

Protect Your #1 Investment...
Your Health

MultiMedica™
for Men

&
Foundation
Essentials™
for Men

Foundation Nutrition for a Variety of Protocols

• Basic "Insurance" Formula for Wellness

- Poor Dietary Nutrient Intake
- Antioxidant Protection
- Detoxification Support
- Prostate Support

• Stressful Lifestyle



NuMEDICA®
ACHIEVING PHYSIOLOGICAL BALANCE

MultiMedica™ for Men

DIRECTIONS: Take two capsules twice daily or as directed by your healthcare practitioner.

MultiMedica™ for Men is a comprehensive multiple vitamin, mineral, and herbal supplement, with select amino acids, designed specifically for the unique nutritional requirements of men.

This foundation multiple formula, in easy-to-swallow vegetable capsules, delivers select nutrients to support the prostate, liver, and adrenals along with broad spectrum anti-oxidant protection. It also features patented Albion amino acid chelates for optimal mineral absorption.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

CAUTION: Keep out of reach of children.

STORAGE: Keep tightly closed in a cool, dry place.

CONTAINS NO: Wheat, gluten, corn protein, yeast, dairy products, artificial colors, sweeteners or preservatives.

Supplement Facts		Serving Size: 4 Capsules Servings Per Container: 30	
	Amount	%DV*	
Vitamin A (75% [7500 IU] natural mixed carotenoids, 25% [2500 IU] retinyl palmitate)	10,000 IU	200%	Selenium (as selenium glycinate complex)
Vitamin C (as magnesium ascorbate, zinc ascorbate, potassium ascorbate, calcium ascorbate)	250 mg	416%	Manganese (TRAACS® manganese glycinate chelate)
Vitamin D3 (as cholecalciferol)	800 IU	200%	Chromium (TRAACS® chromium nicotinate glycinate chelate)
Vitamin E (as d-alpha tocopherol succinate)	100 IU	333%	Molybdenum (TRAACS® molybdenum glycinate chelate)
Thiamin (as thiamin mononitrate)	15 mg	1,000%	Potassium (as potassium glycinate complex, potassium ascorbate)
Riboflavin (as riboflavin-5'-phosphate)	5 mg	300%	Betaine HCl
Niacin (as niacin and niacinamide)	60 mg	300%	Ashwagandha Root Extract
Vitamin B-6 (as pyridoxal-5'-phosphate)	16 mg	800%	Pumpkin Seed Extract
Folate (as folic acid)	200 mcg	50%	Saw Palmetto Berry Extract
Vitamin B-12 (as methylcobalamin and cyanocobalamin)	600 mcg	10,000%	N-Acetyl L-Carnitine HCl
Biotin	300 mcg	100%	N-Acetyl L-Cysteine
Pantothenic Acid (as d-calcium pantothenate)	200 mg	2,000%	Choline (as choline bitartrate)
Calcium (TRAACS® calcium glycinate chelate, calcium ascorbate, calcium citrate)	100 mg	10%	Inositol
Phosphorus (as pyridoxal-5'-phosphate and riboflavin-5'-phosphate)	12 mg	1%	Milk Thistle Seed Extract
Iodine (as potassium iodide)	100 mcg	66%	Glycine
Magnesium (TRAACS® magnesium glycinate chelate buffered, magnesium ascorbate, magnesium citrate)	150 mg	38%	L-Taurine
Zinc (TRAACS® zinc glycinate chelate, zinc ascorbate)	15 mg	100%	<i>Tribulus terrestris</i> Fruit Extract
			L-Glutamic Acid
			L-Alanine
			<i>Panax ginseng</i> Root
			L-Methionine
			Proprietary Men's Formula
			Containing: L-Lysine HCl, Para Amino Benzoic Acid (PABA), Rutin, Hesperidin, Quercetin, R-Alpha Lipoic Acid, Lutein and Barley Grass.

* Percent Daily Value based on a 2,000 calorie diet.

** Daily value not established.

Other ingredients: HPMC (vegetable capsule), rice flour and silica.

TRAACS is a registered trademark of Albion International, Inc.

Malates covered by U.S. Patent 6,706,904 and patents pending.

This Formula Meets or Exceeds GMP Quality Standards.



NUMEDICA®
ACHIEVING PHYSIOLOGICAL BALANCE

9503 E. 55th Place, Tulsa, OK 74145 | Toll Free 1-866-787-5175 | www.numedica.com