151 mg
Total tocopherols	300 mg
d-gamma tocopherol† (100 mg)	
Mixed Tocotrienol Complex**	5 mg

Other Ingredients: Gelatin (bovine), vegetable glycerin, rice bran oil, purified water, carob.

Contains: Soy.

Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, artificial colors, sweeteners or preservatives.

Caution: Keep out of reach of children.

Storage: Keep tightly closed in a cool, dry place.

Delta-tocopherol, beta-tocopherol, gamma-tocotrienol, alpha-tocotrienol, delta-tocotrienol, beta-tocotrienol are naturally occurring in this product.

†Beta, gamma and delta tocopherols do not have IU equivalents.

**Tocomin® is a registered trademark of Carotech Inc.

Notes:



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Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

Fiber Factors™

Certified Organic with Natural Omega Fatty Acids

Fiber Factors™ is an easy mixing, certified organic formula for the promotion of bowel regularity and the maintenance of healthy intestinal function.* Fiber has also been shown to help maintain cholesterol levels within the normal range and support heart health.*

Amount Per Serving	
Calories	80
Total Fat	4 g
Saturated Fat	0.5 g
Total Carbohydrate	8 g
Dietary Fiber	7 g
Protein	3 g
Sodium	5 mg
Vitamin A	
Vitamin C	
Calcium	
Iron	

Other Ingredients: Golden Flax Seed Meal (certified organic) (cold-milled), Gum Acacia (certified organic), Inulin (certified organic) (FOS).

Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, wheat, soy, yeast.

Caution: Keep out of reach of children.
Do not eat freshness packet enclosed.

Storage: Keep refrigerated after opening.

Contents sold by weight, not volume. Some settling may occur during shipping and handling. The amount of product contained in 2 1/2 tablespoons may be above or below 17 grams due to variations in handling and product density.

Naturally occurring fatty acids (example) (per serving) (2 1/2 tbsp.)†

Omega-3 Fatty Acids (Alpha Linolenic Acid), 2,550 mg

Omega-6 Fatty Acids (Linoleic Acid), 765 mg

Omega-9 Fatty Acids (Oleic Acid), 895 mg

†Subject to natural variability.

Certified Organic by QAI | Psyllium-Free

Specifications:

• **Available in** 16 oz. (454 g)

• **Serving Size** 2 1/2 tbsp

• **Servings Per Container** About 27

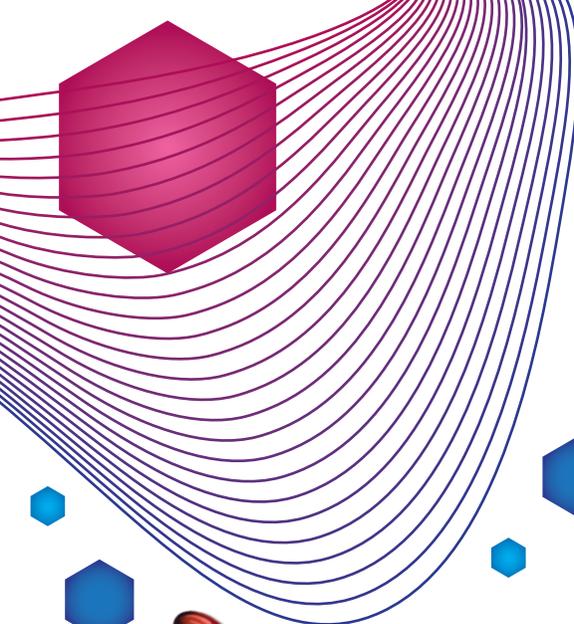
Directions:

Mix 2 1/2 tablespoons into at least 6-8 oz. of water or juice and blend. Take once per day or as directed by your healthcare practitioner. Be sure to drink plenty of additional fluids throughout the day. Start with smaller amounts and gradually increase to full serving size over several weeks.



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Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.



MultiMedica™
Advanced Vitamin and Mineral Supplement*

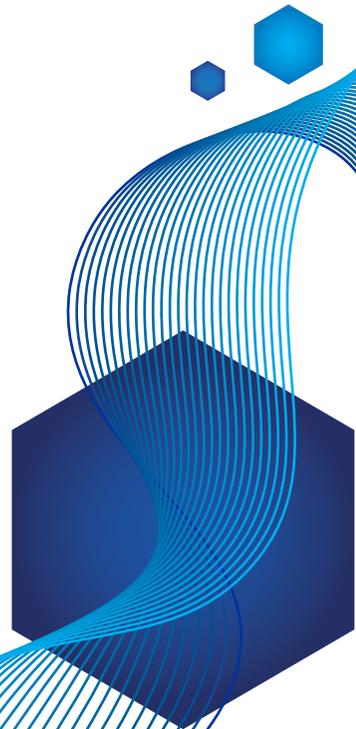
Foundation Essentials®

Convenient Daily Dose Nutrition

A powerful combination of foundation nutritional formulas customized for men and women.

CoQ-Clear® 100
100% Crystal-Free Coenzyme Q10

Omega 600
600 mg of EPA-DHA Essential Fatty Acids



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Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

The Building Blocks For A Strong Foundation

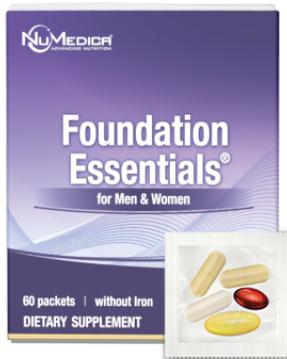


Foundation Essentials® For Men

Support for:

- Prostate health*
- Heart health*
- Detoxification*

Plus much more

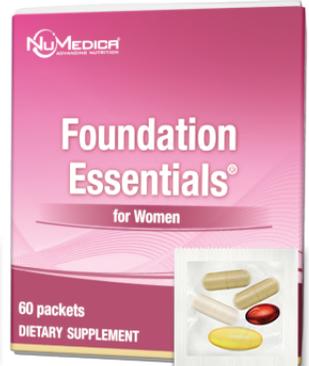


Foundation Essentials® for Men & Women

Support for:

- Enhanced bone health*
- Heart health*
- Detoxification*

Plus much more



Foundation Essentials® for Women

Support for:

- Enhanced bone health*
- Optimal female wellness*
- Detoxification*

Plus much more



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Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

Foundation Essentials® for Men

Daily Dose Packets Designed for Men

A NuMedica® Registered Trademark Exclusive - Reg. #88120206

Key Benefits:

- Supports Poor Dietary Nutrient Intake*
- Prostate Health*
- Cardiovascular Health*
- Detoxification Support*
- Nutrients Depleted by a Stressful Lifestyle*
- Targeted Nutrition Designed for Men*

Each Packet Contains:



- 2 MultiMedica™ for Men
- 1 Omega 600
- 1 CoQ-Clear® 100

Amount Per Serving

Calories	10
Total Fat	1 g
Vitamin A (85% [4,250 IU] retinyl palmitate, 15% [750 IU] natural mixed carotenoids) (5,000 IU)	1,500 mcg RAE
Vitamin C (as potassium ascorbate, magnesium ascorbate, calcium ascorbate, zinc ascorbate)	125 mg
Vitamin D3 (as cholecalciferol) (200 IU)	5 mcg
Vitamin E (as d-alpha tocopheryl succinate, d-alpha tocopherol) (91 IU)	61 mg
Thiamin (Vitamin B1) (as thiamin mononitrate)	10 mg
Riboflavin (Vitamin B2) (as riboflavin, riboflavin-5'-phosphate)	10 mg
Niacin (as niacinamide and niacin)	30 mg NE
Vitamin B6 (as pyridoxal-5'-phosphate)	10 mg
Folate (as 100 mcg (6S)-5-methyltetrahydrofolic acid, glucosamine salt)**	170 mcg DFE
Vitamin B12 (as methylcobalamin)	300 mcg
Biotin	500 mcg
Pantothenic Acid (as d-calcium pantothenate)	100 mg
Choline (as choline bitartrate)	20 mg
Calcium (as di-calcium malate [†] , calcium bisglycinate chelate buffered [†] , calcium ascorbate)	50 mg
Phosphorus (as pyridoxal-5'-phosphate and riboflavin-5'-phosphate sodium)	5 mg
Iodine (as potassium iodide)	50 mcg
Magnesium (as di-magnesium malate, magnesium bisglycinate chelate buffered [†] , magnesium ascorbate)	100 mg
Zinc (as zinc bisglycinate chelate [†] , zinc ascorbate)	7.5 mg
Selenium (as selenium chelate)	50 mcg
Manganese (as manganese bisglycinate chelate) [†]	0.25 mg
Chromium (as chromium nicotinate glycinate chelate) [†]	250 mcg
Molybdenum (as molybdenum glycinate chelate) [†]	25 mcg
Potassium (as potassium citrate, potassium ascorbate)	49.5 mg
Natural Marine Lipid Concentrate	1 g
EPA (eicosapentaenoic acid) (360 mg)	



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Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

DHA (docosahexaenoic acid) (240 mg)	
Coenzyme Q10 (ubiquinone)	100 mg
Acetyl L-Carnitine Hydrochloride	25 mg
N-Acetyl L-Cysteine (NAC)	25 mg
Pumpkin (<i>Cucurbita sp.</i>) (seed) extract	25 mg
Saw Palmetto (<i>Serenoa repens</i>) (berry) extract	25 mg
Inositol	20 mg
Glycine	15 mg
L-Taurine	15 mg
Mixed Tocopherols	15 mg
Tribulus (<i>Tribulus sp.</i>) (aerial parts) extract	15 mg
<i>Panax ginseng</i> (root)	12.5 mg
L-Alanine	12.5 mg
L-Glutamic Acid	12.5 mg
L-Lysine Hydrochloride	10 mg
Para-Aminobenzoic Acid (PABA)	10 mg
Hesperidin (from <i>Citrus aurantium</i>)	8 mg
Rutin (from <i>Sophora japonica</i>)	8 mg
Quercetin (from <i>Dimorphandra mollis</i>)	6 mg
R-Alpha Lipoic Acid	5 mg
Lutein (from <i>Tagetes erecta</i>)	37.5 mcg

Other Ingredients in MultiMedica™ for Men: Hydroxypropyl methylcellulose (vegetable capsule), magnesium oxide (buffering agent), magnesium stearate (vegetable), silica.

Other Ingredients in Omega 600: Gelatin, glycerin, water, vitamin E (as natural d-alpha tocopherol).

Other Ingredients in CoQ-Clear® 100: Citrus oil (GRAS certified; natural food grade), gelatin (bovine), glycerin, purified water, medium-chain triglycerides, red radish powder (softgel color), carob extract (softgel color), caramel liquid (softgel color).

Contains: Fish (anchovy, mackerel and sardine), vitamin E from soy.

Does Not Contain: Milk, eggs, shellfish, tree nuts, peanuts, wheat, artificial colors.

Caution: Excess vitamin A intake may be toxic and may increase the risk of birth defects. Pregnant women and those who may become pregnant should not exceed 1,500 mcg RAE (5,000 IU) of pre-formed vitamin A (retinyl palmitate or retinyl acetate) per day. It is also recommended that children under four should not regularly consume more than 750 mcg RAE (2,500 IU) per day. Keep out of reach of children.

Storage: Keep tightly closed in a cool, dry place.

Specifications:

- Available in 30 and 60 packets
- Serving Size 1 packet
- Servings Per Container
30 (small) or 60 (large)

Directions:

Take one packet 1-2 times per day or as directed by your healthcare practitioner.



*Albion™, TRAACS™, DimaCal™ and the Albion Gold Medallion

design are trademarks of Balchem Corporation or its subsidiaries.



**Quatrefolic® is a registered trademark of Gnosis S.p.A., U.S. Patent No. 7,947,662.



ENHANCED ABSORPTION TECHNOLOGIES™

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Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

Foundation Essentials[®] for Men and Women

Daily Dose Packets With 500 mg MCHC for Bone Support*

A NuMedica[®] Registered Trademark Exclusive - Reg. # 88120206

Key Benefits:

- Enhanced Bone Health with Added MCHC and Calcium*
- Cardiovascular Health*
- Healthy Detoxification*
Improves Poor Dietary Intake*

Each Packet Contains:



- 2 MultiMedica™ without Iron
- 1 Omega 600
- 1 CoQ-Clear® 100
- OsteoMedica®

Amount Per Serving	
Calories	10
Total Fat	1 g
Vitamin A (85% [4,250 IU] retinyl palmitate, 15% [750 IU] natural mixed carotenoids) (5,000 IU)	1,500 mcg RAE
Vitamin C (as potassium ascorbate, magnesium ascorbate, calcium ascorbate, zinc ascorbate)	125 mg
Vitamin D3 (as cholecalciferol) (300 IU)	7.5 mcg
Vitamin E (as d-alpha tocopheryl succinate, d-alpha tocopherol) (91 IU)	61 mg
Thiamin (Vitamin B1) (as thiamin mononitrate)	10 mg
Riboflavin (Vitamin B2) (as riboflavin, riboflavin-5'-phosphate)	10 mg
Niacin (as niacinamide and niacin)	30 mg NE
Vitamin B6 (as pyridoxal-5'-phosphate)	10 mg
Folate (as 100 mcg 6(S)-5-methyltetrahydrofolic acid, glucosamine salt)**	170 mcg DFE
Vitamin B12 (as methylcobalamin)	300 mcg
Biotin	500 mcg
Pantothenic Acid (as d-calcium pantothenate)	100 mg
Choline (as choline bitartrate)	20 mg
Calcium (as microcrystalline hydroxyapatite concentrate, di-calcium malate [†] , calcium bisglycinate chelate buffered [†] , calcium ascorbate)	250 mg
Phosphorus (as microcrystalline hydroxyapatite concentrate, pyridoxal-5'-phosphate, riboflavin-5'-phosphate sodium)	50 mg
Iodine (as potassium iodide)	50 mcg
Magnesium (as di-magnesium malate, magnesium bisglycinate chelate buffered [†] , magnesium ascorbate, magnesium citrate)	125 mg
Zinc (as zinc bisglycinate chelate [†] , zinc ascorbate)	7.5 mg
Selenium (as selenium chelate)	50 mcg
Manganese (as manganese bisglycinate chelate) [†]	0.25 mg
Chromium (as chromium nicotinate glycinate chelate) [†]	250 mcg



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Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

Molybdenum (as molybdenum glycinate chelate)*	25 mcg
Potassium (as potassium citrate, potassium ascorbate)	49.5 mg
Natural Marine Lipid Concentrate	1 g
EPA (eicosapentaenoic acid) (360 mg)	
DHA (docosahexaenoic acid) (240 mg)	
Microcrystalline hydroxyapatite concentrate (MCHC)	500 mg
Coenzyme Q10 (ubiquinone)	100 mg
Acetyl L-Carnitine Hydrochloride	25 mg
N-Acetyl L-Cysteine (NAC)	25 mg
Pumpkin (<i>Cucurbita sp.</i>) (seed) extract	25 mg
Saw Palmetto (<i>Serenoa repens</i>) (berry) extract	25 mg
Inositol	20 mg
Glycine	15 mg
L-Taurine	15 mg
Mixed Tocopherols	15 mg
Tribulus (<i>Tribulus sp.</i>) (aerial parts) extract	15 mg
<i>Panax ginseng</i> (root)	12.5 mg
L-Alanine	12.5 mg
L-Glutamic Acid	12.5 mg
L-Lysine Hydrochloride	10 mg
Para-Aminobenzoic Acid (PABA)	10 mg
Hesperidin (from <i>Citrus aurantium</i>)	8 mg
Rutin (from <i>Sophora japonica</i>)	8 mg
Quercetin (from <i>Dimorphandra mollis</i>)	6 mg
R-Alpha Lipoic Acid	5 mg
Lutein (from <i>Tagetes erecta</i>)	37.5 mcg

Other Ingredients in MultiMedica™ without Iron: Hydroxypropyl methylcellulose (vegetable capsule), magnesium oxide (buffering agent), magnesium stearate (vegetable), silica.

Other Ingredients in Omega 600: Gelatin, glycerin, water, vitamin E (as natural d-alpha tocopherol).

Other Ingredients in CoQ-Clear® 100: Citrus oil (GRAS certified; natural food grade), gelatin (bovine), glycerin, purified water, medium-chain triglycerides, red radish powder (softgel color), carob extract (softgel color), caramel liquid (softgel color).

Other Ingredients in OsteoMedica®: Hydroxypropyl methylcellulose (vegetable capsule), vegetable stearate, silicon dioxide.

Contains: Fish (anchovy, mackerel and sardine), vitamin E from soy.

Does Not Contain: Milk, eggs, shellfish, tree nuts, peanuts, wheat, artificial colors.

Specifications:

- **Available in**
30 and 60 packets
- **Serving Size** 1 packet
- **Servings Per Container**
30 (small) or 60 (large)

Directions:

Take one packet 1-2 times per day or as directed by your healthcare practitioner.

Caution: Excess vitamin A intake may be toxic and may increase the risk of birth defects. Pregnant women and those who may become pregnant should not exceed 1,500 mcg RAE (5,000 IU) of pre-formed vitamin A (retinyl palmitate or retinyl acetate) per day. It is also recommended that children under four should not regularly consume more than 750 mcg RAE (2,500 IU) per day. Keep out of reach of children.

Storage: Keep tightly closed in a cool, dry place.



*Albion™, TRAACS™, DimaCal™ and the Albion Gold Medallion design are trademarks of Balchem Corporation or its subsidiaries.



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ENHANCED
ABSORPTION
TECHNOLOGIES™

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Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

Foundation Essentials® for Women

Daily Dose Packets Designed for Women

A NuMedica Registered Trademark Exclusive - Reg. #88120206

Key Benefits:

- Optimal Female Wellness*
- Enhanced Bone Health with Added MCHC and Calcium*
- Cardiovascular Health*
- Healthy Detoxification*
- Improves Poor Dietary Intake*

Each Packet Contains:



- 2 MultiMedica™ for Women
- 1 Omega 600
- 1 CoQ-Clear® 100
- OsteoMedica®

Amount Per Serving

Calories	10
Total Fat	1 g
Vitamin A (85% [4,250 IU] retinyl palmitate, 15% [750 IU] natural mixed carotenoids) (5,000 IU)	1,500 mcg RAE
Vitamin C (as potassium ascorbate, magnesium ascorbate, calcium ascorbate, zinc ascorbate)	125 mg
Vitamin D3 (as cholecalciferol) (300 IU)	7.5 mcg
Vitamin E (as d-alpha tocopheryl succinate, d-alpha tocopherol) (91 IU)	61 mg
Thiamin (Vitamin B1) (as thiamin mononitrate)	10 mg
Riboflavin (Vitamin B2) (as riboflavin, riboflavin-5'-phosphate)	10 mg
Niacin (as niacinamide and niacin)	30 mg NE
Vitamin B6 (as pyridoxal-5'-phosphate)	10 mg
Folate (as 100 mcg (6S)-5-methyltetrahydrofolic acid, glucosamine salt)**	170 mcg DFE
Vitamin B12 (as methylcobalamin)	300 mcg
Biotin	500 mcg
Pantothenic Acid (as d-calcium pantothenate)	100 mg
Choline (as choline bitartrate)	30 mg
Calcium (as microcrystalline hydroxyapatite calcium, di-calcium malate [†] , calcium ascorbate, calcium bisglycinate chelate buffered [†])	250 mg
Iron (as ferrous bisglycinate chelate) [†]	2.5 mg
Phosphorus (from microcrystalline hydroxyapatite calcium, pyridoxal-5'-phosphate, riboflavin-5'-phosphate sodium)	58 mg
Iodine (as potassium iodide)	75 mcg
Magnesium (as di-magnesium malate, magnesium bisglycinate chelate buffered [†] , magnesium ascorbate, magnesium citrate)	125 mg
Zinc (as zinc bisglycinate chelate [†] , zinc ascorbate)	7.5 mg
Selenium (as selenium chelate)	50 mcg
Manganese (as manganese bisglycinate chelate) [†]	0.25 mg
Chromium (as chromium nicotinate glycinate chelate) [†]	250 mcg
Molybdenum (as molybdenum glycinate chelate) [†]	25 mcg



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Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

Potassium (as potassium citrate, potassium ascorbate)	49.5 mg
Natural Marine Lipid Concentrate	1 g
EPA (eicosapentaenoic acid) (360 mg)	
DHA (docosahexaenoic acid) (240 mg)	
Microcrystalline hydroxyapatite concentrate (MCHC)	569 mg
Coenzyme Q10 (ubiquinone)	100 mg
Inositol	30 mg
Acetyl L-Carnitine Hydrochloride	25 mg
N-Acetyl L-Cysteine (NAC)	25 mg
L-Taurine	15 mg
Mixed Tocopherols	15 mg
Cranberry (<i>Vaccinium macrocarpon</i>) (berry)	12.5 mg
<i>Panax ginseng</i> (root)	12.5 mg
Red Clover (<i>Trifolium pratense</i>) (aerial parts)	12.5 mg
L-Lysine Hydrochloride	10 mg
Para-Aminobenzoic Acid (PABA)	10 mg
Rutin (from <i>Sophora japonica</i>)	8 mg
Chamomile (<i>Matricaria recutita</i> L.) (flower)	7.5 mg
Chaste Berry (<i>Vitex agnus castus</i>) extract 4:1	7.5 mg
Hesperidin (from <i>Citrus aurantium</i>)	7.5 mg
Wild Yam (<i>Dioscorea villosa</i>) (roots and rhizome)	7.5 mg
Quercetin (from <i>Dimorphandra mollis</i>)	6 mg
R-Alpha Lipoic Acid	5 mg
Lutein (from <i>Tagetes erecta</i>)	37.5 mg

Other Ingredients in MultiMedica™ for Women: Hydroxypropyl methylcellulose (vegetable capsule), magnesium oxide (buffering agent), magnesium stearate (vegetable), silica.

Other Ingredients in Omega 600: Gelatin, glycerin, water, vitamin E (as natural d-alpha tocopherol).

Other Ingredients in CoQ-Clear® 100: Citrus oil (GRAS certified; natural food grade), gelatin (bovine), glycerin, purified water, medium-chain triglycerides, natural softgel color (red radish powder, carob extract, caramel liquid).

Other Ingredients in OsteoMedica®: Hydroxypropyl methylcellulose (vegetable capsule), vegetable stearate, silicon dioxide.

Contains: Fish (anchovy, mackerel and sardine), vitamin E from soy.

Does Not Contain: Milk, eggs, shellfish, tree nuts, peanuts, wheat, artificial colors.

Caution: Excess vitamin A intake may be toxic and may increase the risk of birth defects. Pregnant women and those who may become pregnant should not exceed 1,500 mcg RAE (5,000 IU) of pre-formed vitamin A (retinyl palmitate or retinyl acetate) per day.

Specifications:

- **Available in**
30 and 60 packets
- **Serving Size** 1 packet
- **Servings Per Container**
30 (small) or 60 (large)

Directions:

Take one packet 1-2 times per day or as directed by your healthcare practitioner.

Caution (continued): It is also recommended that children under four should not regularly consume more than 750 mcg RAE (2,500 IU) per day. Keep out of reach of children.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Storage: Keep tightly closed in a cool, dry place.



*Albion™, TRAACS™, DimaCal™, Ferrochel™ and the Albion Medallion design are trademarks of Balchem Corporation or its subsidiaries.



**Quatrefolic® is a registered trademark of Gnosis S.p.A., U.S. Patent No. 7,947,662.

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

♂
FUNCTIONAL
Male®

&

♀
FUNCTIONAL
Female®

Powerful
Support for:

- Sexual function*
- Healthy hormone metabolism*
- Stress response*



Functional Male® & Functional Female®

NuMedica's powerful support for sexual function, healthy hormone metabolism and stress response.*



The select ingredients in these formulas have been proven clinically effective in supporting sexual health and energy, promoting healthy cortisol levels and providing dopamine support.*



Jim Meyer
PharmD, MS, CCN

**Formulator of
Functional Male & Female:**

Jim Meyer is a Doctor of Pharmacy with over 20 years of compounding experience, more than 15 years of experience as a Certified Clinical Nutritionist.

**Educational Webinar
presented by Dr. Meyer:**

Functional Male® & Female® Ingredient Review

To watch this webinar scan the QR code ▼



*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

Functional Female®

Performance Formula - Supports Healthy Hormone Metabolism*

A NuMedica® Registered Trademark Exclusive - Reg. #86897386

Functional Female® is NuMedica's powerful blend of nine synergistic ingredients designed to help support healthy hormone metabolism in women.* Additionally, the select ingredients in this formula have been proven clinically effective in supporting sexual health and energy, promoting healthy cortisol levels and providing dopamine support.*

Specifications:

- Available in 60 and 120 vegetable capsules
- Serving Size 2 capsules
- Servings Per Container 30

Directions:

Take two capsules twice per day or as directed by your healthcare practitioner.

Amount Per Serving

Ashwagandha (<i>Withania somnifera</i>) (root, stems, leaves) extract (5% withanolides)	250 mg
Ginseng (<i>Panax ginseng</i>) (aerial parts) extract (7% ginsenosides)	200 mg
Tribulus (<i>Tribulus sp.</i>) (fruit) extract (60% saponins)	200 mg
Diindolylmethane (DIM)	100 mg
Stinging Nettle (<i>Urtica dioica</i>) (root) extract (4:1)	100 mg
Velvet Bean (<i>Mucuna pruriens</i>) (seed) extract (97% L-Dopa)	100 mg
Longjack (<i>Eurycoma longifolia</i>) (root) extract (100:1)	50 mg
Grape (<i>Vitis vinifera</i>) (seed) extract (95% polyphenols)	10 mg
Betaine (as betaine hydrochloride)	7.5 mg

Other Ingredients: Hydroxypropyl methylcellulose (vegetable capsule), microcrystalline cellulose, magnesium stearate.

Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy.

Caution: Keep out of reach of children.

Warning: Contains Ashwagandha Root.
Do not use if pregnant or nursing.

Storage: Keep tightly closed in a cool, dry place.

Notes:



Independently Tested
GLUTEN-FREE



Vegetable
CAPSULES



Suitable for
VEGETARIANS

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

Functional Male®

Supports Healthy Testosterone Levels*

A NuMedica® Registered Trademark Exclusive - Reg. #86897413

Functional Male® is NuMedica’s powerful blend of eight synergistic ingredients designed to help support male health.* Additionally, the select ingredients in this formula have been proven clinically effective in supporting sexual health and energy as well as supporting healthy cortisol and dopamine levels.*

Amount Per Serving	
Zinc (as zinc bisglycinate chelate)†	10 mg
Longjack (<i>Eurycoma longifolia</i>) (root) extract (100:1)	300 mg
Ashwagandha (<i>Withania somnifera</i>) (root, stems, leaves) extract (5% withanolides)	250 mg
Tribulus (<i>Tribulus sp.</i>) (fruit) extract (60% saponins)	200 mg
Ginseng (<i>Panax ginseng</i>) (aerial parts) extract (7% ginsenosides)	200 mg
Stinging Nettle (<i>Urtica dioica</i>) (root) extract (4:1)	100 mg
Velvet Bean (<i>Mucuna pruriens</i>) (seed) extract (97% L-Dopa)	100 mg
Grape (<i>Vitis vinifera</i>) (seed) extract (95% polyphenols)	10 mg

Other Ingredients: Hydroxypropyl methylcellulose (vegetable capsule), magnesium stearate, microcrystalline cellulose.

Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy.

Caution: Keep out of reach of children.

Warning: Contains Ashwagandha Extract. Do not use if pregnant or nursing.

Storage: Keep tightly closed in a cool, dry place.



†TRAACS™ and the Albion Gold Medallion design are trademarks of Balchem Corporation or its subsidiaries.

Specifications:

- Available in 60 and 120 vegetable capsules
- Serving Size 2 capsules
- Servings Per Container 30

Directions:

Take two capsules twice per day or as directed by your healthcare practitioner.



*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

Gluco-Response™

Blood Sugar Support Formula*

Gluco-Response™ is a unique combination of vitamins, minerals and herbs to support the healthy maintenance of blood sugar levels.* It features high potency extracts of fenugreek (60% saponins), gymnema and bitter melon as well as added B vitamins and the highly absorbable mineral chelates, chromium and vanadium.* This formula may support healthy glucose and insulin metabolism and the maintenance of healthy blood lipid levels, including triglycerides.*

Amount Per Serving

Thiamin (Vitamin B1) (as thiamin hydrochloride)	100 mg
Niacin (as niacinamide)	100 mg
Biotin	10,000 mcg
Chromium (as chromium nicotinate glycinate chelate) [†]	1,000 mcg
Fenugreek (<i>Trigonella foenum-graecum</i> (seed) extract (60% saponins)	450 mg
Bitter Melon (<i>Momordica charantia</i>) (fruit) extract (10:1)	150 mg
Gymnema (<i>Gymnema sylvestre</i>) (leaf) extract (25% gymnemic acid)	100 mg
Vanadium (as vanadium nicotinate glycinate chelate) [†]	5 mg

Other Ingredients: Hydroxypropyl methylcellulose (vegetable capsule), microcrystalline cellulose, L-leucine, bamboo silica.

Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy.

Caution: Keep out of reach of children.

Storage: Keep tightly closed in a cool, dry place.



[†]Albion™, TRAACS™, and the Albion Gold Medallion design are trademarks of Balchem Corporation or its subsidiaries.

Specifications:

- **Available in**
60 vegetable capsules
- **Serving Size** 2 capsules
- **Servings Per Container** 30

Directions:

Take two capsules once per day after a meal or as directed by your healthcare practitioner.



*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

GlutaMed™

Pleasant Tasting – Powerful Gastrointestinal Support*

GlutaMed™ is a pleasant tasting formula that provides support for a healthy intestinal lining and optimal gastrointestinal function.* A healthy intestinal lining is essential for digestion, liver function and immune function.* This formula has been specifically developed with high levels of the amino acid glutamine, which serves as a fuel source and a precursor for growth of the rapidly dividing cells of the GI mucosal lining.* Arabinogalactan is a naturally occurring polysaccharide that provides excellent support for GI health.* The aloe in this formula is specially processed to remove the bitter principles and prevent any laxative effect.*

Specifications:

- Available in 7.4 oz. (209 g)
- Serving Size 1 scoop (6.98 g)
- Servings Per Container 30

Directions:

Take one scoop (6.98 g) mixed in 2-4 ounces of water 1-3 times per day or as directed by your healthcare practitioner.

Amount Per Serving

L-Glutamine	3,500 mg
Arabinogalactan	2,000 mg
Licorice (<i>Glycyrrhiza glabra</i>) (root) extract (10:1; deglycyrrhizinated)	500 mg
Aloe vera (<i>Aloe barbadensis</i>) (leaf) powder (organic)	100 mg

Other Ingredients: Natural vanilla flavors, stevia extract (steviol glycosides).

Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy, artificial colors, sweeteners or preservatives.

Caution: Keep out of reach of children.

Warning: If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

Storage: Keep tightly closed in a cool, dry place.

Contents sold by weight, not volume. Some settling may occur during shipping and handling. The amount of product contained in 1 scoop may be above or below 6.98 grams due to variations in handling and product density.



Licorice root & stevia root



Suitable for **VEGETARIANS**



Independently Tested **GLUTEN-FREE**

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.



If you're not
supplementing...

... you're depleting.

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Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

Gluten Support Packets™

Advanced Gluten Support & Immune Support System*

Gluten Support Packets™ are a powerful combination of 5 nutritional formulas:

2 CurcuCalm® - works by inhibiting the synthesis of prostaglandins, thromboxanes and leukotrienes that adversely affect muscle, joint and connective tissue.*

1 D3-5000™ - supplies vitamin D, which is essential to the body's absorption of calcium and has been the subject of numerous studies for its effect on the immune system by promoting phagocytosis and immunomodulatory functions.*

1 Omega 600 - provides 600 mg of ultra-pure, molecularly distilled, omega 3 fatty acids sourced from fish caught in cold, deep sea waters.

1 L-Glutamine - is one of the most abundant amino acids in the bloodstream and is transported and metabolized in the majority of tissues.

1 BrocColinate® - contains high amounts of the heavily studied and multi-patented ingredient sulforaphane glucosinolate[†], found in broccoli and broccoli sprouts. Sulforaphane glucosinolate[†] offers powerful support for total body detoxification and improved immune system response.*

Specifications:

- Available in 30 packets
- Serving Size 1 packet
- Servings Per Container 30

Directions:

Take one packet once per day or as directed by your healthcare practitioner.



Amount Per Serving

Calories	10
Total Fat	1 g
Polyunsaturated Fat	0.5 g
Vitamin C (as ascorbic acid) (enteric coated-acid free)	30 mg
Vitamin D3 (as cholecalciferol) (5,000 IU)	125 mcg
Natural Marine Lipid Concentrate:	1 g
EPA (eicosapentaenoic acid) (360 mg),	
DHA (docosahexaenoic acid) (240 mg)	
L-Glutamine	623 mg
Broccoli (<i>Brassica oleracea italica</i>) (seed) extract (NLT 10% Sulforaphane Glucosinolate [†] , 60 mg)	600 mg
Curcumin (from tumeric) (<i>Curcuma longa</i>) (rhizome) extract (standardized to 95% pure curcuminoids) ^{††}	250 mg
Boswellia serrata (resin) extract (65% boswellic acid)	200 mg
L-Lysine HCl	200 mg
L-Threonine	80 mg
Bromelain (<i>Ananas comosus</i>) (stem) (2,400 GDU/g)	63 mg
Bilberry (<i>Vaccinium myrtillus</i>) (fruit) extract (25% anthocyanosides)	50 mg

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

Ashwagandha (<i>Withania somnifera</i>) (root) extract 4:1	43 mg
Rosemary (<i>Rosmarinus officinalis</i>) (leaf) extract 4:1	40 mg
Hesperdin	33 mg
Quercetin (as quercetin dihydrate)	33 mg
Rutin	33 mg
Ginger (<i>Zingiber officinale</i>) (root) extract 4:1	17 mg
L-Citrulline	17 mg
N-Acetyl L-Cysteine (NAC)	17 mg

Other Ingredients for Omega 600: Gelatin (bovine), glycerin, purified water, natural d-alpha tocopherol.

Other Ingredients for D3-5000™: Safflower oil, gelatin (bovine), glycerin, purified water.

Other Ingredients for CurcuCalm®: Hydroxypropyl methylcellulose (vegetable capsule), ethyl cellulose, magnesium stearate.

Other Ingredients for BrocColinate®: Hydroxypropyl methylcellulose (vegetable capsule).

Other Ingredients for L-Glutamine: Hydroxypropyl methylcellulose (vegetable capsule), L-leucine.

Contains: Fish, soy.

Does Not Contain: Milk, eggs, shellfish, tree nuts, peanuts, wheat.

Caution: Keep out of reach of children.

Warning: Contains Ashwagandha Root. Do not use if pregnant or nursing.

Storage: Keep closed in a cool, dry place.

*Sulforaphane Glucosinolate is produced under U.S. Patents: 5,725,895; 5,968,567; 6,177,122; 6,242,018; 7,303,770 and patents pending.



**Curcumin C3 Complex® is a GRAS affirmed & Non-GMO Project Verified ingredient. Curcumin C3 Complex® is a registered trademark of Sabinsa Corp.

Notes:



What is gluten?

Gluten is a water-soluble protein found in wheat and other grains, including rye and barley. Gluten gives dough elasticity and baked goods improved chewiness. Gluten is also found in processed foods and many staples in the Western diet.

Why should my diet be gluten-free?

Consider this analogy: A wildfire has broken out in a field of grass. If a farmer plows under the grass ahead of the fire, the fire has no more fuel to burn. The same thing is happening for those who ingest gluten. Removing the fuel (gluten) will stop the damage so the healing process can begin.

Each Packet Contains:



- 2 CurcuCalm®
- 1 D3-5000™
- 1 Omega 600
- 1 L-Glutamine
- 1 BrocColinate®

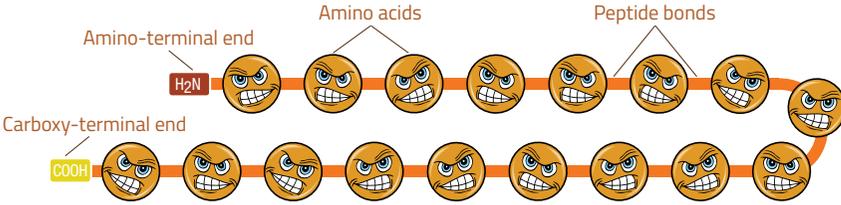
*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

How Glutenza® Works

Long gluten peptide structures can trigger an immune response

Gluten Amino Acid Chain

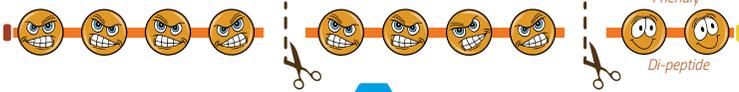


Glutenza® offers 3 enzymes that help pulverize the long chains*

1

Endopeptidase Enzymes

Break down internal peptide bonds



2

Exopeptidase Enzymes

Hydrolyze amino acids at the external peptide bonds



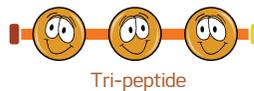
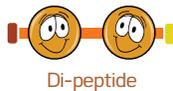
3

Proteolytic Enzymes

Further break down peptide bonds



Glutenza® offers superior degradation of gluten proteins by targeting both internal & external peptide bonds.*



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Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

Glutenza®

Designed to Help Digest Hidden Gluten in Gluten-Free Diets* NuMedica Exclusive Developed by Dr. Tom O'Bryan

A NuMedica® Registered Trademark Exclusive - Reg. #86484968

Glutenza® is a powerful formula uniquely designed with proprietary blends of enzymes, prebiotics and probiotics to break down gluten proteins by targeting both internal and external peptide bonds.* Glutenza® goes beyond the traditional dipeptidyl peptidase-4 (DPPIV) enzyme, offering superior degradation of gluten proteins by breaking down unhydrolyzed gluten peptides.*

Amount Per Serving

Proprietary Multi-Enzyme Blend	189 mg
Endopeptidase (75,000 HUT)	
Protease (500 SAPU)	
Exopeptidase (125 DPPIV)	
Probiotic Blend	70 mg (5 Billion Live Organisms)
<i>Saccharomyces boulardii</i> (strain CNCM T-3799)	
<i>Bacillus subtilis</i> (strain DE111®)	
<i>Lactobacillus acidophilus</i> (strain ATCC# SD5212)	
Proprietary Prebiotic Blend*	7.5 mg
LH01 – Myoviridae	
LL5 – Siphoviridae	
T4D – Myoviridae	
LL12 – Myoviridae	

Other Ingredients: Hydroxypropyl methylcellulose and water (vegetable capsule), sugar beet fiber (non-GMO), medium-chain triglycerides (MCTs).

Caution: Keep out of reach of children.

Storage: Store refrigerated.

*PreForPro® & DE111® are registered trademarks of Deerland Probiotics & Enzymes, Inc.

This product is not intended to replace a gluten-free diet and is not suitable to treat or prevent celiac disease.

Specifications:

- **Available in**
60 vegetable capsules
- **Serving Size** 1 capsule
- **Servings Per Container** 60

Directions:

Take one capsule up to three times per day before a meal or as directed by your healthcare practitioner.



This formula contains DE111® – Spore Forming Probiotic



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Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

hc3™ Lifestyle Program

A 30-Day Triple Approach to a Healthy Lifestyle Through Diet, Exercise & Nutrition*

The hc3™ Lifestyle Program is a comprehensive 30-day program designed to help the body burn stored fat as its primary energy source without decreasing muscle mass.* This program is centered on a triple approach to healthy body composition which incorporates diet, exercise and nutrition. It contains essential vitamins, minerals and antioxidants as well as detoxification support and medium-chain triglycerides to support optimal metabolic management.* Included in the program is a comprehensive program guide featuring sample menus and a progress chart.

Key Benefits:

- Achieving Healthy Body Composition Through a Triple Approach: Diet, Exercise and Nutrition*
- Burning Stored Fat as the Primary Energy Source*
- Diminishing Hunger Levels*
- Resculpting the Body*
- Protecting Muscle from Wasting*

Directions:

Follow the program guide under the direction of your healthcare practitioner.

- **hc3™ trim Active Complex** provides a synergistic proprietary blend of unique ingredients shown to dramatically support healthy body composition.*
- **Dual-Tox DPO®** is designed to support balanced activity of the body's Phase I and Phase II detoxification processes.*
- **MCT Oil USP™** supplies medium-chain triglycerides (MCTs), a special type of fatty acids which are metabolized more fully for energy in the body.*
- **Methyl B-12 HP™** helps increase daytime energy levels and is an essential nutrient during fat burning.*
- **MineralPlex™** is NuMedica's advanced multi-mineral formula featuring TRAACS™ (The Real Amino Acid Chelate System) by Albion Advanced Nutrition.
- **Power Greens®** is a great tasting, antioxidant rich greens food that will help to quench the free radicals that may be produced during the fat burning process.*

Each Program Contains

hc3™ trim Active Complex, 2 fl. oz.	1
Dual-Tox DPO®, 120 vegetable capsules	1
MCT Oil USP™, 8 fl. oz.	1
Methyl B-12 HP™, 60 lozenges	1
MineralPlex™, 120 vegetable capsules	1
Power Greens® (Berry, Chocolate, Espresso, Mint) or Power Greens + Reds™ (Kiwi Strawberry), 10.58 oz	1
Program Guide	1



hc3™ trim Active Complex

Proprietary Formula to Support Healthy Body Composition*

hc3™ trim Active Complex provides a synergistic proprietary blend of unique ingredients shown to dramatically support healthy body composition.* This formula features African mango extract, maca and niacin, as well as a special amino acid blend and other select ingredients to support optimal metabolic management.*

This formula is a part of NuMedica's hc3™ Lifestyle Program, a triple approach to healthy body composition.* The full program incorporates hc3™ trim Active Complex as it targets optimal diet, nutrition and exercise.*

Amount Per Serving	
Niacin (as niacinamide) (Vitamin B3)	2 mg NE
Proprietary Blend	180 mg
L-Ornithine	
African Mango (<i>Irvingia gabonensis</i>) (seed) extract	
L-Carnitine	
L-Glutamine	
L-Arginine	
Pygeum (<i>Prunus africana</i>) (bark) extract	
Beta-Alanine	
Rhodiola Rosea (<i>Rhodiola rosea</i>) (root) extract	
Maca (<i>Lepidium meyenii</i>) (root) extract 10:1	

Other Ingredients: Purified water, vegetable glycerin, natural flavor, citric acid, potassium sorbate (to preserve freshness), xanthan gum, stevia leaf extract.

Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy, artificial colors or sweeteners.

Caution: Use only if cap seal is unbroken. If you are pregnant or nursing, seek professional advice before using this product. Keep out of reach of children.

Storage: Keep tightly closed in a cool, dry place.

Specifications:

- Available in 2 fl. oz. (60 mL)
- Serving Size 1 dropper (1 mL)
- Servings Per Container 60

Directions:

Shake well. Take one full dropper (1 mL) in 2-4 ounces of water twice per day (morning and afternoon) or as directed by your healthcare practitioner.



*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

HemePlex Fe[®]

Support for Healthy Blood*

- Highly Bioavailable Iron as Ferrochel™
- Non-Constipating Formula
- Highly Absorbable 5-MTHF



Featuring
Highly Absorbable
Ferrochel™

HemePlex Fe®

Support for the Production of Hemoglobin and Red Blood Cells*
A NuMedica® Registered Trademark Exclusive - Reg. #86012467

HemePlex Fe® is an advanced iron formula supplying key nutrients to assist the body's production of hemoglobin and healthy red blood cells.* It features Ferrochel™, Albion's patented iron bisglycinate chelate. Ferrochel™ is a well-tolerated, non-constipating iron that is much more highly absorbable than other forms of iron commonly used in dietary supplements.* The 5-MTHF in this formula is the most biologically active form of folate, allowing rapid uptake into the bloodstream.*

Amount Per Serving	
Vitamin C (as calcium ascorbate)	100 mg
Thiamin (as thiamin hydrochloride)	5 mg
Vitamin B6 (as pyridoxal-5'-phosphate)	10 mg
Folate (as 600 mcg L-5-methyltetrahydrofolate, calcium salt)	1,020 mcg DFE
Vitamin B12 (as methylcobalamin)	800 mcg
Iron (as ferrous bisglycinate chelate)†	29 mg

Other Ingredients: Hydroxypropyl methylcellulose (vegetable capsule), microcrystalline cellulose.

Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy.

Caution: Keep out of reach of children.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Storage: Keep tightly closed in a cool, dry place.

Sourced from non-GMO ingredients.



†Albion™, Ferrochel™ and the Albion Gold Medallion design are trademarks of Balchem corporation or its subsidiaries.



Specifications:

- **Available in** 60 vegetable capsules
- **Serving Size** 1 capsule
- **Servings Per Container** 60

Directions:

Take one capsule once per day or as directed by your healthcare practitioner.



*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

HiFlora-50¹²[®]

*Full-Spectrum Probiotic with
Spore Forming Strain DE111[®]*

12 SYNERGISTIC STRAINS

working to support the
body's microbiome function*

50 BILLION CFU per serving

SPORE FORMING strain DE111[®],
7 billion CFU per serving

HIGHLY-VIABLE &
ANTIBIOTIC RESISTANT



*These statements have not been evaluated by the Food and Drug Administration.
These products are not intended to diagnose, treat, cure or prevent any disease.

Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

HiFlora-50₁₂[®]

High Potency Probiotic Featuring Spore Forming Strain DE111[®]*

A NuMedica[®] Registered Trademark Exclusive - Reg. #90218054

HiFlora-50₁₂[®] delivers 50 billion CFU of a powerful probiotic blend containing 12 synergistically balanced strains to support the body's own microbiome function.* These probiotic strains are well known for supporting immune function, healthy body composition and helping to establish a healthy microbial balance by competing with harmful bacteria.*

Amount Per Serving

High Potency Probiotic Blend (50 Billion CFU [†])	500 mg
<i>Lactobacillus acidophilus</i> UALa-01	
<i>Bacillus subtilis</i> DE111 [®] **	
<i>Lactobacillus bulgaricus</i> Lb-87	
<i>Bifidobacterium longum</i> UABI-14	
<i>Lactobacillus rhamnosus</i> DSM33560	
<i>Lactobacillus paracasei</i> UALpc-04	
<i>Bifidobacterium animalis lactis</i> VK2	
<i>Lactobacillus casei</i> UALc-03	
<i>Lactobacillus salivarius</i> SD-5851	
<i>Bifidobacterium lactis</i> BLC1	
<i>Lactobacillus plantarum</i> UALp-05	
<i>Streptococcus thermophilus</i> UASt-09	

Other Ingredients: Beet root fiber, hydroxypropyl methylcellulose (vegetable capsule), pectin, medium-chain triglycerides (MCTs), water, silica.

Does Not Contain: Milk, eggs, fish, shellfish, peanuts, wheat, soy.

Caution: Keep out of reach of children.

Storage: Store refrigerated.

[†]Formulated to 94 Billion CFU to guarantee activity to expiration date.



Spore Forming Probiotic

Bacillus subtilis has the ability to form spores that protect the microbes from harsh conditions until they enter an environment ripe for germination, such as the gut.

**DE111[®] is a registered trademark of Deerland Probiotics & Enzymes, Inc.

Specifications:

- **Available in**
60 vegetable capsules
- **Serving Size** 2 capsules
- **Servings Per Container** 30

Directions:

Take two capsules once per day or as directed by your healthcare practitioner.

Special Desiccant Bottle:

Desiccant lined bottle provides moisture protection, longevity and stability.



Suitable for
VEGETARIANS



Independently Tested
GLUTEN-FREE



Vegetable
CAPSULES

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

HM Protect™

Comprehensive Heavy Metal Protection*

HM Protect™ is an exceptional formulation of antioxidants, minerals and nutrients designed to support a healthy response to environmental heavy metal toxicity.* Key ingredients have been included for their role in supporting the metabolism and detoxification of heavy metals.*

Cilantro and chlorella support the body's normal processes for responding to environmental heavy metal exposure.* Zinc aids in supporting kidney function by increasing the production of cysteine-rich metallothionein proteins.*

N-Acetyl L-Cysteine (NAC) is a unique form of the amino acid L-cysteine which has been found to support healthy tissue levels of glutathione (GSH).*

Specifications:

- **Available in**
120 vegetable capsules
- **Serving Size** 2 capsules
- **Servings Per Container** 60

Directions:

Take two capsules once per day or as directed by your healthcare practitioner.

Amount Per Serving

Vitamin C (as ascorbic acid)	100 mg
Zinc (as zinc citrate)	5 mg
Garlic (<i>Allium sativum</i> L) (bulb) extract (3,000 mcg allicin)	300 mg
Alpha-Lipoic Acid	150 mg
Chlorella (<i>Chlorella vulgaris</i>) (broken cell) (algae)	150 mg
Cilantro (<i>Coriandrum sativum</i>) (herb)	150 mg
L-Methionine	100 mg
Malic Acid	100 mg
N-Acetyl L-Cysteine (NAC)	100 mg

Other Ingredients: Hydroxypropyl methylcellulose (vegetable capsule), magnesium stearate.

Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy.

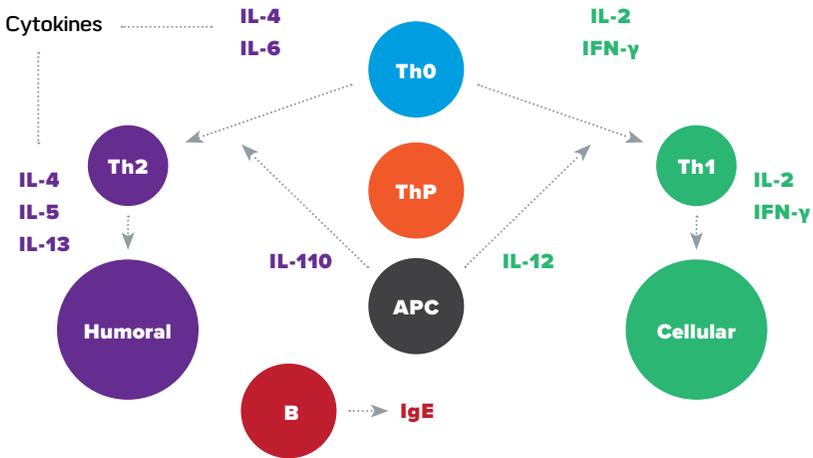
Caution: Keep out of reach of children.

Storage: Keep tightly closed in a cool, dry place.



The Role of Colostrum Polypeptides

Colostrum polypeptides (PRPs) are cytokine release precursors supporting the body's balanced production of cytokines by sending signals via specific cell receptor sites.*



Th2 — T-Helper Cell

Subset 2: Provides help for B-cells and are essential for the production of IgE antibodies and perhaps assist in the production of other classes as well. Antibodies are needed to control extracellular pathogens.

IL-4 — Interleukin 4: Cytokine which stimulates class-switching in B-cells and promotes their synthesis of IgE antibodies. Acts as a positive-feedback device promoting more pre-Th cells to enter the Th2 pathway. Blocks the IFN- γ receptors from entering the immunological synapse on pre-Th cells thus inhibiting them from entering the Th1 path.

IL-5 — Interleukin 5: Cytokine which is essential for the formation of eosinophils.

IL-13 — Interleukin 13: Cytokine which promotes the synthesis of IgE antibodies as well as recruiting and activating basophils.

Humoral — Humoral

Immunity: The component of the immune response involving the transformation of B-cells into plasma cells that produce and secrete antibodies to a specific antigen.

Th0 — T-Helper Cells: Classified as those TH-cells that secrete IL-2, IFN-gamma, IL-4, IL-6 and GM-CSF. Have a role in the regulation of differentiation of T-helper cells into the different subtypes and to influence ratios of Th1-cells and Th2- cells.

ThP — ThP Cells: (P for precursor) are the precursor cells of Th0-cells.

APC — Antigen-Presenting Cell: Process antigens and present them to T-cells.

Cytokine: Protein secreted by a cell that signals other cells or even itself.

IL-2: Interleukin 2
IL-4: Interleukin 4
IL-5: Interleukin 5
IL-10: Interleukin 10
IL-12: Interleukin 12
IL-13: Interleukin 13
IFN- γ : Interferon-gamma

B — Plasma B Cell: White blood cells which produce large volumes of antibodies.

IgE — Immunoglobulin E: Antibodies that are found in the lungs, skin, and mucous membranes. They play a role in the body's response to foreign substances such as pollen, fungus spores and animal dander.

Th1 — T-Helper Cell

Subset 1: These participate in cell-mediated immunity and are essential for controlling such intracellular pathogens as viruses and certain bacteria. They provide cytokine-mediated "help" to cytotoxic T-lymphocytes.

IL-2 — Interleukin 2: Cytokine derived from T-helper lymphocytes that causes proliferation of T-lymphocytes and activated B-lymphocytes; maintains long-term cultures of T-cells.

IFN- γ — Interferon-Gamma: Cytokine which has the ability to inhibit viral replication directly and, most importantly, from its immunostimulatory and immunomodulatory effects. IFN- γ is produced predominantly by natural killer and natural killer T-cells as part of the innate immune response.

Cellular — Cellular Immunity:

Involved in resistance to infectious diseases caused by viruses and some bacteria and in delayed hypersensitivity reactions, certain autoimmune issues and allergies. Involves the activation of natural killer cells.

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.



ImmunoG PRP™

Researched. Safe. Natural.



ENHANCED
ABSORPTION
TECHNOLOGIES™

Immune & Cytokine System Support*

Colostrum, nature's perfect food for all ages, is a rich source of IgG and PRPs (colostrum polypeptides) with natural immune factors, growth factors, vitamins and minerals to support health and vitality.* Bovine colostrum is richer in immune factors than human colostrum and is biologically transferable to humans.* ImmunoG PRP™ is carefully processed colostrum for maximum biological activity and is antibiotic free.*

Colostrum Polypeptides (PRPs) are information-carrying proteins (peptides) with amazing adaptability.* They support the body's balanced production of cytokines by sending signals via specific cell receptor sites.* PRPs also support the thymus gland, which is known as the body's central command for the immune system.*



Key Benefits:

- Premium colostrum from U.S. sources
- Features essential colostrum polypeptides (PRPs)
- Powder contains 2,000 mg of IgG per serving
- Natural source of IgA, IgD, IgE, IgG, IgM*
- Helps support the immune system*
- May positively affect bone & lean muscle mass*
- Helps support healthy cognitive function*

Dr. Andrew Keech

pioneered the concept of a pure bovine colostrum nutrition line and a revolutionary colostrum polypeptide spray.

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

ImmunoG PRP™ Capsules

Immune & Cytokine System Support*

ImmunoG PRP™ Capsules contain a natural bovine colostrum collected within 24 hours after birthing. It is a whole food providing IgG and colostrum polypeptides.* It also supplies protein, immune factors, growth factors, vitamins and minerals to ensure health and vitality naturally.* Numerous scientific studies have shown that colostrum supports the human immune and cytokine systems.*

Specifications:

- Available in 120 and 240 vegetable capsules
- Serving Size 4 capsules
- Servings Per Container 30

Directions:

Take four capsules twice per day or as directed by your healthcare practitioner.



Amount Per Serving

Calories	10
Total Carbohydrate	<1 g
Total Sugars	<1 g
Protein	1 g
Calcium	25 mg
Potassium	20 mg
Proprietary Colostrum Blend	2,000 mg
Colostrum (Pasteurized Bovine Pre-Milk)	
Colostrum polypeptides (PRPs)	
Immunoglobulin G (IgG) (500 mg)	
Sunflower lecithin (non-GMO)	
Medium-chain triglycerides (MCTs)	

Other Ingredients: Hydroxypropyl methylcellulose (vegetable capsule).

Contains: Milk.

Does Not Contain: Eggs, fish, shellfish, tree nuts, peanuts, wheat, soy.

Caution: Do not use if you are pregnant or if you have received an organ transplant. Keep out of reach of children.

Storage: Keep tightly closed in a cool, dry place.

Notes:



*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

ImmunoG PRP™ Cherry Chewables

Immune & Cytokine System Support*

ImmunoG PRP™ Cherry Chewables - is a natural bovine colostrum collected within the first 24 hours after birthing. This formula is a natural whole food providing IgG and colostrum polypeptides.* It also supplies protein, immune factors, growth factors, vitamins and minerals to ensure health and vitality naturally.* Numerous scientific studies have shown that colostrum supports the human immune and cytokine systems.*

Amount Per Serving	
Calories	15
Total Carbohydrate	2 g
Total Sugars	2 g
Includes 2 g Added Sugars	
Protein	<1 g
Proprietary Colostrum Blend	1,000 mg
Colostrum (Pasteurized Bovine Pre-Milk)	
Immunoglobulin G (IgG) (250 mg)	

Other Ingredients: Sugar, stearic acid, silica, natural cherry flavor, magnesium stearate, citric acid.

Contains: Milk.

Does Not Contain: Eggs, fish, shellfish, tree nuts, peanuts, wheat, soy.

Caution: Do not use if you are pregnant or if you have received an organ transplant. Keep out of reach of children.

Storage: Keep tightly closed in a cool, dry place.

Notes:

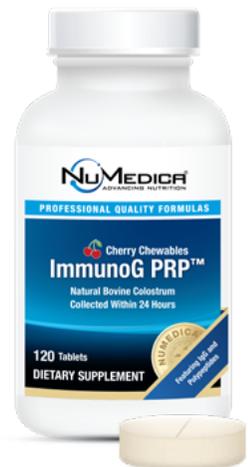


Specifications:

- Available in 120 chewable tablets
- Serving Size 2 tablets
- Servings Per Container 60

Directions:

Adults chew two tablets twice per day or as directed by your healthcare practitioner.



*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

ImmunoG PRP™ Powder Chocolate

Immune & Cytokine System Support*

ImmunoG PRP™ Powder is a natural bovine colostrum collected within 24 hours after birthing. This formula is a whole food providing IgG and colostrum polypeptides, including essential PRPs.* It also supplies protein, immune factors, growth factors, vitamins and minerals to ensure health and vitality naturally.* Numerous scientific studies have shown that colostrum supports the human immune and cytokine systems.*

Specifications:

- Available in 12.5 oz. (354 g)
- Serving Size 1 scoop (11.8 g)
- Servings Per Container 30

Directions:

Mix one scoop (11.8 grams) in chilled water or other beverage once per day or as directed by your healthcare practitioner.



Amount Per Serving

Calories	40
Cholesterol	10 mg
Total Carbohydrate	2 g
Total Sugars	2 g
Protein	7 g
Calcium	128 mg
Sodium	65 mg
Potassium	95 mg
Proprietary Colostrum Blend	10,000 mg
Colostrum (Pasteurized Bovine Pre-Milk)	
Colostrum polypeptides (PRPs)	
Immunoglobulin G (IgG) (2,500 mg)	
Sunflower lecithin (non-GMO)	
Medium-chain triglycerides (MCTs)	

Other Ingredients: Cocoa powder, monk fruit (*Siraitia grosvenorii*) and stevia extract (steviol glycosides)[†], salt, natural flavors.

Contains: Milk.

Does Not Contain: Eggs, fish, shellfish, tree nuts, peanuts, wheat, soy, artificial colors, sweeteners or preservatives.

Caution: Do not use if you are pregnant or if you have received an organ transplant. Keep out of reach of children.

Storage: Keep tightly closed in a cool, dry place.

Contents sold by weight, not volume: Some settling may occur during shipping and handling. The amount of product contained in 1 scoop may be above or below 11.8 grams due to variations in handling and product density.

[†]MonkSweet® LS is a registered trademark of Steviva Brands.



ImmunoG PRP™ Powder Original

Immune & Cytokine System Support*

ImmunoG PRP™ Powder is a natural bovine colostrum collected within 24 hours after birthing. This formula is a whole food providing IgG and colostrum polypeptides, including essential PRPs.* It also supplies protein, immune factors, growth factors, vitamins and minerals to ensure health and vitality naturally.* Numerous scientific studies have shown that colostrum supports the human immune and cytokine systems.*

Amount Per Serving	
Calories	40
Cholesterol	10 mg
Total Carbohydrate	2 g
Total Sugars	2 g
Protein	6 g
Calcium	125 mg
Sodium	40 mg
Potassium	90 mg
Proprietary Colostrum Blend	10,000 mg
Colostrum (Pasteurized Bovine Pre-Milk)	
Colostrum polypeptides (PRPs)	
Immunoglobulin G (IgG) (2,500 mg)	
Sunflower lecithin (non-GMO)	
Medium-chain triglycerides (MCTs)	

Other Ingredients: None.

Contains: Milk.

Does Not Contain: Eggs, fish, shellfish, tree nuts, peanuts, wheat, soy, artificial colors, sweeteners or preservatives.

Caution: Do not use if you are pregnant or if you have received an organ transplant. Keep out of reach of children.

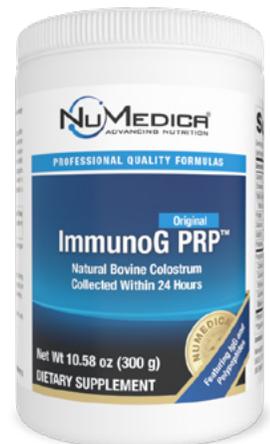
Storage: Keep tightly closed in a cool, dry place.

Specifications:

- Available in 10.58 oz. (300 g)
- Serving Size 1 scoop (10 g)
- Servings Per Container 30

Directions:

Mix one scoop (10 grams) in chilled water or other beverage once per day or as directed by your healthcare practitioner.



*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

ImmunoG PRP™ Powder Vanilla

Immune & Cytokine System Support*

ImmunoG PRP™ Powder is a natural bovine colostrum collected within 24 hours after birthing. This formula is a whole food providing IgG and colostrum polypeptides, including essential PRPs.* This formula also supplies protein, immune factors, growth factors, vitamins and minerals to ensure health and vitality naturally.* Numerous scientific studies have shown that colostrum supports the human immune and cytokine systems.*

Specifications:

- Available in 10.58 oz. (300 g)
- Serving Size 1 scoop (10 g)
- Servings Per Container 30

Directions:

Mix one scoop (10 grams) in chilled water or other beverage once per day or as directed by your healthcare practitioner.

*MonkSweet® LS is a registered trademark of Stevia brands.



Amount Per Serving

Calories	40
Cholesterol	10 mg
Total Carbohydrate	2 g
Total Sugars	2 g
Protein	6 g
Calcium	125 mg
Sodium	40 mg
Potassium	90 mg
Proprietary Colostrum Blend	10,000 mg
Colostrum (Pasteurized Bovine Pre-Milk)	
Colostrum polypeptides (PRPs)	
Immunoglobulin G (IgG) (2,500 mg)	
Sunflower lecithin (non-GMO)	
Medium-chain triglycerides (MCTs)	

Other Ingredients: Natural vanilla flavor, monk fruit (*Siraita grosvenorii*) and stevia extract (steviol glycosides)*.

Contains: Milk.

Does Not Contain: Eggs, fish, shellfish, tree nuts, peanuts, wheat, soy, artificial colors, sweeteners or preservatives.

Caution: Do not use if you are pregnant or if you have received an organ transplant. Keep out of reach of children.

Storage: Keep tightly closed in a cool, dry place.



*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

ImmunoMed 3-6™

Powerful Immune Modulator*

ImmunoMed 3-6™ is a pure, high potency beta glucan, a gluco polysaccharide derived from *Saccharomyces cerevisiae* (Baker's yeast) and known as beta 1,3/1,6 glucan.* It has been shown to be a powerful immune modulator in numerous clinical trials.* In the body, it is ingested primarily through macrophage and dendritic immune cells.* It binds with specific receptors (CR3) on neutrophils, the most abundant immune cell in the body. ImmunoMed 3-6™ is refined by a proprietary method consisting of yeast fermentation, hydrolysis of yeast walls and centrifuge collection to remove impurities.*

Key Benefits:

- Powerful Immune System Support*
- Supports Phagocytosis and Selective Cytokine Release*
- Refined by a Proprietary Method of Hydrolysis and Centrifuge Collection to Remove Impurities*
- Scientifically Researched*

Amount Per Serving

Beta Glucan Powder (High potency beta glucans (B-1,3/B-1,6) naturally derived from <i>Saccharomyces cerevisiae</i>)	700 mg
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Other Ingredients: Hydroxypropyl methylcellulose (vegetable capsule), microcrystalline cellulose, l-leucine.

Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy.

Caution: Do not take if you have known or suspected yeast allergies. Keep out of reach of children.

Storage: Keep tightly closed in a cool, dry place.

Notes:

Specifications:

- Available in
60 vegetable capsules
- Serving Size 1 capsule
- Servings Per Container 60

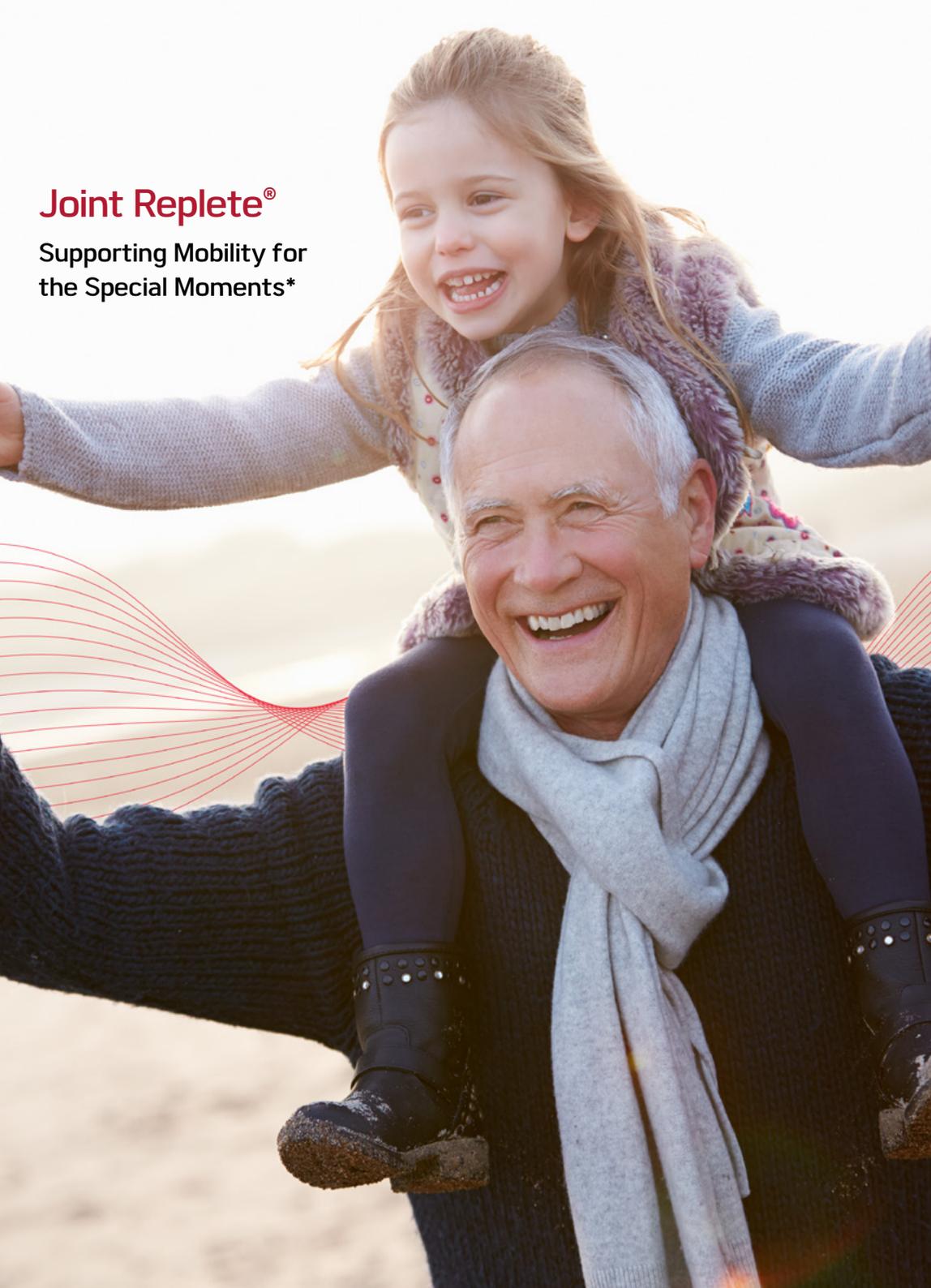
Directions:

Take one capsule one or two times per day, first thing in the morning or last thing at night (before or well after a meal), with a full glass of water or as directed by your healthcare practitioner.



*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.



Joint Replete[®]

Supporting Mobility for
the Special Moments*

*These statements have not been evaluated by the Food and Drug Administration.
These products are not intended to diagnose, treat, cure or prevent any disease.

Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

Joint Replete®

Comprehensive Joint & Soft Tissue Support*

A NuMedica® Registered Trademark Exclusive - Reg. #85874785

Joint Replete® is a comprehensive joint and soft tissue support formula featuring ETARol™ – the highest quality, whole green-lipped mussel extract from New Zealand.* It also contains glucosamine, chondroitin sulfate and MSM, as well as manganese, which aids in the growth and development of normal bone and in the formation of mucopolysaccharides.* Additionally, Joint Replete® contains hyaluronic acid, a powerful antioxidant which promotes resiliency and protects against repetitive wear and tear.*

The whole green-lipped mussel extract contains naturally occurring oils and glycosaminoglycans, the principal component of cartilage and synovial fluid found in the joints.* ETARol™ is a premium quality whole green-lipped mussel extract produced by proprietary cold processing and should not be confused with inferior, oil-based lipid extracts commonly used in joint health dietary supplements.

Amount Per Serving

Vitamin C (as ascorbic acid)	75 mg
Manganese (as manganese bisglycinate chelate)†	10 mg
Green-lipped mussel* (<i>Perna canaliculus</i>)	1,040 mg
Methylsulfonylmethane (MSM)	1,000 mg
Chondroitin Sulfate Sodium	500 mg
Glucosamine Sulfate 2KCl	500 mg
Unsaponifiables (from avocado/soybean) (ASU)	100 mg
Hyaluronic Acid (as sodium hyaluronate)	30 mg

Other Ingredients: Hydroxypropyl methylcellulose (vegetable capsule), vegetable magnesium stearate, silica.

Contains: Shellfish (crab, shrimp, lobster, crayfish) derivatives, soy.

Does Not Contain: Milk, eggs, fish, tree nuts, peanuts, wheat.

Caution: Keep out of reach of children. Persons with a known allergy to shellfish should not use this product.

Storage: Keep tightly closed in a cool, dry place.



*Albion™, TRAACS™ and the Albion Gold Medallion design are trademarks of Balchem Corporation or its subsidiaries.



Independently Tested
GLUTEN-FREE



Vegetable
CAPSULES



Albion
MINERALS

Specifications:

- **Available in**
120 vegetable capsules
- **Serving Size** 4 capsules
- **Servings Per Container** 30

Directions:

Take four capsules once per day or as directed by your healthcare practitioner.



*ETARol™ is a cold-processed proprietary extract of New Zealand green-lipped mussels (*Perna canaliculus*).



*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.



Active Folate

LONG LASTING STABILITY.
IMPROVED BIOAVAILABILITY.
HIGH WATER-SOLUBILITY.

Quatrefolic® provides the active form of folate, 5-methyltetrahydrofolate, naturally present in the body and available for biological action.

Look for the Quatrefolic® icon in our catalog for formulas that contain this Enhanced Absorption Technology.

Quatrefolic® is a registered trademark of Gnosis S.p.A, U.S. Patent No. 7,947,662.





KEEP YOUR STRESS IN CHECK WITH

L-Theanine

*Support for Relaxation & Stress Relief**

L-Theanine Capsules

Relaxation & Stress Relief*

L-Theanine is a naturally occurring, unique amino acid found in green tea leaves. NuMedica's L-Theanine is Suntheanine® – the most respected and clinically tested L-Theanine on the market.* L-Theanine may promote a sense of relaxation without causing drowsiness.* L-Theanine has also been found to reduce feelings of stress and anxiety and may be useful in reducing the negative side effects of caffeine.*

Amount Per Serving	
L-Theanine†	200 mg

Other Ingredients: Hydroxypropyl methylcellulose (vegetable capsule), microcrystalline cellulose, L-leucine, bamboo silica.

Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy.

Caution: Keep out of reach of children.

Storage: Keep tightly closed in a cool, dry place.

†Suntheanine® is a registered trademark of Taiyo International, Inc.

Notes:

Specifications:

- Available in 60 and 120 vegetable capsules
- Serving Size 1 capsule
- Servings Per Container 60 (small) or 120 (large)

Directions:

Take one capsule one or two times per day or as directed by your healthcare practitioner.



 Suitable for **VEGETARIANS**
 Independently Tested **GLUTEN-FREE**
 Vegetable **CAPSULES**

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

Lipid Factors™

Comprehensive Blood Lipid Support*

Lipid Factors™ is a comprehensive formula designed to support healthy blood lipid levels and liver function.* It contains nutrients to enhance fat metabolism, including choline, methionine and taurine.*

Additionally, dandelion is included to support bile flow and healthy liver function.* N-Acetyl L-Cysteine (NAC) is a unique form of the amino acid l-cysteine which has been found to support healthy tissue levels of glutathione (GSH).* Inositol hexanicotinate, a sustained release form of niacin, and guggul extract are included to support healthy blood lipid levels, including triglycerides.* Several studies on policosanol indicate it may also be beneficial for helping maintain healthy blood lipid levels.*

Amount Per Serving	
Niacin (as inositol hexanicotinate)	800 mg NE
Choline (as choline dihydrogen citrate)	320 mg
Guggul (<i>Commiphora mukul</i>) (gum resin) extract	600 mg
Red Yeast Rice (<i>Monascus purpureus</i>)	500 mg
L-Methionine	320 mg
L-Taurine	160 mg
Dandelion (<i>Taraxacum officinale</i>) (root) extract (4:1)	120 mg
N-Acetyl L-Cysteine (NAC)	80 mg
Coenzyme Q10 (ubidecarenone)	25 mg
Policosanol (from sugar cane wax)	16 mg

Other Ingredients: Hydroxypropyl methylcellulose (vegetable capsule), magnesium stearate, silicon dioxide.

Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy.

Caution: Keep out of reach of children.

Storage: Keep tightly closed in a cool, dry place.

Sourced from non-GMO ingredients.

Specifications:

- **Available in**
120 vegetable capsules
- **Serving Size** 4 capsules
- **Servings Per Container** 30

Directions:

Take four capsules once per day after a meal or as directed by your healthcare practitioner.



Suitable for
VEGETARIANS



Independently Tested
GLUTEN-FREE



Vegetable
CAPSULES

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

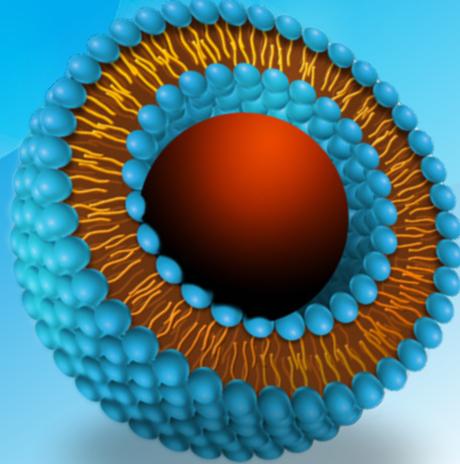
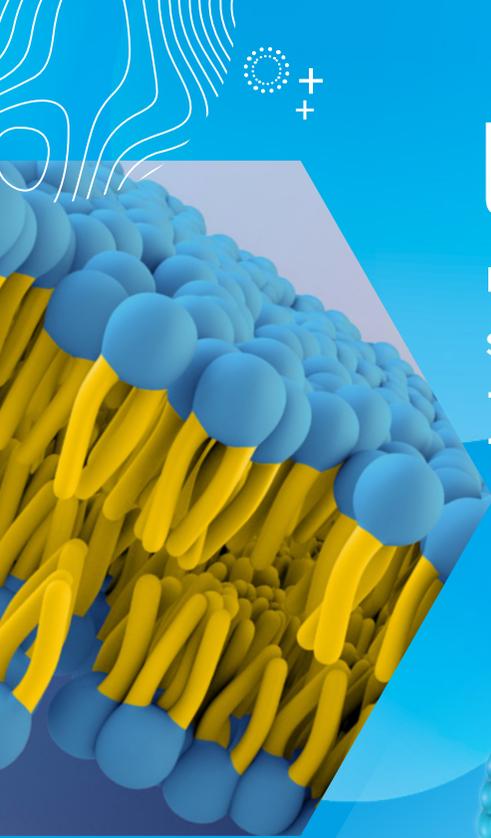
Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

liposomal

NUTRIENT DELIVERY

Superior Quality:

- Low Heat
- No alcohol
- Low Pressure
- Naturally stable



Dr. Emek Blair *(Pictured Left)*
developed the most advanced liposomal
nutrient delivery formulations in the
professional market.

*These statements have not been evaluated by the Food and Drug Administration.
These products are not intended to diagnose, treat, cure or prevent any disease.

Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

Liposomes are tiny, spherical structures that are able to fuse with cell membranes to deliver encapsulated nutrients. They are composed of an aqueous core surrounded by a hydrophobic membrane in the form of a phospholipid bilayer.

Sunflower phospholipids are unsaturated; they form a more flexible liposomal membrane ideal for intraoral absorption. This unique property allows liposomes to act as delivery vehicles — effectively delivering nutrients intracellularly, increasing nutrient absorption across transmucosal membranes and protecting nutrients from the harsh environment of the gastrointestinal tract.

Extensive Line:

CoQ10 PQQ *pg. 118*

Curcumin *pg. 119*

GABA *pg. 120*

Glutathione *pg. 121*

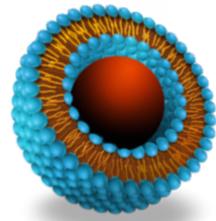
Hydroxy B12™ *pg. 122*

MethylSorb® *pg. 123*

Tranquinox® *pg. 125*

Tranquinox Deep™ *pg. 126*

Vitamin C *pg. 127*



Key Benefits:

Phosphatidylcholine liposomes from identity preserved (IP) non-GMO sunflower seeds

Free of hydrogenated fats

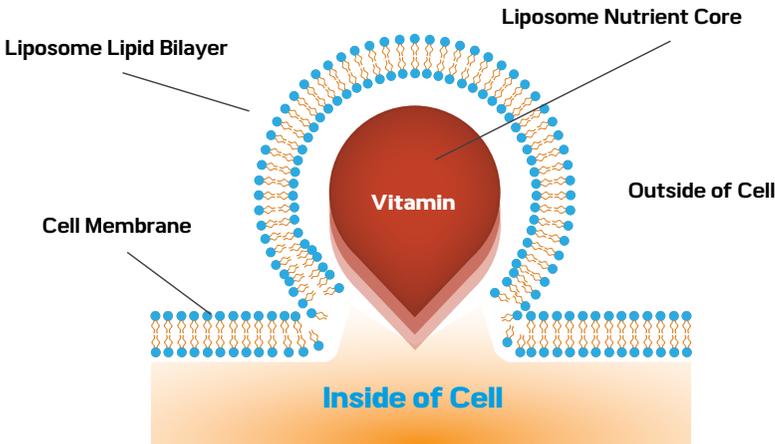
Free of gluten and soy

Naturally stable

No Alcohol



HOW LIPOSOMES DELIVER NUTRIENTS INTO A CELL



NuMedica's Enhanced Absorption Technologies™ supports optimum absorption and bioavailability by delivering nutrients in phosphatidylcholine liposomes from identity preserved (IP) non-GMO sunflower seeds.*

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

Liposomal CoQ10 + PQQ

Powerful Combination of CoQ10 (ubiquinone) and PQQ (Pyrroloquinoline quinone)*

Liposomal CoQ10 PQQ provides a powerful combination of CoQ10 (ubiquinone) and PQQ delivered in non-GMO phosphatidylcholine liposomes for optimal absorption and bioavailability support.*

Specifications:

- **Available in** 6 fl. oz. (180 mL)
- **Serving Size**
About 1 teaspoon (6 mL)
- **Servings Per Container** 30

Directions:

Take about 1 teaspoon (6 mL) once per day or as directed by your healthcare practitioner. Shake well before use.



Amount Per Serving

Coenzyme Q10 (ubiquinone)	100 mg
Pyrroloquinoline quinone disodium salt [50%]*	5 mg
L-Carnitine (as carnitine fumarate)	25 mg
Resveratrol (<i>Polygonum cuspidatum</i>) (root) extract	10 mg
Proprietary Blend*	200 mg
Lecithin (from sunflower) (non-GMO)	
Glycerin (from sustainable palm) (kernel)	

Other Ingredients: Purified water, medium-chain triglycerides, natural berry flavors, xanthan gum, gum arabic, stevia leaf extract (steviol glycosides), potassium sorbate.

Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy.

Caution: Keep out of reach of children. If pregnant, nursing or under the age of 18, please consult your healthcare practitioner.

Storage: Store at room temperature. Refrigerate for best taste. Use within 45 days of opening.

*Proprietary Liposomal Delivery System utilizing a specialized phosphatidylcholine complex with a unique ratio of PC, PE and oleic acid.

*BioPQQ® is a registered trademark of Mitsubishi Gas Chemical Company, Inc.

Notes:



*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.
 Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

Liposomal GABA

Gamma Aminobutyric Acid (GABA), 250 mg

Liposomal GABA provides 250 mg of GABA delivered in non-GMO phosphatidylcholine liposomes to support optimal absorption and bioavailability.* Gamma Aminobutyric Acid (GABA) is a naturally occurring amino acid neurotransmitter that carries information between nerve cells.* GABA is critical for the function of a healthy nervous system and is known for its calming effect.*

Specifications:

- Available in 2 fl. oz. (60 mL)
- Serving Size
2 full droppers (2 mL)
- Servings Per Container 30

Directions:

Take 2 mL (two full droppers) once per day or as directed by your healthcare practitioner. Shake well before use. For oral use only.



Amount Per Serving

Gamma Aminobutyric Acid (GABA)	250 mg
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Other Ingredients: Purified water, sunflower lecithin, natural berry flavors, glycerin (from palm kernel), stevia leaf extract (steviol glycosides), potassium sorbate.

Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy.

Caution: Keep out of reach of children.

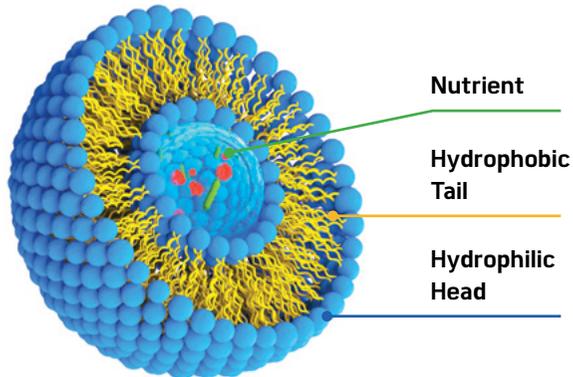
Storage: Store at room temperature. Refrigerate for best taste. Use within 45 days of opening.

This formula utilizes a Proprietary Liposomal Delivery System from a specialized phosphatidylcholine complex with a unique ratio of PC, PE and oleic acid.

This product is intended for oral use only.



Structure of a Liposome



*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

Liposomal Glutathione

500 mg of Glutathione and Activated B-Vitamin Cofactors Delivered with Enhanced Absorption Technologies™

Liposomal Glutathione provides 500 mg of pure glutathione and activated B vitamin cofactors delivered in phosphatidylcholine liposomes for optimal absorption and bioavailability support.* Glutathione is the most important antioxidant support nutrient produced in the body and is found in every cell.* Research has shown that glutathione plays an important role in immune system support and the detoxification of body systems.*

Amount Per Serving	
Riboflavin (Vitamin B2) (as riboflavin-5'-phosphate)	2 mg
Vitamin B6 (as pyridoxal-5'-phosphate)	1 mg
Glutathione	500 mg
Proprietary Blend†	500 mg
Lecithin (from sunflower) (non-GMO)	
Glycerin (from sustainable palm) (kernel)	

Other Ingredients: Purified water, natural orange and pineapple flavors, stevia leaf extract (steviol glycosides), potassium sorbate.

Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy.

Caution: Keep out of reach of children. If pregnant or nursing, please consult your healthcare practitioner.

Storage: Store at room temperature. Refrigerate for best taste. Use within 45 days of opening.

†Proprietary Liposomal Delivery System utilizing a specialized phosphatidylcholine complex with a unique ratio of PC, PE and oleic acid.

Glutathione is non-GMO.

Specifications:

- **Available in** 4 fl. oz. (120 mL)
- **Serving Size**
About 1 teaspoon (4 mL)
- **Servings Per Container** 30

Directions:

Take about one teaspoon (4 mL) once per day or as directed by your healthcare practitioner. Mix with water or juice. Shake well before use.



Notes:



*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

Liposomal Hydroxy B12™

Slow-Release, Long-Acting Form of Vitamin B12 Delivered with Enhanced Absorption Technologies™

Liposomal Hydroxy B12™ is a slow-release, long-acting form of vitamin B12.* Hydroxocobalamin may help your body maintain steadier levels of B12.* Like the methylcobalamin form, hydroxocobalamin is highly absorbed, yet its slower release time may be better tolerated by certain people.*

Vitamin B12 is a water-soluble vitamin necessary for the maintenance of a healthy nervous system, enhanced cognition and for the metabolic utilization of fats and proteins.* It is also essential for the synthesis of DNA during cell division and therefore is especially important for rapidly multiplying cells, such as blood cells.* In addition, it may support healthy homocysteine levels, cardiovascular health and neurological health.*

Specifications:

- Available in 1 fl. oz. (30 mL)
- Serving Size
2 pumps (0.5 mL)
- Servings Per Container 60

Directions:

Take 2 pumps (0.5 mL) per day or as directed by your healthcare practitioner. Shake well before use.



Amount Per Serving

Vitamin B12 (as hydroxocobalamin)	1,000 mcg
Proprietary Blend*	50 mg
Lecithin (from sunflower) (non-GMO)	
Glycerin (from sustainable palm) (kernel)	

Other Ingredients: Purified water, natural lemon and lime flavors, stevia extract (steviol glycosides), potassium sorbate.

Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy.

Caution: Keep out of reach of children. If pregnant or nursing, please consult your healthcare practitioner.

Storage: Store at room temperature. Refrigerate after opening. Use within 75 days of opening.

This product is intended for oral use only.

*Proprietary Liposomal Delivery System utilizing a specialized phosphatidylcholine complex with a unique ratio of PC, PE and oleic acid.



*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

Liposomal MethylSorb®

Delivered with Enhanced Absorption Technologies™

A NuMedica® Registered Trademark Exclusive - Reg. #88002615

Liposomal MethylSorb® provides a powerful blend of folate, vitamin B6 and vitamin B12 – the clinically researched trio for maintaining healthy blood levels of homocysteine – in highly bioavailable forms.* This trio is combined with trimethylglycine for extra support and is delivered in non-GMO phosphatidylcholine liposomes to support optimal absorption and bioavailability.*

Amount Per Serving

Vitamin B6 (as pyridoxal-5'-phosphate)	2.5 mg
Folate (as 750 mcg (6S)-5-methyltetrahydrofolic acid, glucosamine salt [†] and 500 mcg calcium folinate)	2,125 mcg DFE
Vitamin B12 (625 mcg as methylcobalamin, 250 mcg as hydroxycobalamin)	875 mcg
Trimethylglycine	60 mg
Proprietary Blend [†]	50 mg
Lecithin (from sunflower) (non-GMO)	
Glycerin (from sustainable palm) (kernel)	

Other Ingredients: Purified water, natural lemon and lime flavors, stevia extract (steviol glycosides), potassium sorbate.

Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy.

Caution: Keep out of reach of children. If pregnant or nursing, please consult your healthcare practitioner.

Storage: Store at room temperature. Refrigerate for best taste. Use within 75 days of opening.

This product is intended for oral use only.

*Proprietary Liposomal Delivery System utilizing a specialized phosphatidylcholine complex with a unique ratio of PC, PE and oleic acid.



[†]Quatrefolic® is a registered trademark of Gnosis S.p.A., U.S. Patent No. 7,947,662.

Specifications:

- Available in 1 fl. oz. (30 mL)
- Serving Size 2 pumps (0.5 mL)
- Servings Per Container 60

Directions:

Take 2 pumps (0.5 mL) once per day or as directed by your healthcare practitioner. Shake well before use.



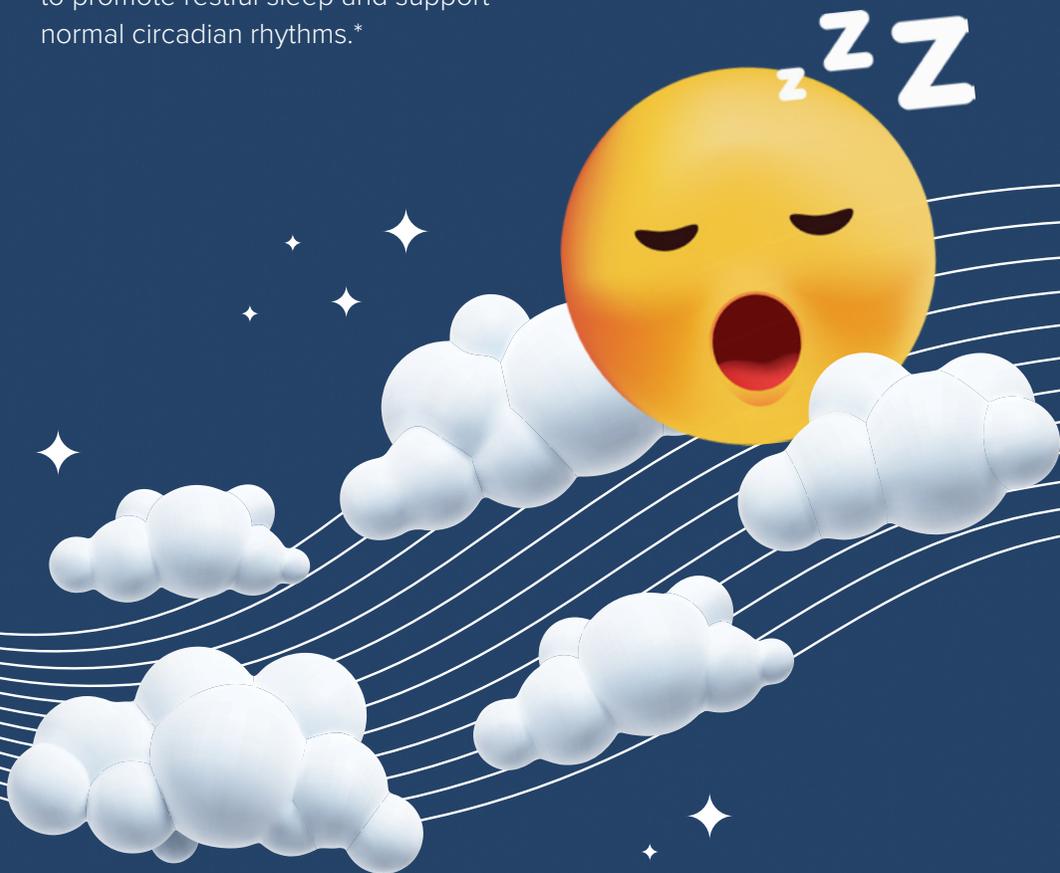
*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

Liposomal Tranquinox[®]

Promote your inner calm*

A powerful proprietary blend of GABA, Melatonin and Glutathione to promote restful sleep and support normal circadian rhythms.*



*For your best sleep ever!**

Liposomal Tranquinox®

Powerful Support for a Healthy Sleep-Wake Cycle*

A NuMedica® Registered Trademark Exclusive - Reg. #88642859

Liposomal Tranquinox® provides a powerful blend of GABA, Melatonin and Glutathione to help promote restful sleep and support normal circadian rhythms.* This proprietary blend is delivered in non-GMO phosphatidylcholine liposomes to support optimal absorption and bioavailability.*

Gamma Aminobutyric Acid (GABA) is a naturally occurring amino acid neurotransmitter that carries information between nerve cells.* GABA is critical for the function of a healthy nervous system and is known for its calming effect.*

Melatonin, the primary hormone of the pineal gland, is a powerful chronobiotic that helps support a normal sleep-wake cycle.* Considerable evidence shows that melatonin levels peak during our "biological night" and are associated with the function of neurological, circadian and immune systems.*

Glutathione is one of the most important antioxidant support nutrients produced in the body and plays an important role in the detoxification of body systems.*

Amount Per Serving

Proprietary Blend*	10 mg
Gamma Aminobutyric Acid (GABA)	
Melatonin	
Glutathione	

Other Ingredients: Purified water, sunflower lecithin, glycerin, natural berry flavor, stevia extract (steviol glycosides), potassium sorbate.

Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy.

Caution: Keep out of reach of children. If pregnant, nursing or under the age of 18, please consult your healthcare practitioner.

Storage: Store at room temperature. Refrigerate for best taste. Use within 45 days of opening.

This product is intended for oral use only.

*Proprietary Liposomal Delivery System utilizing a specialized phosphatidylcholine complex with a unique ratio of PC, PE and oleic acid.

Specifications:

- Available in 1 fl. oz. (30 mL)
- Serving Size 6 pumps (1 mL)
- Servings Per Container 30

Directions:

Take 6 pumps (1 mL) by mouth just prior to bedtime or as directed by your healthcare practitioner. Shake well before use. For oral use only.



*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

Liposomal Tranquinox Deep™

Powerful Support for a Healthy Sleep-Wake Cycle*

Liposomal Tranquinox Deep™ provides a powerful, proprietary blend of L-Theanine, GABA (50 mg), 5-HTP and Melatonin (2 mg) along with supporting botanical ingredients and activated B6 to help promote restful sleep and support normal circadian rhythms.* This proprietary blend is delivered in non-GMO phosphatidylcholine liposomes to support optimal absorption and bioavailability.*

Specifications:

- Available in 1 fl. oz. (30 mL)
- Serving Size 6 pumps (1 mL)
- Servings Per Container 30

Directions:

Take 6 pumps (1 mL) by mouth just prior to bedtime or as directed by your healthcare practitioner. Shake well before use.



Amount Per Serving

Vitamin B6 (as pyridoxal-5-phosphate)	2 mg
Proprietary Blend†	172 mg
L-Theanine	
Gamma Aminobutyric Acid (GABA)	
5-Hydroxytryptophan (5-HTP) (<i>Griffonia simplicifolia</i>) (seed) powder	
Valerian (<i>Valeriana officinalis</i>) (root) powder	
Chamomile (<i>Matricaria recutita</i>) (flower) extract (4:1)	
Melatonin	

Other Ingredients: Purified water, natural orange flavor, sunflower lecithin, stevia leaf extract (steviol glycosides), glycerin (from palm kernel), xanthan gum, acacia gum, potassium sorbate.

Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy.

Caution: Keep out of reach of children.

Storage: Store at room temperature. Refrigerate for best taste. Use within 45 days of opening.

This product is intended for oral use only.

†Proprietary Liposomal Delivery System utilizing a specialized phosphatidylcholine complex with a unique ratio of PC, PE and oleic acid.

Notes:



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Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

Liposomal Vitamin C

1,000 mg of Vitamin C Delivered with Enhanced Absorption Technologies™

Liposomal Vitamin C provides 1,000 mg of Vitamin C delivered in phosphatidylcholine liposomes for optimal absorption and bioavailability support.* Vitamin C provides antioxidant protection and immune support while supporting the production of healthy connective tissue and collagen.*

Amount Per Serving

Vitamin C (as sodium ascorbate and ascorbic acid)	1,000 mg
Sodium (as sodium ascorbate)	124 mg
Proprietary Blend*	500 mg
Lecithin (from sunflower) (non-GMO)	
Glycerin (from sustainable palm) (kernel)	
Carnitine fumarate	100 mg

Other Ingredients: Purified water, natural orange flavor, stevia extract (steviol glycosides), potassium sorbate.

Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy.

Caution: Keep out of reach of children. If pregnant, nursing or under the age of 18, please consult your healthcare practitioner.

Storage: Store at room temperature. Refrigerate for best taste. Use within 45 days of opening.

*Proprietary Liposomal Delivery System utilizing a specialized phosphatidylcholine complex with a unique ratio of PC, PE and oleic acid.

Specifications:

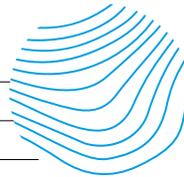
- **Available in** 5 fl. oz. (150 mL) and 10 fl. oz. (300 mL)
- **Serving Size**
1 teaspoon (5 mL)
- **Servings Per Container**
30 (small) or 60 (large)

Directions:

Take 1 teaspoon (5 mL) once per day or as directed by your healthcare practitioner. Mix with water or juice. Shake well before use.



Notes:



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Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

Liver Defend™

Targeted Support for Healthy Liver Function*

Liver Defend™ contains four key ingredients to support healthy liver function.* N-Acetyl L-Cysteine (NAC) is a unique form of the amino acid L-cysteine which has been found to support healthy tissue levels of glutathione (GSH).* Alpha-Lipoic Acid is a powerful antioxidant and free-radical scavenger which plays an important role in supporting cell health.* Silymarin is a beneficial standardized extract from milk thistle that helps support healthy liver function.* Selenium is a trace mineral known to support the antioxidant enzyme glutathione peroxidase.*

Specifications:

- **Available in**
60 vegetable capsules
- **Serving Size** 1 capsule
- **Servings Per Container** 60

Directions:

Take one capsule once per day or as directed by your healthcare practitioner.



Key Benefits:

- Powerful Antioxidant and Free-Radical Scavenger*
- May Help Maintain Healthy Liver Function by Promoting Glutathione Production*
- Provides Selenium, a Trace Mineral Known to Support the Antioxidant Enzyme Glutathione Peroxidase*

Amount Per Serving

Selenium (as selenium glycinate)*	200 mcg
Milk Thistle (<i>Silybum marianum</i>) (seed) extract (80% silymarin)	262.5 mg
N-Acetyl L-Cysteine (NAC)	250 mg
Alpha-Lipoic Acid	200 mg

Other Ingredients: Hydroxypropyl methylcellulose (vegetable capsule), magnesium stearate, bamboo silica.

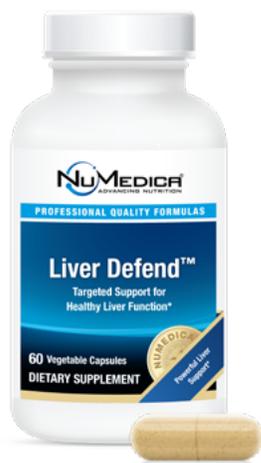
Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy.

Caution: Keep out of reach of children.

Storage: Keep tightly closed in a cool, dry place.



*Albion™, TRAACS™ and the Albion Gold Medallion design are trademarks of Balchem Corporation or its subsidiaries.



*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.



Health Benefits of Magnesium

Magnesium is a crucial macro mineral involved in over 300 physiological processes. It is essential to body structure and healthy function. Research studies have shown that magnesium supports:

- Bone health*
- Sound sleep*
- Nerve function*
- Cognitive health*
- Energy production*
- Cardiovascular health*
- Healthy blood pressure*
- Healthy immune system*
- Healthy cholesterol levels*
- Healthy glucose metabolism*
- Muscle strength performance*

Albion's Chelated Magnesium

Magnesium is a versatile mineral, known to support brain health, energy production and typical muscle and nerve function. Albion's magnesium is chelated, or bound, to amino acids so it is passed intact through the digestive tract up to the optimal point of absorption. Because chelated magnesium is protected, it has fewer interactions with other nutrients and is scientifically proven to be easier on the gastrointestinal tract.

Formulas Featuring

Albion's Chelated Magnesium:

CINNergy®

📖 pg. 42

Foundation Essentials® Men

📖 pg. 70-71

Foundation Essentials® Men & Women

📖 pg. 72-73

Foundation Essentials® Women

📖 pg. 74-75

Mag-Plex Ultra™

📖 pg. 131

MigraVoid™

📖 pg. 146-147

MineralPlex™

📖 pg. 148

MultiMedica™ for Women

📖 pg. 154-155

MultiMedica™ without Iron

📖 pg. 156-157

Osteo Vegan™

📖 pg. 181

ThyroMedica Plus®

📖 pg. 233



Albion™ and the Albion Gold Medallion design are trademarks of Balchem Corporation or its subsidiaries.



ENHANCED ABSORPTION TECHNOLOGIES™

E.A.T. is a trademark of NuMedica®. We select ingredients and delivery systems that ensure bioavailability and cellular utilization.

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Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

Mag-Plex Ultra™

Muscle, Nerve & Energy Support*

Mag-Plex Ultra™ features the highly absorbable magnesium lysinate glycinate chelate and the patented di-magnesium malate from Balchem Corporation, the world leader in patented mineral amino acid chelate and organic mineral acid complex research and development.* NuMedica® has chosen Balchem's Albion™ minerals technology to provide the highest quality minerals for optimal absorption and utilization.*

Magnesium is involved in over 300 enzyme-related processes including cardiac, muscle and nerve function and the production of ATP for energy.* Magnesium also plays a role in supporting optimal bone density and maintenance of blood glucose levels.*

Amount Per Serving

Magnesium (as di-magnesium malate and magnesium lysinate glycinate chelate)†	125 mg
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Other Ingredients: Hydroxypropyl methylcellulose (vegetable capsule), magnesium stearate, silica.

Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy.

Caution: Keep out of reach of children.

Storage: Keep tightly closed in a cool, dry place.



†Albion™, TRAACS™ and the Albion Gold Medallion design are trademarks of Balchem Corporation or its subsidiaries.

Specifications:

- Available in 120 and 240 vegetable capsules
- Serving Size 1 capsule
- Servings Per Container 120

Directions:

Take one capsule 2-3 times per day between meals or as directed by your healthcare practitioner.



Notes:



*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

MCT Oil USP™

Absorbable Fuel for Mitochondria*

MCT Oil USP™ is a high quality blend of medium-chain triglycerides (MCTs). MCTs are special fatty acids which are metabolized more fully for energy in the body. Normal fats and oils contain long-chain fatty acids (LCTs). When compared to these fatty acids, MCTs are much shorter in length thus resembling carbohydrates more than fat. As a result, they are more quickly absorbed by the body and metabolized as fuel.* Because of this quick metabolism, the calories in MCTs are very efficiently converted into fuel for immediate use in the mitochondria, instead of being stored as fat.*

MCTs have been shown to enhance thermogenesis (heat production) in the body, thereby promoting the burning of fat.* MCTs contain fewer calories than LCTs, are metabolized quicker and actually contribute to an enhanced metabolism to burn even more calories!*

MCT Oil USP™ can also be used as a substitute for conventional oils in salad dressings, sauces or cooking as a source of beneficial fatty acids. It is not recommended for use in frying due to its low boiling point.

Amount Per Serving

Calories	100
Total Fat	14 g
Saturated Fat	14 g
Medium-chain triglycerides (MCT)* (from coconut oil) (55% C8 Caprylic Acid; 35% C10 Capric Acid)	14 g

Other Ingredients: None.

Contains: Tree nuts (coconut).

Does Not Contain: Milk, eggs, fish, shellfish, peanuts, wheat, soy, artificial colors, sweeteners or preservatives.

Caution: May cause a mild laxative effect. Keep out of reach of children.

Storage: Keep tightly closed in a cool, dry place.

*100% USP (United States Pharmacopeia) Compliant.



32 oz MCT Oil USP™ comes in a BPA-free, food-grade PET and UV resistant truBlue container.

16 oz MCT Oil USP™ comes in an amber colored glass container.



Specifications:

- **Available in**
16 fl. oz. (473 mL) and
32 fl. oz. (946 mL)
- **Serving Size**
1 tablespoon (about 15 mL)
- **Servings Per Container**
32 (16 oz), 64 (32 oz)

Directions:

Take one tablespoon (about 15 mL) one to two times per day or as directed by your healthcare practitioner.



*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

Metabolic Reset Program™

30-Day Metabolic Reset Program™

The Metabolic Reset Program™ is designed to help the body reset itself to a healthy metabolic state.* This 30-day program features our revolutionary Reset PATH® Support Formula proprietary blend with the highest quality nutritional support: a full spectrum, multi-vitamin and mineral complex, appetite suppressants, adrenal support and fish oils.*

Key Benefits:

- Resetting the Metabolism to Function at a New Level*
- Diminishing Hunger Levels*
- Regulating Healthy Cortisol Levels and Adrenal Hormone Production*

Specifications:

- Available in 30-day supply

Directions:

Follow the program guide under the direction of your healthcare practitioner.

Reset PATH® Support Formula is a proprietary blend designed to support the maintenance of healthy body composition throughout the 30-day program.*

AdrenaMed® is a concentrated adaptogenic herbal and vitamin remedy featuring standardized extracts of cordyceps, rhodiola and panax ginseng – all designed to support the stress response.* Additionally, this formula contains select B vitamins involved in adrenal hormone production to support adrenal stress.*

Appe-Curb® contains a unique blend of ingredients that works with neurotransmitters to satisfy the reward cascade to help curb cravings for carbohydrates (including starches and sugars which are prohibited during the Metabolic Reset Program).*

Corti-B Plex™ supports many physiological functions associated with adrenal hormone production and cortisol regulation, as well as enhancing the body’s production of energy.* In addition to B vitamins, it contains bioflavonoids for antioxidant protection and acetyl-L-carnitine to enhance the activation of pantothenic acid kinase.*

MultiMedica™ is an advanced multi-vitamin and mineral with broad spectrum antioxidant protection used to replenish vitamins and minerals while on the program.*

Omega 950 EE™ contains 950 mg of omega-3 fatty acids from ultra pure fish oil. Omega-3 fatty acids have been found to have numerous beneficial effects on overall health.*

Each Program Contains

Reset PATH® Support Formula, 2 fl. oz.	2
AdrenaMed®, 60 vegetable capsules	1
Appe-Curb®, 120 vegetable capsules	1
Corti-B Plex™, 120 vegetable capsules	1
MultiMedica™ without Iron, 120 vegetable capsules	1
Omega 950 EE™, 60 softgels	1
Program Guide	1



Quatrefolic® vs. Folic Acid

Quatrefolic®, The Folate Everyone Can Benefit From

In recent years, increasing evidence of the advantages of reduced folate vs folic acid have been found. The rational use of reduced folate (particularly reduced and methylated such as Quatrefolic®) is derived from the inability of a part of the world's population to assimilate and metabolize folic acid from food or supplements. Most of the folate assumption is coming from the man-made version of folic acid added to food and supplements.

Folic acid and food folate are not biologically active and need to be converted to the metabolically active 5-methyltetrahydrofolate (5-MTHF) through a multi-step process where the enzyme methylenetetrahydrofolate reductase (MTHFR) owns a key role. Some individuals, due to their unique genetic patterns and expression, have polymorphic forms of this enzyme and do not produce adequate or effective MTHFR.^{1,2,3}

Quatrefolic® is the glucosamine salt of (6S)-5-methyltetrahydrofolate and is structurally analogous to the reduced and active form of folic acid, so Quatrefolic® completely bypasses the (damaged) MTHFR conversion step and delivers a (finished) folate the body can immediately use without any kind of metabolization.

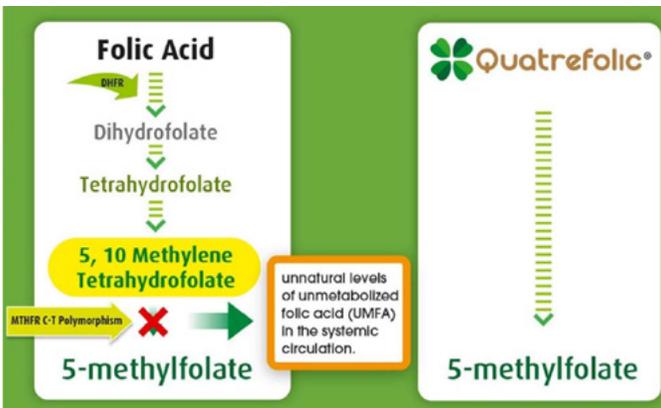


It's not just luck!

NuMedica® sources the highest quality ingredients to ensure maximum absorption and utilization.



E.A.T. is a trademark of NuMedica®



References

1. Patanwala I et al. *Folic acid handling by the human gut: implications for food fortification and supplementation.* Am J Clin Nutr. 2014
2. Scaglione F, Panzavolta G. *Folate, folic acid and 5-methyltetrahydrofolate are not the same thing.* Xenobiotica. 2014
3. Ulrich CM, Potter JD. *Folate supplementation: too much of a good thing? ...* Epidemiol Biomarkers Prev. 2006

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

Methyl Folate™

The Most Biologically Active Form of Folate (5-MTHF)*

Methyl Folate™ contains Quatrefolic® – the most biologically active form of folate – allowing rapid uptake into the bloodstream.* This superior, methylated form of folate is metabolically active and ready for the body to use since it requires no additional conversion to be absorbed.* Folate is also necessary for the conversion of homocysteine to methionine.* The 5-MTHF in this formula is also known as the “L” form of 5-MTHF since it is the reduced form of folate.

Key Benefits:

- The Most Biologically Active Form of Folate (5-MTHF)*
- Supports Healthy Cardiovascular Function*
- Supports Healthy Homocysteine Levels*

Amount Per Serving

Folate (as 800 mcg folate from 1,482 mcg (6S)- 5-methyltetrahydrofolic acid, glucosamine salt)* 1,360 mcg DFE

Other Ingredients: Microcrystalline cellulose, hydroxypropyl methylcellulose (vegetable capsule), stearic acid, magnesium stearate, silicon dioxide.

Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy.

Caution: Keep out of reach of children.

Storage: Keep tightly closed in a cool, dry place.



*Quatrefolic® is a registered trademark of Gnosis S.p.A., U.S. Patent No. 7,947,662.

Notes:

Specifications:

- **Available in**
60 and 120 vegetable capsules
- **Serving Size** 1 capsule
- **Servings Per Container**
60 (small) or 120 (large)

Directions:

Take one capsule once per day or as directed by your healthcare practitioner.



*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

Methyl Folate™ Optimizer

Advanced Methylation Support*

Methyl Folate™ Optimizer is a comprehensive formula designed to support optimal methylation and homocysteine levels.* The 5-MTHF in this formula – Quatrefolic® – is the most biologically active form of folate, allowing rapid uptake into the bloodstream.* Vitamin B12 is also provided in its active form, methylcobalamin, to further support methylation and healthy homocysteine levels.* NuMedica® has included its Enhanced Absorption Technology™ – a proprietary blend of AstraGin® and BioPerine®.*

Amount Per Serving	
Niacin (as niacinamide)	150 mg NE
Vitamin B6 (as pyridoxal-5'-phosphate)	25 mg
Folate (as 3,000 mcg (6S)-5-methyltetrahydrofolic acid, glucosamine salt ¹ , and 3,000 mcg (6S)-5-methyltetrahydrofolic acid, calcium salt)	10,200 mcg DFE
Vitamin B12 (as methylcobalamin)	1,000 mcg
Proprietary Blend**	12.5 mg
<i>Panax notoginseng</i> (root) extract	
<i>Astragalus</i> (<i>Astragalus membranaceus</i>) (root) extract	
Black pepper (<i>Piper nigrum</i>) (fruit) extract [†]	2 mg

Other Ingredients: Microcrystalline cellulose, hydroxypropyl methylcellulose (vegetable capsule), bamboo silica.

Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy.

Caution: Keep out of reach of children.

Storage: Keep tightly closed in a cool, dry place.



[†]Quatrefolic® is a registered trademark of Gnosis S.p.A., Patent No. 7,947,662.



**AstraGin® is a registered trademark of NuLiv Science.



†BioPerine® is a GRAS affirmed & Non-GMO Project Verified ingredient. BioPerine® is a registered trademark of Sabinsa Corporation.



Suitable for **VEGETARIANS**



Activated **B-VITAMINS**



Independently Tested **GLUTEN-FREE**



Vegetable **CAPSULES**



5-MTHF **QUATREFOLIC®**

Specifications:

- **Available in**
60 vegetable capsules
- **Serving Size** 2 capsules
- **Servings Per Container** 30

Directions:

Take two capsules once per day or as directed by your healthcare practitioner.



*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

Methyl-Plex B™

Comprehensive Methylation Support*

Methyl-Plex B™ is a comprehensive formula designed to support healthy homocysteine levels and optimal methylation.* The 5-MTHF in this formula – Quatrefolic® – is the most biologically active form of folate, allowing rapid uptake into the bloodstream.* The 5-MTHF in this formula is also known as the "L" form of 5-MTHF since it is the reduced form of folate. B vitamins are provided in their active forms to support enhanced methylation and cardiovascular health.*

Specifications:

- **Available in**
60 vegetable capsules
- **Serving Size** 1 capsule
- **Servings Per Container** 60

Directions:

Take one capsule once per day or as directed by your healthcare practitioner.

Amount Per Serving

Riboflavin (Vitamin B2) (as riboflavin-5'-phosphate)	25 mg
Vitamin B6 (as pyridoxal-5'-phosphate)	25 mg
Folate (as 600 mcg 6(S)-methyltetrahydrofolic acid, glucosamine salt† and 600 mcg 6(5)-methyltetrahydrofolate, calcium salt)	2,040 mcg DFE
Vitamin B12 (as methylcobalamin)	1,000 mcg
Trimethylglycine (as anhydrous betaine)	500 mg

Other Ingredients: Hydroxypropyl methylcellulose (vegetable capsule), microcrystalline cellulose, magnesium stearate, silicon dioxide.

Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy.

Caution: Keep out of reach of children.

Storage: Keep tightly closed in a cool, dry place.



†Quatrefolic® is a registered trademark of Gnosis S.p.A., U.S. Patent No. 7,947,662.



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Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

Water-Soluble Vitamin D3

Micellized D3 1,200 is a natural, soy-free form of Vitamin D in a water-soluble micellized form. The micellization process produces tiny droplets (micelles) that are then formed into highly absorbable aggregate structures.*



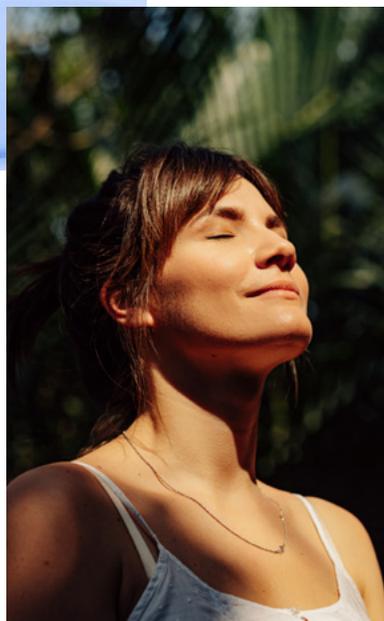
Micellization greatly increases the solubility, absorption and bioavailability of our vitamin D over oil or emulsified forms. Micellized D3 has approximately **five times greater** increase in serum 25 (OH) vitamin D levels versus emulsified vitamin D.

Micellized D3 1,200

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Micellized D3 + K2

■ pg. 145



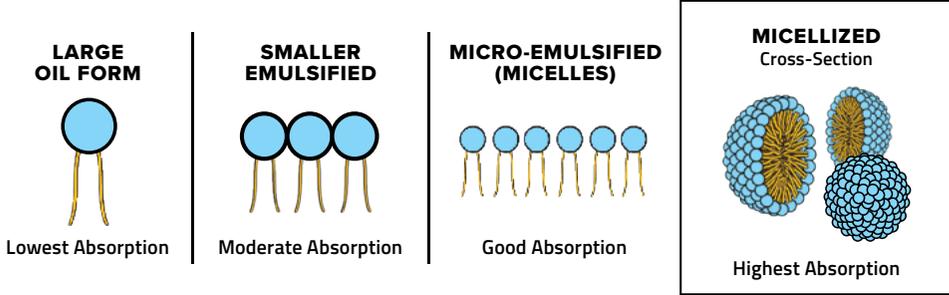
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Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

Micellized D3™ 1200

Water-Soluble Vitamin D3 - 1,200 IU Per Drop

Micellized D3™ is a natural, soy-free, form of Vitamin D in a water-soluble micellized form. Micellization greatly increases the solubility, absorption and bioavailability of our vitamin D3 over oil or emulsified forms.* The micellization process produces tiny drop-lets (micelles) that are then formed into highly absorbable aggregate structures.*



Specifications:

- Available in 1 fl. oz. (30 mL)
- Serving Size 1 drop (0.04 mL)
- Servings Per Container 750

Directions:

Adults take one drop (0.04 mL) once per day mixed in 1-2 oz. water or juice or as directed by your healthcare practitioner.

Amount Per Serving

Vitamin D3 (as cholecalciferol) (1,200 IU)	30 mcg
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Other Ingredients: Deionized water, ethoxylated castor oil, glycerine, citric acid, grapefruit seed extract, potassium sorbate.

Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy. No added artificial colors or sweeteners.

Caution: Keep out of reach of children. Not recommended for children.

Storage: Keep tightly closed in a cool, dry place.



Notes:



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 Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

Micellized D3 + K2™

Immune & Bone Support*

Micellized D3 + K2™ is a soy-free, natural vitamin D3 and vitamin K2 in a water-soluble micellized form. Micellization greatly increases the solubility, absorption and bioavailability over oil or emulsified forms.*

This formula includes the patented VitaMK7®, a natural vitamin K2 (as MK7) which supports enhanced utilization of calcium in the bloodstream.* It is an all-trans natural menaquinone-7 with the highest bioavailability and longest half-life in the blood.* VitaMK7® is shown in human clinical studies to increase osteocalcin (calcium-binding protein) levels, enhancing the body's ability to utilize calcium in the bloodstream.* It is also shown to prevent bone loss and promote bone integrity while significantly reducing the incidence of arterial calcification, promoting optimal cardiovascular function.* An in-vitro study shows VitaMK7® inhibits the production of PGE-2, a prostaglandin that acts as a potent stimulator of bone loss.* It is non-GMO and solvent-free and processed under the strictest purity standards.

Amount Per Serving

Vitamin D3 (as cholecalciferol) (1,200 IU)	30 mcg
Vitamin K2 (natural vitamin K2 as MK7 [®])	50 mcg

Other Ingredients: Deionized water, ethoxylated castor oil, glycerin, natural flavor, citric acid, potassium sorbate, olive oil.

Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy. No added artificial colors or sweeteners.

Caution: Keep out of reach of children. Not recommended for children.

Storage: Keep tightly closed in a cool, dry place.

vitaMK7[®] VitaMK7[®] is the active isomer of natural Vitamin K2 with the highest bioavailability and longest half-life in the blood.

Gnosis' natural Vitamin K2 is obtained through a patented biofermentation process of *Bacillus subtilis* spp natto (US Patent No. 7,718,407) without using potentially dangerous solvents and allergens.

*VitaMK7[®] is a registered trademark of Gnosis S.p.A.

Specifications:

- Available in 1 fl. oz. (30 mL)
- Serving Size 1 full dropper (1 mL)
- Servings Per Container 30

Directions:

Adults take one full dropper (1 mL) once per day or as directed by your healthcare practitioner.



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Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

MIGRAVOID

Support Packs*



Each Packet Includes:

- 2 Parimin B™
- 1 Cognitein™
- 1 CoQ Clear® 100 Ubiquinol
- 1 Mag-Plex Ultra™
- 1 D3-2000™

Cognitein™ is a unique combination of Magtein®, L-taurine and L-theanine designed to help support healthy cognitive function.* ■ **pg. 45**

Mag-Plex Ultra™ featuring the highly absorbable magnesium lysinate glycinate chelate and the patented di-magnesium malate from Albion Laboratories, Inc. ■ **pg. 131**

Parimin B™ combines riboflavin, methylcobalamin and pantothenic acid to support smooth muscle homeostasis and nervous system function.* ■ **pg. 188**

CoQ-Clear® 100 Ubiquinol a crystal-free CoQ10 offering the highest absorption and bioavailability in a refreshing citrus softgel.* ■ **pg. 54**

D3-2000™ a natural, soy-free, bioidentical vitamin D supplement. Vitamin D regulates the release of neurotransmitters like serotonin, melatonin and dopamine.* ■ **pg. 57**



MigraVoid™

A Combination of 5 Formulas to Support Neuro-Comfort*

When you are experiencing intense neuro-discomfort, you want to address the root cause not just cover up the symptoms. Backed by clinical research, this packet addresses the most common nutrient deficiencies associated with neuro-discomfort.* Neuro-discomfort can also be triggered by things like hormonal changes, food sensitivities, stress and sleep disruptions.*

Amount Per Serving	
Vitamin D3 (as cholecalciferol) (2,000 IU)	50 mcg
Riboflavin (Vitamin B2)	400 mg
Vitamin B12 (as methylcobalamin)	1,000 mcg
Pantothenic Acid (as calcium pantothenate)	500 mg
Magnesium (as di-magnesium malate**, magnesium lysinate glycinate chelate** and from 500 mg magnesium L-Threonate*)	160 mg
Coenzyme Q10 (as ubiquinol)†	100 mg
L-Taurine	100 mg
L-Theanine	50 mg

Other Ingredients for Parimin B™: Hydroxypropyl methylcellulose (vegetable capsule), microcrystalline cellulose, L-leucine, bamboo silica.

Other Ingredients for Cognitein™: Hydroxypropyl methylcellulose (vegetable capsule), magnesium stearate, silicon dioxide.

Other Ingredients for CoQ-Clear® 100 Ubiquinol: Citrus oil (GRAS certified; natural food grade), gelatin (bovine), glycerin, purified water, caprylic acid, capric acid, alpha-lipoic acid, caramel liquid (softgel color).

Other Ingredients for D3-2000™: Safflower oil, gelatin (bovine), glycerin, purified water.

Other Ingredients for Mag-Plex Ultra™: Hydroxypropyl methylcellulose (vegetable capsule), magnesium stearate, silica.

Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy, artificial colors, sweeteners or preservatives.

Caution: Keep out of reach of children.

Storage: Keep closed in a cool, dry place.

†Kaneka QH™ is a trademark of Kaneka Nutrients L.P.



**Albion™, TRAACS™ and the Albion Gold Medallion design are trademarks of Balchem Corporation or its subsidiaries.

Specifications:

- Available in 28 packets
- Serving Size 1 packet
- Servings Per Container 28

Directions:

Take one packet once per day or as directed by your healthcare practitioner.



*As Magtein® – is a trademark of Magceutics®, Inc.

and is distributed exclusively by AIDP, Inc. Magtein® is protected under a family of U.S. patents, pending patents, and is protected worldwide.



*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

MineralPlex™

Balanced Multi-Mineral Formula featuring Albion™ TRAACS™*

MineralPlex™ is NuMedica's advanced multi-mineral formula featuring TRAACS™ (The Real Amino Acid Chelate System) by Albion Laboratories, Inc., the world leader in patented mineral amino acid chelate and organic mineral acid complex research and development. This formula contains highly absorbable minerals in balanced ratios designed to prevent competition between minerals for absorption.*

Specifications:

- **Available in**
120 vegetable capsules
- **Serving Size** 4 capsules
- **Servings Per Container** 30

Directions:

Take four capsules once per day or as directed by your healthcare practitioner.



*Albion™, TRAACS™, DimaCal™ and the Albion Gold Medallion

design are trademarks of Balchem Corporation or its subsidiaries.



Amount Per Serving	
Vitamin C (as ascorbic acid)	75 mg
Vitamin D3 (as cholecalciferol) (200 IU)	5 mcg
Calcium (as di-calcium malate, calcium bisglycinate chelate)†	300 mg
Iodine (as potassium iodide)	150 mcg
Magnesium (as di-magnesium malate, magnesium lysinate glycinate chelate)†	200 mg
Zinc (as zinc bisglycinate chelate)†	30 mg
Selenium (as selenium glycinate complex)	120 mcg
Manganese (as manganese bisglycinate chelate)†	4 mg
Chromium (as chromium nicotinate glycinate chelate)†	150 mcg
Molybdenum (as molybdenum glycinate chelate)†	100 mcg
Potassium (as potassium glycinate complex)	99 mg
Betaine hydrochloride	400 mg
Lithium (as lithium orotate complex)	500 mcg
Vanadium (as vanadium amino acid chelate)	60 mcg

Other Ingredients: Hydroxypropyl methylcellulose (vegetable capsule), magnesium stearate, silica (from bamboo extract).

Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy.

Caution: Keep out of reach of children.

Storage: Keep tightly closed in a cool, dry place.



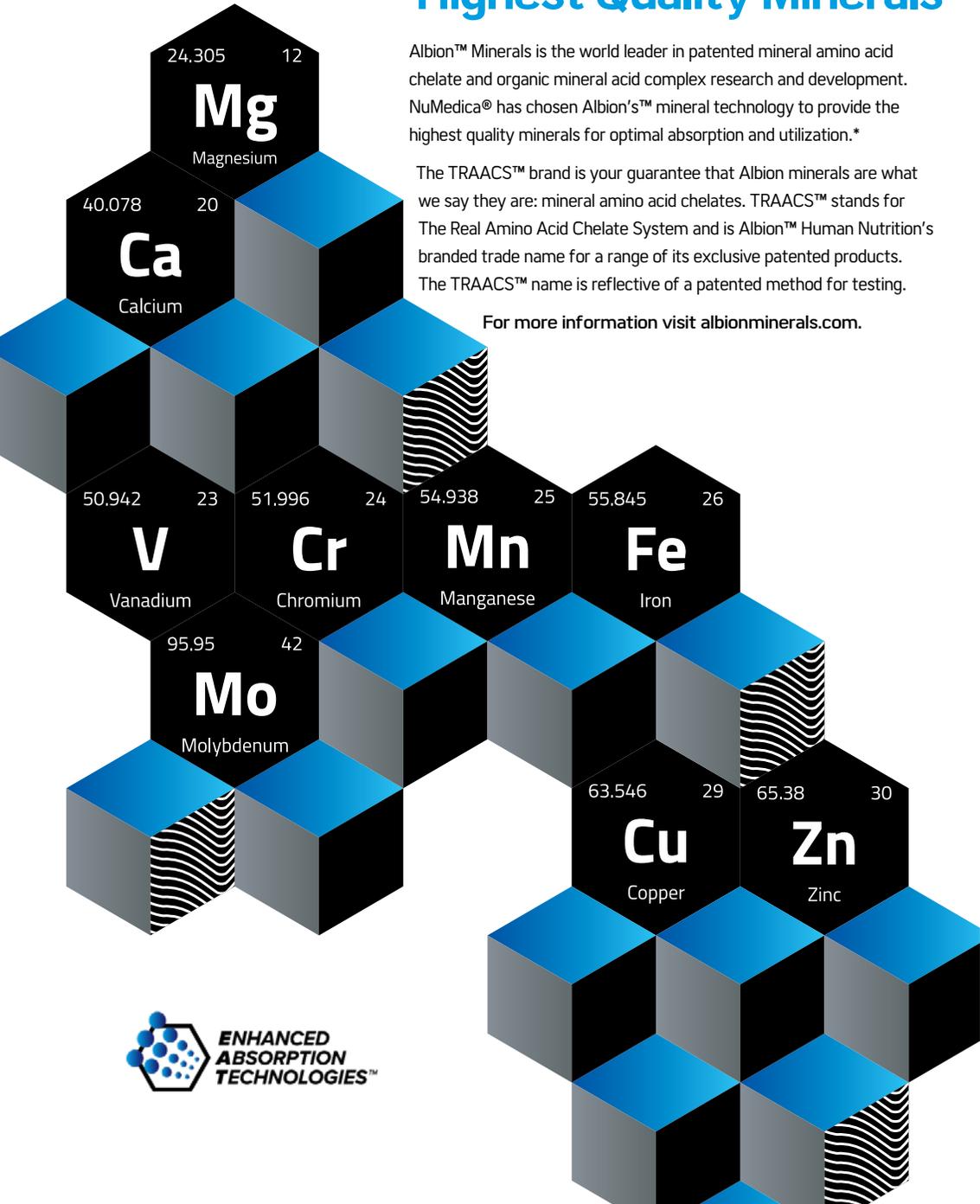
*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.
Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

Highest Quality Minerals

Albion™ Minerals is the world leader in patented mineral amino acid chelate and organic mineral acid complex research and development. NuMedica® has chosen Albion's™ mineral technology to provide the highest quality minerals for optimal absorption and utilization.*

The TRAACS™ brand is your guarantee that Albion minerals are what we say they are: mineral amino acid chelates. TRAACS™ stands for The Real Amino Acid Chelate System and is Albion™ Human Nutrition's branded trade name for a range of its exclusive patented products. The TRAACS™ name is reflective of a patented method for testing.

For more information visit albionminerals.com.



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Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

Mitochondrial Recharge®

Supports Cellular ATP Energy*

A NuMedica® Registered Trademarked Exclusive, Reg. # 85626212

Mitochondrial Recharge® is a part of NuMedica's Advanced Neuro-Immune Program™ and is used to support mitochondrial function.* Mitochondria are responsible for producing energy (ATP) needed by cells to function properly. Methylation deficiency, toxic exposure and poor nutritional delivery can initiate functional deficiency in the mitochondria.* Mitochondrial Recharge® contains powerful, targeted ingredients, including super antioxidants, minerals and amino acids, to assist in the enhancement and restoration of the functional capability of mitochondria.*

Specifications:

- **Available in**
90 vegetable capsules
- **Serving Size** 3 capsules
- **Servings Per Container** 30

Directions:

Take three capsules once per day or as directed by your healthcare practitioner.



*Albion™ and TRAACS™ are trademarks of Balchem Corporation or its subsidiaries.

Amount Per Serving

Biotin	200 mcg
Zinc (as zinc bisglycinate chelate) [†]	35 mg
Acetyl L-Carnitine Hydrochloride	300 mg
L-Ornithine Hydrochloride	300 mg
Alpha-Lipoic Acid	200 mg
N-Acetyl L-Cysteine (NAC)	200 mg
Quercetin Dihydrate	200 mg
L-Arginine alpha-ketoglutarate (AAKG)	100 mg
L-Citrulline	100 mg
L-Methionine	100 mg
Japanese Knotweed (<i>Polygonum cuspidatum</i>) extract (50% trans-resveratrol)	75 mg
Turmeric (<i>Curcuma longa</i>) (rhizome) (root) extract (95% curcuminoids)	50 mg
Coenzyme Q10 (ubiquinone)	45 mg

Other Ingredients: Hydroxypropyl methylcellulose (vegetable capsule), natural orange flavor, bamboo silica, microcrystalline cellulose, Stevia (SWETA 80%, *Stevia rebaudiana bertonii*, leaf) extract.

Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy.

Caution: Keep out of reach of children.

Storage: Keep tightly closed in a cool, dry place.



ENHANCED ABSORPTION TECHNOLOGIES™



Albion MINERALS



Suitable for VEGETARIANS



Independently Tested GLUTEN-FREE



Vegetable CAPSULES

MultiMedica™ for Men

Advanced Vitamin & Mineral Supplement Designed for Men*

MultiMedica™ for Men is a comprehensive multiple vitamin, mineral and herbal supplement, with select amino acids, designed specifically to support the unique nutritional requirements of men.*

This foundation multiple formula, in easy-to-swallow vegetable capsules, delivers select nutrients to support the prostate, liver and adrenals along with broad-spectrum antioxidant support.* It also features patented Albion™ TRAACS™ amino acid chelates for optimal mineral absorption.*

Specifications:

- **Available in**
120 vegetable capsules
- **Serving Size** 4 capsules
- **Servings Per Container** 30

Directions:

Take four capsules once per day or as directed by your healthcare practitioner.

Amount Per Serving

Vitamin A (85% [8,500 IU] retinyl palmitate, 15% [1,500 IU] natural mixed carotenoids) (10,000 IU)	3,000 mcg RAE
Vitamin C (as potassium ascorbate, magnesium ascorbate, calcium ascorbate, zinc ascorbate)	250 mg
Vitamin D3 (as cholecalciferol) (400 IU)	10 mcg
Vitamin E (as d-alpha tocopherol succinate) (100 IU)	67 mg
Thiamin (Vitamin B1) (as thiamin mononitrate)	20 mg
Riboflavin (Vitamin B2) (as riboflavin, riboflavin-5'-phosphate)	20 mg
Niacin (as niacinamide and niacin)	60 mg NE
Vitamin B6 (as pyridoxal-5'-phosphate)	20 mg
Folate (as 200 mcg (6S)-5-methyltetrahydrofolic acid, glucosamine salt)***	340 mcg DFE
Vitamin B12 (as methylcobalamin)	600 mcg
Biotin	1,000 mcg
Pantothenic Acid (as d-calcium pantothenate)	200 mg
Choline (as choline bitartrate)	40 mg
Calcium (as di-calcium malate**, calcium bisglycinate chelate buffered*, calcium ascorbate)	100 mg
Phosphorus (as pyridoxal-5'-phosphate, riboflavin-5'-phosphate)	10 mg
Iodine (as potassium iodide)	100 mcg
Magnesium (as di-magnesium malate, magnesium bisglycinate chelate buffered*, magnesium ascorbate)	200 mg
Zinc (as zinc glycinate chelate*, zinc ascorbate)	15 mg
Selenium (as selenium chelate)	100 mcg



*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

MultiMedica™ for Women

Advanced Vitamin & Mineral Supplement Designed for Women*

MultiMedica™ for Women is a comprehensive multiple vitamin, mineral and herbal supplement, with select amino acids, designed specifically to support the unique nutritional requirements of women.

This foundation multiple formula, in easy-to-swallow vegetable capsules, delivers select nutrients to support the bones, thyroid and adrenals along with broad spectrum antioxidant support.* It also features patented Albion™ TRAACS™ amino acid chelates for optimal mineral absorption.*

Specifications:

- **Available in**
120 vegetable capsules
- **Serving Size** 4 capsules
- **Servings Per Container** 30

Directions:

Take four capsules once per day or as directed by your healthcare practitioner.



Amount Per Serving

Vitamin A (85% [8,500 IU] retinyl palmitate, 15% [1,500 IU] natural mixed carotenoids) (10,000 IU)	3,000 mcg RAE
Vitamin C (as potassium ascorbate, magnesium ascorbate, calcium ascorbate, zinc ascorbate)	250 mg
Vitamin D3 (as cholecalciferol) (400 IU)	10 mcg
Vitamin E (as d-alpha tocopherol succinate) (100 IU)	67 mg
Thiamin (Vitamin B1) (as thiamin mononitrate)	20 mg
Riboflavin (Vitamin B2) (as riboflavin, riboflavin-5'-phosphate)	20 mg
Niacin (as niacinamide and niacin)	60 mg NE
Vitamin B6 (as pyridoxal-5'-phosphate)	20 mg
Folate (as 200 mcg (6S)-5-methyltetrahydrofolic acid, glucosamine salt)***	340 mcg DFE
Vitamin B12 (as methylcobalamin)	600 mcg
Biotin	1,000 mcg
Pantothenic Acid (as d-calcium pantothenate)	200 mg
Choline (as choline bitartrate)	60 mg
Calcium (as di-calcium malate**, microcrystalline hydroxyapatite concentrate, calcium ascorbate, calcium bisglycinate chelate buffered*)	100 mg
Iron (as ferrous bisglycinate chelate)*	5 mg
Phosphorus (as pyridoxal-5'-phosphate, riboflavin-5'-phosphate)	10 mg
Iodine (as potassium iodide)	150 mcg
Magnesium (as di-magnesium malate, magnesium bisglycinate chelate buffered†, magnesium ascorbate)	200 mg
Zinc (as zinc glycinate chelate‡, zinc ascorbate)	15 mg

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Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

Selenium (as selenium chelate)	100 mcg
Manganese (as manganese glycinate chelate) [†]	0.5 mg
Chromium (as chromium nicotinate glycinate chelate) [†]	500 mcg
Molybdenum (as molybdenum glycinate chelate) [†]	50 mcg
Potassium (as potassium citrate, potassium ascorbate)	99 mg
Microcrystalline hydroxyapatite concentrate (MCHC)	130 mg
Inositol	60 mg
N-Acetyl L-Carnitine hydrochloride	50 mg
N-Acetyl L-Cysteine (NAC)	50 mg
L-Taurine	30 mg
Asian Ginseng (<i>Panax ginseng</i>) (root)	25 mg
Red Clover (<i>Trifolium pratense</i>) (flower)	25 mg
Cranberry (<i>Vaccinium macrocarpon</i>) (berry)	25 mg
Para-Aminobenzoic Acid (PABA)	20 mg
L-Lysine (hydrochloride)	20 mg
Rutin	16 mg
Chamomile (<i>Matricaria recutita</i> L.) (flower)	15 mg
Chaste (<i>Vitex agnus castus</i>) (berry) extract (4:1)	15 mg
Hesperidin	15 mg
Wild Yam (<i>Dioscorea villosa</i>) (root) extract	15 mg
Quercetin	12 mg
R-Alpha Lipoic Acid	10 mg
Lutein	75 mcg

Other Ingredients: Hydroxypropyl methylcellulose (vegetable capsule), magnesium oxide (buffering agent), magnesium stearate (vegetable), silica.

Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy.

Caution: Excess vitamin A intake may be toxic and may increase the risk of birth defects. Pregnant women and those who may become pregnant should not exceed 1,500 mcg RAE (5,000 IU) of pre-formed vitamin A (retinyl palmitate or retinyl acetate) per day. It is also recommended that children under four should not regularly consume more than 750 mcg RAE (2,500 IU) per day.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Storage: Keep tightly closed in a cool, dry place.



Key Benefits:

- Support for Healthy Bones*
- Support for Healthy Thyroid*
- Supports Healthy Hormone Balance*
- Antioxidant Support*
- Nutrients to Support a Stressful Lifestyle*
- Copper Free.

Sourced from non-GMO ingredients.



*Albion™, TRAACS™, **DimaCal™ and the Albion Gold Medallion design are trademarks of Balchem Corporation or its subsidiaries.



***Quatrefolic® is a registered trademark of Gnosis S.p.A., U.S. Patent No. 7,947,662.



ENHANCED ABSORPTION TECHNOLOGIES™

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Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

MultiMedica™ without Iron

Advanced Vitamin & Mineral Supplement without Iron or Copper*

MultiMedica™ without Iron is a comprehensive multiple vitamin, mineral and herbal supplement, with select amino acids.*

This foundation multiple formula, in easy-to-swallow vegetable capsules, delivers select nutrients to support the prostate, liver and adrenals along with broad-spectrum antioxidant support.* It also features patented Albion™ TRAACS™ amino acid chelates for optimal mineral absorption.*

Specifications:

- **Available in**
120 vegetable capsules
- **Serving Size** 4 capsules
- **Servings Per Container** 30

Directions:

Take four capsules once per day or as directed by your healthcare practitioner.

Amount Per Serving

Vitamin A (85% [8,500 IU] retinyl palmitate, 15% [1,500 IU] natural mixed carotenoids) (10,000 IU)	3,000 mcg RAE
Vitamin C (as potassium ascorbate, magnesium ascorbate, calcium ascorbate, zinc ascorbate)	250 mg
Vitamin D3 (as cholecalciferol) (400 IU)	10 mcg
Vitamin E (as d-alpha tocopherol succinate) (100 IU)	67 mg
Thiamin (Vitamin B1) (as thiamin mononitrate)	20 mg
Riboflavin (Vitamin B2) (as riboflavin, riboflavin-5'-phosphate)	20 mg
Niacin (as niacinamide and niacin)	60 mg NE
Vitamin B6 (as pyridoxal-5'-phosphate)	20 mg
Folate (as 200 mcg (6S)-5-methyltetrahydrofolic acid, glucosamine salt)***	340 mcg DFE
Vitamin B12 (as methylcobalamin)	600 mcg
Biotin	1,000 mcg
Pantothenic Acid (as d-calcium pantothenate)	200 mg
Choline (as choline bitartrate)	40 mg
Calcium (as di-calcium malate†, calcium bisglycinate chelate buffered†, calcium ascorbate)	100 mg
Phosphorus (as pyridoxal-5'-phosphate, riboflavin-5'-phosphate)	10 mg
Iodine (as potassium iodide)	100 mcg
Magnesium (as di-magnesium malate, magnesium bisglycinate chelate buffered†, magnesium ascorbate)	200 mg
Zinc (as zinc glycinate chelate†, zinc ascorbate)	15 mg
Selenium (as selenium chelate)	100 mcg
Manganese (as manganese glycinate chelate)†	0.5 mg
Chromium (as chromium nicotinate glycinate chelate)†	500 mcg



Multiplex Complete™

Multivitamin, Mineral & Superfood with Organic Aloe Vera

Multiplex Complete™ is a comprehensive liquid multivitamin and multi-mineral complex that contains super foods, herbs and aloe vera – with no additives. This formula is a great tasting, wild berry flavor, natural supplement.

Specifications:

- **Available in**
32 fl. oz. (946 mL)
- **Serving Size**
2 tablespoons (1 oz)
- **Servings Per Container** 32

Directions:

Take 2 tablespoons (1 oz) once per day or as directed by your healthcare practitioner. Shake well before using. This may be mixed with your favorite beverage.

Amount Per Serving

Calories	30
Sodium	23 mg
Total Carbohydrate	5 g
Dietary Fiber	1 g
Vitamin A (as retinyl palmitate)	900 mcg RAE
Vitamin C (as sodium ascorbate)	120 mg
Vitamin D (as cholecalciferol from lichen) (1,000 IU)	25 mcg
Vitamin E (as d-tocopherol acetate) (100% from non-GMO sunflower oil)	15 mg
Thiamin (Vitamin B1) (as thiamine hydrochloride USP)	3 mg
Riboflavin (Vitamin B2) (as riboflavin USP)	4 mg
Niacin (as niacinamide)	16 mg NE
Vitamin B6 (as pyridoxine HCL)	4 mg
Folate (from organic spinach)	400 mcg DFE
Vitamin B12 (as methylcobalamin and hydroxocobalamin)	400 mcg
Biotin	300 mcg
Pantothenic Acid (as d-calcium pantothenate)	10 mg
Choline (as choline bitartrate)	100 mg
Calcium (as mineralized red algae sea minerals) (<i>lithothamnium corallioides</i> / <i>lithothamnium calcareum</i>) (whole plant)	60 mg
Magnesium (from seawater extract)	30 mg
Zinc (as zinc bisglycinate chelate)**	6 mg
Manganese (as manganese bisglycinate chelate)**	1 mg
Chromium (as chromium polynicotinate)	60 mcg
Molybdenum (as sodium molybdate)	75 mcg
Organic Inulin (FOS prebiotic fiber) (Blue agave plant)	1 g
Organic Flax Seed Oil	50 mg
Boron (as boron glycinate chelate)	2 mg



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Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

Super Phyto Food Complex

5.2 g

Aloe Vera Juice (*Aloe barbadensis*) (inner leaf gel), Red algae extract (*Lithothamnium corallioides*/Lithothamnium calcareum) (whole plant), Grape seed extract (*Vitis vinifera*), Pomegranate extract (*Punica granatum*), Blueberry fruit extract (*Vaccinium corymbosum*), Chokeberry fruit extract (*Aronia arbutifolia*), Mangosteen Mericap extract (*Garcinia mangostana*), Cranberry fruit extract (*Vaccinium macrocarpon*), Goji berry fruit extract (*Lycium barbarum*), Apple extract (*Pyrus malus*), Bilberry fruit extract (*Vaccinium myrtillus*), Organic Wakame Sea Vegetation extract (*Undaria pinnatifida*), Green Coffee Extract, Broccoli Sprout Concentrate, Green Tea Extract, Onion Extract, Apple Extract, Acerola Extract, Camu Camu Concentrate, Quercetin, Tomato Concentrate, Broccoli Concentrate, Acai Concentrate, Turmeric Concentrate, Garlic Concentrate, Basil Concentrate, Oregano Concentrate, Cinnamon Concentrate, Elderberry Concentrate, Carrot Concentrate, Mangosteen Concentrate, Blackcurrant Extract, Blueberry Extract, Sweet Cherry Concentrate, Blackberry Concentrate, Chokeberry Concentrate, Raspberry Concentrate, Spinach Concentrate, Kale Concentrate, Bilberry Extract, Brussels Sprout Concentrate.

Youth and Energy Complex*

564 mg

Pure Organic Elderberry Juice Concentrate (*Sambucus nigra*), Maqui Berry Juice (*Aristotelia chilensis*), Trans-Resveratrol (from yeast fermentation), Blueberry Juice (*Vaccinium corymbosum*), Acai Berry Extract (*Euterpe oleracea*) (4:1), Maca Root Extract 10:1 (*lepidium meyenii*), Olive Leaf Extract.

Cardiovascular, Liver and Detox Blend*

250 mg

Trimethylglycine (TMG) (as Betaine anhydrous from sugar beets), Whole Grape Extract (*Vitis vinifera*) (seed, skin & pulp), Fenugreek Extract (10:1) (*Trigonella-foenum graecum*) (seed).

Golden Chlorella Amino Acid Blend

75 mg

L-Lysine, L-Phenylalanine, L-Tryptophan, L-Histidine, L-Threonine, L-Valine, L-Methionine, L-Arginine, L-Cysteine, L-Aspartic acid, L-Serine, L-Glycine, L-Alanine, L-Proline, L-Tyrosine, L-Leucine, L-Glutamic acid (*Chlorella protothecoides*).

Plant Derived Fulvic Trace Mineral Complex

70 mg

Red algae sea minerals (*lithothamnium corallioides*/lithothamnium calcareum) (whole plant), Fulvic Acid (as fulvic mineral complex).

Other Ingredients: Water (reverse osmosis), vegetable glycerin, natural flavor, certified organic stevia extract (*Stevia rebaudiana*), citric acid, fruit and vegetable juice (color), citrus extract, xanthan gum, quillaja bark extract, potassium sorbate (to preserve freshness), monk fruit extract.

Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy, artificial colors, sweeteners or preservatives.

Caution: Keep out of reach of children.

Attention: Due to the quantity of natural ingredients, color, flavor and consistency may vary per lot. Pregnant and nursing women or anyone currently using medication should consult a physician prior to use. Do not use if safety seal is damaged or missing.

Storage: Keep tightly closed in a cool, dry place. Avoid direct sunlight. Refrigerate after opening to preserve taste.



"TRAACS™ and the Albion Gold Medallion design are trademarks of Balchem Corporation or its subsidiaries.



*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

MyoMedica™

Natural Muscle Relaxation Support*

MyoMedica™ is a powerful nutritional supplement offering support for healthy muscle function.* The select ingredients in this formula support muscle health and flexibility as well as naturally promote muscle relaxation.* Valerian Root acts as a calming and relaxing agent.*

Passionflower provides a natural and gentle way to help the body relax and may also help promote restful sleep.* Vitamin B6 has been added for its remarkable ability to function as a coenzyme which acts in concert with enzymes to speed up chemical reactions in the cells.* It is also important for myelin formation (a fatty sheath that covers nerves).* Vitamin B6 is required by the body to produce serotonin and norepinephrine and thus may additionally promote relaxation.*

Specifications:

- Available in 60 tablets
- Serving Size 2 tablets
- Servings Per Container 30

Directions:

Take two tablets once per day or as directed by your healthcare practitioner.

Key Benefits:

- Synergistic Blend of Nutrients for Supporting Muscle Relaxation*
- Support for Healthy Muscle Function*
- Promotes Restful Sleep*
- Vitamin B6 Aids in Myelin Formation for Damaged Nerves*

Amount Per Serving

Vitamin B6 (as pyridoxine hydrochloride)	30 mg
Calcium (as calcium lactate)	50 mg
Magnesium (as magnesium citrate and magnesium oxide)	100 mg
Passionflower (<i>Passiflora incarnata</i>) (flower) extract (4:1; 4% flavones)	40 mg
Valerian (<i>Valeriana officinalis</i>) (root) extract	20 mg

Other Ingredients: Dicalcium phosphate, microcrystalline cellulose, croscarmellose sodium, stearic acid.

Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy.

Caution: Keep out of reach of children.

Storage: Keep tightly closed in a cool, dry place.



Valerian Root

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Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

Neuro Harmony™

Promotes Emotional Balance & Mental Well-Being*

Neuro Harmony™ is an advanced nervous system support formula that supports emotional balance and mental well-being.* This formula features a combination of nutrients that function to support neurotransmitters and the overall health of the nervous system.* 5-HTP and pyridoxal-5'-phosphate are included for their important role in serotonin synthesis.* 5-HTP may enhance endorphin levels and is a key precursor for the synthesis of several neurotransmitters responsible for a healthy emotional outlook.* Magnesium is important for vital cellular functions as it is involved in more than 300 enzymatic reactions.*

Amount Per Serving	
Vitamin B6 (as pyridoxal-5'-phosphate)	5 mg
Folate (as 200 mcg folate from 400 mcg (6S)-5-methyltetrahydrofolic acid, glucosamine salt)**	340 mcg DFE
Vitamin B12 (as methylcobalamin)	1,000 mcg
Magnesium (as magnesium lysinate glycinate chelate)†	5 mg
Gamma Aminobutyric Acid (GABA)	250 mg
5-Hydroxytryptophan (<i>Griffonia simplicifolia</i>) (seed) (5-HTP)	50 mg

Specifications:

- **Available in**
60 vegetable capsules
- **Serving Size** 1 capsule
- **Servings Per Container** 60

Directions:

Take one capsule 2 times per day or as directed by your healthcare practitioner.

Other Ingredients: Hydroxypropyl methylcellulose (vegetable capsule), l-leucine, bamboo silica.

Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy.

Caution: Keep out of reach of children.

Storage: Keep tightly closed in a cool, dry place.



*Albion™ and TRAACS™ are trademarks of Balchem Corporation or its subsidiaries.



**Quatrefolic® is a registered trademark of Gnosis S.p.A., Patent No. 7,947,662.



5-MTHF
QUATREFOLIC®



Albion
MINERALS



Suitable for
VEGETARIANS



Independently Tested
GLUTEN-FREE



Vegetable
CAPSULES



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Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

NeuroMethylation Cream™

Foundation Neuro-Immune Support Formula*

NeuroMethylation Cream™ contains five essential nutrients that support the methylation processes associated with neurological and immune system function.*

NeuroMethylation Cream™ is the foundation formula in NuMedica's Advanced Neuro-Immune Program. This topical cream supports immune health and normal neurotransmitter production and metabolism.* The 5-MTHF in this formula is also known as the "L" form of 5-MTHF since it is the reduced form of folate.

Directions:

Recommended Application
(for external use only):

Maintenance Application: 2 pumps daily (1 pump in the morning and 1 pump 2 hours prior to bedtime) on a hairless area or as directed by your healthcare practitioner. For children, the best area for application is on the back.

Advanced Application: 3 pumps daily (1 pump in the morning, 1 pump at midday, 1 pump 2 hours prior to bedtime).



**ENHANCED
ABSORPTION
TECHNOLOGIES™**



Specifications:

- **Available in** 1.8 oz. (51 g)
- **Serving Size** 1 Pump
- **Servings Per Container** 120

Amount Per Serving

5-MTHF (5-methyltetrahydrofolate), hydroxocobalamin, methylcobalamin, pyridoxal-5'-phosphate, natural vitamin D3

Other Ingredients: Water, Aloe (*Aloe vera barbadensis*) (leaf) juice, propanediol (all natural, petroleum-free), methylsulfonylmethane (MSM), cetyl alcohol, urea, octyl palmitate, triethanolamine, stearic acid (vegetable source), panthenol, PEG-8 stearate, glycerin, polysorbate 65, coconut (*Cocos nuciferas*), gardenia (*Gardenia tahitensis*) (flower) extract, sodium hyaluronate, natural vitamin E (d-tocopheryl), TEA-carbomer, orange (*Citrus aurantium dulcis*) (peel) oil, diazolidinyl urea, iodopropynyl butylcarbamate, grapefruit (*Citrus grandis*) (peel) oil, grapefruit (*Citrus grandis*) (peel) extract.

Caution: Do not apply to broken skin. If you have any known allergies, consult your healthcare practitioner before use. If you have any adverse reaction, discontinue use. Do not apply on the same area as other topicals. For children under the age of 3, please consult with your healthcare practitioner.

Storage: Keep away from light and heat. Do not store in direct sunlight or temperatures above 90°F. Do not freeze. Product is best when stored between 65°F and 80°F.

For external use only.



Unique delivery system
for easy application

NOVA Complete[®]

Nitric Oxide Vascular Assist



**Boosts Nitric Oxide Production &
Helps Relax Blood Vessels***

Better-than-arginine formula boosts nitric oxide production for enhanced circulation in men & women*

Now available in 2 Flavors:



Stevia Leaf



Scan to view formula handout



Monk Fruit



Scan to view formula handout



Jim Meyer, PharmD, MS, CCN

(Opinion Leader & Formulator of NOVA Complete®)



20 years of compounding experience & a masters degree in molecular biology.

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Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

NOVA Complete® Original

Nitric Oxide Vascular Assist*

A NuMedica® Registered Trademark Exclusive - Reg. #90693338

NOVA Complete® is designed to increase nitric oxide production in the body.* Instead of relying on L-arginine like most formulas, it features a superior combination of L-citrulline, select botanicals and key vitamins and minerals to boost nitric oxide, relax blood vessels and enhance circulation in men and women over 40.*

! Why Arginine Free?

L-Citrulline serves as an L-arginine precursor, but the body is constantly converting the two amino acids back and forth. There is a limit to how much arginine can circulate in the liver, but there's no such limit for citrulline. Because arginine breaks down quickly, citrulline provides a more long-lasting effect.*

Amount Per Serving

Vitamin C (from amla fruit extract) (<i>Phyllanthus emblica</i>)	200 mg
Magnesium (as magnesium bisglycinate chelate) [†]	50 mg
Zinc (as zinc bisglycinate)	10 mg
L-Citrulline	3,000 mg
Beet Root (<i>Beta vulgaris</i>) powder	500 mg
Green Coffee Bean (<i>Coffea arabica</i>) extract (standardized to contain 50% chlorogenic acid)	300 mg
Grape (<i>Vitis vinifera</i>) (seed) extract	200 mg
Hawthorn (<i>Crataegus pinnatifida</i>) (leaf) extract (standardized to contain 1.8% vitexins)	200 mg

Other Ingredients: Citric acid, stevia leaf extract, natural black cherry flavor.

Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy.

Caution: Keep out of reach of children.

Storage: Keep tightly closed in cool, dry place.



[†]Albion™ and TRAACS™ are trademarks of Balchem Corporation or its subsidiaries.



Key Benefits:

- L-Citrulline, a Better Way to Increase Systemic Arginine*
- Convenient Powder Form Allows for Higher Dosing*

Specifications:

- Available in 7.35 oz (208.6 g)
- Serving Size 1 scoop (6.95 g)
- Servings Per Container 30

Directions:

Mix 1 scoop (6.95 g) into 12 oz of water or juice. Increase or decrease water to taste. Take once per day or as directed by your healthcare practitioner.



NOVA Complete® Monk Fruit

Nitric Oxide Vascular Assist*

A NuMedica® Registered Trademark Exclusive - Reg. #90693338

NOVA Complete® is designed to increase nitric oxide production in the body.* Instead of relying on L-arginine like most formulas, it features a superior combination of L-citrulline, select botanicals and key vitamins and minerals to boost nitric oxide, relax blood vessels and enhance circulation in men and women over 40.*



Why Arginine Free?

L-Citrulline serves as an L-arginine precursor, but the body is constantly converting the two amino acids back and forth. There is a limit to how much arginine can circulate in the liver, but there's no such limit for citrulline. Because arginine breaks down quickly, citrulline provides a more long-lasting effect.*

Amount Per Serving

Vitamin C (from amla fruit extract) (<i>Phyllanthus emblica</i>)	200 mg
Magnesium (as magnesium bisglycinate chelate) [†]	50 mg
Zinc (as zinc bisglycinate)	10 mg
L-Citrulline	3,000 mg
Beet Root (<i>Beta vulgaris</i>) powder	500 mg
Green Coffee Bean (<i>Coffea arabica</i>) extract (standardized to contain 50% chlorogenic acid)	300 mg
Grape (<i>Vitis vinifera</i>) (seed) extract	200 mg
Hawthorn (<i>Crataegus pinnatifida</i>) (leaf) extract (standardized to contain 1.8% vitexins)	200 mg

Other Ingredients: Citric acid, natural flavors, monk fruit extract.

Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy.

Caution: Keep out of reach of children.

Storage: Keep tightly closed in cool, dry place.



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Key Benefits:

- L-Citrulline, a Better Way to Increase Systemic Arginine*
- Convenient Powder Form Allows for Higher Dosing*

Specifications:

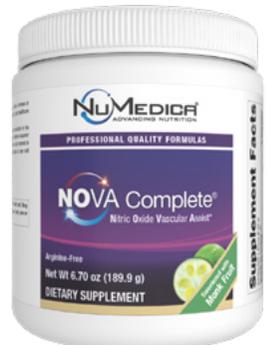
- Available in 6.70 oz (189.9 g)
- Serving Size 1 scoop (6.33 g)
- Servings Per Container 30

Directions:

Mix 1 scoop (6.33 g) into 6-8 oz of water or juice. Increase or decrease water to taste. Take once per day or as directed by your healthcare practitioner.



 Smooth Fruit Flavor



Suitable for
VEGETARIANS



Independently Tested
GLUTEN-FREE



Albion
MINERALS

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Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

Women's Health Formula*

NuFemina™

Supporting Healthy Estrogen
Levels for Premenstrual Comfort*



Developed by:
Jim Meyer
PHARM, MS, CCN

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Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

NuFemina™

Women's Health Formula*

NuFemina™ is a synergistic blend of ingredients designed to help support premenstrual health and well-being.* This formula helps support healthy estrogen metabolism in women.*

Amount Per Serving	
Calcium D-Glucarate	1,000 mg
Chasteberry (<i>Vitex agnus-castus</i>) extract (4:1)	225 mg
Diindolylmethane (DIM)	200 mg
Indole-3-Carbinol (I3C)	150 mg

Other Ingredients: Hydroxypropyl methylcellulose (vegetable capsule), microcrystalline cellulose, magnesium cellulose, magnesium stearate, silicon dioxide.

Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy.

Caution: If you are pregnant or nursing, consult your healthcare practitioner before use. Keep out of reach of children.

Storage: Keep tightly closed in a cool, dry place.

Specifications:

- Available in 90 vegetable capsules
- Serving Size 3 capsules
- Servings Per Container 30

Directions:

Take 3 capsules once per day or as directed by your healthcare practitioner.



Chasteberry
(*Vitex agnus-castus*)

Notes:



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Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

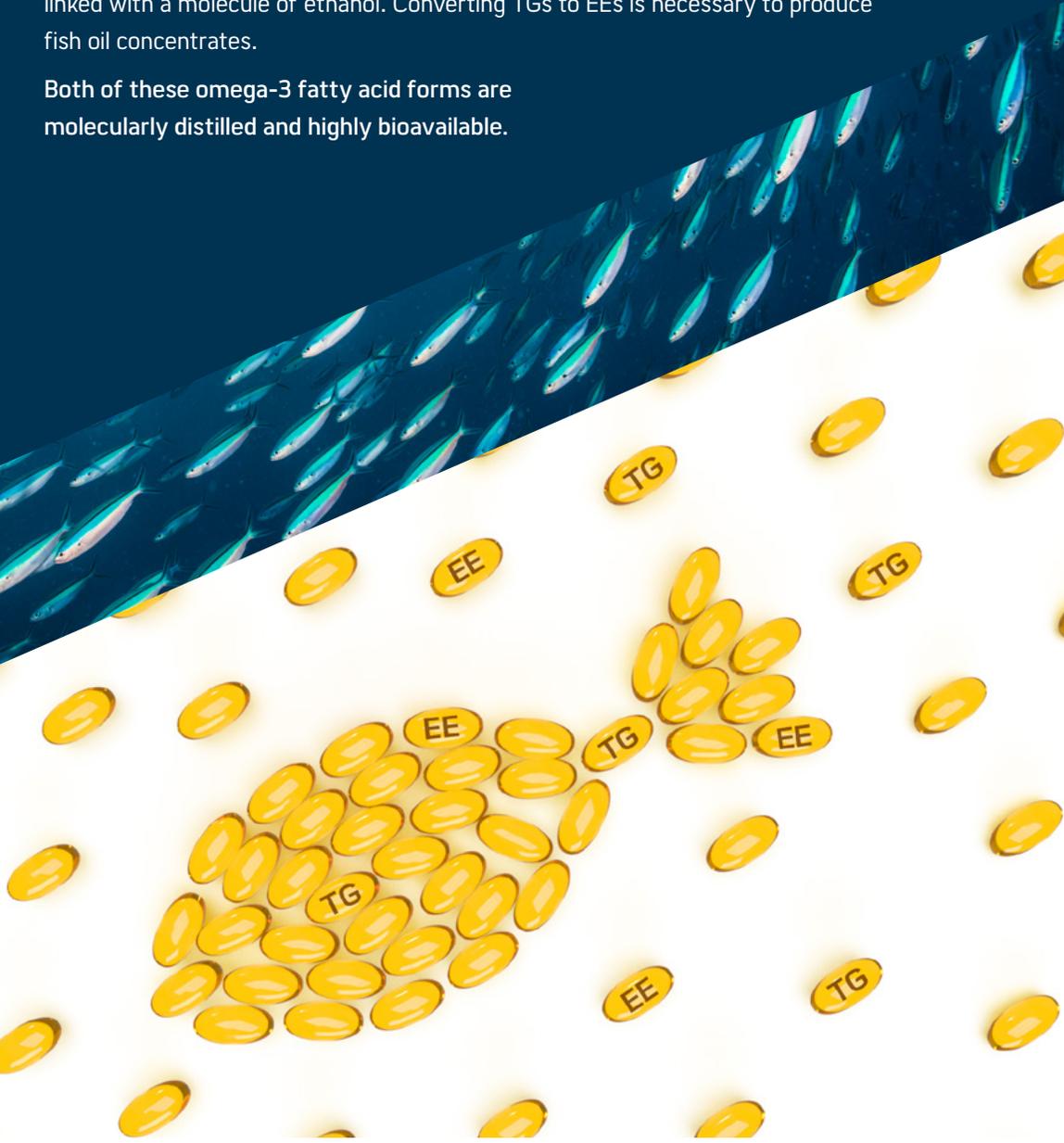
Know Your Omegas

Triglycerides (TG) & Ethyl Esters (EE)

Triglycerides (TG) are fatty acids that are bound to a molecule of glycerol for stability. The raw omega-3 fats present in all fish species are present as TGs.

Ethyl Esters (EE) are fatty acids that are cleaved from their glycerol backbone then linked with a molecule of ethanol. Converting TGs to EEs is necessary to produce fish oil concentrates.

Both of these omega-3 fatty acid forms are molecularly distilled and highly bioavailable.



Omega 600™ (EE)

EPA-DHA Essential Fatty Acids from Cold-Water Fish

Omega 600 provides 600 mg of ultra-pure, molecularly distilled, natural fish oil concentrate ethyl ester form sourced from fish caught in cold, deep sea waters. This formula is molecularly distilled and is independently verified to ensure potency and purity according to the highest worldwide standards. The purity assay process includes testing for PCBs, heavy metals and pesticides.

To assure freshness, the oil is stabilized with d-alpha tocopherols. EPA and DHA from fish oil promote cardiovascular health by supporting optimal triglyceride and cholesterol levels and reducing platelet aggregation.* Fish oil has also been shown to promote optimal joint function and overall brain and nervous system function.*

Amount Per Serving	
Calories	10
Total Fat	1 g
Polyunsaturated Fat	0.5 g
Protein	<1 g
Natural Marine Lipid Concentrate	1 g
EPA (eicosapentaenoic acid) (360 mg)	
DHA (docosahexaenoic acid) (240 mg)	

Other Ingredients: Gelatin (bovine), glycerin, purified water, natural d-alpha tocopherol.

Contains: Fish, soy.

Does Not Contain: Milk, eggs, shellfish, tree nuts, peanuts, wheat, artificial colors, sweeteners or preservatives.

Caution: Keep out of reach of children.

Storage: Keep tightly closed in a cool, dry place.

Natural d-alpha tocopherol from non-GMO soy.

Omega 600 is Proposition 65 compliant.

Omega 600™ omega-3 fatty acids are in the Ethyl Ester form

Notes:



Specifications:

- **Available in**
60 and 120 softgels
- **Serving Size** 1 softgel
- **Servings Per Container**
60 (small) or 120 (large)

Directions:

Take one softgel 1-3 times per day or as directed by your healthcare practitioner.



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Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

Omega 750 EC™ (EE)

Enteric Coated Essential Fatty Acids from Cold-Water Fish

Omega 750 EC™ provides an ultra-pure, molecularly distilled, natural marine lipid concentrate ethyl ester form sourced from fish caught in cold, deep sea waters. This formula is independently verified to ensure potency and purity according to the highest worldwide standards. The purity assay process includes testing for PCBs, heavy metals and pesticides. Also, to assure maximum freshness, the oil is stabilized with natural vitamin E (as d-alpha tocopherol).

EPA and DHA from fish oil promote cardiovascular health by supporting optimal triglyceride and cholesterol levels and reducing platelet aggregation.* Fish oil has also been shown to promote optimal joint function and overall brain and nervous system function.* For optimal compliance and absorption, it has been provided in a pleasant smelling enteric-coated softgel.*

Specifications:

- **Available in** 120 softgels
- **Serving Size** 1 softgel
- **Servings Per Container** 120

Directions:

Take one softgel 1-3 times per day or as directed by your healthcare practitioner.

Amount Per Serving

Calories	10
Total Fat	1 g
Saturated Fat	<0.5 g
Polyunsaturated Fat	1 g
Monounsaturated Fat	<0.5 g
Natural Marine Lipid Concentrate	1 g
EPA (eicosapentaenoic acid) (500 mg)	
DHA (docosahexaenoic acid) (250 mg)	

Other Ingredients: Gelatin (bovine), glycerin, purified water, enteric coating, vitamin E (as natural d-alpha tocopherol).

Contains: Fish, vitamin E from soy.

Does Not Contain: Milk, eggs, shellfish, tree nuts, peanuts, wheat, artificial flavors, colors or sweeteners.

Caution: Keep out of reach of children.

Storage: Keep tightly closed in a cool, dry place.

Sourced from non-GMO ingredients.

Omega 750 EC™ is Proposition 65 compliant.

Omega 750 EE™ omega-3 fatty acids are in the Ethyl Ester form.



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Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

Omega 950 EE™

Ethyl Ester Form – Essential Fatty Acids from Cold-Water Fish

Omega 950 EE™ provides an ultra-pure, molecularly distilled, natural marine lipid concentrate sourced from fish caught in cold, deep sea waters.

This formula is molecularly distilled and is independently verified to ensure potency and purity according to the highest worldwide standards. The purity assay process includes testing for PCBs, heavy metals and pesticides.

EPA and DHA from fish oil promote cardiovascular health by supporting optimal triglyceride and cholesterol levels and reducing platelet aggregation.* Fish oil has also been shown to promote optimal joint function and overall brain and nervous system function.*

Amount Per Serving	
Calories	15
Total Fat	1.5 g
Polyunsaturated Fat	1.5 g
Cholesterol	5 mg
Vitamin E (as d-alpha tocopherol) (10 IU)	6.7 mg
Natural Marine Lipid Concentrate	1.36 g
EPA (eicosapentaenoic acid) (625 mg)	
DHA (docosahexaenoic acid) (245 mg)	
Other Omega-3 Fatty Acids (82 mg)	

Other Ingredients: Gelatin (bovine), vegetable glycerin, purified water, mixed natural tocopherols.

Contains: Fish (anchovy, mackerel and sardine) ingredients.

Does Not Contain: Milk, eggs, shellfish, tree nuts, peanuts, wheat, soy, artificial colors, sweeteners or preservatives.

Caution: Keep out of reach of children.

Storage: Keep tightly closed in a cool, dry place.

Omega 950 EE™ omega-3 fatty acids are in the Ethyl Ester form.

Notes:



Specifications:

- **Available in**
60 and 120 softgels
- **Serving Size** 1 softgel
- **Servings Per Container** 60

Directions:

Take one softgel 1-3 times per day or as directed by your healthcare practitioner.



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Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

Omega 950 TG™

Triglyceride Form – Essential Fatty Acids from Cold-Water Fish

Omega 950™ provides an ultra-pure, molecularly distilled, natural marine lipid concentrate sourced from fish caught in cold, deep sea waters.

This formula is molecularly distilled and is independently verified to ensure potency and purity according to the highest worldwide standards. The purity assay process includes testing for PCBs, heavy metals and pesticides.

EPA and DHA from fish oil promote cardiovascular health by supporting optimal triglyceride and cholesterol levels and reducing platelet aggregation.* Fish oil has also been shown to promote optimal joint function and overall brain and nervous system function.*

Specifications:

- **Available in**
60 & 100 softgels
- **Serving Size** 1 softgel
- **Servings Per Container** 100

Directions:

Take one softgel 1–3 times per day or as directed by your healthcare practitioner.

Amount Per Serving

Calories	15
Total Fat	1.5 g
Polyunsaturated Fat	1.5 g
Cholesterol	5 mg
Natural Marine Lipid Concentrate	1.3 g
EPA (eicosapentaenoic acid) (430 mg)	
DHA (docosahexaenoic acid) (390 mg)	
Other Omega-3 Fatty Acids (130 mg)	

Other Ingredients: Gelatin (bovine), vegetable glycerin, purified water, lemon oil, vitamin E (mixed natural tocopherols), rosemary extract, ascorbyl palmitate.

Contains: Fish (anchovy, mackerel and sardine) ingredients.

Does Not Contain: Milk, eggs, shellfish, tree nuts, peanuts, wheat, soy, artificial colors, sweeteners or preservatives.

Caution: Keep out of reach of children.

Storage: Keep tightly closed in a cool, dry place.

Omega 950™ TG omega-3 fatty acids are in the triglyceride form.

Notes:



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Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

Omega 1700 TG™

Liquid EPA & DHA Fish Oil in Natural Lemon Flavor

Omega 1700 TG™ offers great tasting, toxin-free omega-3 fish oil. Over 7,000 scientific papers have been dedicated to exploring the numerous benefits of omega-3 fish oil. It is known to help rebuild cells and improve longevity.*

Key Benefits:

- Demonstrated Contribution to Brain Function, Memory and Mood*
- Support for Healthy Body Composition *
- Support for Bone Mineralization*
- Optimal Hormone Response*
- Healthy Blood Sugar Activity*
- Healthy Cellular Activity*
- Free of Toxins and Heavy Metals
- Great Tasting

Amount Per Serving

Calories	40
Total Fat	4 g
Saturated Fat	1 g
Polyunsaturated Fat	2 g
Monounsaturated Fat	1 g
Cholesterol	15 mg
Omega-3 Fatty Acids	1,400-1700 mg
EPA (eicosapentaenoic acid) (720 - 825 mg)	
DHA (docosahexaenoic acid) (480 - 550 mg)	
Other Omega-3 Fatty Acids (200 - 325 mg)	

Other Ingredients: Omega-3 fish oil (highly refined), natural lemon flavor, proprietary blend (rosemary extract, ascorbyl palmitate, natural tocopherols).

Contains: Fish (anchovy, mackerel, sardine).

Does Not Contain: Milk, eggs, shellfish, tree nuts, peanuts, wheat, soy, artificial colors, sweeteners or preservatives.

Caution: Keep out of reach of children.

Storage: Store in refrigerator after opening.

Omega 1700 TG™ omega-3 fatty acids are in the triglyceride form.

Specifications:

- Available in 17 fl. oz. (500 mL)
- Serving Size 1 teaspoon (5 mL)
- Servings Per Container 100

Directions:

Take one teaspoon 1-4 times per day or as directed by your healthcare practitioner.



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Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

Omega EFA Complex™

Omega 3, 6 & 9 Essential Fatty Acids

Omega EFA Complex™ is a balanced blend of essential fatty acids from flaxseed oil, borage seed oil and fish oil. It contains omega-3, omega-6 and omega-9 essential fatty acids to support healthy cardiovascular, nervous and immune system function.* Flaxseed oil is one of the richest dietary plant sources of alpha-linolenic acid (omega-3) and linoleic acid (omega-6) as well as oleic acid (omega-9).* Borage oil is a rich source of gamma-linolenic acid (GLA), and ultra-pure fish oil is a rich source of omega-3 fatty acids from cold-water fish.*

Specifications:

- Available in 60 softgels
- Serving Size 1 softgel
- Servings Per Container 60

Directions:

Take one softgel three times per day with meals or as directed by your healthcare practitioner.

Amount Per Serving

Calories	13
Total Fat	1.2 g
Protein	<1 g
Vitamin E (as d-alpha tocopherol) (5 IU)	3 mg
Organic Flaxseed Oil	400 mg
Alpha Linolenic Acid (ALA) (257 mg)	
Marine Lipid Concentrate	400 mg
Eicosapentaenoic Acid (EPA) (120 mg)	
Docosahexaenoic Acid (DHA) (80 mg)	
Borage Oil	400 mg
Gamma Linolenic Acid (GLA) (80 mg)	

Typical Fatty Acid Profile (example):

Omega-3 Fatty Acids	400 mg
Omega-6 Fatty Acids	240 mg
Omega-9 Fatty Acids	164 mg

Other Ingredients: Gelatin (bovine), glycerin, purified water, vitamin E (as d-alpha tocopherol).

Contains: Fish (anchovy, sardine), vitamin E derived from soy.

Does Not Contain: Milk, eggs, shellfish, tree nuts, peanuts, wheat, artificial sweeteners or preservatives.

Caution: Keep out of reach of children.

Storage: Keep tightly closed at room temperature.



*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.



Optimizing Nutrition Through Innovation

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Osteo V SC™

Essential Bone Health Support*

OsteoV SC™ is an all-natural strontium citrate supplement designed to be combined with the plant calcium, minerals and bone-supporting nutrients found in NuMedica's Osteo Vegan™ advanced bone support formula.* Strontium, a trace mineral found in seawater and soil, is a mineral with similar properties to calcium. Research has shown that strontium may play a role in the formation of osteoblasts, new bone-forming cells, while at the same time slowing the breakdown of old bone by inhibiting osteoclasts.*

NuMedica® has included in this formula the latest in Enhanced Absorption Technologies™, a proprietary blend of AstraGin® and BioPerine® for maximum effectiveness.* For best results, use with NuMedica's advanced bone support formula, Osteo Vegan™.*

Specifications:

- **Available in**
90 vegetable capsules
- **Serving Size** 3 capsules
- **Servings Per Container** 30

Directions:

Take three capsules once per day in the evening on an empty stomach or as directed by your healthcare practitioner.

Amount Per Serving

Strontium (as strontium citrate)	680 mg
Proprietary Blend*	25 mg
<i>Panax notoginseng</i> (root) extract	
<i>Astragalus</i> (<i>Astragalus membranaceus</i>) (root) extract	
Black pepper (<i>Piper nigrum</i>) (fruit) extract** (95% piperine)	2.5 mg

Other Ingredients: Hydroxypropyl methylcellulose (vegetable capsule), microcrystalline cellulose, magnesium stearate, silicon dioxide.

Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy.

Caution: Keep out of reach of children.

Storage: Keep tightly closed in a cool, dry place.



*AstraGin® is a registered trademark of NuLiv Science.



**BioPerine® is a GRAS affirmed & Non-GMO Project Verified ingredient. BioPerine® is a registered trademark of Sabinsa Corporation.



Suitable for
VEGETARIANS



Independently Tested
GLUTEN-FREE



Vegetable
CAPSULES

Osteo Vegan™

Advanced Vegan Bone Support*

Osteo Vegan™ is an advanced, professional quality, plant-sourced calcium and bone support formula exclusively available through healthcare professionals.*

The highly specialized plant calcium in Osteo Vegan™ is micronized to ensure optimal absorption by delivering the perfect particle size.*

Amount Per Serving

Vitamin C (as magnesium ascorbate, potassium ascorbate and calcium ascorbate blend)	30 mg
Vitamin D3 (as cholecalciferol) (plant-derived) (1,000 IU)	25 mcg
Vitamin K2 (as natural vitamin K2 as MK7)**	50 mcg
Folate (as 208 mcg folate from 386 mcg (6S)-5-methyltetrahydrofolic acid, glucosamine salt)*	354 mcg DFE
Vitamin B12 (as methylcobalamin)	50 mcg
Calcium (from <i>Algae calcareas</i> †)	400 mg
Phosphorus (as dicalcium phosphate)	100 mg
Magnesium (from di-magnesium malate, <i>Algae calcareas</i> †, magnesium lysinate glycinate chelate**)	200 mg
Proprietary Blend****	12.5 mg
<i>Panax notoginseng</i> (root) extract	
<i>Astragalus</i> (<i>Astragalus membranaceus</i>) (root) extract	
Silica (from bamboo (<i>Bambusa vulgaris</i>) (leaf;stem) powder extract)	7.5 mg
Boron (as bororganic glycine)	1.5 mg
Black pepper (<i>Piper nigrum</i>) (fruit) extract (95% piperine)***	1.25 mg

Other Ingredients: Hydroxypropyl methylcellulose (vegetable capsule), magnesium stearate.

Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy.

Caution: Keep out of reach of children.

Storage: Keep tightly closed in a cool, dry place.

*MatriCal™ Select is a proprietary blend of certified organic and GRAS marine algae wholefood complex (AlgaeCal®) with over 70 naturally occurring trace minerals and phytonutrients. MatriCal™ is a trademark of NuMedica® LLC.

**VitaMK7® is a registered trademark of Gnosis S.p.A.



Specifications:

- **Available in**
180 vegetable capsules
- **Serving Size** 3 capsules
- **Servings Per Container** 60

Directions:

Take three capsules with breakfast and three capsules with lunch or as directed by your healthcare practitioner.

***BioPerine® is a registered trademark of Sabinsa Corporation.

****AstraGin® is a registered trademark of NuLiv Science.



†Quatrefolic® is a registered trademark of Gnosis S.p.A., U.S. Patent No. 7,947,662.



**Albion™ and TRAACS™ are trademarks of Balchem Corporation or its subsidiaries.



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Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.



The Advanced Bone Support Program* – Clinically Proven to **Increase Bone Mineral Density up to 4.33%[†] per Year***

[†] Up to 4.33% per year / Results will vary / Best when combined with OsteoV SC™



Osteo Vegan™ Program contains two superior quality, plant-sourced calcium formulas to support optimal bone health in the body.* Each kit contains Osteo Vegan™ and Osteo V SC™ to synergistically support the body with calcium, folate, B-12 vitamins, and strontium citrate. Also included in the program are NuMedica's Enhanced Absorption Technologies including AstraGin® and BioPerine® to help the body absorb vitamins up to 50.4% more.*

Each Program Contains

Osteo Vegan™, 180c (vegetable capsules)	1
OsteoV SC™, 90c (vegetable capsules)	1
Program Guide	1

See the Program Guide for more information on serving sizes plus a bone loss questionnaire to help practitioners assess risk factors.



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Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.



OsteoVegan™ formula contains:



vitaMK7™ an all-natural, trans-K2 as MK7 to support osteocalcin, a calcium binding protein.



Quatrefolic® - the most biologically active form of folate to aid in the reduction of homocysteine levels.*

MatriCal™ Select

MatriCal™ Select is exclusively available for the formulation of professional nutraceuticals. It is a professional quality plant-sourced calcium and mineral whole food, hand selected to meet the strict standards that healthcare practitioners and physicians require.

MatriCal™ Select provides

400 mg
plant-sourced calcium
70+
naturally occurring minerals and phytonutrients

- The ONLY micronized whole food plant calcium available
- GRAS certified ingredients (Generally Recognized as Safe)
- Certified Organic Ingredients

Osteo V SC™ contains:

Sr **Strontium Citrate** - a trace mineral found in seawater and soil that contains similar properties to calcium.

Research has shown that strontium may play a role in the formation of osteoblasts or new bone forming cells while at the same time inhibiting osteoclasts to slow the breakdown of old bone.*

Both formulas contain:

AstraGin® and BioPerine® are added to increase vitamin absorption by up to 50.4%.*

Formulas in the Osteo Vegan™ Program feature:

- A whole food calcium with less potential for arterial plaque than non-food calcium sources.*
- All vegan, high quality ingredients, including the only vitamin D3 on the market sourced from plants*
- Patented Albion™ ingredients including magnesium chelate and di-magnesium malate*
- Vitamin C, silica, boron and phosphorus for bone support*



Scan this QR code to learn more about the program

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Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

OsteoMedica®

MCHC Bone Support*

A NuMedica® Registered Trademark Exclusive - Reg #85875235

OsteoMedica® provides MCHC (microcrystalline hydroxyapatite concentrate) from New Zealand open-range, pasture-fed cattle raised in pesticide-free environments. Cold-processing technology preserves the delicate organic factors that heat and solvents destroy. The MCHC in this formula is a full-spectrum, highly absorbable crystalline compound composed of calcium, phosphorus, organic factors, collagen (type 1) and an active protein matrix, along with its naturally occurring bone growth factors.* Thirty years of research has documented its benefit in optimal bone health.* OsteoMedica® also contains magnesium and vitamin D3 to provide a comprehensive bone support formula.* Vitamin D3 stimulates intestinal calcium absorption and helps regulate calcium and phosphorus homeostasis in the body.*

Specifications:

- **Available in**
120 vegetable capsules
- **Serving Size** 4 capsules
- **Servings Per Container** 30

Directions:

Take four capsules once per day or as directed by your healthcare practitioner.

Amount Per Serving

Vitamin D3 (as cholecalciferol) (400 IU)	10 mcg
Calcium (from microcrystalline hydroxyapatite concentrate and di-calcium malate [†])	800 mg
Phosphorus (from microcrystalline hydroxyapatite concentrate)	180 mg
Magnesium (from di-magnesium malate and magnesium citrate)	100 mg
Microcrystalline hydroxyapatite concentrate (MCHC)	2,000 mg

Other Ingredients: Hydroxypropyl methylcellulose (vegetable capsule), magnesium stearate, silicon dioxide.

Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy.

Caution: Keep out of reach of children.

Storage: Keep tightly closed in a cool, dry place.



[†]Albion™, ^{††}DimaCal™ and the Albion Gold Medallion design are trademarks of Balchem Corporation or its subsidiaries.



Independently Tested
GLUTEN-FREE



Vegetable
CAPSULES



Albion
MINERALS

Pan-V®

Vegetarian Digestive Enzymes

A NuMedica® Registered Trademark Exclusive, Reg. #88002509

Pan-V® provides a superior blend of natural plant enzymes active in a broad pH range to aid in food digestion.* Protease breaks down protein, amylase breaks down starch, lipase breaks down fat, cellulase breaks down fiber and lactase breaks down lactose (milk sugar).* Papain and bromelain are primarily protein digesting enzymes. Taken with meals, this formula helps replace naturally occurring enzymes that are destroyed in highly processed and cooked foods.*

Specifications:

- **Available in**
90 vegetable capsules
- **Serving Size** 1 capsule
- **Servings Per Container** 90

Directions:

Take one capsule 1-3 times per day with or after a meal or as directed by your healthcare practitioner.

Amount Per Serving

Proprietary Multi-Enzyme Blend	71 mg
Protease (12,500 HUT)	
Acid-Stable Protease (2,500 HUT)	
Amylase (2,500 DU)	
Lipase (750 FIP)	
Cellulase (500 CU)	
Lactase (200 ALU)	
Papain (from papaya) (6,000 FCCPU)	
Bromelain (from pineapple) (5,000 FCCPU)	

Other Ingredients: Microcrystalline cellulose, hydroxypropyl methylcellulose (vegetable capsule), l-leucine, bamboo silica.

Does Not Contain: Milk, eggs, fish, shellfish, peanuts, tree nuts, wheat, soy.

Caution: Keep out of reach of children.

Storage: Keep tightly closed in a cool, dry place.

Notes:



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Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

Parasidex®

Blended Herbal Support for Healthy Digestion*

A NuMedica® Registered Trademark Exclusive - Reg. #85913414

Parasidex® is a specially formulated, comprehensive blend of select herbs, herbal extracts and the proteolytic enzymes bromelain and peptidase. It is designed to provide herbal support for a healthy intestinal microbial environment and includes gentian root, an herbal bitter traditionally used to support digestion.*

Amount Per Serving	
Pumpkin (<i>Cucurbita pepo</i>) (seed) extract (4:1)	400 mg
Barberry (<i>Berberis vulgaris</i>) (root and bark)	300 mg
Wormwood (as sweet wormwood (<i>Artemisia annua</i>) (herb))	240 mg
Gentian (<i>Gentiana lutea</i>) (root)	150 mg
Oregon Grape (<i>Mahonia aquifolium</i>) (root) extract (4:1)	110 mg
Ginger (<i>Zingiber officinale</i>) (roots and rhizome) extract	75 mg
Goldenseal (<i>Hydrastis canadensis</i>) (root)	50 mg
Serratiopeptidase (100,000 U/g)	15 mg
Bromelain (<i>Ananas comosus</i>) (stem) (2,400 GDU/g)	12.5 mg

Other Ingredients: Hydroxypropyl methylcellulose (vegetable capsule), magnesium stearate.

Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy.

Caution: If pregnant or lactating, please consult with your healthcare practitioner before use. Keep out of reach of children.

Storage: Keep tightly closed in a cool, dry place. Keep away from direct sunlight.

Specifications:

- **Available in**
60 vegetable capsules
- **Serving Size** 2 capsules
- **Servings Per Container** 30

Directions:

Take two capsules twice per day between meals or as directed by your healthcare practitioner.



Ginger (*Zingiber officinale*)



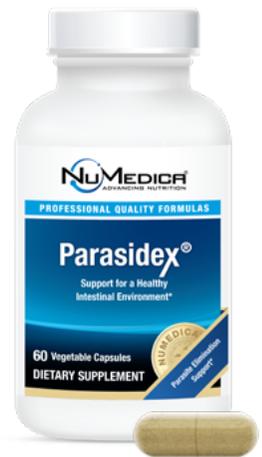
Suitable for
VEGETARIANS



Independently Tested
GLUTEN-FREE



Vegetable
CAPSULES



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Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

Pepcigen™

Aids Digestion & the Absorption of Vitamins & Minerals*

Pepcigen™ offers nutritional support to promote a healthy digestive tract.* It features the acidifying factors glutamic acid and betaine hydrochloride.* Additionally, this formula provides the proteolytic enzyme, pepsin, along with the herbal bitter, gentian root, which has been traditionally used to support healthy digestion.* Glutamic acid and betaine hydrochloride are necessary for the adequate absorption of protein, calcium, vitamin B12 and iron.* This formula provides optimal support for a well-functioning digestive system.*

Specifications:

- **Available in** 90 vegetable capsules
- **Serving Size** 1 capsule
- **Servings Per Container** 90

Directions:

Take one capsule after a meal or as directed by your healthcare practitioner.

Amount Per Serving

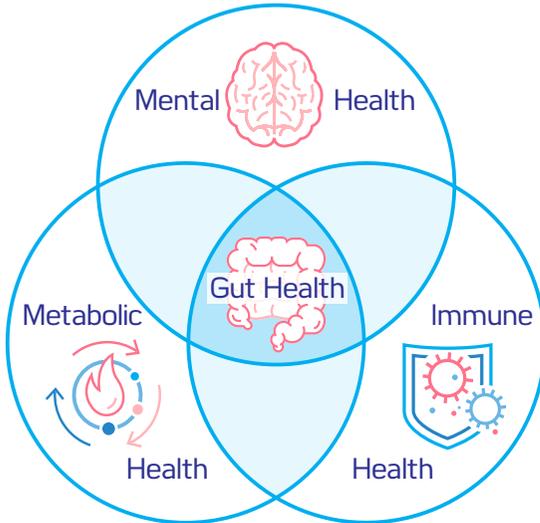
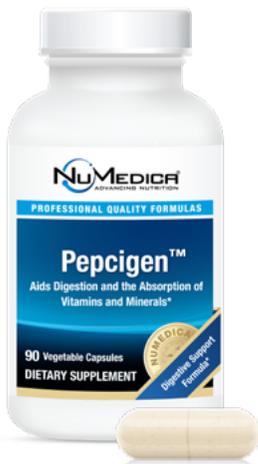
L-Glutamic Acid	350 mg
Betaine hydrochloride	300 mg
Pepsin (porcine)	100 mg
Gentian (<i>Gentiana lutea</i>) (root)	20 mg

Other Ingredients: Hydroxypropyl methylcellulose (vegetable capsule), microcrystalline cellulose, bamboo silica, L-leucine.

Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy.

Caution: Do not use if you have a history of a peptic/duodenal ulcer. Keep out of reach of children.

Storage: Keep tightly closed in a cool, dry place.



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Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

Power Fruits & Veggies® for Kids

Fruit & Greens Formula Featuring High ORAC

A NuMedica® Registered Trademark Exclusive - Reg. # 85626256

Key Benefits:

- Natural Vitamins, Minerals and Antioxidants
- Essential Fatty Acids (Omega 6 & 9) from Açai Berries
- Probiotics and Enzymes to Aid in Digestion*

Amount Per Serving

Calories	40
Total Fat	<1 g
Saturated Fat	<1 g
Sodium	20 mg
Total Carbohydrate	9 g
Dietary Fiber	1 g
Total Sugars	3 g
Protein	0.5 g

Enzymes & Probiotics

2,710 mg

Protease, amylase, lipase, cellulase, lactase, papain, *Lactobacillus acidophilus*, *Lactobacillus casei*, *Bifidobacterium breve*, *Bifidobacterium rhamnosus*, *fructooligosaccharides*.

Detox Blend*

2,000 mg

Bromelain (800 GDU/GM), turmeric (*Curcuma longa*) extract, milk thistle (*Silybum marianum*) (80% silymarin), prune (*Prunus domestica*) extract, aloe (*Aloe vera*) (leaf), ginger (*Zingiber officinale*) (root), apple (*Malus pumila*) pectin, oat beta glucan.

Antioxidant Blend*

1,970 mg

Açai (*Euterpe oleracea*), goji (*Lycium barbarum*), mangosteen (*Garcinia mangostana*), pomegranate (*Punica granatum*) extract, noni (*Morinda citrifolia*) (juice) extract, carrot (*Daucus carota*), quercetin, acerola cherry (*Malpighia glabra*) powder, non-alcoholic red wine extract, green tea extract, red grape (*Vitis vinifera*) (seed) extract, resveratrol (125% extract), citric acid, natural berry & cherry flavors.

Berry Antioxidant Blend*

1,670 mg

Black raspberry (*Rubus occidentalis*), red raspberry (*Rubus idaeus*), blackberry (*Rubus corchorifolius*), black cherry (*Prunus serotina*) extract, blueberry (*Vaccinium angustifolium*) (leaf) extract, cranberry (*Vaccinium macrocarpon*), bilberry (*Vaccinium myrtillus*) extract, strawberry (*Fragaria vesca*), wild blueberry (*Vaccinium angustifolium*) extract.

Fruit Antioxidant Blend*

1,650 mg

Plums (*Prunus domestica*), papaya (*Carica papaya*) (fruit), kiwi (*Actinidia deliciosa*), watermelon (*Citrullus lanatus*), radish (*Raphanus sativus*), purple cabbage (*Brassica oleracea capitata f. rubra*), beet (*Beta vulgaris*) (root) powder.

Specifications:

- Available in 10.58 oz. (300 g)
- Serving Size 1 Scoop (10 g)
- Servings Per Container 30

Directions:

Add one scoop (10 g) to 8 ounces of chilled water and stir. Take once per day or as directed by your healthcare practitioner. After opening, keep refrigerated for maximum freshness. To increase sweetness, use less water. To decrease sweetness, add more water.

Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy, artificial colors, sweeteners or preservatives.

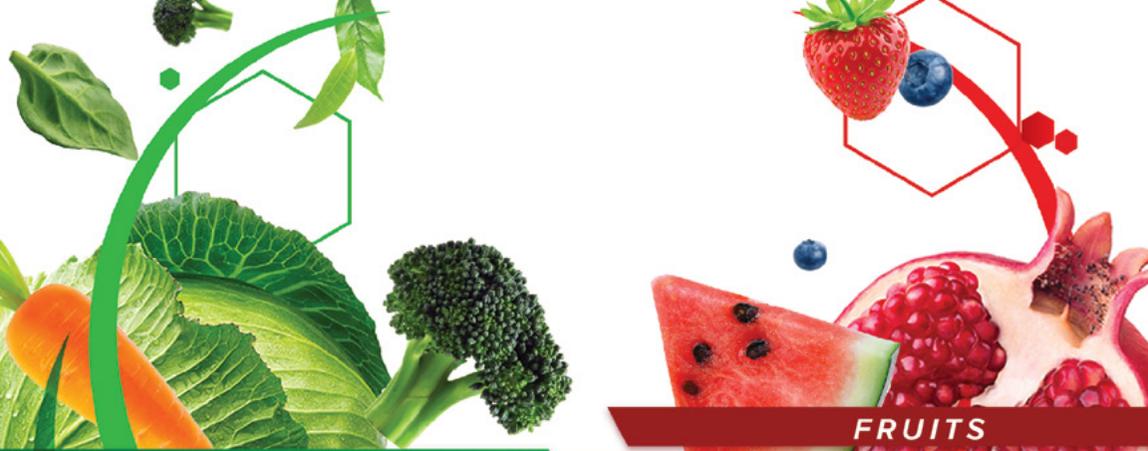
Caution: If pregnant, nursing or taking medication, consult your healthcare practitioner before use.

Storage: Keep refrigerated for maximum freshness after opening.



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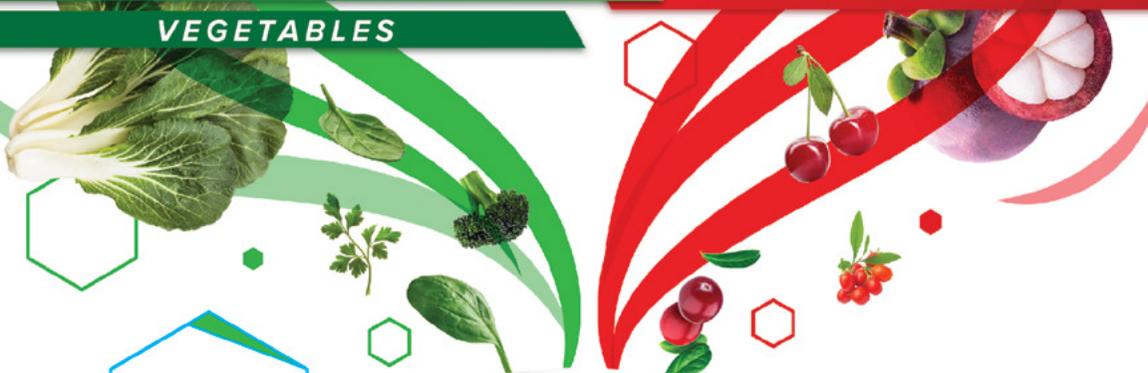
Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.



FRUITS

POWER GREENS + REDS™

VEGETABLES



POSITIVELY
DELICIOUS



Independently Tested
GLUTEN-FREE



NON-GMO
Sourced Ingredients



KIWI STRAWBERRY FLAVOR

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**ONE DRINK WITH
THE ANTIOXIDANT
POWER OF TWO**

**POWER
GREENS**
THE VEGGIES



GINGER
Zingiber officinale



CARROT
Daucus carota



CABBAGE
Brassica oleracea capitata f. rubra



CABBAGE PALM
Euterpe oleracea



KELP
Laminaria digitata



CHLORELLA
Chlorella vulgaris



SPINACH
Spinacea oleracea



PARSLEY
Petroselinum crispum



GREEN TEA
Camellia sinensis



TUMERIC
Curcuma longa



RADISH
Raphanus sativus



BROCCOLI
Brassica oleracea



COLLARDS
Brassica oleracea acephala



BEEET
Beta vulgaris



SPIRULINA
Spirulina platensis



**POWER
REDS**
THE FRUITS



APPLE
Malus pumila



CRANBERRY
Vaccinium macrocarpon



STRAWBERRY
Fragaria vesca



PLUM
Prunus domestica



BLACKBERRY
Rubus fruticosus



PAPAYA
Carica papaya



WATERMELON
Citrullus lanatus



POMEGRANATE
Punica granatum



GOJI
Lycium barbarum



BLUEBERRY
Vaccinium angustifolium



NONI
Morinda citrifolia



GRAPE
Vitis vinifera



CHERRY
Malpighia glabra
Prunus serotina



BILBERRY
Vaccinium myrtillus



RASPBERRY
Rubus idaeus



MANGOSTEEN
Garcinia mangostana



KIWI
Actinidia deliciosa



Power Greens + Reds™

A Great Tasting Drink Mix Featuring High ORAC & Mangosteen

Power Greens + Reds™ is an easy mixing, great tasting and energizing phytonutrient powder mix loaded with certified organic, whole food plant extracts.* It also supplies a super blend of completely natural vitamins, ionic trace minerals, enzymes, antioxidants, phytonutrients and symbiotic intestinal flora for energy, metabolism, digestion, detoxification, revitalization and longevity support.*

Each scoop of Power Greens + Reds™ has a high ORAC value, providing powerful antioxidant support. ORAC (Oxygen Radical Absorbance Capacity) is a method of measuring antioxidant capacities of different foods. Consuming foods with high antioxidant capacity is believed to play an important role in the elimination of free radicals and in the achievement of physiological balance.*

Specifications:

- Available in 10.58 oz. (300 g)
- Serving Size 1 scoop (10 g)
- Servings Per Container 30

Amount Per Serving

Calories	40
Total Carbohydrate	9 g
Dietary Fiber	<1 g
Total Sugars	3 g
Vitamin C (ascorbic acid)	100 mg
Iron	0.47 mg
Sodium	25 mg

Proprietary Digestive Support Complex Blend* 4.04 g

Fructooligosaccharides, Whole Oat Bran certified organic powder, Apple (*Malus pumila*) (fruit) powder, Aloe vera (leaf) powder, Ginger (*Zingiber officinale*) (root) powder, Protease complex, Amylase complex, Lipase complex, Cellulase complex, Lactase complex, Papain complex.

Proprietary Fruit & Vegetable Blend 3.92 g

Carrot (*Daucus carota*) (root) powder, Cranberry (*Vaccinium macrocarpon*) (fruit) powder, Beet (*Beta vulgaris*) (root) powder, *Rubus occidentalis* (Black Raspberry) (fruit) powder, Strawberry (*Fragaria vesca*) (fruit) powder, Plum (*Prunus domestica*) (fruit) powder, Red Raspberry (*Rubus idaeus*) (fruit) extract, Blackberry (*Rubus fruticosus*) (fruit) powder, Papaya (*Carica papaya*) (fruit) powder, Radish (*Raphanus sativus*) (root) powder, *Actinidia deliciosa* (Kiwi) (fruit) powder, Watermelon (*Citrullus lanatus*) (fruit) powder, Cabbage (*Brassica oleracea capitata f. rubra*) (leaf) powder, Cabbage Palm (*Euterpe oleracea*) (berry) certified organic powder, Pomegranate (*Punica granatum*) (fruit) certified organic powder, Raspberry (*Rubus idaeus*) (fruit) certified organic powder, Bilberry (*Vaccinium myrtillus*) (fruit) certified organic powder,



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Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

Goji (*Lycium barbarum*) (berry) powder, Mangosteen (*Garcinia mangostana*) (fruit) powder, Noni (*Morinda citrifolia*) (fruit) powder, Wild Blueberry (*Vaccinium angustifolium*) (fruit) certified organic powder, Collards (*Brassica oleracea acephala*) (leaf) powder, Kelp (*Laminaria digitata*) powder, Chlorella (*Chlorella vulgaris*) cracked cell wall powder, Spirulina (*Spirulina platensis*) powder, Spinach (*Spinacea oleracea*) (leaf) powder, Parsley (*Petroselinum crispum*) (leaf) powder, Broccoli (*Brassica oleracea*) (head) powder.

Proprietary Antioxidant Blend*

1.03 g

Japanese Knotweed (*Polygonum cuspidatum*) (root) extract, Green Tea (leaf) extract, Quercetin Dihydrate, Pomegranate (*Punica granatum*) (fruit) extract, Acerola Cherry (*Malpighia glabra*) powder, Grape (*Vitis vinifera*) (red wine) (fruit) extract, Grape (*Vitis vinifera*) (seed) extract, Blueberry (*Vaccinium angustifolium*) (leaf) extract, Bilberry (*Vaccinium myrtillus*) (fruit) extract, Milk Thistle (*Silybum marianum*) (seed) extract, Bromelain complex, Turmeric (*Curcuma longa*) (root) extract, Dried Plum (*Prunus domestica*) (fruit) extract, Black Cherry (*Prunus serotina*) (fruit) extract.

Probiotic Bacteria Blend

100 mg

Lactobacillus acidophilus complex, *Lactobacillus casei* complex, *Bifidobacterium breve* complex, *Lactobacillus rhamnosus* complex.

Other Ingredients: Natural flavor, citric acid, *rebaudioside A* (from stevia leaf extract).

Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy or artificial colors.

Caution: If pregnant, nursing or taking medication, consult your healthcare practitioner before use. Keep out of reach of children.

Storage: Keep tightly closed in a cool, dry place.

Sourced from non-GMO ingredients.

Add Water & Enjoy

A Great Tasting Drink with a Full-Spectrum Blend of High ORAC

What is ORAC?

ORAC is short for Oxygen Radical Absorbance Capacity: a lab analysis that measures the antioxidant power of foods.



Key Benefits:

- Powerful Antioxidant Benefits*
- Immune Function Support*
- Balanced Super Food Blend*
- No Added Sugar
- Enzymes, Probiotics & Fiber for Digestion*
- No Stimulants or Caffeine
- Detoxification Support*
- pH Balance Support*

Directions:

Add one scoop (10 grams) to 8 ounces of chilled water and stir. Take once per day or as directed by your healthcare practitioner. After opening, keep refrigerated for maximum freshness. To increase sweetness, use less water. To decrease sweetness, add more water.



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Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

Power Greens® Berry

Greens Formula Featuring High ORAC & Mangosteen

A NuMedica® Registered Trademarked Exclusive , Reg. # 85626265

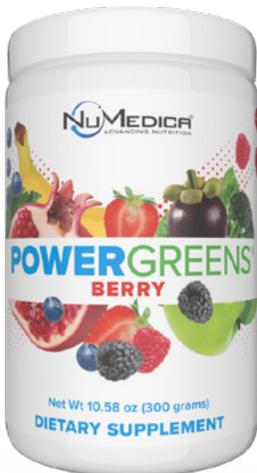
Power Greens® Berry is an easy mixing, great tasting and energizing phytonutrient powder mix loaded with certified organic, whole food plant extracts.* It also supplies a super blend of completely natural vitamins, ionic trace minerals, enzymes, antioxidants, phytonutrients and symbiotic intestinal flora for energy, metabolism, digestion, detoxification, revitalization and longevity support.*

Each scoop of Power Greens® Berry has a high ORAC value, providing powerful antioxidant support. ORAC (Oxygen Radical Absorbance Capacity) is a method of measuring antioxidant capacities of different foods. Consuming foods with high antioxidant capacity is believed to play an important role in the elimination of free radicals and in the achievement of physiological balance.*

Specifications:

- Available in 10.58 oz. (300 g)
- Serving Size 1 Scoop (10 g)
- Servings Per Container 30

Amount Per Serving	
Calories	45
Total Fat	1 g
Total Carbohydrate	6 g
Dietary Fiber	1 g
Total Sugars	2 g
Protein	2 g
Vitamin C (ascorbic acid)	90 mg
Iron	2.9 mg
Sodium	25 mg
Fiber & Digestive Support Blend*	3.58 g
Whole Oat Bran certified organic, Soy Lecithin (non-GMO, certified organic), Apple (<i>Malus pumila</i>) (fruit) powder, Barley (sprouted seeds), Cassia (<i>Cinnamomum aromaticum</i>) (bark) certified organic powder, Bromelain complex, Papain complex, Protease complex, Amylase complex, Lipase complex, Cellulase complex, Lactase complex, Licorice (<i>Glycyrrhiza glabra</i>) (root) extract.	
Antioxidant Blend*	1.81 g
Barley (<i>Hordeum vulgare</i>) (grass) certified organic powder, Spirulina (<i>Spirulina platensis</i>) certified organic, Chlorella (<i>Chlorella vulgaris</i>) (cracked cell wall) powder, Ionic Trace Minerals with Alfalfa.	



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Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

Vegetable Blend

1.8 g

Carrot (*Daucus carota*) (root) certified organic powder, Broccoli (*Brassica oleracea var. italica*) (herb) certified organic powder, Cauliflower (*Brassica oleracea var. botrytis*) certified organic powder, Spinach (*Spinacia oleracea*) (leaf) certified organic powder, Parsley (*Petroselinum crispum*) (herb) certified organic powder.

Proprietary Antioxidant Blend*

1.6 g

Pomegranate (*Punica granatum*) (fruit) extract, Strawberry (*Fragaria vesca*) (fruit) powder, Raspberry (*Rubus idaeus*) (fruit) powder, Grape (*Vitis vinifera*) (fruit) (red wine) extract, Quercetin Dihydrate, Green Tea (leaf) extract, Japanese Knotweed (*Polygonum cuspidatum*) (root) extract, Milk Thistle (*Silybum marianum*) (seed) extract, AloeVera (leaf) certified organic powder, Turmeric (*Curcuma longa*) (rhizome) extract, Blueberry (*Vaccinium angustifolium*) (leaf) extract, Acerola Cherry (*Malpighia glabra*) (fruit) powder, Grape (*Vitis vinifera*) (seed) extract, Beet (*Beta vulgaris*) (root) certified organic powder, Noni (*Morinda citrifolia*) (fruit) powder, Lycium (*Lycium barbarum*) (fruit) powder, Mangosteen (*Garcinia mangostana*) (fruit) powder, Cabbage Palm (*Euterpe oleracea*) (fruit) powder, Kelp (*Laminaria digitata*) certified organic powder, *Vitis labrusca* (Concord Grape) (fruit) powder.

Proprietary Fruit & Vegetable Oxi Blend

180 mg

Green Tea (*Camellia sinensis*) (leaf) extract, Quercetin (from *Japanese sophora*) (flower) extract, Tomato (*Lycopersicon esculentum*) (fruit), Spinach (*Spinacia oleracea*) (leaf), Resveratrol (from Japanese Knotweed (*Polygonum cuspidatum*) (root) extract), Collards (*Brassica oleracea var. acephala*) (Kale) (leaf), Carrot (*Daucus carota ssp. sativus*) (root), Broccoli (*Brassica oleracea var. italica*) (whole head), Pomegranate (*Punica granatum*) (arils), Cranberry (*Vaccinium macrocarpon*) (fruit), Blueberry (*Vaccinium corymbosum*) (fruit) extract, Strawberry (*Fragaria ananassa*) (fruit), Raspberry (*Rubus idaeus*) (fruit), Blueberry (*Vaccinium corymbosum*) (fruit), Natural Blueberry Flavor.

Probiotic Blend

180 mg

Lactobacillus acidophilus complex, *Bifidobacterium longum* complex, *Lactobacillus casei* complex, *Lactobacillus rhamnosus* complex.

Other Ingredients: Natural flavor, *rebaudioside A* (from stevia leaf extract), citric acid.

Contains: Soy.

Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, artificial colors or sweeteners.

Caution: If pregnant, nursing or taking medication, consult your healthcare practitioner before use. Keep out of reach of children.

Storage: Keep tightly closed in a cool, dry place.

Sourced from non-GMO ingredients.

Key Benefits:

- Powerful Antioxidant Benefits*
- Immune Function Support*
- Balanced Super Food Blend*
- No Added Sugar
- Enzymes, Probiotics & Fiber for Digestion*
- No Stimulants or Caffeine
- Detoxification Support*
- pH Balance Support*

Directions:

Add one scoop (10 grams) to 8 ounces of chilled water and stir. Take once per day or as directed by your healthcare practitioner. After opening, keep refrigerated for maximum freshness. To increase sweetness, use less water. To decrease sweetness, add more water.



*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

Power Greens® Chocolate

Greens Formula Featuring High ORAC & Mangosteen

A NuMedica® Registered Trademarked Exclusive - Reg. # 85626265

Power Greens® Chocolate is an easy mixing, great tasting and energizing phytonutrient powder mix loaded with certified organic, whole food plant extracts.* It also supplies a super blend of completely natural vitamins, ionic trace minerals, enzymes, antioxidants, phytonutrients and symbiotic intestinal flora for energy, metabolism, digestion, detoxification, revitalization and longevity support.*

Each scoop of Power Greens® Chocolate has a high ORAC value, providing powerful antioxidant support. ORAC (Oxygen Radical Absorbance Capacity) is a method of measuring antioxidant capacities of different foods. Consuming foods with high antioxidant capacity is believed to play an important role in the elimination of free radicals and in the achievement of physiological balance.*

Specifications:

- Available in 10.58 oz. (300 g)
- Serving Size 1 scoop (10 g)
- Servings Per Container 30

Amount Per Serving

Calories	40
Total Fat	1 g
Total Carbohydrate	6 g
Dietary Fiber	2 g
Protein	2 g
Iron	1.4 mg
Sodium	5 mg

Proprietary Antioxidant Blend* 6.52 g
 Chocolate (Cocoa) (bean) powder (processed with alkali), Pomegranate (*Punica granatum*) (fruit) powder, Grape (*Vitis vinifera*) (fruit) red wine, Quercetin Dihydrate, Green Tea (leaf) extract, Japanese Knotweed (*Polygonum cuspidatum*) (root) extract, Milk Thistle (*Silybum marianum*) (seed) extract, Turmeric (*Curcuma longa*) (rhizome) extract, Blueberry (*Vaccinium angustifolium*) (leaf) extract, Aloe Vera (leaf) certified organic powder, Acerola (*Malpighia glabra*) (fruit) powder, Grape (*Vitis vinifera*) (seed) extract, Beet (*Beta vulgaris*) (root) certified organic powder, Lycium (*Lycium barbarum*) (fruit) powder, Cabbage Palm (*Euterpe oleracea*) (fruit) powder, Noni (*Morinda citrifolia*) (fruit) powder, Mangosteen (*Garcinia mangostana*) (fruit) powder, Kelp (*Laminaria digitata*) certified organic powder, *Vitis labrusca* (fruit) powder.

Proprietary Antioxidant Blend* 1.45 g
 Spirulina (*Spirulina maxima*) certified organic, Carrot (*Daucus carota*) (root) certified organic powder, Broccoli (*Brassica oleracea*) (head) certified organic powder, Cauliflower (*Brassica oleracea*) (bulb) certified organic powder, Spinach (*Spinacia oleracea*)



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(leaf) certified organic powder, Parsley (*Petroselinum crispum*)
(leaf) certified organic powder, Chlorella (*Chlorella vulgaris*)
(cracked cell wall) powder, Ionic Trace Minerals with Alfalfa.

Proprietary Digestive & Fiber Blend* 1 g

Soy Lecithin (non-GMO), Cassia (*Cinnamomum aromaticum*)
(bark) certified organic powder, Apple (*Malus domestica*)
(fruit) powder, Licorice (*Glycyrrhiza glabra*) (root) extract.

Proprietary Fruit & Vegetable Oxiblend 96.49 mg

Green Tea (leaf) extract, Quercetin (from *Japanese sophora*)
(flower) extract, Tomato (*Lycopersicon esculentum*) (fruit), Spinach
(*Spinacia oleracea*) (leaf), Resveratrol (from Japanese Knotweed
(*Polygonum cuspidatum*) (root) extract), Collards (*Brassica oleracea*
var. acephala) (Kale) (leaf), Carrot (*Daucus carota sativus*) (root),
Broccoli (*Brassica oleracea var. italica*) (whole head), Pomegranate
(*Punica granatum*) (arils), Cranberry (*Vaccinium macrocarpon*) (fruit),
Blueberry (*Vaccinium corymbosum*) (fruit) extract, Strawberry
(*Fragaria ananassa*) (fruit), Raspberry (*Rubus idaeus*) (fruit), Blueberry
(*Vaccinium corymbosum*) (fruit), Natural Blueberry Flavor.

Dairy Free Probiotic Blend 96.49 mg

Lactobacillus acidophilus complex, *Bifidobacterium longum* complex,
Lactobacillus casei complex, *Lactobacillus rhamnosus* complex.

Plant Enzymes Blend 94.78 mg

Bromelain complex, Papain complex, Protease complex, Amylase
complex, Lipase complex, Cellulase complex, Lactase complex.

Other Ingredients: Natural flavors, *rebaudioside A*
(from stevia leaf extract), xanthan gum.

Contains: Soy.

Does Not Contain: Milk, eggs, fish, shellfish, tree nuts,
peanuts, wheat, artificial colors or sweeteners

Caution: If pregnant, nursing or taking medication, consult your
healthcare practitioner before use. Keep out of reach of children.

Storage: Keep tightly closed in a cool, dry place.

Sourced from non-GMO ingredients.

Notes:

Key Benefits:

- Powerful Antioxidant Benefits*
- Immune Function Support*
- Balanced Super Food Blend*
- No Added Sugar
- Enzymes, Probiotics & Fiber for Digestion*
- No Stimulants or Caffeine
- Detoxification Support*
- pH Balance Support*

Directions:

Add one scoop (10 grams) to
8 ounces of chilled water and
stir. Take once per day or as
directed by your healthcare
practitioner. After opening,
keep refrigerated for maximum
freshness. To increase sweetness,
use less water. To decrease
sweetness, add more water.



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Power Greens® Espresso

Greens Formula Featuring High ORAC & Mangosteen

A NuMedica® Registered Trademark Exclusive , Reg. # 85626265

Power Greens® Espresso is an easy mixing, great tasting and energizing “phyto-nutrient” powder mix loaded with certified organic, whole food plant extracts.* It also supplies a super blend of completely natural vitamins, ionic trace minerals, enzymes, antioxidants, phytonutrients and symbiotic intestinal flora for energy, metabolism, digestion, detoxification, revitalization and longevity.*

Each scoop of Power Greens® Espresso has a high ORAC value, providing powerful antioxidant support. ORAC (Oxygen Radical Absorbance Capacity) is a method of measuring antioxidant capacities of different foods. Consuming foods with high antioxidant capacity is believed to play an important role in the elimination of free radicals and in the achievement of physiological balance.*

Specifications:

- Available in 10.58 oz. (300 g)
- Serving Size 1 Scoop (10 g)
- Servings Per Container 30

Amount Per Serving

Calories	40
Total Fat	1 g
Total Carbohydrate	6 g
Dietary Fiber	2 g
Total Sugars	<1 g
Protein	1 g
Calcium	29 mg
Iron	4.5 mg
Sodium	20 mg
Potassium	199 mg

Antioxidant Blend*

3.42 g

Chocolate Bean (Cocoa) powder (processed with alkali), Carrot (*Daucus carota*) (root) certified organic powder, Spirulina (*Spirulina maxima*) certified organic powder, Kelp (*Laminaria setchellii*) certified organic powder, Aloe Vera (leaf) certified organic powder, Cassia (*Cinnamomum aromaticum*) (bark) certified organic powder, Broccoli (*Brassica oleracea*) (head) certified organic powder, Cauliflower (*Brassica oleracea*) certified organic powder, Spinach (*Spinacea oleracea*) (leaf) certified organic powder, Parsley (*Petroselinum crispum*) (leaf) certified organic powder, Prickly Pear (*Opuntiaficus -indica*) (leaf) powder, Kale (*Brassica oleracea*) (leaf) certified organic powder, Cabbage (*Brassica oleracea*) (leaf) certified organic powder, Blue Green Algae certified organic powder, Maca (*Lepidium meyenii*) (root) certified organic powder, Green Tea (leaf) certified organic powder, Ginkgo (*Ginkgo biloba*) (leaf) powder, Kamut (*Triticum polonicum*) certified organic powder, Hydrilla (*Hydrilla verticillata*) powder, Rockweed (*Ascophyllum nodosum*) powder, Acerola Cherry (*Malpighia glabra*) (fruit) powder, Milk Thistle (*Silybum marianum*) (seed) extract, Chlorella (Chlorella powder), Milk Thistle (*Silybum marianum*) (seed) extract, Chlorella (*Chlorella*



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Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

vulgaris) (cracked cell wall) powder, Pomegranate (*Punica granatum*) (fruit) powder, Quercetin Dihydrate, Turmeric (*Curcuma longa*) (rhizome) extract, Japanese Knotweed (*Polygonum cuspidatum*) (root) extract, Grape (*Vitis vinifera*) (fruit) extract, Chia (*Salvia columbariae*) (seed) powder, Brown Rice Bran, Bee Pollen powder, Royal Jelly powder, *Policosanol*, *Lycopene*.

Berry & Herbal Blend 1.88 g

Strawberry (*Fragaria vesca*) (fruit) certified organic powder, Banana (*Musa paradisiaca*) (fruit) certified organic powder, Apple (*Malus pumila*) (fruit) certified organic powder, Cabbage Palm (*Euterpe oleracea*) (fruit) powder, *Rubus occidentalis* (fruit) certified organic powder, Blackberry (*Rubus fruticosus*) (fruit) certified organic powder, Blueberry (*Vaccinium angustifolium*) (fruit) certified organic powder, Melon (*Cucumis melo reticulatus*) (fruit) certified organic powder, European Elder (*Sambucus nigra*) (fruit) certified organic powder, Lycium (*Lycium barbarum*) (fruit) certified organic powder, Grape (*Vitis vinifera*) (fruit) certified organic powder, Actinidia deliciosa (fruit) certified organic powder, Lemon (*Citrus x limon*) (fruit) certified organic powder, Noni (*Morinda citrifolia*) (fruit) powder, Pomegranate (*Punica granatum*) (fruit) certified organic powder, Apricot (*Prunus armeniaca*) (fruit) powder, Mango (*Mangifera indica*) (fruit) powder, Mangosteen (*Garcinia mangostana*) (fruit) powder, Maqui (*Aristotelia chilensis*) (fruit) powder, Orange (*Citrus sinensis*) (fruit) powder, Papaya (*Carica papaya*) (fruit) powder, *Pyrus communis* (Pear) (fruit) powder, Pineapple (*Ananas comosus*) (fruit) powder, Plum (*Prunus domestica*) (fruit) powder, Cabbage (*Brassica oleracea capitata rubra*) (leaf) powder, *Raphanus sativus var. niger* (root) powder, Beet (*Beta vulgaris*) (root) powder, Raspberry (*Rubus idaeus*) (fruit) extract, Watermelon (*Citrullus lanatus*) (fruit) powder.

Fiber & Digestive Blend* 1.02 g

Whole Oat Bran certified organic, Soy Lecithin (non-GMO, certified organic) powder, Flax Seed certified organic powder, Fructooligosaccharides (FOS), Bromelain complex, Papain complex, Protease complex, Amylase complex, Lipase complex, Cellulase complex, Lactase complex.

Proprietary Fruit & Vegetable Oxi Blend 142.26 mg

Green Tea (*Camellia sinensis*) (leaf) extract, Quercetin (from *Japanese sophora*) (flower) extract, Tomato (*Lycopersicon esculentum*) (fruit), Spinach (*Spinacia oleracea*) (leaf), Resveratrol (from Japanese Knotweed (*Polygonum cuspidatum*) (root) extract, Collards (*Brassica oleracea var. acephala*) (Kale) (leaf), Carrot (*Daucus carota ssp. sativus*) (root), Broccoli (*Brassica oleracea var. italica*) (whole head), Pomegranate (*Punica granatum*) (arils), Cranberry (*Vaccinium macrocarpon*) (fruit), Blueberry (*Vaccinium corymbosum*) (fruit) extract, Strawberry (*Fragaria ananassa*) (fruit), Raspberry (*Rubus idaeus*) (fruit), Blueberry (*Vaccinium corymbosum*) (fruit), Natural Blueberry Flavor.

Probiotic Blend 94.84 mg

Lactobacillus acidophilus complex, *Bifidobacterium longum* complex, *Lactobacillus casei* complex, *Lactobacillus rhamnosus* complex.

Other Ingredients: Natural flavors, *rebaudioside A* (from stevia leaf extract), xanthan gum.

Contains: Soy, wheat (gluten-free kamut*).

Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, artificial sweeteners or colors.

Caution: If pregnant, nursing or taking medication, consult your healthcare practitioner before use. Keep out of reach of children.

Storage: Keep tightly closed in a cool, dry place.

Sourced from non-GMO ingredients.

Key Benefits:

- Powerful Antioxidant Benefits*
- Immune Function Support*
- Balanced Super Food Blend*
- No Added Sugar
- Enzymes, Probiotics & Fiber for Digestion*
- Detoxification Support*
- pH Balance Support*

Directions:

Add one scoop (10 grams) to 8 ounces of chilled water and stir. Take once per day or as directed by your healthcare practitioner. After opening, keep refrigerated for maximum freshness. To increase sweetness, use less water. To decrease sweetness, add more water.

*Gluten is undetectable by third-party assay.



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Power Greens® Mint

Greens Formula Featuring High ORAC & Mangosteen

A NuMedica® Registered Trademark Exclusive - Reg. # 85626265

Power Greens® Mint is an easy mixing, great tasting and energizing phytonutrient powder mix loaded with certified organic, whole food plant extracts.* It also supplies a super blend of completely natural vitamins, ionic trace minerals, enzymes, antioxidants, phytonutrients and symbiotic intestinal flora for energy, metabolism, digestion, detoxification, revitalization and longevity.*

Each scoop of Power Greens® Mint has a high ORAC value, providing powerful antioxidant support. ORAC (Oxygen Radical Absorbance Capacity) is a method of measuring antioxidant capacities of different foods. Consuming foods with high antioxidant capacity is believed to play an important role in the elimination of free radicals and in the achievement of physiological balance.*

Specifications:

- Available in 10.58 oz. (300 g)
- Serving Size 1 Scoop (10g)
- Servings Per Container 30

Amount Per Serving

Calories	45
Total Fat	1 g
Total Carbohydrate	9 g
Dietary Fiber	1 g
Total Sugars	2 g
Protein	1 g
Iron	0.8 mg
Sodium	15 mg
Digestive & Fiber Blend*	3.76 g

Whole Oat Bran certified organic, Soy Lecithin (non-GMO), Apple (*Malus pumila*) (fruit) powder, Barley (sprouted seed), Licorice (*Glycyrrhiza glabra*) (root) extract, Cassia (*Cinnamomum aromaticum*) (bark) certified organic powder.

Proprietary Antioxidant Blend*	2.01 g
Barley (<i>Hordeum vulgare</i>) (sprouted seeds) certified organic powder, Spirulina (<i>Spirulina platensis</i>) certified organic, Chlorella (<i>Chlorella vulgaris</i>) (cracked cell wall) powder, Ionic Trace Minerals with Alfalfa.	

Proprietary Vegetable Blend	2 g
Carrot (<i>Daucus carota sativus</i>) (root) certified organic powder, Broccoli (<i>Brassica oleracea var. italica</i>) (head) certified organic powder, Cauliflower (<i>Brassica oleracea var. botrytis</i>) (bulb) certified organic powder, Spinach (<i>Spinacia oleracea</i>) (leaf) certified organic powder, Parsley (<i>Petroselinum crispum</i>) (leaf) certified organic powder.	



SuperFruitox Antioxidant Blend*

1.43 g

Pomegranate (*Punica granatum*) (fruit) extract, Grape (*Vitis vinifera*) (fruit) (red wine) extract, Quercetin Dihydrate, Green Tea (leaf) extract, Japanese Knotweed (*Polygonum cuspidatum*) (root) extract, Milk Thistle (*Silybum marianum*) (seed) extract, Aloe Vera (leaf) certified organic powder, Acerola Cherry (*Malpighia glabra*) (fruit) powder, Turmeric (*Curcuma longa*) (rhizome) extract, Grape (*Vitis vinifera*) (seed) extract, Blueberry (*Vaccinium angustifolium*) (leaf) extract, Beet (*Beta vulgaris*) (root) certified organic powder, Lycium (*Goji*) (fruit) powder, Mangosteen (*Garcinia mangostana*) (fruit) powder, Noni (*Morinda citrifolia*) (fruit) powder, Cabbage Palm (*Euterpe oleracea*) (fruit) powder, Kelp (*Laminaria digitata*) certified organic powder, *Vitis labrusca* (Concord Grape) (fruit) powder.

Dairy Free Probiotic Blend

200 mg

Lactobacillus acidophilus complex, *Bifidobacterium longum* complex, *Lactobacillus casei* complex, *Lactobacillus rhamnosus* complex.

Plant Enzyme Blend

200 mg

Bromelain complex, Papain complex, Protease complex, Amylase complex, Lipase complex, Cellulase complex, Lactase complex.

Proprietary Fruit & Vegetable Oxblend

200 mg

Green Tea (leaf) extract, Quercetin (from (*Japanese sophora*) (flower) extract), Tomato (*Lycopersicon esculentum*) (fruit), Spinach (*Spinacia oleracea*) (leaf), Resveratrol (from Japanese Knotweed (*Polygonum cuspidatum*) (root) extract), Collards (*Brassica oleracea var. acephala*) (Kale) (leaf), Carrot (*Daucus carota sativus*) (root), Broccoli (*Brassica oleracea var. italica*) (whole head), Pomegranate (*Punica granatum*) (arils), Cranberry (*Vaccinium macrocarpon*) (fruit), Blueberry (*Vaccinium corymbosum*) (fruit) extract, Strawberry (*Fragaria ananassa*) (fruit), Raspberry (*Rubus idaeus*) (fruit), Blueberry (*Vaccinium corymbosum*) (fruit), Natural Blueberry Flavor.

Other Ingredients: Natural flavors, *rebaudioside A* (from stevia leaf extract), citric acid.

Contains: Soy.

Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, artificial colors or sweeteners.

Caution: If pregnant, nursing or taking medication, consult your healthcare practitioner before use. Keep out of reach of children.

Storage: Keep tightly closed in a cool, dry place.

Sourced from non-GMO ingredients.

Notes:

Key Benefits:

- Powerful Antioxidant Benefits*
- Immune Function Support*
- Balanced Super Food Blend*
- No Added Sugar
- Enzymes, Probiotics & Fiber for Digestion*
- No Stimulants or Caffeine
- Detoxification Support*
- pH Balance Support*

Directions:

Add one scoop (10 grams) to 8 ounces of chilled water and stir. Take once per day or as directed by your healthcare practitioner. After opening, keep refrigerated for maximum freshness. To increase sweetness, use less water. To decrease sweetness, add more water.



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Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.



POWER GREENS® PREMIUM

Premium Greens Drink with
Vitamins & Minerals

HIGH ORAC
FORMULA

42^{or} 21
SERVINGS PER
CONTAINER

PLANT CALCIUM
& MINERALS

SULFORAPHANE
GLUCOSINOLATE

ADVANCED
ADAPTOGENS

Power Greens® Premium Berry

Premium Greens Drink with Vitamins & Minerals

A NuMedica® Registered Trademark Exclusive - Reg. #85626265

Specifications:

- **Available in** 8.7 oz. (245.7 g) and 17.3 oz. (491.4 g)
- **Serving Size** 1 scoop (11.7 g)
- **Servings Per Container** 21 (small) or 42 (large)

Directions:

Add one scoop (11.7 g) to 5-6 ounces of chilled water or beverage of your choice and stir. Take once per day or as directed by your healthcare practitioner. After opening, keep refrigerated for maximum freshness. Note: This formula has a full complement of vitamins & minerals and tastes best when mixed in 5-6 ounces of chilled water.



Amount Per Serving

Calories	38
Total Fat	<1 g
Saturated Fat	<1 g
Total Carbohydrate	6.9 g
Dietary Fiber	1 g
Total Sugars	2.8 g
Protein	1 g
Vitamin A (as beta-carotene) (1,500 IU)	450 mcg RAE
Vitamin C (as ascorbic acid)	60 mg
Vitamin D3 (as cholecalciferol) (plant-derived) (120 IU)	3 mcg
Vitamin E as d-alpha-tocopheryl acetate) (9 IU)	6 mg
Vitamin K1 (as phytonadione)	80 mcg
Vitamin B1 (as thiamin hydrochloride)	0.45 mg
Vitamin B2 (as riboflavin)	0.51 mg
Niacin (as niacinamide)	6 mg
Vitamin B6 (as pyridoxal-5'-phosphate)	0.6 mg
Folate (as 200 mcg 6(S)-5-methyltetrahydrofolic acid, glucosamine salt)**	340 mcg DFE
Vitamin B12 (as methylcobalamin)	30 mcg
Biotin	90 mcg
Pantothenic Acid (as calcium d-pantothenate)	3 mg
Calcium (as tricalcium phosphate, <i>Algas calcareas</i>)†	350 mg
Phosphorus (as dipotassium phosphate, magnesium phosphate, tricalcium phosphate)	300 mg
Iodine (as potassium iodide)	45 mcg
Magnesium (as magnesium phosphate, <i>Algas calcareas</i>)†	120 mg
Zinc (as zinc oxide)	4.5 mg
Selenium (as sodium selenite)	21 mcg
Manganese (as manganese sulfate)	0.6 mg
Chromium (as chromium picolinate)	120 mcg
Molybdenum (as sodium molybdate)	23 mcg
Sodium	13 mg

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Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

Potassium (as dipotassium phosphate, potassium iodide)	99 mg
Antioxidant & Superfruit Blend*	4,510 mg
Banana (<i>Musa paradisiaca</i>) (fruit) (certified organic), Apple (<i>Malus pumila</i>) (fruit) extract (12:1), Goji Berry (<i>Lycium barbarum</i>) (fruit) (certified organic) powder, Pomegranate (<i>Punica granatum</i>) (fruit) powder, Mangosteen (<i>Garcinia mangostana</i>) (fruit) powder, Cabbage Palm (<i>Euterpe oleracea</i>) (fruit), Apple (<i>Malus pumila</i>) (fruit) powder, Grape (<i>Vitis vinifera</i>) (seed) extract, Pomegranate (<i>Punica granatum</i>) (fruit) extract, Mangosteen (<i>Garcinia mangostana</i>) (fruit) extract, Stevia (<i>Stevia rebaudiana</i>) (leaf) extract, Bilberry (<i>Vaccinium myrtillus</i>) (fruit) extract, American Elder (<i>Sambucus canadensis</i>) (fruit) extract, Blueberry (<i>Vaccinium angustifolium</i>) (fruit) extract (150:1).	
Greens Blend	1,800 mg
Chlorella (<i>Chlorella vulgaris</i>) (broken cell), Algae calcareas (certified organic)*, Spirulina (<i>Spirulina maxima</i>), Broccoli (<i>Brassica oleracea</i>) (seed) extract providing sulforaphane glucosinolate ⁺⁺⁺ , Broccoli (<i>Brassica oleracea</i>) (head) powder, Cauliflower (<i>Brassica oleracea</i>) (aerial parts) powder, Collard (<i>Brassica oleracea</i>) (leaf) powder, Spinach (<i>Spinacia oleracea</i>) (leaf) powder, Carrot (<i>Daucus carota</i>) (root) powder, Parsley (<i>Petroselinum crispum</i>) (leaf) powder, Kelp (<i>Laminaria setchellii</i>) (whole) extract (4:1).	
Sunflower lecithin (Non-GMO)	1,000 mg
Plant Fiber & Essential Omega Blend*	600 mg
Black Chia (<i>Salvia columbariae</i>) (seed) (certified organic), Brown Flax (<i>Linum usitatissimum</i>) (seed) (certified organic, non-GMO), Apple (<i>Malus pumila</i>) (fruit) (fiber, pectin).	
Adaptogenic Herbs & Detoxifiers*	425 mg
Astragalus (<i>Astragalus membranaceus</i>) (root) extract, Reishi (<i>Ganoderma japonicum</i>) powder (certified organic), Maitake mushroom (fruit body) extract, Shiitake (<i>Lentinus edodes</i>) mushroom (fruit body) extract, Cordyceps (<i>Cordyceps sinensis</i>) (mycelium) extract, Ginger (<i>Zingiber officinale</i>) (root) extract.	
Prebiotic & Probiotic Blend	355 mg
Inulin (from chicory root), L. Acidophilus ^{††} .	
Digestive Enzyme Blend*	200 mg
Protease I, Protease II, Amylase, Lipase, Lactase.	
Immuni-Tea Boosting Blend*	140 mg
White tea (decaffeinated; leaf) extract, Green tea (decaffeinated; leaf) extract (95% polyphenols, 50% EGCG), Green tea (whole; leaf) powder (certified organic).	
Milk Thistle (<i>Silybum marianum</i>) (seed) extract (80% silymarin)	55 mg
Japanese Knotweed (<i>Polygonum cuspidatum</i>) (root) extract (20% resveratrol)	40 mg
Turmeric (<i>Curcuma longa</i>) (root) extract (95% curcuminoids)	25 mg
Sulforaphane Glucosinolate ⁺⁺⁺	10 mg
Licorice (<i>Glycyrrhiza echinata</i> L.) (root) extract (Deglycyrrhizinated) <2% DGL)	3 mg

Other Ingredients: Natural fruit flavors, citric acid, guar gum.

Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy, artificial colors, sweeteners or preservatives.

Caution: Keep out of reach of children. If pregnant, nursing or taking medication, consult your healthcare practitioner before use.

Storage: Keep tightly closed in a cool, dry place.



*MatriCal™ Select is a proprietary blend of certified organic and GRAS marine algae wholefood complex (AlgaeCal®) with over 70 naturally occurring trace minerals and phytonutrients. MatriCal™ is a trademark of NuMedica® LLC.

††Super Strain DDS® is a trademark of UAS Laboratories.



**Quatrefolic® is a registered trademark of Gnosis S.p.A., U.S. Patent number 7,947,662.

+++Sulforaphane Glucosinolate is produced under U.S. patents: 5,725,895; 5,968,567; 6,177,122; 6,242,018; 7,303,770 and patents pending.



*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

PrenuPhase™

Powerful Carb & Blood Sugar Controller*

PrenuPhase™ is an advanced formula providing comprehensive glycemic and metabolic management support.* Three powerful blends in this formula include:

Prenulin® — a patented formulation of L-Arabinose and Chromax® — has been clinically proven to aid in reducing the body's ability to absorb sugar, thereby lowering glucose and insulin impact by almost 30%.* The L-Arabinose in Prenulin® works by reducing the activity of the digestive enzyme responsible for sucrose digestion while Chromax, the most clinically studied form of chromium on the market, aids in healthy glucose metabolism.*

Phase 2 Carb Controller® is an all-natural, non-stimulant, white kidney bean extract clinically shown to help delay the digestion and absorption of dietary starches by temporarily inhibiting salivary and pancreatic alpha-amylase.* In conjunction with a sensible diet and exercise program, Phase 2® may assist in weight control.*

InnoSlim® is a patented, all-natural ingredient derived from *Panax notoginseng* and *Astragalus membranaceus* using proprietary extraction and processing technologies. InnoSlim® has been shown to help decrease circulating glucose and may reduce glucose absorption in the intestine while reducing fat accumulation.*

Amount Per Serving

L-Arabinose and Chromium†	1,000 mg
<i>Phaseolus vulgaris</i> (bean) extract††	1,000 mg
<i>Panax ginseng</i> (root) extract and <i>Astragalus membranaceus</i> (root) extract†††	100 mg

Other Ingredients: Hydroxypropyl methylcellulose (vegetable capsule), microcrystalline cellulose, bamboo silica.

Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy.

Caution: Keep out of reach of children.

Storage: Keep tightly closed in a cool, dry place.

†Prenulin® is a registered trademark of Pharmachem Laboratories, Inc. U.S. Patent 3,024,064. Chromax® is a registered trademark of Nutrition21, U.S. Patent 1,837,663.

††Phase 2 Carb Controller® is a registered trademark of Pharmachem Laboratories, Inc. U.S. Patent 4,133,494.

†††InnoSlim® is a registered trademark of Nuliv Science USA, Inc. U.S. Patent 4,161,195.

Specifications:

- Available in 90 (vegetable capsules)
- Serving Size 3 Capsules
- Servings Per Container 30

Directions:

Take three capsules with each carbohydrate containing meal 1-3 times per day or as directed by your healthcare practitioner.



Suitable for
VEGETARIANS



Independently Tested
GLUTEN-FREE



Vegetable
CAPSULES



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Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

Pro-ToxiClear®

Professional Detoxification Formula*

A NuMedica® Registered Trademark Exclusive - Reg. #77890845

Pro-ToxiClear® is an innovative formula designed to support healthy detoxification function.* Developed with specific and targeted nutrients, it helps support balanced Phase I and Phase II liver detoxification pathways.* Pro-ToxiClear® is fortified with 26 grams of well-tolerated, high-quality rice protein.* The 5-MTHF in this formula – Quatrefolic® – is the most biologically active form of folate, allowing rapid uptake into the bloodstream.* The 5-MTHF in this formula is also known as the “L” form of 5-MTHF since it is the reduced form of folate. Pro-ToxiClear® provides a balance of vitamins, minerals, amino acids and antioxidants to support healthy gut pH balance and gastrointestinal function.*

Specifications:

- Available in 39 oz (1,097 g)
- Serving Size 2 scoops (52 g)
- Servings Per Container 21

Directions:

Stir or blend 2 scoops (52 g) into 12 ounces of water or juice. Take once per day or as directed by your healthcare practitioner.



Amount Per Serving

Calories	190
Total Fat	4.5 g
Saturated Fat	0.5 g
Total Carbohydrate	10 g
Dietary Fiber	4 g
Total Sugars	2 g
Protein	26 g
Vitamin A (as beta carotene) (5,000 IU)	1,500 mcg RAE
Vitamin C (as ascorbate blend)	220 mg
Vitamin D3 (as cholecalciferol) (65 IU)	2 mcg
Vitamin E (as d-alpha tocopherol acetate) (110 IU)	74 mg
Thiamin (as thiamin hydrochloride)	5 mg
Vitamin B2 (as riboflavin-5'-phosphate)	2.2 mg
Niacin (as niacinamide)	10 mg
Vitamin B6 (as pyridoxal-5'-phosphate)	6 mg
Folate (as 200 mcg (6S)-5-methyltetrahydrofolic acid, glucosamine salt)*	340 mcg DFE
Vitamin B12 (as methylcobalamin)	22 mcg
Biotin	320 mcg
Pantothenic Acid (as d-calcium pantothenate)	6 mg
Calcium (di-calcium malate)***	150 mg
Iron	5 mg
Phosphorus (as di-potassium phosphate and rice protein)	660 mg
Iodine (as potassium iodide)	55 mcg

Magnesium (as di-magnesium malate)	155 mg
Zinc (as zinc bisglycinate chelate)**	12 mg
Selenium (as selenium glycinate complex)	55 mcg
Manganese (as manganese bisglycinate chelate)**	1.8 mg
Chromium (as chromium nicotinate glycinate chelate)**	55 mcg
Molybdenum (as molybdenum glycinate chelate)**	150 mcg
Sodium	125 mg
Potassium	1,170 mg
Flax (Linum usitatissimum) (seed)	9,000 mg
L-Leucine (from L-Leucine and Rice Protein)	2,393 mg
L-Glycine (from L-Glycine and Rice Protein)	2,287 mg
L-Valine (from L-Valine and Rice Protein)	1,710 mg
L-Isoleucine (from Rice Protein)	1,105 mg
L-Taurine	1,000 mg
L-Threonine (from Rice Protein)	975 mg
L-Lysine (from Rice Protein)	812 mg
L-Cysteine (from L-Cysteine and Rice Protein)	670 mg
Protease**	300 mg
Calcium D-Glucarate	250 mg
N-Acetyl L-Cysteine (NAC)	55 mg
L-Glutathione	29 mg

Key Benefits:

- Supports Balanced Phase I and Phase II Liver Detoxification Pathways*
- Supplies 26 Grams of Well-Tolerated Rice Protein Per Serving*
- Supports Healthy Intestinal Balance*
- Helps Support Balanced Cytokine Production*

Other Ingredients: Rice protein, guar gum, natural vanilla flavor, xanthan gum, salt, stevia extract (steviol glycosides).

Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy, artificial colors, sweeteners or preservatives.

Caution: Keep out of reach of children. If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

Storage: Keep tightly closed in a cool, dry place.



TRAACS™, *DimaCal™ and The Albion Gold Medallion design are trademarks of Balchem Corporation or its subsidiaries.



*Quatrefolic® is a registered trademark of Gnosis S.p.A. Patent number 7,947,662.

**Aminogen® is a registered trademark of Triarco Industries and is protected by U.S. Patent No. 5,387,422.



*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

ProGI Soothe™ Vanilla

Gastrointestinal & Hepatic Support*

ProGI Soothe™ is an easily digestible, well-tolerated rice protein, providing support for healthy gastrointestinal and hepatic function. The specially processed rice protein in this formula provides a full complement of essential and nonessential amino acids, including the sulfur-containing amino acids cysteine and methionine. The 5-MTHF in this formula – Quatrefolic® – is the most biologically active form of folate, allowing rapid uptake into the bloodstream.* The 5-MTHF in this formula is also known as the “L” form of 5-MTHF since it is the reduced form of folate.

Specifications:

- Available in 1 lb. 11 oz. (761 g)
- Serving Size
2 scoops (54.38 g)
- Servings Per Container 14

Directions:

Stir or blend 2 scoops (54.38 grams) into 8 ounces of water. Take once per day or as directed by your healthcare practitioner.



Amount Per Serving

Calories	180
Total Fat	3 g
Total Carbohydrate	11 g
Dietary Fiber	5 g
Total Sugars	1 g
Protein	26 g
Vitamin A (as 100% beta-carotene) (2,500 IU)	750 mcg RAE
Vitamin C (from potassium, calcium and magnesium ascorbate blend)	250 mg
Vitamin D (as cholecalciferol) (100 IU)	2.5 mcg
Vitamin E (as d-alpha tocopherol succinate) (125 IU)	84 mg
Thiamin (Vitamin B1) (as thiamin hydrochloride)	15 mg
Riboflavin (Vitamin B2) (as riboflavin-5'-phosphate)	5 mg
Niacin (as niacinamide and niacin)	40 mg NE
Vitamin B6 (as pyridoxal-5'-phosphate)	6 mg
Folate (as 200 mcg (6S)-methyltetrahydrofolic acid, glucosamine salt)†	340 mcg DFE
Vitamin B12 (as methylcobalamin)	50 mcg
Biotin	150 mcg
Pantothenic Acid (as d-calcium pantothenate)	35 mg
Choline (as choline bitartrate)	100 mg
Calcium (from di-calcium malate)†††	320 mg
Phosphorus (as di-potassium phosphate)	600 mg
Iodine (as potassium iodide)	60 mcg
Magnesium (as di-magnesium malate)	280 mg
Zin (as zinc bisglycinate chelate)††	10 mcg
Selenium (as selenium glycinate complex)	100 mcg
Manganese (as manganese bisglycinate chelate)††	2 mg

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Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

Chromium (as chromium nicotinate glycinate chelate)**	60 mcg
Molybdenum (as molybdenum glycinate chelate)**	35 mcg
Sodium	70 mg
Potassium	65 mg
Flax (<i>Linum usitatissimum</i>) (seed)***	6,000 mg
L-Glutamine	4,316 mg
Pomegranate (<i>Punica granatum</i>) (hull) extract (40% ellagic acid)	625 mg
L-Glycine	477 mg
Betaine Anhydrous (as betaine trimethylglycine)	250 mg
Calcium D-Glucarate	250 mg
Lemon Bioflavonoids (<i>Citrus limon</i>)	250 mg
Quercetin	250 mg
Rutin (<i>Sophora japonica</i>) (flower, bud)	200 mg
Turmeric (<i>Curcuma longa</i>) (rhizome) extract (95% curcuminoids)	200 mg
L-Taurine	175 mg
Ginger (<i>Zingiber officinale</i>) (rhizome) extract	150 mg
N-Acetyl L-Cysteine (NAC)	150 mg
Protease**	150 mg
Methylsulfonylmethane (MSM)	120 mg
Watercress (<i>Rorippa nasturtium-aquaticum</i>) (aerial) extract (4:1)	100 mg
Green tea (<i>Camellia sinensis</i>) (leaf) extract (95% polyphenols, 45% EGCG, 68% catechins)	82 mg
Sodium Sulfate	80 mg

Other Ingredients: Rice protein, natural vanilla flavor, guar gum, xanthan gum, maltodextrin, stevia extract (*steviol glycosides*), salt.

Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy, artificial colors, sweeteners or preservatives.

Caution: Keep out of reach of children. If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

Storage: Keep tightly closed in a cool, dry place.

**Aminogen® is a registered trademark of Triarco Industries and is protected by U.S. Patent No. 5,387,422.



††TRAACS™, †††DimaCal™ and the Albion Gold Medallion design are trademarks of Balchem Corporation or its subsidiaries.

***LignaMax™ is a trademark of Bioriginal Food & Science Corp.



‡Quatrefolic® is a registered trademark of Gnosis S.p.A., U.S. Patent No. 7,947,662.

Also Available in:

ProGI Soothe™ Original

To view this formula scan the QR code ▼



Contents sold by weight, not volume. Some settling may occur during shipping and handling. The amount of product contained in 2 scoops may be above or below 54.38 grams due to variations in handling and product density.



Suitable for
VEGETARIANS



Independently Tested
GLUTEN-FREE



5-MTHF
QUATREFOLIC®



Albion
MINERALS

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Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.



Support and protect the prostate* with

ProstaCalm®

featuring BrocColinate®

Powerful ingredients promote healthy hormone metabolism*

Saw palmetto and **pumpkin seed** help support a healthy ratio of testosterone to dihydrotestosterone*

Nettle root helps prevent the conversion of testosterone to estrogen.*

BrocColinate® contains sulforaphane glucosinolate which helps support detoxification and neutralize free radicals and toxins in the body.*



Saw Palmetto



Pumpkin Seed



Nettle Root

ProstaCalm®

Nutritional Prostate Support Formula Featuring BrocColinate*

A NuMedica® Registered Trademark Exclusive - Reg. # 85913435

ProstaCalm® provides select nutrients and herbal extracts to support the prostate gland.* It includes a blend of amino acids proven by independent clinical trials to promote prostate health and normal urinary function.* The saw palmetto supports proper urinary and prostate function by supporting male health.* Pumpkin seed oil extract provides essential fatty acids while nettle root extract helps maintain healthy hormone metabolism in the prostate cells.* Additionally, this formula contains lycopene, a potent antioxidant found in high concentrations in healthy prostate tissue.* Zinc has been added for its known role in healthy prostatic function.*

Amount Per Serving

Zinc (as zinc bisglycinate chelate)**	5 mg
Saw Palmetto (<i>Serenoa repens</i>) (berry) extract	250 mg
Pumpkin (<i>Cucurbita pepo</i>) (seed) extract 4:1	250 mg
Broccoli (<i>Brassica oleracea L. italica</i>) (seed) extract (NLT 10% Sulphoraphane Glucosinolate†, 15 mg)	150 mg
L-Glycine	100 mg
L-Alanine	100 mg
L-Glutamic Acid	100 mg
Stinging Nettle (<i>Urtica dioica</i>) (root) extract (4:1)	100 mg
Ginseng (<i>Panax ginseng</i>) (root)	50 mg
Lycopene	15 mg

Other Ingredients: Hydroxypropyl methylcellulose (vegetable capsule), microcrystalline cellulose, bamboo silica, l-leucine.

Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy.

Caution: Keep out of reach of children.

Storage: Keep tightly closed in a cool, dry place.



**TRAACS™ is a trademark of Balchem Corporation or its subsidiaries.

†Sulforaphane Glucosinolate is produced under US patents: 5,725,895; 5,968,567; 6,177,122; 6,242,018; 7,303,770 and patents pending.

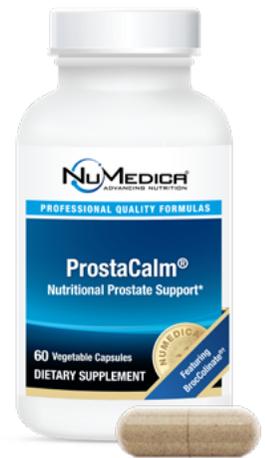


Specifications:

- Available in 60 vegetable capsules
- Serving Size 2 capsules
- Servings Per Container 30

Directions:

Take two capsules once per day or as directed by your healthcare practitioner.



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Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

Reset PATH® Support Formula

Full Spectrum Appetite Suppressing Herbs & Nutrients*

A NuMedica® Registered Trademark Exclusive, Reg. # 85116970

Reset PATH® Support Formula, with NuMedica’s Metabolic Reset Program™, assists the body in resetting your metabolism to a healthier state using the highest quality nutritional formulas.* This formula includes a full spectrum of appetite suppressants and nutrients to enhance metabolism and body composition.*

Amount Per Serving	
Proprietary Blend	361 mg
<i>Garcinia cambogia</i> (fruit) extract	
L-Carnitine	
Guarana (<i>Paullina cupana</i>) (seed) extract	
Green tea (<i>Camellia sinensis</i>) (leaf) extract	
Bitter Orange (<i>Citrus x aurantium</i>) (fruit) extract	
Stevia (<i>Stevia rebaudiana</i>) (leaf) extract	
African Mango (<i>Irvingia gabonensis</i>) (fruit) extract	
L-Arginine	
Asian Ginseng (<i>Panax ginseng</i>) (rhizome) extract	
Astragalus (<i>Astragalus membranaceus</i>) (root) extract	

Specifications:

- Available in 2 fl. oz. (60 mL)
- Serving Size 2 droppers (2 mL)
- Servings Per Container 30

Directions:

Shake well. Take two droppers full in water in the morning and two droppers full in water in the afternoon, 30 minutes before meals or as suggested by your healthcare practitioner.

Other Ingredients: Purified water, vegetable glycerin, citric acid, natural fruit flavors.

Contains: Natural caffeine.

Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy, artificial colors, sweeteners or preservatives.

Caution: Keep out of reach of children. If pregnant or lactating, please consult your healthcare practitioner.

Storage: Keep tightly closed in a cool, dry place.



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Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

ResveraPlex Plus™

Cardiovascular Support*

ResveraPlex Plus™ is a potent resveratrol formula standardized on the most biologically active *trans*-isomer. *Trans*-resveratrol is superior to other forms of resveratrol because it is the active form and is therefore much more bioavailable to humans.*

Resveratrol has been shown to help support healthy cardiovascular function and promote a healthy response to biological stress.* It is also well known for its anti-aging properties.* NuMedica® has included *trans*-pterostilbene in this formula, a naturally occurring polyphenol that may help promote a healthy response to cellular stress and aid in maintaining proper cell cycle regulation.* As with *trans*-resveratrol, *trans*-pterostilbene has been chosen for its superior bioavailability.

Specifications:

- **Available in 60** (vegetable capsules)
- **Serving Size 1 Capsule**
- **Servings Per Container 60**

Directions:

Take one capsule once per day or as directed by your healthcare practitioner.

Amount Per Serving

<i>Trans</i> -Pterostilbene	50 mg
Japanese Knotweed (<i>Polygonum cuspidatum</i>) (root/rhizome) extract (50% <i>trans</i> -resveratrol)	500 mg

Other Ingredients: Hydroxypropyl methylcellulose (vegetable capsule), microcrystalline cellulose, l-leucine, bamboo silica.

Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication (especially anticonvulsants) or you have a medical condition. This product may cause digestive upset in some sensitive individuals. If you experience any gastrointestinal discomfort after using this product, discontinue use. Keep out of reach of children.

Storage: Store in a cool, dry place after opening.



Suitable for
VEGETARIANS



Independently Tested
GLUTEN-FREE



Vegetable
CAPSULES

SacBoulardii™

DNA Verified, *Saccharomyces boulardii*

SacBoulardii™ is a lactose-free, dairy-free, DNA verified strain of *Saccharomyces boulardii* (SB) from Gnosis S.p.A. *Saccharomyces boulardii* has been extensively researched in American and European universities and has been published in many major scientific journals. This formula has been shown to promote overall intestinal health.*

Amount Per Serving

<i>Saccharomyces boulardii</i>	250 mg
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Other Ingredients: Microcrystalline cellulose, hydroxypropyl methylcellulose (vegetable capsule), titanium dioxide, magnesium stearate, silica.

Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy.

Caution: Keep out of reach of children.

Storage: Keep tightly closed in a cool, dry place.

Specifications:

- **Available in**
60 vegetable capsules
- **Serving Size** 1 capsule
- **Servings Per Container** 60

Directions:

Take one capsule twice per day or as directed by your healthcare practitioner.



Suitable for
VEGETARIANS



Independently Tested
GLUTEN-FREE



Vegetable
CAPSULES



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Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.



Salicin-B™ IC

*Intensive Care Formula**



180mg of Natural Salicin

Salicin in this formula is from white willow bark and is standardized to contain 180mg salicin.



Most Powerful Boswellic Acid

This formula features 5-LOXIN® to provide **12x more AKBA** than traditional boswellic acid extracts.



High ORAC VitaBerry®

The proprietary fruit blend in this formula is VitaBerry® a high ORAC berry blend that provides protection against soft tissue damage.*

Salicin-B™ IC

Intensive Care Formula*

Salicin-B™ Intensive Care offers natural support for reducing issues associated with joint discomfort and mobility.* White willow bark contains salicin, which is a potent inhibitor of the cyclooxygenase (COX-2) and 5-lipoxygenase (5-LOX) enzymes.* This formula features 5-LOXIN, which contains the most powerful of all boswellic acids.

Amount Per Serving

White Willow (<i>Salix alba</i>) (bark) extract (standardized to 30%, 180 mg salicin)	600 mg
Turmeric (<i>Curcuma longa</i>) extract (95% curcuminoids)	200 mg
<i>Boswellia serrata</i> extract† (standardized to contain 30% 3-acetyl-11-keto-boswellic acid (AKBA))	100 mg
Proprietary Fruit Blend††	40 mg
Grape (<i>Vitis vinifera</i>) (seed) extract	
Wild Blueberry (<i>Vaccinium angustifolium</i>) (fruit) powder	
Raspberry (<i>Rubus idaeus</i>) (fruit) powder	
Prune (<i>Prunus domestica</i>) (fruit) powder	
Cranberry (<i>Vaccinium macrocarpon</i>) (fruit) powder	
Tart Cherry (<i>Prunus cerasus</i>) (fruit) powder	
Strawberry (<i>Fragaria virginia</i>) (fruit) powder	
Wild Bilberry (<i>Vaccinium myrtillus</i>) (fruit) powder	
Grape (<i>Vitis vinifera</i>) (fruit) powder	
Blueberry (<i>Vaccinium angustifolium</i>) extract	
Wild Bilberry (<i>Vaccinium myrtillus</i>) extract	
Raspberry (<i>Rubus idaeus</i>) (seed) concentrate	
Calcium Stearate	

Other Ingredients: Hydroxypropyl methylcellulose (vegetable capsule), cellulose, bamboo silica, L-leucine.

Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy.

Caution: Do not use if allergic to salicylates or aspirin. Do not combine with aspirin or anticoagulants. Keep out of reach of children.

Storage: Keep tightly closed in a cool, dry place.

Specifications:

- **Available in**
60 vegetable capsules
- **Serving Size** 2 capsules
- **Servings Per Container** 30

Directions:

Take two capsules once per day or as directed by your healthcare practitioner.

†5-LOXIN® AKBA *Boswellia serrata* extract. 5-LOXIN® is a registered trademark of PL Thomas & Co., Inc. International patents pending.

††VitaBerry® is a trademark of VDF FutureCeuticals, Inc.



*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

Seasonal Shield®

Seasonal Immune Support*

A NuMedica® Registered Trademark Exclusive, Reg. # 86897351

Seasonal Shield® is an advanced, broad-spectrum nutritional formula providing comprehensive support for seasonal environmental challenges.* The select nutrients in this formula – Vitamin C, Vitamin D3 and Zinc – have been chosen for their synergistic ability to offer protection by supporting the body's immune response.* Key ingredients in Seasonal Shield® include Quercetin, Bromelain and Nettle Extract, which have been found to help promote healthy mucus viscosity and provide histamine support.* Additionally, N-Acetyl L-Cysteine (NAC) is a unique form of the amino acid L-cysteine, which has been found to support healthy tissue levels of glutathione (GSH).*

Specifications:

- **Available in**
120 vegetable capsules
- **Serving Size** 4 capsules
- **Servings Per Container** 30

Directions:

Take four capsules once per day or as directed by your healthcare practitioner.

Amount Per Serving

Vitamin C (as ascorbic acid)	200 mg
Vitamin D3 (as cholecalciferol) (1,000 IU)	25 mcg
Zinc (as zinc methionate)	25 mg
Quercetin Dihydrate	500 mg
<i>Boswellia serrata</i> (resin) extract (65% boswellic acids)	300 mg
Nettle (<i>Urtica dioica</i>) (root) extract (4:1)	300 mg
N-Acetyl L-Cysteine (NAC)	250 mg
Citrus Bioflavonoids (<i>Citrus aurantium</i>) (from citrus (fruit) extract)	222 mg
Bromelain (2400 GDU/g)	200 mg
Grape (<i>Vitis vinifera</i>) (seed) extract (95% polyphenols)	20 mg
Betaine (as betaine hydrochloride)	15 mg

Other Ingredients: Hydroxypropyl methylcellulose (vegetable capsule), magnesium stearate, silicon dioxide.

Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy.

Caution: Keep out of reach of children.

Storage: Keep tightly closed in a cool, dry place.

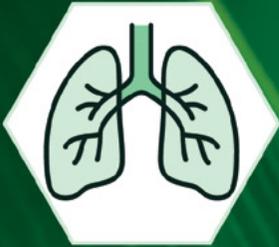
Sourced from non-GMO ingredients.



Serrapeptase HP™

130,000 SPU per Capsule

This powerful systemic enzyme formula supports:



Healthy
Respiratory
System*



Sinus
Health*



Muscle,
Joint & Tissue
Health*



Healthy Oxygen
Levels*



Muscle
Recovery*



Enhanced
Absorption
Technologies™

Our serrapeptase is enterically coated to maximize efficacy, allowing the enzymes to survive the acidic conditions of the stomach, leading to greater absorption.*

Serrapeptase HP™

High Potency – Supports Healthy Fibrin Metabolism*

Serrapeptase HP™ is a powerful systemic enzyme which supports respiratory and sinus health.* This formula is enteric-coated to survive the acidic conditions of the stomach, promoting optimal absorption.*

Serrapeptase – also known as serrapeptidase, serratiopeptidase and serratia peptidase – is a powerful proteolytic enzyme derived from a species of bacteria originally found in the intestine of silkworms. The bacterium, *Serratia marcesens*, produces the enzyme serrapeptase to enable the silkworm to dissolve its silken cocoon and emerge as a moth after metamorphosis. *Serratia* is now grown in cultures to produce serrapeptase by fermentation, and it is suitable for vegetarians.

Most serrapeptase brands on the market are not enteric coated, which means they can lose a significant portion of their effectiveness in the acidic environment of the stomach. The enteric coating of our blend maximizes efficacy by allowing these sensitive enzymes to survive the acidic conditions of the stomach, allowing them to pass into the circulatory system and maintain high activity levels.

Amount Per Serving

Enteric-coated Serrapeptase†	130,000 SPU
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Other Ingredients: Hydroxypropyl methylcellulose (vegetable capsule), maltodextrin (from corn), silica.

Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy.

Caution: If you are pregnant, nursing or taking any medications, consult your doctor before use. If any adverse conditions occur, discontinue use and seek medical attention. Keep out of reach of children.

Storage: Keep tightly closed in a cool, dry place. Avoid excessive heat.

†Peptizyme SP® EN – enteric-coated Serrapeptase, specially formulated to maximize its effectiveness.*

Specifications:

- Available in 60 vegetable capsules
- Serving Size 1 capsule
- Servings Per Container 60

Directions:

Take one capsule with a large glass of water on an empty stomach (30-60 minutes before or 2 hours after a meal) once per day or as directed by your healthcare practitioner.



*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

SlimFit® Dutch Chocolate

All-Natural Whey Protein Isolate/Concentrate Blend

A NuMedica® Registered Trademark Exclusive - Reg. #77606629

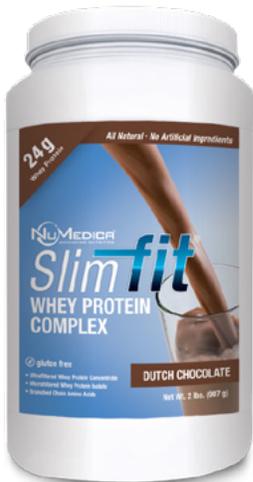
SlimFit® Chocolate provides 24 grams of whey protein, which is considered to have the highest biological value of any protein source and is superior in essential amino acid content as compared to beef, milk, casein or soy. SlimFit® contains substantially more protein and half the sugar of other popular products. Since SlimFit® has a very low glycemic index, it is suitable for many people who are on restricted diets.

Specifications:

- **Available in** 2 lbs. (907 g)
- **Serving Size** 1 scoop (42 g)
- **Servings Per Container**
About 22

Directions:

Stir or blend 1 level scoop (42 grams) into 8-10 ounces of water once per day or as directed by your healthcare practitioner. To increase sweetness, use less water. To decrease sweetness, add more water.



Amount Per Serving

Calories	160
Total Fat	2.5 g
Saturated Fat	1 g
Trans Fat	0
Cholesterol	60 mg
Sodium	70 mg
Total Carbohydrate	8 g
Dietary Fiber	1 g
Total Sugars	2 g
Includes 1 g Added Sugars	
Xylitol	4 g
Protein	24 g
Vitamin D	0 mcg
Calcium	181 mg
Iron	1.3 mg
Potassium	302 mg

Other Ingredients: Whey Protein Concentrate, xylitol, cocoa, natural flavors, Whey Protein Hydrolysate, Whey Protein Isolate, Organic Stevia (leaf) extract, l-glutamine, sunflower lecithin, xanthan gum.

Contains: Milk and soy.

Does Not Contain: Eggs, fish, shellfish, tree nuts, peanuts, wheat, artificial colors, sweeteners or preservatives.

Caution: Keep out of reach of children.

Storage: Keep tightly closed in a cool, dry place.



Also available in a French Vanilla flavor

Scan this QR code to learn more.

Taurine

Supports Healthy Blood Pressure Function*

Taurine is a conditionally essential amino acid which is not utilized in protein synthesis, but is mainly found free in most tissues, especially throughout the nervous system. It functions in tissues by stabilizing cell membranes, aiding the transport of potassium, sodium, calcium and magnesium in and out of cells.* Taurine helps to generate and regulate nerve impulses and aids in the maintenance of fluid balance; it is also used by the body in visual pathways, as well as in the brain and nervous system, where it works together with glycine and GABA as a neurotransmitter.*

Amount Per Serving

L-Taurine	500 mg
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Other Ingredients: Hydroxypropyl methylcellulose (vegetable capsule), microcrystalline cellulose.

Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy.

Caution: For adults only. Consult your healthcare practitioner if you are pregnant or nursing, taking medication or have a medical condition. Keep out of reach of children.

Storage: Keep tightly closed in a cool, dry place.

Specifications:

- **Available in**
90 vegetable capsules
- **Serving Size** 1 capsule
- **Servings Per Container** 90

Directions:

Take one capsule 1-4 times per day with juice or water, preferably between meals or as directed by your healthcare practitioner.



Suitable for
VEGETARIANS



Independently Tested
GLUTEN-FREE



Vegetable
CAPSULES



*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

TheraPRP® Capsules

Proprietary Colostrum Polypeptide Blend

A NuMedica® Registered Trademark Exclusive - Reg. #86698752

TheraPRP® Capsules – is a targeted immune support formula developed by Dr. Andrew Keech, the world’s leading expert in colostrum, produced using a unique patented extraction process (U.S. Patent No. 7,547,770). This bovine colostrum formula is fortified with a specially extracted colostrum polypeptide (PRP) concentrate to yield maximum results. Numerous scientific studies have shown that colostrum supports the human immune and cytokine systems. Bovine colostrum is richer in immune factors than human colostrum and is biologically transferable to humans.*

This formula features Immunoglobulins, PRPs, protein, immune factors, growth factors, vitamins and minerals to support health and vitality.* It is laboratory tested to assure it is antibiotic-free. This formula is carefully processed to provide the highest quality and efficacy.

Specifications:

- **Available in**
120 vegetable capsules
- **Serving Size** 4 capsules
- **Servings Per Container** 30

Directions:

Take four capsules twice per day or as directed by your healthcare practitioner. Important: Continue taking ImmunoG PRP™ daily while taking TheraPRP®. For maximum benefit, use the powder forms of ImmunoG PRP™ and TheraPRP® when possible.

Amount Per Serving

Total Carbohydrate	<1 g
Total Sugars	<1 g
Calcium	27 mg
Proprietary Colostrum Polypeptide Blend	2,000 mg
Colostrum (Pasteurized Bovine Pre-Milk)	
Colostrum polypeptides (PRPs)	
Immunoglobulin G (IgG) (257 mg)	
Sunflower lecithin (non-GMO)	
Medium-chain triglycerides (MCTs)	

Other Ingredients: Hydroxypropyl methylcellulose (vegetable capsule).

Contains: Milk.

Does Not Contain: Eggs, fish, shellfish, tree nuts, peanuts, wheat, soy.

Caution: Consult your healthcare practitioner before use if you are pregnant, planning a pregnancy, taking medications or have a health condition.

Storage: Store in a cool, dry place. Keep out of reach of children.



*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

TheraPRP® Powder

Proprietary Colostrum Polypeptide Blend

A NuMedica® Registered Trademark Exclusive - Reg. # 86698752

TheraPRP® Powder – is a targeted immune support formula developed by Dr. Andrew Keech, the world’s leading expert in colostrum, produced using a unique patented extraction process (U.S. Patent No. 7,547,770). This bovine colostrum formula is fortified with a specially extracted colostrum polypeptide (PRP) concentrate to yield maximum results. Numerous scientific studies have shown that colostrum supports the human immune and cytokine systems. Bovine colostrum is richer in immune factors than human colostrum and is biologically transferable to humans.* This formula features Immunoglobulins, PRPs, protein, immune factors, growth factors, vitamins and minerals to support health and vitality.* It is laboratory tested to assure it is antibiotic-free. This formula is carefully processed to provide the highest quality and efficacy.

Amount Per Serving	
Calories	20
Total Carbohydrate	3 g
Total Sugars	3 g
Protein	2 g
Calcium	135 mg
Sodium	47 mg
Potassium	101 mg
Proprietary Colostrum Polypeptide Blend	10,000 mg
Colostrum	
Colostrum polypeptides	
Immunoglobulin G	
Sunflower lecithin	
Medium-chain triglycerides	

Contains: Milk.

Does Not Contain: Eggs, fish, shellfish, tree nuts, peanuts, wheat, soy.

Caution: Do not use if you are pregnant or if you have received an organ transplant. Keep out of reach of children.

Storage: Store in a cool, dry place. Keep out of reach of children.

Specifications:

- Available in 10.58 oz. (300 g)
- Serving Size 1 Scoop (10g)
- Servings Per Container 30

Directions:

Mix 1 scoop (10 g) in unchilled water. Take once per day or as directed by your healthcare practitioner.



*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

Thyrodex T-150™

Thyroid Support Factors*

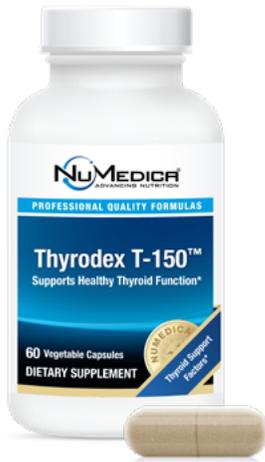
Thyrodex T-150™ is a powerful thyroid hormone modulator designed to support healthy thyroid function, which in turn may have a positive effect on appetite, energy levels and weight management.*

Specifications:

- **Available in**
60 vegetable capsules
- **Serving Size** 1 capsule
- **Servings Per Container** 60

Directions:

Take one capsule once per day or as directed by your healthcare practitioner.



Amount Per Serving

Vitamin A (as beta carotene) (2,000 IU)	600 mcg RAE
Vitamin B2 (as riboflavin)	0.2 mg
Calcium (as calcium citrate, calcium bisglycinate chelate†)	20 mg
Iodine (from kelp (<i>Laminaria sp.</i>) (thallus) extract)	400 mcg
Magnesium (as magnesium citrate)	20 mg
Zinc (as zinc citrate, zinc bisglycinate chelate†)	5 mg
Manganese (as manganese citrate, manganese bisglycinate chelate†)	5 mg
Potassium (as potassium gluconate hydrochloride)	5 mg
Proprietary Blend:	170 mg
Irish moss (<i>Chondrus crispus</i>) (whole plant)	
Parsley (<i>Petroselinum crispum</i>) (leaf)	
Adrenal Gland (tissue) (bovine)	
Horsetail (<i>Equisetum arvense</i>) (aerial parts)	
Pituitary (tissue) (bovine)	
Spleen (tissue) (bovine)	
Thymus (tissue) (bovine)	
Thyroid (bovine)	150 mg
L-Tyrosine	20 mg

Other Ingredients: Hydroxypropyl methylcellulose (vegetable capsule), magnesium stearate.

Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy.

Caution: Keep out of reach of children.

Storage: Keep tightly closed in a cool, dry place.



†TRAACS™ is a trademark of Balchem Corporation or its subsidiaries



Independently Tested
GLUTEN-FREE



Vegetable
CAPSULES



Albion
MINERALS

ThyroMedica Plus®

Comprehensive Thyroid Support*

A NuMedica® Registered Trademark Exclusive - Reg. # 85626279

ThyroMedica Plus® features targeted nutrients and herbs that support healthy thyroid function and facilitate the expression of thyroid hormone genes.* This formula includes the key ingredient L-Tyrosine, which serves as the foundation to nourish healthy levels of thyroxine.* L-Tyrosine and iodine play a key role in the synthesis of thyroid hormones.*

Amount Per Serving	
Vitamin A (as retinyl palmitate) (3,000 IU)	900 mcg RAE
Vitamin C (as ascorbic acid)	30 mg
Vitamin D3 (as cholecalciferol) (400 IU)	10 mcg
Vitamin E (as d-alpha tocopheryl succinate) (100 IU)	67 mg
Riboflavin (Vitamin B2)	3 mg
Niacin (as inositol hexanicotinate)	17 mg NE
Vitamin B6 (as pyridoxal-5'-phosphate)	5 mg
Iodine (from kelp (<i>Laminaria sp.</i>) (thallus) extract)	150 mcg
Magnesium (as di-magnesium malate, magnesium bisglycinate chelate†)	25 mg
Zinc (as zinc bisglycinate chelate)†	10 mg
Selenium (as selenium glycinate)	200 mcg
Potassium (as potassium glycinate complex)	25 mg
Guggul extract (<i>Commiphora mukul</i> , gum)	1,000 mg
L-Tyrosine	500 mg
Ashwagandha (<i>Withania somnifera</i>) (root) powder	100 mg
Rosemary (<i>Rosmarinus officinalis</i>) (leaf) extract 4:1	100 mg

Other Ingredients: Hydroxypropyl methylcellulose (vegetable capsule), microcrystalline cellulose, magnesium stearate, bamboo silica.

Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy.

Caution: Excess vitamin A intake may be toxic and may increase the risk of birth defects. Pregnant women and women who may become pregnant should not exceed 1,500 mcg RAE (5,000 IU) of preformed vitamin A (retinyl acetate or retinyl palmitate) per day.

Storage: Keep tightly closed in a cool, dry place.

†TRAACS™ is a trademark of Balchem Corporation or its subsidiaries.

Specifications:

- **Available in** 120 vegetable capsules
- **Serving Size** 4 capsules
- **Servings Per Container** 30

Directions:

Take four capsules once per day or as directed by your healthcare practitioner.

Warning: Contains Ashwagandha. Do not use if pregnant or nursing. Keep out of reach of children.



*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.



ACHIEVING PHYSIOLOGICAL BALANCE

*These statements have not been evaluated by the Food and Drug Administration.
These products are not intended to diagnose, treat, cure or prevent any disease.

Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

total vegan[®]

a comprehensive
plant protein blend

24

Grams of
Protein

6

Net Carbs

4:1

Protein to Carb
Ratio



Gluten-Free





total vegan®

FEATURES

6g

Net Carbs

4:1

Protein to
Carb Ratio

Well-Tolerated, Vegan Protein

Total Vegan® contains yellow pea, rice, hemp, chia and cranberry to provide a well-balanced amino acid profile in a high protein formula. Yellow pea and rice protein provide a branch chain amino acid profile that is comparable to whey protein, providing high amounts of cysteine, lysine and methionine.

In addition to those protein sources, Total Vegan® contains three additional protein sources, each with unique properties: organic hemp protein, which is rich in edestin to support the immune system; chia protein, which helps boost endurance and promote hydration in athletes; and cranberry fruit, which has urinary tract and antioxidant benefits.*

vegan protein sources

included in
Total Vegan®



CHIA SEED

CRANBERRY



YELLOW PEA

HEMP

RICE

Support for Immunity, Digestion, and Detoxification*

Total Vegan® features many unique ingredients to support the immune system, the digestive system, body composition, bone health and detoxification.* Therapeutic doses of suma root and arabinogalactans are provided for digestive and immune system support.* Suma root has powerful adaptogenic qualities that aid the body's ability to resist physical, biological and emotional stressors.*



MatriCal™
Select

MatriCal™ Select

a high quality, all-natural ocean algae – an excellent wholefood source of plant-based calcium, magnesium and many bone-supporting trace minerals.*

page 182 to learn more

BrocColinate® which features high amounts of sulforaphane glucosinolate and is provided along with calcium d-glucarate to offer powerful phase II detoxification support.*

page 35 to learn more

Aminogen® – a patented plant-derived enzyme blend, which helps the body break down and absorb more amino acids from protein.*

Medium-Chain Triglycerides (MCTs) are included for their ability to support thermogenesis in the body and thereby contribute to an enhanced metabolism.*

page 133 to learn more

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Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

Total Vegan® Chocolate Delight

High Quality Vegan Protein Drink Mix

A NuMedica® Registered Trademark Exclusive - Reg. # 85118735

Specifications:

- Available in 1 lb. 6 oz. (623 g)
- Serving Size 2 scoops (44.5 g)
- Servings Per Container 14

Directions:

Stir or blend two scoops (44.5 g) into 8 ounces of cold water. Take once per day or as directed by your healthcare practitioner. To increase sweetness, use less water. To decrease sweetness, add more water.

Typical Amino Acid Profile (mg per serving):

Essential Amino Acids:

L-Isoleucine 1,100, L-Leucine 2,085, L-Lysine 1,842, L-Methionine 288, L-Phenylalanine 1,340, Threonine 909, L-Tryptophan 219, L-Valine 1,202.

Non-Essential Amino Acids:

L-Alanine 1,081, L-Arginine 2,303, L-Aspartic Acid 2,818, L-Cysteine 254, L-Glutamic Acid 4,422, L-Glutamine 500, L-Glycine 1,025, L-Histidine 613, L-Proline 1,309, L-Serine 1,321, L-Taurine 250, L-Tyrosine 823.

†††Aminogen® is a registered trademark of Triarco Industries and is protected by U.S. Patent No. 5,387,422.

††MatriCal™ Select is a registered trademark of NuMedica® LLC.

*Sulforaphane Glucosinolate is produced under US patents: 5,725,895; 5,968,567; 6,177,122; 6,242,018; 7,303,770 and patents pending.



Amount Per Serving

Calories	160
Total Fat	3 g
Total Carbohydrate	12 g
Dietary Fiber	4 g
Total Sugars	4 g
Includes 4 g Added Sugars	
Xylitol	2 g
Protein	24 g
Calcium	120 mg
Iron	8 mg
Magnesium	35 mg
Manganese	0.25 mg
Sodium	350 mg
Potassium	160 mg
L-Glutamine	500 mg
Broccoli (<i>Brassica oleracea italica</i>) (seed) extract	300 mg
L-Taurine	250 mg
Calcium D-Glucarate	200 mg

Other Ingredients: Total Vegan® Proprietary Protein Blend (yellow pea protein isolate, rice protein, organic hemp protein, chia seed, cranberry protein), evaporated organic cane juice, cocoa (processed with alkali), xylitol, natural cocoa, arabinogalactans, natural chocolate flavor, stevia extract (steviol glycosides), Broccoli (*Brassica oleracea italica*) (seed) extract†, protease (from Aminogen®)†††, medium-chain triglycerides, taurine, calcium d-glucarate, salt, calcium (from *Algas calcareae*) (MatriCal™ Select)††, suma root 4:1.

Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy, artificial colors, sweeteners or preservatives.

Caution: Keep out of reach of children.

Storage: Keep tightly closed in a cool, dry place.



Suitable for
VEGETARIANS



Independently Tested
GLUTEN-FREE

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.
Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

**100% vegan,
no hidden
animal or
soy sourced
ingredients**



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These products are not intended to diagnose, treat, cure or prevent any disease.

Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

Total Vegan® Mocha

High Quality Vegan Protein Drink Mix

A NuMedica® Registered Trademark Exclusive - Reg. #85118735

Specifications:

- Available in 1 lb. 6 oz. (623 g)
- Serving Size 2 scoops (45 g)
- Servings Per Container 14

Directions:

Stir or blend two scoops (44.5 g) into 8 ounces of cold water. Take once per day or as directed by your healthcare practitioner. To increase sweetness, use less water. To decrease sweetness, add more water.

Typical Amino Acid Profile (mg per serving):

Essential Amino Acids:

L-Isoleucine 1,140, L-Leucine 2,117, L-Lysine 1,886, L-Methionine 284, L-Phenylalanine 1,333, Threonine 937, L-Tryptophan 226, L-Valine 1,218.

Non-Essential Amino Acids:

L-Alanine 1,081, L-Arginine 2,297, L-Aspartic Acid 2,837, L-Cysteine 266, L-Glutamic Acid 4,443, L-Glutamine 500, L-Glycine 1,012, L-Histidine 616, L-Proline 1,350, L-Serine 1,326, L-Taurine 200, L-Tyrosine 939.

***Sulforaphane Glucosinolate**

is produced under US patents: 5,725,895; 5,968,567; 6,177,122; 6,242,018; 7,303,770 and patents pending.

**Aminogen® is a registered trademark of Triarco Industries and is protected by U.S. Patent No. 5,387,422.

*** MatriCal™ is a trademark of NuMedica® LLC



Amount Per Serving

Calories	160
Total Fat	3 g
Total Carbohydrate	12 g
Dietary Fiber	4 g
Total Sugars	4 g
Includes 4 g Added Sugars	
Xylitol	2 g
Protein	24 g
Calcium	120 mg
Iron	8 mg
Magnesium	30 mg
Manganese	0.25 mg
Sodium	350 mg
Potassium	120 mg
L-Glutamine	500 mg
Broccoli (<i>Brassica oleracea italica</i>) (seed) extract (NLT 10% Sulforaphane Glucosinolate†, 30 mg)	300 mg
L-Taurine	250 mg
Calcium D-Glucarate	200 mg

Other Ingredients: Total Vegan® Proprietary Protein Blend (yellow pea protein isolate, rice protein, organic hemp protein, chia seed, cranberry protein), evaporated organic cane juice, cocoa (processed with alkali), xylitol, natural cocoa, arabinogalactans, natural chocolate flavor, natural vanilla flavor, stevia extract (steviol glycosides), protease (from Aminogen®)**, medium-chain triglycerides, Broccoli (*Brassica oleracea italica*) (seed) extract†, guar gum, salt, calcium (from *Algas calcareas*) (MatriCal™ Select)***, suma root 4:1, natural coffee flavors.

Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy, artificial colors, sweeteners or preservatives.

Caution: Keep out of reach of children.

Storage: Keep tightly closed in a cool, dry place.



Suitable for **VEGETARIANS**



Independently Tested **GLUTEN-FREE**

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 Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

Total Vegan® Natural Vanilla

High Quality Vegan Protein Drink Mix

A NuMedica® Registered Trademark Exclusive - Reg. # 85118735

Specifications:

- Available in 1 lb. 2 oz. (560 g)
- Serving Size 2 Scoops (40 g)
- Servings Per Container 14

Directions:

Stir or blend two scoops (40 g) into 8 ounces of cold water. Take once per day or as directed by your healthcare practitioner. To increase sweetness, use less water. To decrease sweetness, add more water.

Typical Amino Acid Profile (mg per serving):

Essential Amino Acids:

L-Isoleucine 1,100, L-Leucine 2,085, L-Lysine 1,842, L-Methionine 288, L-Phenylalanine 1,340, Threonine 909, L-Tryptophan 219, L-Valine 1,202.

Non-Essential Amino Acids:

L-Alanine 1,081, L-Arginine 2,303, L-Aspartic Acid 2,818, L-Cysteine 254, L-Glutamic Acid 4,422, L-Glutamine 500, L-Glycine 1,025, L-Histidine 613, L-Proline 1,309, L-Serine 1,321, L-Taurine 250, L-Tyrosine 823.

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**MatriCal™ is a registered trademark of NuMedica® LLC.

*Sulforaphane Glucosinolate is produced under US patents: 5,725,895; 5,968,567; 6,177,122; 6,242,018; 7,303,770 and patents pending.



Amount Per Serving

Calories	150
Total Fat	2.5 g
Total Carbohydrate	10 g
Dietary Fiber	2 g
Total Sugars	3 g
Includes 3 g Added Sugars	0
Xylitol	2 g
Protein	24 g
Calcium	110 mg
Iron	6 mg
Magnesium	11 mg
Manganese	0.25 mg
Sodium	320 mg
Potassium	60 mg
L-Glutamine	500 mg
Broccoli (<i>Brassica oleracea italica</i>) (seed) extract (NLT 10% Sulforaphane Glucosinolate†, 30 mg)	300 mg
L-Taurine	250 mg
Calcium D-Glucarate	200 mg

Other Ingredients: Total Vegan® Proprietary Protein Blend (yellow pea protein isolate, rice protein, organic hemp protein, chia seed, cranberry protein), evaporated organic cane juice, natural vanilla flavors, xylitol, arabinogalactans, L-glutamine, stevia extract (steviol glycosides), Broccoli (*Brassica oleracea italica*) (seed) extract†, protease (from Aminogen®)†††, medium-chain triglycerides, taurine, calcium d-glucarate, salt, calcium (from *Algas calcareas*) (MatriCal™ Select)††, suma root 4:1.

Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy, artificial colors, sweeteners or preservatives.

Caution: Keep out of reach of children.

Storage: Keep tightly closed in a cool, dry place.



Suitable for
VEGETARIANS



Independently Tested
GLUTEN-FREE

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Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

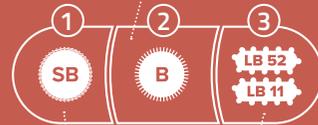
Tri-Flora Plus™

Powerful multi-strain probiotic provides three lines of defense against microflora imbalance*

THREE LINES OF DEFENSE

- 1. *Saccharomyces boulardii***
Adheres to pathogens*
- 2. *Bifidobacterium***
Reinforces the intestinal barrier*
- 3. *Lactobacillus***
Naturally present in human intestinal tract*

Bifidobacteria
Rosell-175



Saccharomyces
boulardii

Lactobacillus
Two Strains

Zinc Glycinate

Immune System Support Formula*

Zinc Glycinate features the fully reacted TRAACS™ zinc bisglycinate chelate by Balchem Corporation. Zinc is essential for the development and proper functioning of the reproductive organs, including healthy prostate function, and has been shown to support healthy immune system function.* Zinc also supports enzyme activity associated with tissue synthesis, energy metabolism and bone mineralization.* Zinc Glycinate is readily bioavailable and easily absorbed as an intact chelate.* It is superior to other forms of zinc because it does not get ionized in the gut before it is absorbed.* Instead, it appears to be metabolized in the body right at the target tissue.* Deficiencies in zinc can lead to an impaired immune system, decreased glucose metabolism, hormonal imbalance and slower wound healing.*

Specifications:

- **Available in**
120 vegetable capsules
- **Serving Size** 1 capsule
- **Servings Per Container** 120

Directions:

Take one capsule once per day or as directed by your healthcare practitioner.



Amount Per Serving

Zinc (as zinc bisglycinate chelate)†	30 mg
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Other Ingredients: Hydroxypropyl methylcellulose (vegetable capsule), microcrystalline cellulose, l-leucine.

Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy.

Caution: Keep out of reach of children.

Storage: Keep tightly closed in a cool, dry place.



†Albion™, TRAACS™ and the Albion Gold Medallion design are trademarks of Balchem Corporation or its subsidiaries.

Notes:



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Ingredient Cross Reference



5-Hydroxytryptophan

5-HTP 50 mg 50 mg

5-HTP 100 mg 100 mg

Liposomal Tranquinox Deep™ **

Neuro Harmony™ 50 mg

Appe-Curb® 75 mg

5-MTHF

NeuroMethylation Cream™



Acetyl L-Carnitine

Acetyl L-Carnitine 500 mg

Mitochondrial Recharge® 300 mg

Corti-B Plex™ 150 mg

MultiMedica™ without Iron 50 mg

MultiMedica™ for Women 50 mg

MultiMedica™ for Men 50 mg

Foundation Essentials® for Men 25 mg

Foundation Essentials® for

Men & Women 25 mg

Foundation Essentials® for Women 25 mg

Acetyl L-Carnitine Hydrochloride

Mitochondrial Recharge® 300 mg

Foundation Essentials® for Men 25 mg

Foundation Essentials® for

Men & Women 25 mg

Foundation Essentials® for Women 25 mg

Acid-Stable Protease

Allergenza® **

Glutenza® **

Pan-V® **

Additional Omega-3-Fatty Acids

DHA Liquid **

Adrenal Gland

Thyrodex™ T-150 **

AdrenaMed® GL50 50 mg

African Mango

28 Day Adipose Focus

African Mango 150 mg

Reset PATH® Support Formula **

hc3™ trim Active Complex **

Liposomal Tranquinox Deep™ **

Osteo V SC™ **

Aloe vera

GlutaMed™ 100 mg

Power Greens + Reds™ **

Power Fruits & Veggies® for Kids **

Alpha Linolenic Acid

Omega EFA Complex™ **

Alpha-Lipoic Acid

Alpha CU™ 800 mg

HM Protect™ 150 mg

Liver Defend™ 200 mg

Mitochondrial Recharge® 200 mg

CINergy® 400 mg

Dual-Tox DPO® 200 mg

American Ginseng

AdrenaMed® 200 mg

CINergy® 750 mg

Amylase

Allergenza® **

Glutenza® **

Pan-V® **

Pan-GL™ **

Power Greens + Reds™ **

Power Greens® Berry **

Power Greens® Espresso **

Power Greens® Chocolate **

Power Greens® Mint **

Power Greens® Premium Berry **

Arabinogalactan

GlutaMed™ 2000 mg

Arginine alpha-ketoglutarate

Mitochondrial Recharge® 100 mg

Artichoke

Dual-Tox DPO® 600 mg

Ashwagandha

Functional Female® 250 mg

Functional Male® 250 mg

CurcuCalm® 65 mg

ThyroMedica Plus® 100 mg

Asian Ginseng

Reset PATH® Support Formula **

Liposomal Tranquinox Deep™ **

MultiMedica™ for Women 25 mg

MultiMedica™ without Iron 25 mg

MultiMedica™ for Men 25 mg

**** This ingredient is featured in a proprietary blend.**

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Astragalus

Reset PATH® Support Formula **

Liposomal Tranquinox Deep™ **

Osteo V SC™ **

PrenuPhase™ **

Methyl Folate™ Optimizer **

Osteo Vegan™ **

Power Greens® Premium Berry **

-B-

Bacillus subtilis (DE111®)

HiFlora-50® **

Allergenza® **

Glutenza® **

Barberry

ParasideX® 300 mg

Bearberry

CandideX™ 150 mg

Bee Propolis

Path DS® 100 mg

Beet Root

NOVA Complete® Original 500 mg

Benfotiamine

B-Replete® 20 mg

Berberine hydrochloride

Berberine VasoQX® 400 mg

Beta Glucan Powder

ImmunoMed 3-6™ 700 mg

Beta-Alanine

hc3™ trim Active Complex **

Osteo V SC™ **

Betaine

Pepcigen™ 300 mg

Functional Female® 7.5 mg

Seasonal Shield® 15 mg

MineralPlex™ 400 mg

Multiplex Complete™ **

ProGI Soothe™ Vanilla 250 mg

Betaine Anhydrous

ProGI Soothe™ Vanilla 250 mg

Betaine hydrochloride

Pepcigen™ 300 mg

MineralPlex™ 400 mg

Bifidobacterium animalis lactis

HiFlora-50® **

Bifidobacterium lactis

HiFlora-50® **

Bifidobacterium longum

HiFlora-50® **

Tri-Flora Plus™ **

Allergenza® **

Glutenza® **

Power Greens® Chocolate **

Power Greens® Mint **

Power Greens® Berry **

Power Greens® Espresso **

Bifidobacterium longum

Rosell-175

Tri-Flora Plus™ **

Allergenza® **

Glutenza® **

Power Greens® Berry **

Power Greens® Espresso **

Bilberry

Salicin-B™ IC **

CurcuCalm® 75 mg

Power Greens + Reds™ **

Power Greens + Reds™ **

Multiplex Complete™ **

Power Greens® Premium Berry **

Biotin

Mitochondrial Recharge® 200 mcg

Alpha CU™ 200 mcg

Gluco-Response™ 10000 mcg

B-Replete® 400 mcg

MultiMedica™ for Women 1000 mcg

MultiMedica™ without Iron 1000 mcg

MultiMedica™ for Men 1000 mcg

Foundation Essentials® for Men 500 mcg

Foundation Essentials® for

Men & Women 500 mcg

Foundation Essentials® for

Women 500 mcg



** This ingredient is featured in a proprietary blend.

Multiplex Complete™ 300 mcg
 ProGI Soothe™ Vanilla 150 mcg
 Pro-ToxiClear® 320 mcg
 Power Greens® Premium Berry 90 mcg

Bitter Gourd

Gluco-Response™ 150 mg

Bitter Orange

Reset PATH® Support Formula **
 Liposomal Tranquinox Deep™ **

Black pepper (BioPerine®)

C-750 Plus™ 3 mg
 DIM Estro™ 2 mg
 Osteo V SC™ 2.5 mg
 Corti-B Plex™ 2 mg
 Methyl Folate™ Optimizer 2 mg
 Osteo Vegan™ 1.25 mg

Black Walnut

CandideX™ 200 mg

Blueberry

Salicin-B™ IC **
 Power Greens + Reds™ **
 Power Greens® Chocolate **
 Power Greens® Espresso **
 Power Greens® Mint **
 Power Greens® Berry **
 Multiplex Complete™ **
 Power Greens® Premium Berry **

Borage Oil

Borage GLA 1000 mg
 Omega EFA Complex™ 400 mg

Boron

Osteo Vegan™ 1.5 mg
 Multiplex Complete™ 2 mg

Boswellia serrata

CurcuCalm® 300 mg
 Salicin-B™ IC 100 mg
 Seasonal Shield® 300 mg

Broccoli

BrocColinate® 600 mg
 BrocColinate® Activated 600 mg
 ProstaCalm® 150 mg
 Power Greens + Reds™ **
 Power Greens® Chocolate **
 Power Greens® Espresso **
 Power Greens® Mint **
 Power Greens® Berry **
 Total Vegan® Chocolate Delight 300 mg
 Total Vegan® Mocha 300 mg
 Total Vegan® Natural Vanilla 300 mg
 Multiplex Complete™ **
 Power Greens® Premium Berry **

Bromelain

Allergenza® **
 Glutenza® **
 Pan-V® **
 CurcuCalm® 95 mg
 ParasideX® 12.5 mg
 Power Greens + Reds™ **
 Power Greens® Berry **
 Seasonal Shield® 200 mg
 Power Fruits & Veggies® for Kids **
 Power Greens® Espresso **
 Power Greens® Chocolate **
 Power Greens® Mint **

Calcium

Caprylic Acid 100 mg
 Mag-Cal Citrate™ 200 mg
 MyoMedica™ 50 mg
 OsteoMedica® 800 mg
 MineralPlex™ 300 mg
 TheraPRP® Capsules 27 mg
 Thyrodex™ T-150 20 mg
 ImmunoG PRP™ Capsules 25 mg
 TheraPRP® Powder 135 mg
 ImmunoG PRP™ Powder
 Chocolate 128 mg
 ImmunoG PRP™ Powder Original 125 mg
 ImmunoG PRP™ Powder Vanilla 125 mg
 Osteo Vegan™ 400 mg
 Power Greens® Espresso 29 mg
 Total Vegan® Chocolate Delight 120 mg
 Total Vegan® Mocha 120 mg
 Total Vegan® Natural Vanilla 110 mg
 SlimFit® Chocolate 181 mg
 MultiMedica™ for Women 100 mg
 MultiMedica™ without Iron 100 mg
 MultiMedica™ for Men 100 mg
 Foundation Essentials® for Men 50 mg
 Foundation Essentials® for



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Men & Women 250 mg
Foundation Essentials® for
Women 250 mg
Multiplex Complete™ 60 mg
Pro-ToxiClear® 150 mg
ProGI Soothe™ Vanilla 320 mg
Power Greens® Premium Berry 350 mg

Calcium Ascorbate

C-750 Plus™ **
HemePlex Fe® **
Osteo Vegan™ **
MultiMedica™ for Men **
MultiMedica™ for Women **
MultiMedica™ without Iron **
Foundation Essentials® for Men **
Foundation Essentials® for
Men & Women **
Foundation Essentials® for Women **
Collagen Replete™ **
MultiMedica™ for Women **
MultiMedica™ without Iron **
Foundation Essentials® for Men **
Foundation Essentials® for
Men & Women **
Foundation Essentials® for Women **
MultiMedica™ for Men **

Calcium D-Glucarate

NuFemina™ 1000 mg
Dual-Tox DPO® 100 mg
Total Vegan® Chocolate Delight 200 mg
Total Vegan® Mocha 200 mg
Total Vegan® Natural Vanilla 200 mg
ProGI Soothe™ Vanilla 250 mg
Pro-ToxiClear® 250 mg

Calcium Stearate

Salicin-B™ IC **

Caprylic Acid

Caprylic Acid 1.35 g
MCT Oil USP™ **

Carnitine Fumarate

Liposomal Vitamin C 100 mg

Cellulase

Allergenza® **
Glutenza® **
Pan-V® **
Power Greens + Reds™ **
Power Greens® Berry **
Power Greens® Espresso **
Power Greens® Chocolate **
Power Greens® Mint **

Chamomile

L-Theanine Liquid 40 mg
Liposomal Tranquinox Deep™ **
MultiMedica™ for Women 15 mg
Foundation Essentials®
for Women 7.5 mg

Chasteberry

NuFemina™ 225 mg
MultiMedica™ for Women 15 mg
Foundation Essentials®
for Women 7.5 mg

Chlorella

HM Protect™ 150 mg
Power Greens + Reds™ **
Power Greens® Chocolate **
Power Greens® Mint **
Power Greens® Berry **

Power Greens® Espresso **
AdrenaMed® GL50 50 mg
Multiplex Complete™ 75 mg
Power Greens® Premium Berry **

Choline

Lipid Factors™ 320 mg
Cognitive Balance® 100 mg
B-Replete® 30 mg
MultiMedica™ for Women 60 mg
MultiMedica™ without Iron 40 mg
MultiMedica™ for Men 40 mg
Foundation Essentials® for Men 20 mg
Foundation Essentials® for
Men & Women 20 mg
Foundation Essentials® for Women 30 mg
Multiplex Complete™ 100 mg
ProGI Soothe™ Vanilla 100 mg

Chondroitin Sulfate Sodium

Joint Replete® 500 mg

Chromium

PrenuPhase™ 1000 mg
Appe-Curb® 60 mcg
CINNergy® 400 mcg
Gluco-Response™ 1000 mcg
AdrenaMed® GL50 50 mcg
MineralPlex™ 150 mcg
MultiMedica™ without Iron 500 mcg
MultiMedica™ for Women 500 mcg
Multiplex Complete™ 60 mcg
Foundation Essentials® for Men 250 mcg
Foundation Essentials® for
Men & Women 250 mcg
MultiMedica™ for Men 500 mcg
Foundation Essentials® for

**** This ingredient is featured in a proprietary blend.**

Women 250 mcg

ProGI Soothe™ Vanilla 60 mcg

Power Greens® Premium Berry 120 mcg

Pro-Toxiclear® 55 mcg

Cilantro

HM Protect™ 150 mg

Cinnamon

Path DS® 100 mg

CINergy® 300 mg

Multiplex Complete™ **

Citrus Bioflavones

AdrenaMed® GL50 200 mg

Citrus Bioflavonoid Complex

C-Bioflav 1000™ 500 mg

Citrus Bioflavonoids

Corti-B Plex™ 75 mg

Seasonal Shield® 222 mg

Coenzyme Q10

CoQ-Clear® 100 Ubiquinol 100 mg

Liposomal CoQ10 + PQQ 100 mg

CoQ-Clear® 50 Ubiquinone 50 mg

CoQ-Clear® 100 Ubiquinone 100 mg

CoQ-Clear® 100 Ubiquinone 100 mg

Berberine VasoQX® 40 mg

MigraVoid™ 100 mg

Lipid Factors™ 25 mg

Mitochondrial Recharge® 45 mg

Foundation Essentials® for Men 100 mg

Foundation Essentials® for Men & Women 100 mg

Foundation Essentials® for Women 100 mg

Collagen Peptides

Collagen Replete™ 3000 mg

Colostrum

Immuno PRP™ Spray 8 mg

TheraPRP® Capsules 2000 mg

ImmunoG PRP™ Cherry

Chewables 1000 mg

ImmunoG PRP™ Capsules 2000 mg

TheraPRP® Powder 10000 mg

ImmunoG PRP™ Powder

Chocolate 10000 mg

ImmunoG PRP™ Powder

Original 10000 mg

ImmunoG PRP™ Powder

Vanilla 10000 mg

Colostrum polypeptides

Immuno PRP™ Spray 8 mg

TheraPRP® Capsules **

ImmunoG PRP™ Cherry Chewables **

ImmunoG PRP™ Capsules **

TheraPRP® Powder **

ImmunoG PRP™ Powder Chocolate **

ImmunoG PRP™ Powder Original **

ImmunoG PRP™ Powder Vanilla **

Conjugated Linoleic Acid

CLA Trim 1000™ 1000 mg

Copper

Copper 2 mg

Cordyceps

AdrenaMed® 400 mg

Power Greens® Premium Berry **

Cranberry

Salicin-B™ IC **

Power Greens + Reds™ **

Power Greens® Chocolate **

Power Greens® Berry **

Power Greens® Espresso **

Power Greens® Mint **

Multiplex Complete™ **

MultiMedica™ for Women 25 mg

Foundation Essentials® for Women 12.5 mg

Curcumin

DIM Estro™ 600 mg

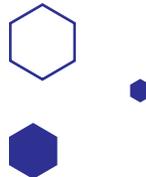
Liposomal Curcumin 250 mg

14-Day Detox Program Vanilla 1

CurcuCalm® 375 mg

Curcuminoids

Liposomal Curcumin 250 mg



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-D-

d-gamma tocopherol

Elite-E Complex™ **

D-Mannose

UT Soothe™ Capsules 1000 mg

UT Soothe™ Powder 1.9 g

Dandelion

Lipid Factors™ 120 mg

Dehydroepiandrosterone (DHEA)

DHEA 5 mg 5 mg

DHEA 25 mg 25 mg

DHA

Omega 750 EC™ **

DHA Liquid **

Omega 600 **

Omega 1700 TG™ **

Omega 950™ EE **

Omega EFA Complex™ **

Foundation Essentials® for Men **

Foundation Essentials® for

Men & Women **

Foundation Essentials® for Women **

Diindolylmethane (DIM)

DIM Estro™ 150 mg

NuFemina™ 200 mg

Functional Female® 100 mg

dl-Phenylalanine

Appe-Curb® 1000 mg

Docosahexaenoic Acid

Omega EFA Complex™ **

DPA

DHA Liquid **

-E-

Eicosapentaenoic Acid

Omega EFA Complex™ **

Endopeptidase

Allergenza® **

Glutenza® **

EPA

Omega 750 EC™ **

DHA Liquid **

Omega 600 **

Omega 1700 TG™ **

Omega 950™ EE **

Omega EFA Complex™ **

Foundation Essentials® for Men **

Foundation Essentials® for

Men & Women **

Foundation Essentials® for Women **

Exopeptidase

Allergenza® **

Glutenza® **

-F-

Fenugreek

Gluc-Response™ 450 mg

CINNergy® 300 mg

Multiplex Complete™ **

Flax

Omega EFA Complex™ 400 mg

Power Greens® Espresso **

Multiplex Complete™ 50 mg

ProGI Soothe™ Vanilla 6000 mg

Pro-ToxiClear® 9000 mg

Power Greens® Premium Berry **

Folate

Methyl Folate™ (5-MTHF) 1360 mcg DFE

Methyl Folate™ HP 17680 mcg DFE

Dual-Tox DPO® 680 mcg DFE

Liposomal MethylSorb® 2125 mcg DFE

Neuro Harmony™ 340 mcg DFE

Corti-B Plex™ 680 mcg DFE

Methyl Folate™ Optimizer 10200 mcg DFE

Methyl-Plex B™ 2040 mcg DFE

HemePlex Fe® 1020 mcg DFE

Osteo Vegan™ 354 mcg DFE

B-Replete® 680 mcg DFE

MultiMedica™ for Men 340 mcg

MultiMedica™ for Women 340 mcg DFE

MultiMedica™ without Iron 340 mcg DFE

Foundation Essentials® for

Men 170 mcg DFE

Foundation Essentials® for Men

& Women 170 mcg DFE

Foundation Essentials® for

Women 170 mcg DFE

Multiplex Complete™ 400 mcg DFE

ProGI Soothe™ Vanilla 340 mcg DFE

Pro-ToxiClear® 340 mcg DFE

Power Greens® Premium

Berry 340 mcg DFE

-G-

Gamma Aminobutyric Acid (GABA)

GABA Capsules 500 mg

Liposomal GABA 250 mg

Liposomal Tranquinox® **

** This ingredient is featured in a proprietary blend.

Liposomal Tranquiniox Deep™ **

Neuro Harmony™ 250 mg

Gamma Linolenic Acid

Borage GLA **

Omega EFA Complex™ **

Garcinia cambogia

Reset PATH® Support Formula **

Liposomal Tranquiniox Deep™ **

Garlic (allicin)

HM Protect™ 300 mg

Multiplex Complete™ **

Gentian

ParasideX® 150 mg

Pepcigen™ 20 mg

Ginger

ParasideX® 75 mg

Power Greens + Reds™ **

CurcuCalm® 25 mg

Power Greens® Premium Berry **

ProGI Soothe™ Vanilla 150 mg

Ginkgo

Power Greens® Espresso **

Ginseng

Reset PATH® Support Formula **

Functional Female® 200 mg

Liposomal Tranquiniox Deep™ **

Functional Male® 200 mg

ProstaCalm® 50 mg

MultiMedica™ for Women 25 mg

MultiMedica™ without Iron 25 mg

MultiMedica™ for Men 25 mg

Glucosamine Salt

Methyl Folate™ (5-MTHF) **

Methyl Folate™ HP **

Dual-Tox DPO® **

Liposomal MethylSorb® **

Neuro Harmony™ **

Corti-B Plex™ **

Methyl Folate™ Optimizer **

Methyl-Plex B™ **

Osteo Vegan™ **

B-Replete® **

MultiMedica™ for Women **

MultiMedica™ without Iron **

MultiMedica™ for Men **

Foundation Essentials® for Men **

Foundation Essentials® for

Men & Women **

Foundation Essentials® for Women **

ProGI Soothe™ Vanilla **

Pro-Toxiclear® **

Power Greens® Premium Berry **

Glucosamine Sulfate 2KCl

Joint Replete® 500 mg

Glutathione

Liposomal Tranquiniox® **

Liposomal Glutathione 500 mg

Pro-Toxiclear® 29 mg

Glycerin

Liposomal Curcumin **



Liposomal Hydroxy B12™ **

Liposomal Vitamin C **

Liposomal Glutathione **

Liposomal CoQ10 + PQQ **

Liposomal MethylSorb® **

Glycine

ProstaCalm® 100 mg

MultiMedica™ without Iron 30 mg

Multiplex Complete™ **

MultiMedica™ for Men 30 mg

Pro-Toxiclear® 2287 mg

ProGI Soothe™ Vanilla 477 mg

Foundation Essentials® for Men 15 mg

Foundation Essentials® for

Men & Women 15 mg

Goldenseal

CandideX™ 180 mg

ParasideX® 50 mg

Grape

CandideX™ 400 mg

Salicin-B™ IC **

ParasideX® 110 mg

Path DS® 100 mg

Path DS® 100 mg

NOVA Complete® Original 200 mg

Functional Female® 10 mg

Functional Male® 10 mg

Power Greens® Chocolate **

Power Greens + Reds™ **

Power Greens® Espresso **

Seasonal Shield® 20 mg

Power Greens® Espresso **

Power Greens® Mint **

Power Greens® Berry **

AdrenaMed® GL50 1 mg

Multiplex Complete™ **

Multiplex Complete™ **

Power Greens® Premium Berry **

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Grapefruit

CandideX™ 400 mg

Path DS® 100 mg

Green Coffee Bean

NOVA Complete® Original 300 mg

Green Tea

Reset PATH® Support Formula **

CINNergy® 400 mg

Dual-Tox DPO® 150 mg

Power Greens® Premium Berry **

ProGI Soothe™ Vanilla 82 mg

Green-lipped mussel (ETA rol)

Joint Replete® 1040 mg

Guarana

Reset PATH® Support Formula **

Liposomal Tranquinox Deep™ **

Guggul

Lipid Factors™ 600 mg

ThyroMedica Plus® 1000 mg

Gymnema

CINNergy® 400 mg

GlucO-Response™ 100 mg

Gynostemma pentaphyllum

Berberine VasoQX® **



Hawthorn

NOVA Complete® Original 200 mg

Hesperidin

CurcuCalm® 50 mg

MultiMedica™ for Women 15 mg

MultiMedica™ without Iron 16 mg

MultiMedica™ for Men 16 mg

Foundation Essentials® for Men 8 mg

Foundation Essentials® for

Men & Women 8 mg

Foundation Essentials®

for Women 7.5 mg

Horsetail

Thyrodex™ T-150 **

Huperzine A

Cognitive Balance® 200 mcg

Hyaluronic Acid

Joint Replete® 30 mg

Immunoglobulin G

TheraPRP® Capsules **

ImmunoG PRP™ Cherry Chewables **

ImmunoG PRP™ Capsules **

TheraPRP® Powder **

ImmunoG PRP™ Powder Chocolate **

ImmunoG PRP™ Powder Original **

ImmunoG PRP™ Powder Vanilla **

Indole-3-Carbinol

NuFemina™ 150 mg

Inositol

Cognitive Balance® 500 mg

MultiMedica™ for Women 60 mg

MultiMedica™ without Iron 40 mg

MultiMedica™ for Men 40 mg

Foundation Essentials® for Women 30 mg

Foundation Essentials® for Men 20 mg

Foundation Essentials® for

Men & Women 20 mg



** This ingredient is featured in a proprietary blend.

Inositol Hexanicotinate

Cognitive Balance® 500 mg

Iodine

Thyroxodine™ 200 mcg

MineralPlex™ 150 mcg

Thyrodex™ T-150 400 mcg

ThyroMedica Plus® 150 mcg

MultiMedica™ without Iron 100 mcg

MultiMedica™ for Women 150 mcg

Foundation Essentials® for Men 50 mcg

Foundation Essentials® for

Men & Women 50 mcg

MultiMedica™ for Men 100 mcg

Foundation Essentials®

for Women 75 mcg

ProGI Soothe™ Vanilla 60 mcg

Power Greens® Premium Berry 45 mcg

Pro-ToxiClear® 55 mcg

Irish moss

Thyrodex™ T-150 **

Iron

Metabolic Reset Program™

Power Greens + Reds™ 0.47 mg

HemePlex Fe® 29 mg

Power Greens® Chocolate 1.4 mg

Power Greens® Mint 0.8 mg

Power Greens® Berry 2.9 mg

Power Greens® Espresso 4.5 mg

Total Vegan® Chocolate Delight 8 mg

Total Vegan® Mocha 8 mg

Total Vegan® Natural Vanilla 6 mg

SlimFit® Chocolate 1.3 mg

MultiMedica™ for Women 5 mg

Foundation Essentials®

for Women 2.5 mg

Pro-ToxiClear® 5 mg



Japanese Knotweed

ResveraPlex Plus™ 500 mg

Power Greens® Chocolate **

Power Greens + Reds™ **

Power Greens® Espresso **

Mitochondrial Recharge® 75 mg

Power Greens® Mint **

Power Greens® Berry **

Power Greens® Premium Berry 40 mg



L-Alanine

ProstaCalm® 100 mg

Multiplex Complete™ **

MultiMedica™ without Iron 25 mg

MultiMedica™ for Men 25 mg

Foundation Essentials® for Men 12.5 mg

Foundation Essentials® for

Men & Women 12.5 mg

L-Arabinose and Chromium

PrenuPhase™ 1000 mg

L-Arginine

L-Arginine 1500 mg

Reset PATH® Support Formula **

hc3™ trim Active Complex **

Liposomal Tranquinox Deep™ **

Osteo V SC™ **

Mitochondrial Recharge® 100 mg

Multiplex Complete™ **

L-Arginine alpha-ketoglutarate

Mitochondrial Recharge® 100 mg

L-Carnitine

Acetyl L-Carnitine 500 mg

Reset PATH® Support Formula **

hc3™ trim Active Complex **

Liposomal Tranquinox Deep™ **

Osteo V SC™ **

Liposomal CoQ10 + PQQ 25 mg

Mitochondrial Recharge® 300 mg

Corti-B Plex™ 150 mg

MultiMedica™ without Iron 50 mg

MultiMedica™ for Women 50 mg

MultiMedica™ for Men 50 mg

Foundation Essentials® for Men 25 mg

Foundation Essentials® for

Men & Women 25 mg

Foundation Essentials® for Women 25 mg

L-Citrulline

NOVA Complete® Original 3000 mg

Mitochondrial Recharge® 100 mg

CurcuCalm® 25 mg

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L-Cysteine

Multiplex Complete™ **

Pro-ToxiClear® 670 mg

L-Glutamic Acid

Pepcigen™ 350 mg

ProstaCalm® 100 mg

MultiMedica™ without Iron 25 mg

MultiMedica™ for Men 25 mg

Foundation Essentials® for Men 12.5 mg

Foundation Essentials® for

Men & Women 12.5 mg

L-Glutamine

GlutaMed™ 3500 mg

L-Glutamine 500 mg

L-Glutamine Powder 5 g

hc3™ trim Active Complex **

Osteo V SC™ **

CurcuCalm® 185 mg

Appe-Curb® 375 mg

Total Vegan® Chocolate Delight 500 mg

Total Vegan® Mocha 500 mg

Total Vegan® Natural Vanilla 500 mg

ProGI Soothe™ Vanilla 4316 mg

L-Glutathione

Pro-ToxiClear® 29 mg

L-Glycine

ProstaCalm® 100 mg

MultiMedica™ without Iron 30 mg

Multiplex Complete™ **

MultiMedica™ for Men 30 mg

Pro-ToxiClear® 2287 mg

ProGI Soothe™ Vanilla 477 mg

L-Isoleucine

Pro-ToxiClear® 1105 mg

L-Leucine

Multiplex Complete™ **

Pro-ToxiClear® 2393 mg

L-Lysine

Path DS® 150 mg

CurcuCalm® 300 mg

Multiplex Complete™ **

MultiMedica™ for Women 20 mg

MultiMedica™ without Iron 20 mg

MultiMedica™ for Men 20 mg

Pro-ToxiClear® 812 mg

Foundation Essentials® for Women 10 mg

Foundation Essentials® for Men 10 mg

Foundation Essentials® for

Men & Women 10 mg

L-Lysine Hydrochloride

Path DS® 150 mg

CurcuCalm® 300 mg

MultiMedica™ without Iron 20 mg

MultiMedica™ for Men 20 mg

Foundation Essentials® for Women 10 mg

Foundation Essentials® for Men 10 mg

Foundation Essentials® for

Men & Women 10 mg

L-Methionine

Lipid Factors™ 320 mg

HM Protect™ 100 mg

Cognitive Balance® 400 mg

Mitochondrial Recharge® 100 mg

Multiplex Complete™ **

L-Ornithine

hc3™ trim Active Complex **

Osteo V SC™ **

Mitochondrial Recharge® 300 mg

L-Ornithine hydrochloride

Mitochondrial Recharge® 300 mg

L-Taurine

Taurine 500 mg

Cognitein™ 200 mg

Lipid Factors™ 160 mg

MigraVoid™ 100 mg

Cognitive Balance® 300 mg

Total Vegan® Chocolate Delight 250 mg

Total Vegan® Mocha 250 mg

Total Vegan® Natural Vanilla 250 mg

MultiMedica™ for Women 30 mg

MultiMedica™ without Iron 30 mg

MultiMedica™ for Men 30 mg

Foundation Essentials® for Women 15 mg

Foundation Essentials® for Men 15 mg

Foundation Essentials® for

Men & Women 15 mg

Pro-ToxiClear® 1000 mg

ProGI Soothe™ Vanilla 175 mg

L-Theanine

L-Theanine 200 mg

L-Theanine Liquid 200 mg

Cognitein™ 100 mg

Liposomal Tranquinox Deep™ **

MigraVoid™ 50 mg

L-Threonine

CurcuCalm® 120 mg

Multiplex Complete™ **

Pro-ToxiClear® 975 mg

L-Tyrosine

Appe-Curb® 750 mg

AdrenaMed® GL50 175 mg

Thyrodex™ T-150 20 mg

**** This ingredient is featured in a proprietary blend.**



ThyroMedica Plus® 500 mg

Multiplex Complete™ **

L-Valine

Multiplex Complete™ **

Pro-ToxiClear® 1710 mg

Lactase

Allergenza® **

Glutenza® **

Pan-V® **

Power Greens + Reds™ **

Power Greens® Berry **

Power Greens® Espresso **

Power Greens® Chocolate **

Power Greens® Mint **

Power Greens® Premium Berry **

Lactaseibacillus rhamnosus Rosell-11

Tri-Flora Plus™ **

Lactobacillus acidophilus

HiFlora-50® **

Tri-Flora Plus™ **

Allergenza® **

Glutenza® **

Power Fruits & Veggies® for Kids **

Power Greens + Reds™ **

Power Greens® Chocolate **

Power Greens® Mint **

Power Greens® Berry **

Power Greens® Espresso **

Lactobacillus bulgaricus

HiFlora-50® **

Lactobacillus casei

HiFlora-50® **

Power Fruits & Veggies® for Kids **

Power Greens + Reds™ **

Power Greens® Chocolate **

Power Greens® Mint **

Power Greens® Berry **

Power Greens® Espresso **

Lactobacillus paracasei

HiFlora-50® **

Lactobacillus plantarum

HiFlora-50® **

Lactobacillus rhamnosus

HiFlora-50® **

Tri-Flora Plus™ **

Allergenza® **

Glutenza® **

Power Greens + Reds™ **

Power Greens® Chocolate **

Power Greens® Mint **

Power Greens® Berry **

Power Greens® Espresso **

Lactobacillus rhamnosus LB3

HiFlora-50® **

Lactobacillus rhamnosus Lr-32

HiFlora-50® **

Lactobacillus rhamnosus Rosell-11

Tri-Flora Plus™ **

Allergenza® **

Glutenza® **

Power Greens® Berry **

Power Greens® Espresso **

Lactobacillus salivarius

HiFlora-50® **

Lecithin

Liposomal Tranquinox® **

Liposomal Curcumin **

Liposomal Hydroxy B12™ **

Liposomal Vitamin C **

Liposomal Glutathione **

Liposomal CoQ10 + PQQ **

Liposomal MethylSorb® **

Power Greens® Mint **

Power Greens® Berry **

Power Greens® Chocolate **

Power Greens® Espresso **

Lemon

Power Greens® Espresso **

ProGI Soothe™ Vanilla 250 mg

Lemon Bioflavonoids

ProGI Soothe™ Vanilla 250 mg

LH01 – Myoviridae

Allergenza® **

Glutenza® **

Licorice

GlutaMed™ 500 mg

Power Greens® Mint **

Power Greens® Berry **

Power Greens® Chocolate **

Power Greens® Premium Berry 3 mg

Linolenic Acid

Borage GLA **

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Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

Omega EFA Complex™ **

Omega EFA Complex™ **

Lipase

Allergenza® **

Glutenza® **

Pan-V® **

Pan-GL™ **

Power Greens + Reds™ **

Power Greens® Berry **

Power Greens® Espresso **

Power Greens® Chocolate **

Power Greens® Mint **

Power Greens® Premium Berry **

Lithium

MineralPlex™ 500 mcg

LL12 – Myoviridae

Allergenza® **

Glutenza® **

LL5 – Siphoviridae

Allergenza® **

Glutenza® **

Longjack

Functional Male® 300 mg

Functional Female® 50 mg

Lutein

MultiMedica™ without Iron 75 mcg

MultiMedica™ for Women 75 mcg

MultiMedica™ for Men 75 mcg

Foundation Essentials® for Men 37.5 mcg

Foundation Essentials® for

Men & Women 37.5 mcg

Foundation Essentials® for

Women 37.5 mcg

Lycopene

Power Greens® Espresso **

ProstaCalm® 15 mg



Maca

hc3™ trim Active Complex **

Osteo V SC™ **

Power Greens® Espresso **

Multiplex Complete™ **

Magnesium

CINNergy® 40 mg

Cognitein™ 70 mg

Mag-Plex Ultra™ 125 mg

Magnesium Citrate 200 mg

Caprylic Acid 50 mg

Mag-Cal Citrate™ 200 mg

NOVA Complete® Original 50 mg

MyoMedica™ 100 mg

Neuro Harmony™ 5 mg

OsteoMedica® 100 mg

Cognitive Balance® 100 mg

MigraVoid™ 160 mg

MineralPlex™ 200 mg

Thyrodex™ T-150 20 mg

AdrenaMed® GL50 45 mg

Osteo Vegan™ 200 mg

Total Vegan® Chocolate Delight 35 mg

Total Vegan® Mocha 30 mg

Total Vegan® Natural Vanilla 11 mg

ThyroMedica Plus® 25 mg

MultiMedica™ without Iron 200 mg

MultiMedica™ for Women 200 mg

Foundation Essentials® for Men 100 mg

Foundation Essentials® for

Men & Women 125 mg

MultiMedica™ for Men 200 mg

Multiplex Complete™ 30 mg

Foundation Essentials®

for Women 125 mg

ProGI Soothe™ Vanilla 280 mg

Power Greens® Premium Berry 120 mg

Pro-ToxiClear® 155 mg

Malic Acid

HM Protect™ 100 mg

Manganese

Joint Replete® 10 mg

Thyrodex™ T-150 5 mg

MineralPlex™ 4 mg

Total Vegan® Chocolate Delight 0.25 mg

Total Vegan® Mocha 0.25 mg

Total Vegan® Natural Vanilla 0.25 mg

MultiMedica™ without Iron 0.5 mcg

MultiMedica™ for Women 0.5 mg

Multiplex Complete™ 1 mg

Foundation Essentials® for Men 0.25 mg

Foundation Essentials® for

Men & Women 0.25 mg

MultiMedica™ for Men 0.5 mg

Foundation Essentials® for

Women 0.25 mg

ProGI Soothe™ Vanilla 2 mg

Power Greens® Premium Berry 0.6 mg

Pro-ToxiClear® 1.8 mg

Marine Lipid Concentrate

Omega 750 EC™ 1 g

Omega 600 1 g

Omega 950™ EE 1.36 g

Omega EFA Complex™ 400 mg

Foundation Essentials® for Men 1 g

Foundation Essentials® for

Men & Women 1 g

Foundation Essentials® for Women 1 g

**** This ingredient is featured in a proprietary blend.**

Medium-chain triglycerides

MCT Oil USP™ 14 g

TheraPRP® Capsules **

ImmunoG PRP™ Cherry Chewables **

ImmunoG PRP™ Capsules **

TheraPRP® Powder **

ImmunoG PRP™ Powder Chocolate **

ImmunoG PRP™ Powder Original **

ImmunoG PRP™ Powder Vanilla **

Melatonin

Melatonin Liquid (Natural Lemon) 3 mg

Liposomal Tranquinox® **

Melatonin 3 mg

Liposomal Tranquinox Deep™ **

membranaceous

Reset PATH® Support Formula **

Liposomal Tranquinox Deep™ **

Osteo V SC™ **

PrenuPhase™ **

Methyl Folate™ Optimizer **

Osteo Vegan™ **

Power Greens® Premium Berry **

Methylsulfonylmethane

MSM 920™ 920 mg

Joint Replete® 1000 mg

Dual-Tox DPO® 100 mg

ProGI Soothe™ Vanilla 120 mg

Microcrystalline hydroxyapatite concentrate (MCHC)

OsteoMedica® 2000 mg

MultiMedica™ for Women 130 mg

Foundation Essentials® for

Men & Women 500 mg

Foundation Essentials® for

Women 569 mg

Milk Thistle

Liver Defend™ 262.5 mg

Dual-Tox DPO® 250 mg

Power Greens® Chocolate **

Power Greens + Reds™ **

Power Greens® Espresso **

Power Greens® Mint **

Power Greens® Berry **

Power Greens® Premium Berry 55 mg

Minor glycolipids

Phospholipid Complex **

Mixed Tocopherols

CoQ-Clear® 50 Ubiquinone 7.5 mg

CoQ-Clear® 100 Ubiquinone 15 mg

CoQ-Clear® 100 Ubiquinone 15 mg

Foundation Essentials® for Women 15 mg

Foundation Essentials® for Men 15 mg

Foundation Essentials® for

Men & Women 15 mg

Mixed Tocotrienol Complex

Elite-E Complex™ 5 mg

Molybdenum

MineralPlex™ 100 mcg

MultiMedica™ without Iron 50 mcg

MultiMedica™ for Women 50 mcg

Multiplex Complete™ 75 mcg

Foundation Essentials® for Men 25 mcg

Foundation Essentials® for

Men & Women 25 mcg

MultiMedica™ for Men 50 mcg

Foundation Essentials®

for Women 25 mcg

ProGI Soothe™ Vanilla 35 mcg

Power Greens® Premium Berry 23 mcg

Pro-ToxiClear® 150 mcg

Monolaurin

Path DS® 200 mg



N-Acetyl L-Carnitine hydrochloride

MultiMedica™ without Iron 50 mg

MultiMedica™ for Women 50 mg

MultiMedica™ for Men 50 mg

N-Acetyl L-Cysteine (NAC)

NAC (N-Acetyl L-Cysteine) 600 mg

Liver Defend™ 250 mg

Mitochondrial Recharge® 200 mg

Seasonal Shield® 250 mg

Dual-Tox DPO® 200 mg

Lipid Factors™ 80 mg

HM Protect™ 100 mg

CurcuCalm® 25 mg

MultiMedica™ without Iron 50 mg

MultiMedica™ for Women 50 mg

MultiMedica™ for Men 50 mg

Foundation Essentials® for Men 25 mg

Foundation Essentials® for

Men & Women 25 mg

Foundation Essentials® for Women 25 mg

Pro-ToxiClear® 55 mg

ProGI Soothe™ Vanilla 150 mg

Nattokinase

Nattokinase 50 mg

Nettle

Functional Female® 100 mg

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Functional Male® 100 mg

Seasonal Shield® 300 mg

ProstaCalm® 100 mg

Niacin

Cognitive Balance® 500 mg NE

hc3™ trim Active Complex 2 mg NE

Lipid Factors™ 800 mg NE

Methyl Folate™ Optimizer 150 mg NE

Niacin SR™ 500 mg

Gluco-Response™ 100 mg

AdrenaMed® GL50 15 mg NE

B-Replete® 140 mg NE

ThyroMedica Plus® 17 mg NE

MultiMedica™ for Men 60 mg

MultiMedica™ for Women 60 mg NE

MultiMedica™ without Iron 60 mg

Foundation Essentials® for Men 30 mg NE

Foundation Essentials® for

Men & Women 30 mg NE

Foundation Essentials® for

Women 30 mg NE

Multiplex Complete™ 16 mg NE

ProGI Soothe™ Vanilla 40 mg NE

Pro-ToxiClear® 10 mg

Power Greens® Premium Berry 6 mg

-O-

Oleic Acid

Borage GLA **

Olive Leaf Extract

Path DS® 50 mg

Multiplex Complete™ **

Omega-3 Fatty Acids

DHA Liquid 1400 mg

Omega 1700 TG™ 1400 mg

Omega 950™ EE **

Omega EFA Complex™ **

Omega-6 Fatty Acids

Omega EFA Complex™ **

Omega-9 Fatty Acids

Omega EFA Complex™ **

Oregon Grape

ParasideX® 110 mg

Organic Flax Seed Oil

Multiplex Complete™ 50 mg

Omega EFA Complex™ 400 mg

Organic Inulin

Multiplex Complete™ 1 g

Other Omega-3 Fatty Acids

Omega 1700 TG™ **

Omega 950™ EE **

-P-

Panax Ginseng

Reset PATH® Support Formula **

Functional Female® **

Liposomal Tranquinox Deep™ **

PrenuPhase™ 100 mg

Functional Male® **

ProstaCalm® **

MultiMedica™ for Women **

MultiMedica™ without Iron **

MultiMedica™ for Men **

Foundation Essentials® for

Women 12.5 mg

Foundation Essentials® for Men 12.5 mg

Foundation Essentials® for

Men & Women 12.5 mg

Panax Notoginseng

Osteo V SC™ **

Methyl Folate™ Optimizer **

Osteo Vegan™ **

Pantothenic Acid

AdrenaMed® 50 mg

Parimin B™ 500 mg

Corti-B Plex™ 750 mg

MigraVoid™ 500 mg

AdrenaMed® GL50 105 mg

B-Replete® 150 mg

MultiMedica™ for Women 200 mg

MultiMedica™ without Iron 200 mg

MultiMedica™ for Men 200 mg

Foundation Essentials® for Men 100 mg

Foundation Essentials® for

Men & Women 100 mg

Foundation Essentials® for

Women 100 mg

Multiplex Complete™ 10 mg

** This ingredient is featured in a proprietary blend.

ProGI Soothe™ Vanilla 35 mg

Pro-ToxiClear® 6 mg

Power Greens® Premium Berry 3 mg

Papain

Allergenza® **

Glutena® **

Pan-V® **

Power Greens + Reds™ **

Power Greens® Berry **

Power Greens® Espresso **

Power Greens® Chocolate **

Power Greens® Mint **

Para-Aminobenzoic Acid (PABA)

AdrenaMed® 25 mg

B-Replete® 15 mg

MultiMedica™ for Women 20 mg

MultiMedica™ without Iron 20 mg

MultiMedica™ for Men 20 mg

Foundation Essentials® for Women 10 mg

Foundation Essentials® for Men 10 mg

Foundation Essentials® for

Men & Women 10 mg

Parotid

AdrenaMed® GL50 50 mg

Parsley

Power Greens + Reds™ **

Power Greens® Chocolate **

Thyrodex™ T-150 **

Power Greens® Espresso **

Power Greens® Mint **

Power Greens® Berry **

Power Greens® Premium Berry **

Passionflower

MyoMedica™ 40 mg

Pepsin

Pepcigen™ 100 mg

Phaseolus vulgaris (Phase II Carb Controller®)

PrenuPhase™ 1000 mg

Phosphatidyl Serine

Phosphatidyl Serine 100 mg

Cognitive Balance® 100 mg

Phosphatidylcholine

Phospholipid Complex **

Phosphatidylethanolamine

Phospholipid Complex **

Phosphatidylinositol

Phospholipid Complex **

Phospholipid Complex

Phospholipid Complex 7800 mg

Phosphorus

OsteoMedica® 180 mg

Osteo Vegan™ 100 mg

MultiMedica™ without Iron 10 mg

MultiMedica™ for Women 10 mg

Foundation Essentials® for Men 5 mg

Foundation Essentials® for

Men & Women 50 mg

MultiMedica™ for Men 10 mg

Foundation Essentials® for Women 174 mg

ProGI Soothe™ Vanilla 600 mg

Power Greens® Premium Berry 300 mg

Pro-ToxiClear® 660 mg

Pituitary

Thyrodex™ T-150 **

Policosanol

Lipid Factors™ 16 mg

Power Greens® Espresso **

Pomegranate

Power Greens + Reds™ **

Power Greens® Chocolate **

Power Greens® Espresso **

Power Greens® Mint **

Power Greens® Berry **

Dual-Tox DPO® 100 mg

Multiplex Complete™ **

Power Greens® Premium Berry **

ProGI Soothe™ Vanilla 625 mg

Potassium

ImmunoG PRP™ Capsules 20 mg

TheraPRP® Powder 101 mg

ImmunoG PRP™ Powder Chocolate 95 mg

ImmunoG PRP™ Powder Original 90 mg

ImmunoG PRP™ Powder Vanilla 90 mg

Thyrodex™ T-150 5 mg

AdrenaMed® GL50 2 mg

Power Greens® Espresso 199 mg

MineralPlex™ 99 mg

Total Vegan® Chocolate Delight 160 mg

Total Vegan® Mocha 160 mg

Total Vegan® Natural Vanilla 60 mg

SlimFit® Chocolate 302 mg

ThyroMedica Plus® 25 mg

MultiMedica™ without Iron 99 mg

MultiMedica™ for Women 99 mg

Foundation Essentials® for Men 49.5 mg

Foundation Essentials® for

Men & Women 49.5 mg

MultiMedica™ for Men 99 mg

Foundation Essentials® for

Women 49.5 mg

ProGI Soothe™ Vanilla 700 mg

Power Greens® Premium Berry 99 mg

Pro-ToxiClear® 1170 mg

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Pregnenolone

Pregnenolone™ 30 mg

Protease

Allergenza® **

Glutensa® **

Pan-V® **

Pan-GL™ **

Power Greens + Reds™ **

Power Fruits & Veggies® for Kids **

Power Greens® Berry **

Power Greens® Espresso **

Power Greens® Chocolate **

Power Greens® Mint **

Power Greens® Premium Berry **

Pro-ToxiClear® 300 mg

ProGI Soothe™ Vanilla 150 mg

Protein

Omega EFA Complex™ 1 g

ImmunoG PRP™ Capsules 1 g

ImmunoG PRP™ Cherry Chewables 1 g

Omega 600 1 g

TheraPRP® Powder 2 g

ImmunoG PRP™ Powder Chocolate 7 g

ImmunoG PRP™ Powder Original 6 g

ImmunoG PRP™ Powder Vanilla 6 g

Power Greens® Berry 2 g

Power Greens® Chocolate 2 g

Power Greens® Espresso 1 g

Power Greens® Mint 1 g

ProGI Soothe™ Vanilla 26 g

Total Vegan® Chocolate Delight 24 g

Total Vegan® Mocha 24 g

Total Vegan® Natural Vanilla 24 g

Fiber Factors™ 3 g

Power Greens® Premium Berry 1 g

Pro-ToxiClear® 26 g

Power Fruits & Veggies®
for Kids 0.5 g

SlimFit® Chocolate 24 g

Prune

Salicin-B™ IC **

Pumpkin

ParasideX® 400 mg

ProstaCalm® 250 mg

MultiMedica™ without Iron 50 mg

MultiMedica™ for Men 50 mg

Foundation Essentials® for Men 25 mg

Foundation Essentials® for

Men & Women 25 mg

Pygeum

hc3™ trim Active Complex **

Osteo V SC™ **

Pyrroloquinoline quinone disodium salt 50%

Liposomal CoQ10 + PQQ 5 mg



Quercetin

Seasonal Shield® 500 mg

Mitochondrial Recharge® 200 mg

Power Greens® Chocolate **

Power Greens + Reds™ **

Power Greens® Espresso **

Power Greens® Mint **

CurcuCalm® 50 mg

Power Greens® Berry **

Multiplex Complete™ **

ProGI Soothe™ Vanilla 250 mg

MultiMedica™ without Iron 12 mg

MultiMedica™ for Women 12 mg

MultiMedica™ for Men 12 mg

Foundation Essentials® for Men 6 mg

Foundation Essentials® for

Men & Women 6 mg

Foundation Essentials® for Women 6 mg

Quercetin Dihydrate

Seasonal Shield® 500 mg

Mitochondrial Recharge® 200 mg

Power Greens® Chocolate **

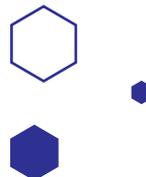
Power Greens + Reds™ **

Power Greens® Espresso **

Power Greens® Mint **

Power Greens® Berry **

**** This ingredient is featured in a proprietary blend.**



-R-

R-Alpha Lipoic Acid

MultiMedica™ without Iron 10 mg

MultiMedica™ for Women 10 mg

MultiMedica™ for Men 10 mg

Foundation Essentials® for Men 5 mg

Foundation Essentials® for

Men & Women 5 mg

Foundation Essentials® for Women 5 mg

Raspberry

Salicin-B™ IC **

Power Greens + Reds™ **

Power Greens® Chocolate **

Power Greens® Espresso **

Power Greens® Berry **

Power Greens® Mint **

Multiplex Complete™ **

Raw Porcine Pancreas Concentrate

Pan-GL™ 700 mg

Red Clover

MultiMedica™ for Women 25 mg

Foundation Essentials® for

Women 12.5 mg

Red Yeast Rice

Red Yeast Rice Extra Strength 905 mg

Lipid Factors™ 500 mg

Resveratrol

Liposomal CoQ10 + PQQ 10 mg

Power Greens® Chocolate **

Power Greens® Berry **

Power Greens® Espresso **

Power Greens® Mint **

Multiplex Complete™ **

Rhodiola

hc3™ trim Active Complex **

AdrenaMed® 100 mg

AdrenaMed® GL50 50 mg

Riboflavin

Liposomal Glutathione 2 mg

Methyl-Plex B™ 25 mg

Parim B™ 400 mg

AdrenaMed® GL50 15 mg

MigraVoid™ 400 mg

B-Replete® 20 mg

ThyroMedica Plus® 3 mg

MultiMedica™ for Men 20 mg

MultiMedica™ for Women 20 mg

MultiMedica™ without Iron 20 mg

Foundation Essentials® for Men 10 mg

Foundation Essentials® for

Men & Women 10 mg

Foundation Essentials® for Women 10 mg

Multiplex Complete™ 4 mg

ProGI Soothe™ Vanilla 5 mg

Rosemary

CurcuCalm® 60 mg

ThyroMedica Plus® 100 mg

Rutin

CurcuCalm® 50 mg

MultiMedica™ for Women 16 mg

MultiMedica™ without Iron 16 mg

ProGI Soothe™ Vanilla 200 mg

MultiMedica™ for Men 16 mg

Foundation Essentials® for Women 8 mg

Foundation Essentials® for Men 8 mg

Foundation Essentials® for

Men & Women 8 mg

-S-

Saccharomyces boulardii

SacBoulardii™ 250 mg

Tri-Flora Plus™ **

Allergenza® **

Glutzena® **

Power Greens® Berry **

Power Greens® Espresso **

Saw Palmetto

ProstaCalm® 250 mg

MultiMedica™ without Iron 50 mg

MultiMedica™ for Men 50 mg

Foundation Essentials® for Men 25 mg

Foundation Essentials® for

Men & Women 25 mg

Selenium

Liver Defend™ 200 mcg

Selenium 200 mcg

MineralPlex™ 120 mcg

ThyroMedica Plus® 200 mcg

MultiMedica™ without Iron 100 mcg

MultiMedica™ for Women 100 mcg

Foundation Essentials® for Men 50 mcg

Foundation Essentials® for

Men & Women 50 mcg

MultiMedica™ for Men 100 mcg

Foundation Essentials®

for Women 50 mcg

ProGI Soothe™ Vanilla 100 mcg

Power Greens® Premium Berry 21 mcg

Pro-ToxiClear® 55 mcg

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Serrapeptase

Serrapeptase HP™ 130000 SPU

Serratiopeptidase

ParasideX® 15 mg

Silica

Osteo Vegan™ 7.5 mg

Slippery Elm

CandideX™ 200 mg

Sodium Sulfate

ProGI Soothe™ Vanilla 80 mg

Sodium Sulphate

Dual-Tox DPO® 200 mg

Spleen

Thyrodex™ T-150 **

AdrenaMed® GL50 20 mg

Stinging Nettle

Functional Female® 100 mg

Functional Male® 100 mg

ProstaCalm® 100 mg

Strawberry

Salicin-B™ IC **

hc3™ Lifestyle Program **

Power Greens + Reds™ **

Power Greens® Chocolate **

Power Greens® Espresso **

Power Greens® Berry **

Power Greens® Mint **

Streptococcus thermophilus

HiFlora-50® **

Strontium

Osteo V SC™ 680 mg

Sugars

TheraPRP® Capsules **

Collagen Replete™ 2 g

ImmunoG PRP™ Capsules **

ImmunoG PRP™ Cherry Chewables **

Power Greens + Reds™ **

TheraPRP® Powder **

ImmunoG PRP™ Powder Chocolate **

ImmunoG PRP™ Powder Original **

ImmunoG PRP™ Powder Vanilla **

Power Greens® Berry **

Power Greens® Espresso **

Power Greens® Mint **

ProGI Soothe™ Vanilla **

Total Vegan® Chocolate Delight **

Total Vegan® Mocha **

Total Vegan® Natural Vanilla **

Power Greens® Premium Berry **

Pro-ToxiClear® **

Power Fruits & Veggies® for Kids **

SlimFit® Chocolate **

Sulforaphane Glucosinolate

BroccoInate® **

BroccoInate® Activated **

Total Vegan® Natural Vanilla **

Power Greens® Premium Berry 10 mg

Sunflower lecithin

TheraPRP® Capsules **

ImmunoG PRP™ Cherry Chewables **

ImmunoG PRP™ Capsules **

TheraPRP® Powder **

ImmunoG PRP™ Powder Chocolate **

ImmunoG PRP™ Powder Original **

ImmunoG PRP™ Powder Vanilla **

Power Greens® Premium Berry 1000 mg

Sunflower oil

Phospholipid Complex **



T4D – Myoviridae

Allergenza® **

Glutenza® **

Tart Cherry

Salicin-B™ IC **

Thiamin

Gluco-Response™ 100 mg

B-Replete® 20 mg

HemePlex Fe® 5 mg

MultiMedica™ for Men 20 mg

MultiMedica™ for Women 20 mg

MultiMedica™ without Iron 20 mg

Foundation Essentials® for Men 10 mg

Foundation Essentials® for

Men & Women 10 mg

Foundation Essentials® for Women 10 mg

Multiplex Complete™ 3 mg

ProGI Soothe™ Vanilla 15 mg

Pro-ToxiClear® 5 mg

Thymus

Thyrodex™ T-150 **

AdrenaMed® GL50 70 mg

Thyroid

Thyrodex™ T-150 150 mg

Tocopherols

Elite-E Complex™ 300 mg

Trans-Pterostilbene

ResveraPlex Plus™ 50 mg

** This ingredient is featured in a proprietary blend.

Tribulus

Functional Female® 200 mg

Functional Male® 200 mg

MultiMedica™ without Iron 30 mg

MultiMedica™ for Men 30 mg

Foundation Essentials® for Men 15 mg

Foundation Essentials® for

Men & Women 15 mg

Trimethylglycine

Liposomal MethylSorb® 60 mg

Methyl-Plex B™ 500 mg

Cognitive Balance® 500 mg

Turmeric

Liposomal Curcumin **

Salicin-B™ IC 200 mg

Power Greens® Chocolate **

Power Greens + Reds™ **

Power Greens® Espresso **

Power Greens® Mint **

Mitochondrial Recharge® 50 mg

Power Greens® Berry **

Multiplex Complete™ **

ProGI Soothe™ Vanilla 200 mg

Power Greens® Premium Berry 25 mg



Unsaponifiables

Joint Replete® 100 mg



Valerian

Liposomal Tranquinox Deep™ **

MyoMedica™ 20 mg

Vanadium

Alpha CU™ 120 mcg

Gluc-Response™ 5 mg

MineralPlex™ 60 mcg

Velvet Bean

Functional Female® 100 mg

Functional Male® 100 mg

Vitamin A

MultiMedica™ for Men 3000 mcg RAE

MultiMedica™ for Women 3000 mcg RAE

MultiMedica™ without Iron 3000 mcg RAE

Thyrodex™ T-150 600 mcg RAE

ThyroMedica Plus® 900 mcg RAE

Vitamin A 7500 mcg RAE

Foundation Essentials® for

Men 1500 mcg RAE

Foundation Essentials® for Men

& Women 1500 mcg RAE

Foundation Essentials® for

Women 1500 mcg RAE

Multiplex Complete™ 900 mcg RAE

ProGI Soothe™ Vanilla 750 mcg RAE

Power Greens® Premium

Berry 450 mcg RAE

Pro-ToxiClear® 1500 mcg RAE

Fiber Factors™ 0

Vitamin B1

Gluc-Response™ **

Liposomal Hydroxy B12™ 1000 mcg

Methyl B-12 HP™ 5000 mcg

B-Replete® **

Parimin B™ 1000 mcg

Cognitive Balance® 250 mcg

Dual-Tox DPO® 200 mcg

Liposomal MethylSorb® 875 mcg

MigraVoid™ 1000 mcg

Neuro Harmony™ 1000 mcg

Methyl Folate™ Optimizer 1000 mcg

Methyl-Plex B™ 1000 mcg

HemePlex Fe® 800 mcg

MultiMedica™ for Men **

MultiMedica™ for Women **

MultiMedica™ without Iron **

Osteo Vegan™ 50 mcg

B-Replete® 800 mcg

Foundation Essentials® for Men **

Foundation Essentials® for

Men & Women **

Foundation Essentials® for Women **

Multiplex Complete™ **

MultiMedica™ for Women 600 mcg

MultiMedica™ without Iron 600 mcg

ProGI Soothe™ Vanilla **

MultiMedica™ for Men 600 mcg

Foundation Essentials® for Men 300 mcg

Foundation Essentials® for

Men & Women 300 mcg

Foundation Essentials® for

Women 300 mcg

Power Greens® Premium Berry 0.45 mg

Multiplex Complete™ 400 mcg

ProGI Soothe™ Vanilla 50 mcg

Pro-ToxiClear® 22 mcg

Power Greens® Premium Berry 30 mcg

Vitamin B12

Liposomal Hydroxy B12™ 1000 mcg

Methyl B-12 HP™ 5000 mcg

Parimin B™ 1000 mcg

Cognitive Balance® 250 mcg

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Dual-Tox DPO® 200 mcg
Liposomal MethylSorb® 875 mcg
MigraVoid™ 1000 mcg
Neuro Harmony™ 1000 mcg
Methyl Folate™ Optimizer 1000 mcg
Methyl-Plex B™ 1000 mcg
HemePlex Fe® 800 mcg
Osteo Vegan™ 50 mcg
B-Replete® 800 mcg
MultiMedica™ for Women 600 mcg
MultiMedica™ without Iron 600 mcg
MultiMedica™ for Men 600 mcg
Foundation Essentials® for Men 300 mcg
Foundation Essentials® for Men & Women 300 mcg
Foundation Essentials® for Women 300 mcg
Multiplex Complete™ 400 mcg
ProGI Soothe™ Vanilla 50 mcg
Pro-ToxiClear® 22 mcg
Power Greens® Premium Berry 30 mcg

Vitamin B2

Liposomal Glutathione **
Methyl-Plex B™ **
Parimin B™ **
AdrenaMed® GL50 **
MigraVoid™ **
Thyrodex™ T-150 0.2 mg
B-Replete® **
ThyroMedica Plus® **
MultiMedica™ for Men **
MultiMedica™ for Women **
MultiMedica™ without Iron **
Foundation Essentials® for Men **
Foundation Essentials® for Men & Women **
Foundation Essentials® for Women **
Multiplex Complete™ **

ProGI Soothe™ Vanilla **
Pro-ToxiClear® 2.2 mg
Power Greens® Premium Berry 0.51 mg

Vitamin B6

AdrenaMed® 50 mg
Dual-Tox DPO® 50 mg
Liposomal MethylSorb® 2.5 mg
Liposomal Tranquinox Deep™ 2 mg
Melatonin 3 mg
MyoMedica™ 30 mg
Neuro Harmony™ 5 mg
Appe-Curb® 37.5 mg
Cognitive Balance® 10 mg
Corti-B Plex™ 85 mg
Liposomal Glutathione 1 mg
Methyl Folate™ Optimizer 25 mg
Methyl-Plex B™ 25 mg
HemePlex Fe® 10 mg
AdrenaMed® GL50 10 mg
B-Replete® 25 mg
ThyroMedica Plus® 5 mg
MultiMedica™ for Men 20 mg
MultiMedica™ for Women 20 mg
MultiMedica™ without Iron 20 mg
Foundation Essentials® for Men 10 mg
Foundation Essentials® for Men & Women 10 mg
Foundation Essentials® for Women 10 mg
Multiplex Complete™ 4 mg
ProGI Soothe™ Vanilla 6 mg
Pro-ToxiClear® 6 mg
Power Greens® Premium Berry 0.6 mg

Vitamin C

AdrenaMed® GL50 200 mg
Alpha CU™ 120 mg
Appe-Curb® 500 mg
B-Replete® 30 mg
C-750 Plus™ 750 mg

C-Bioflav 1000™ 1000 mg
Corti-B Plex™ 75 mg
CurcuCalm® 45 mg
HemePlex Fe® 100 mg
HM Protect™ 100 mg
Joint Replete® 75 mg
Liposomal Vitamin C 1000 mg
MineralPlex™ 75 mg
NOVA Complete® Original 200 mg
Osteo Vegan™ 30 mg
Seasonal Shield® 200 mg
MultiMedica™ for Men 250 mg
MultiMedica™ for Women 250 mg
MultiMedica™ without Iron 250 mg
ThyroMedica Plus® 30 mg
Immune Support* Program
Foundation Essentials® for Men 125 mg
Foundation Essentials® for Men & Women 125 mg
Foundation Essentials® for Women 125 mg
Power Greens + Reds™ 100 mg
Collagen Replete™ 40 mg
Multiplex Complete™ 120 mg
Power Greens® Berry 90 mg
ProGI Soothe™ Vanilla 250 mg
Power Greens® Premium Berry 60 mg
Pro-ToxiClear® 220 mg
Fiber Factors™ 0

Vitamin D

D3-2,000™ 50 mcg
D3-5,000™ 125 mcg
D3-5,000 + K2-200 125 mcg
D3-10,000 + K2 250 mcg
Micellized D3™ 1200 30 mcg
Micellized D3 + K2™ 30 mcg
MigraVoid™ 50 mcg
OsteoMedica® 10 mcg
MineralPlex™ 5 mcg

**** This ingredient is featured in a proprietary blend.**

Osteo Vegan™ 25 mcg
Seasonal Shield® 25 mcg
MultiMedica™ for Men 10 mcg
MultiMedica™ for Women 10 mcg
MultiMedica™ without Iron 10 mcg
ThyroMedica Plus® 10 mcg
Foundation Essentials® for Men 5 mcg
Foundation Essentials® for Men & Women 7.5 mcg
Foundation Essentials® for Women 7.5 mcg
Multiplex Complete™ 25 mcg
ProGI Soothe™ Vanilla 2.5 mcg
Power Greens® Premium Berry 3 mcg
Pro-ToxiClear® 2 mcg

Vitamin D3

D3-2,000™ 50 mcg
D3-5,000™ 125 mcg
D3-5,000 + K2-200 125 mcg
D3-10,000 + K2 250 mcg
Micellized D3™ 1200 30 mcg
Micellized D3 + K2™ 30 mcg
MigraVoid™ 50 mcg
OsteoMedica® 10 mcg
MineralPlex™ 5 mcg
Osteo Vegan™ 25 mcg
Seasonal Shield® 25 mcg
MultiMedica™ for Men 10 mcg
MultiMedica™ for Women 10 mcg
MultiMedica™ without Iron 10 mcg
ThyroMedica Plus® 10 mcg
Foundation Essentials® for Men 5 mcg
Foundation Essentials® for Men & Women 7.5 mcg
Foundation Essentials® for

Women 7.5 mcg
Power Greens® Premium Berry 3 mcg
Pro-ToxiClear® 2 mcg

Vitamin E

Borage GLA 10 mg
CoQ-Clear® 50 Ubiquinone 10 mg
CoQ-Clear® 100 Ubiquinone 20 mg
CoQ-Clear® 100 Ubiquinone 20 mg
Elite-E Complex™ 151 mg
MultiMedica™ for Men 67 mg
MultiMedica™ for Women 67 mg
MultiMedica™ without Iron 67 mg
Omega EFA Complex™ 3 mg
ThyroMedica Plus® 67 mg
Omega 950™ EE 6.7 mg
Foundation Essentials® for Men 61 mg
Foundation Essentials® for Men & Women 61 mg
Foundation Essentials® for Women 61 mg
Multiplex Complete™ 15 mg
ProGI Soothe™ Vanilla 84 mg
Power Greens® Premium Berry 6 mg
Pro-ToxiClear® 74 mg

Vitamin K1

Power Greens® Premium Berry 80 mcg

Vitamin K2

Vitamin K2 60 mcg
D3-5,000 + K2-200 200 mcg
D3-10,000 + K2 50 mcg
Micellized D3 + K2™ 50 mcg
Osteo Vegan™ 50 mcg



Watercress

Dual-Tox DPO® 500 mg
ProGI Soothe™ Vanilla 100 mg

White Willow

Salicin-B™ IC 600 mg

Wild Bilberry

Salicin-B™ IC **

Wild Blueberry

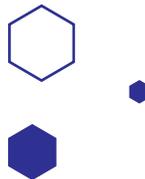
Salicin-B™ IC **
Power Greens + Reds™ **

Wild Yam

MultiMedica™ for Women 15 mg
Foundation Essentials® for Women 7.5 mg

Wormwood

ParasideX® 240 mg



*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.
Note: If pregnant or nursing, consult your healthcare practitioner before using any nutritional supplement.

-Z-



Zinc

- Functional Male® 10 mg
- ProstaCalm® 5 mg
- Zinc Glycinate 30 mg
- CINNergy® 15 mg
- HM Protect™ 5 mg
- Mitochondrial Recharge® 35 mg
- Alpha CU™ 10 mg
- Caprylic Acid 5 mg
- NOVA Complete® Original 10 mg
- Seasonal Shield® 25 mg
- Immune Support* Program
- MineralPlex™ 30 mg
- Thyrodex™ T-150 5 mg
- AdrenaMed® GL50 5 mg
- ThyroMedica Plus® 10 mg
- MultiMedica™ without Iron 15 mg
- MultiMedica™ for Women 15 mg
- Foundation Essentials® for Men 7.5 mg
- Foundation Essentials® for Men & Women 7.5 mg
- MultiMedica™ for Men 15 mg
- Multiplex Complete™ 6 mg
- Foundation Essentials® for Women 7.5 mg
- ProGI Soothe™ Vanilla 10 mcg
- Power Greens® Premium Berry 4.5 mg
- Pro-ToxiClear® 12 mg



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Unmatched Quality



FDA

Registered &
Inspected Facility

#19143963156

NuMedica is an FDA registered & inspected facility – U.S. FDA Registration No.

19143963156 Certificate of Registration provided by Registrar Corp



cGMP
Registered

NuMedica has achieved an A+ cGMP rating from NSF® International from 2020 to 2023, the highest rating awarded



Third-Party
Certified by NSF®

NuMedica is third-party certified by NSF® International, ensuring accordance with Current Good Manufacturing Practices as defined by the U.S. FDA's 21 CFR Part 111



AHPA

Proud
Member

NuMedica is a proud member of the American Herbal Products Association, whose mission is to promote the responsible commerce of herbal products



Enhanced
Absorption
Technologies™

NuMedica's formulas are designed with unique delivery methods and active ingredients for superior performance

