

# CoQ-Clear™

Crystal-Free CoQ10 Patent Pending

**CLEARLY**  
**THE**  
**BEST!**

- All Natural (non-synthetic)
- No Solvents Used
- Titanium Dioxide Free

CRYSTAL FREE  
CoQ10



## NON-CRYSTALLIZING FORMULA HIGHEST ABSORBING CoQ10

CoQ-Clear™ is an all-natural, crystal-free, solvent-free, lipid-stabilized CoQ10 that offers unparalleled absorption and bioavailability.

### BIO-EQUIVALENT DOSES

Co-Q Clear™	Dry Powder	Micelle	Nano Particle
100 mg* =	850 mg	350 mg	340 mg

100 mg. of CoQ-Clear™ is equivalent to the above mgs. of these other forms  
\*CoQ-Clear™ is available in a 50 mg softgel

**NuMEDICA®**  
ACHIEVING PHYSIOLOGICAL BALANCE

# CoQ-Clear™ (CoQ<sub>10</sub>)

**CoQ-Clear™** as the name suggests, is clear of the crystals that are typically found in CoQ<sub>10</sub> in most industry brands. The crystal form is harder to assimilate leading to poor absorption (about 1%). CoQ-Clear™ is a patent-pending, crystal-free, all natural form of CoQ<sub>10</sub> that is over eight times more absorbable than the crystallized powder form. CoQ-Clear™ is more than twice as bioavailable as the newer oil-based “Nano” forms. The formulation of CoQ-Clear™ contains three lipids that aid in dissolving the CoQ<sub>10</sub> crystals in single, stabilized molecules preventing re-crystallization, thereby enhancing absorption without the use of any solvents.

## For life to exist we must harness the activity of CoQ<sub>10</sub>

**Coenzyme Q<sub>10</sub>** is known as Ubiquinone and Ubiquinol. Ubiquinone is the active form of Ubiquinol. Ubiquinol serves as a reservoir from which your body can convert or make Ubiquinone. Ubiquinone is a major part of the body’s mechanism for producing energy. The name of this supplement comes from the word ubiquitous, which means “found everywhere.” Indeed, CoQ<sub>10</sub> is found in every cell in the body. Only Ubiquinone is medically proven to reverse premature aging of the heart, brain, lungs, skin and reproductive system.

## Supplement Facts

Serving Size: 1 Softgel  
Servings Per Container: 120

	Amount	%Daily Value
CoQ10 (ubiquinone)	50 mg	**

\*\* Daily value not established.

**Other ingredients:** Conjugated linoleic acid, flaxseed oil, gelatin, monoglyceride, glycerin, water.

**Available in 120 and 60 count**

As Ubiquinone, it plays a fundamental role in the mitochondria, the parts of the cell that produce energy from glucose and fatty acids and is therefore essential for life and health. It creates an economy within the cell that accepts and donates energy as needed by all major functions of the cell. Ubiquinone explodes as energy in an array of processes that create proteins, sugars, hormones and enzymes useful to your body. The “left-over” CoQ<sub>10</sub> – spent and exhausted of activity – is Ubiquinol. Ubiquinol is then pooled in a reservoir outside the cell and is soon recycled to form Ubiquinone inside the cell, ready again to fuel the energy cycle of creation.

Japanese scientists first reported the therapeutic properties of CoQ<sub>10</sub> in the 1960s. Some evidence suggests that CoQ<sub>10</sub> might assist the heart during times of stress on the heart muscle, perhaps by helping it use energy more efficiently.

**Clinical Applications:** Support for: Low energy syndromes, congestive heart failure, hypertension, cardiomyopathy, heart attack recovery, hypertension, nutrient depletion and interference caused by various medications, angina pectoris, arrhythmias.

**Additional Applications:** Periodontal disease, sports performance enhancement, healthy immune system support, CoQ<sub>10</sub> supplementation might also be of value for counteracting side effects of certain prescription medications.

**Safety Issues:** In general, CoQ<sub>10</sub> appears to be extremely safe. No significant side effects have been found, even in studies that lasted a year.

**Interactions:** You may need more CoQ<sub>10</sub> if you are taking: **Cholesterol-lowering drugs in the statin family** (these medications impair CoQ<sub>10</sub> synthesis as an inevitable side effect of their mechanism of action), **Red Yeast Rice, Beta-blockers, Antipsychotic drugs, Tricyclic antidepressants.**

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These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.